

North Vancouver Parent Advisory Council

Annual Report 2022/2023



About NVPAC



- The North Vancouver Parent Advisory Council is one of the five partner groups within the North Vancouver School District.
- NVPAC represents Parents, Caregivers and PACs on broader educational matters within the NVSD SD#44.
- For the 2022/2023 school year NVPAC had an Executive team of 7 members.
- NVPAC has been actively championing Diversity & Inclusion, building and prioritizing belonging within our Parent/Caregivers and PAC communities over the past several years within the framework of our NVPAC Diversity & Inclusion Parent Advisory Committee.

NVSD Committee Representation

- Inclusion Committee
- Information & Communication Technology Advisory Committee
- Calendar Committee
- Communication Committee
- Policy Review Committee
- Safe & Healthy Schools Committee
- Capital Planning Committee
- Emergency Preparedness Committee
- French Immersion Advisory Committee
- Sustainability Committee
- Accessibility Committee
- Arts Education Committee

NVPAC Executive attended the BCCPAC Conference & AGM in May 2023 and the BCCPAC DPAC leadership summit in November of the 2022/2023 school year.

NVPAC has budgeted to provide reimbursement to the PACS within NVSD for their BCCPAC membership fees, provided they register before the BCCPAC registration deadline of December 1, 2023.



NVPAC 2022/2023 Parent/Guardian Presentations & Speakers



NVPAC Meet & Greet

MEET & GREET

For PAC Chairs and DPAC Reps (or designates)

Wine & Cheese

PAC 101

IN PERSON

**Wed, Sept 28
at 7pm**



Education Services Centre 2121 Lonsdale Ave
(Underground Parking) – 9th Floor

REGISTRATION DEADLINE SEPTEMBER 21, 2022

[REGISTRATION LINK](#)

North Vancouver DPAC
www.northvanpac.org



Community Engagement

NVPAC hosted participants from PAC's and the NVSD Administration

Purpose of this event

To provide our Parent/Caregiver community with information in regards to the NVSD priorities and engagement between PACs & Staff Members

Event Takeaways

Introduction to NVSD District Principals
SD44 educational priorities
Parent information
Community connection



HOW TO BE ANTI ABLEIST IN EDUCATION

A participatory workshop guided by BCEdAccess

Ableism is an issue that impacts all of us much like other forms of discrimination, whether we are disabled or not. Our identity can make this impact even greater. In this workshop we'll talk about that, and about how ableism shows up in schools and in society. We'll discuss some anti-ableist practices, and action we can take. Participants will learn - What is ableism and anti-ableism? What does ableism and anti-ableism look like in schools? How can we address ableism as individuals and as a collective?

Wednesday, September 14th, 2022 7:00pm

Registration is through Eventbrite



How to be Anti-Ableist in Education with BCEdAccess

Community Engagement

NVPAC hosted over 75 participants for this event.

Purpose of this presentation

To provide our Parent/Caregiver and NVSD Staff an introduction and information session on Anti-Ableism in education

Presentation Takeaways

Intersectionality
What is Ableism and Anti-Ableism
Tools for Anti-Ableist practices and actions
Community connection



**Manjit
Torrance**



Parents play a crucial role in their child's education in so many ways; one very important way is by guiding their learning at home. This practical session will present strategies that can help your child develop effective homework and study skills and promote lifelong learning. Parents will also learn natural ways to include additional reading and math activities at home.

