

Personal Awareness and Responsibility Competency Self-Assessment

Name _____ Date _____

Teacher _____ Grade _____

Personal Awareness and Responsibility – Beaver is our diligent collaborator. Sḱeláw (“skuh-lau” – beaver) teaches us to work cooperatively to make a change for the greater good by making the world a better place for all. Through Beaver, we can learn to care for our community and environment by valuing diversity, advocating for others and working together. (NVSD Indigenous Education Team)

Planning My Learning

Please select 2-3 specific “I Can” Personal Social Competency statements that you will explore:		Please select 2 First Peoples Principles of Learning that you will explore:	
<input type="checkbox"/>	I can show a sense of accomplishment and joy.	<input type="checkbox"/>	Learning ultimately supports the well-being of the self, the family, the community, the land, the spirits, and the ancestors
<input type="checkbox"/>	I can express some wants, needs, and preferences.	<input type="checkbox"/>	Learning is holistic, reflexive, reflective, experiential, and relational (focused on connectedness on reciprocal relationships, and a sense of place)
<input type="checkbox"/>	I can sometimes recognize my emotions.	<input type="checkbox"/>	Learning involves recognizing the consequences of one's actions
<input type="checkbox"/>	I can initiate actions that bring me joy and satisfaction.	<input type="checkbox"/>	Learning involves generational roles and responsibilities
<input type="checkbox"/>	I can recognize that I play a role in my well-being.	<input type="checkbox"/>	Learning recognizes the role of indigenous knowledge
<input type="checkbox"/>	I can make choices that help me meet my wants, needs and increase my feelings of well-being.	<input type="checkbox"/>	Learning is embedded in memory, history, and story
<input type="checkbox"/>	I can take responsibility for my actions.	<input type="checkbox"/>	Learning involves patience and time
<input type="checkbox"/>	I can recognize my strengths.	<input type="checkbox"/>	Learning requires exploration of one's identity
<input type="checkbox"/>	I can take responsibility for using strategies to focus, manage strengths, and accomplish my goals.	<input type="checkbox"/>	Learning involves recognizing that some knowledge is sacred and only shared with permission and/or in certain situations
<input type="checkbox"/>	I can recognize my value and advocate for my rights.	<input type="checkbox"/>	
<input type="checkbox"/>	I can take responsibility for my choices, my actions, and my achievements.	<input type="checkbox"/>	
<input type="checkbox"/>	I can identify my strengths and limits, find internal motivation and act on opportunities for self-growth.	<input type="checkbox"/>	
<input type="checkbox"/>	I can take responsibility for making ethical decisions.	<input type="checkbox"/>	

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Reflecting on My Learning

Description of my lessons/activities/projects:

What did I learn?

<p>Use the two stars and a goal to explain two things you are proud of in your learning and one thing you would like to do better.</p> <p>For younger students, an adult can help you write your two stars and a goal, then you can circle the appropriate check-box.</p> <p><i>(You can use "I Can" Statements on pg. 2 "Planning Your Learning" for guidance.)</i></p>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	= I can do it with some help	= I am learning to do it by myself	= I can do it with confidence
	How I am already like Sḱełáw' (Beaver):		<input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
	How I am already like Sḱełáw' (Beaver):		<input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
	How I could be more like Sḱełáw' (Beaver):		