Wednesday, October 5th, 2022

**7:00pm - 8:30pm
Via Zoom**

Registration is through Eventbrite



Supporting Your Child's Learning At Home

Community Engagement

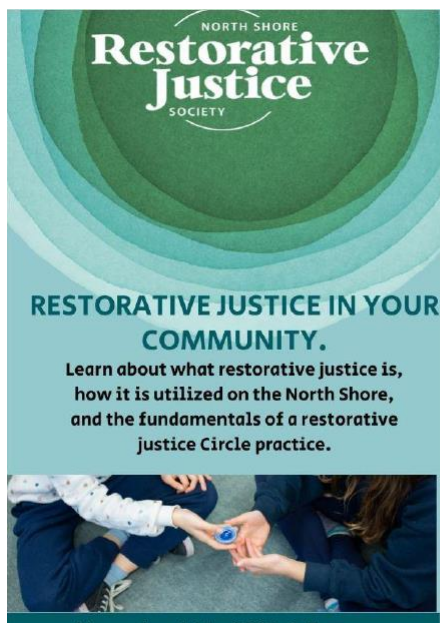
NVPAC hosted over 40 attendees for this event.

Purpose of this presentation

To provide our Parent/Caregiver community information and tools for supporting their child's learning at home

Presentation Takeaways

Strategies for effective study and homework
Tools to implement reading and math at home
Community connection



North Shore Restorative Justice Society

Community Engagement

NVSD hosted over 40 participants

Purpose of this Presentation

To inform Parents/Caregivers about Restorative Justice and practices

Presentation Takeaways

Our Parent/Caregiver community was provided with information and answers around Restorative Justice and Restorative practices



NVPAC PRESENTS AN EVENING WITH KUNG JAADEE Haida STORYTELLER

Wednesday
November 23rd
7:00 pm

2121 Lonsdale Ave
Fifth Floor



Kung Jaadee (Roberta Kennedy) is a professional storyteller, educator and published author bringing to the Kaayda (Haida), x'ma'ak'w'a'yam (Musqueam) and Skw'waxw'w'mesh (Squamish) Nations. Her Haida name, Kung Jaadee, means 'Moon Woman' and was presented to her at her late uncle's memorial feast by her cousin Crystal Robinson. Over the past 28 years, Kung Jaadee has performed traditional Haida legends, while also sharing vivid personal stories about her childhood, the smallpox epidemic, and the history and culture of her people. She has performed at hundreds of festivals, schools and Aboriginal celebrations across Canada. She is the author of the popular children's books, *Raven's Feast* and *Gifts from Raven* (selected as a Local BC Book of the Year), as well as curriculum textbooks, *Haida Nation: Indigenous Communities in Canada and Home*. Her stories have also been published in several anthologies, magazines and online publications. Most recently, Kung Jaadee worked as the Vancouver Public Library's Indigenous Storyteller in Residence.

While living in Haida Gwaii, she taught Xaad Kil, the Haida language while working with the Chief Masset Village Council, at Chief Matthews School and the Haida Health Centre in Gaw Tlaag. Kung Jaadee holds a Bachelor of Arts with a major in English and minor in Women's Studies from the University of Victoria and a Bachelor of Education from the University of Alberta.

Registration is through [Eventbrite](#)

Kung Jaadee

Community Engagement

NVPAC hosted over 60 attendees for this event.

Purpose of this Presentation

For the Parent/Caregiver community to connect with and learn from Haida storyteller Kung Jaadee and her lived experiences

Presentation Takeaways

Parents/Guardians were provided with an opportunity to share an intimate evening with an Indigenous storyteller and their lived experiences



Helping parents and family caregivers to proactively understand the enabling power of technology and mobile communications, but also how to mitigate the sometimes unintended consequences of high risk or challenging online behaviour. We address the immediate concerns and solutions caregivers can implement to raise digitally literate young adults.

Virtual Presentation
Wednesday January 11th
7:00pm



Registration is through Eventbrite

Digital Literacy & Internet Safety

Community Engagement

NVPAC hosted over 180 attendees for this event.

Purpose of this presentation

To provide our Parent/Caregiver community a well balanced informative, research based overview of Internet Safety & Digital Literacy

Presentation Takeaways

Our Parent/Guardian community were equipped with the tools to talk with their children about concerns in a non frightening and knowledge based way.



Gaming is a massive industry that for many young people is their primary mode of entertainment and hobby. For some, can even lead to a career in the industry. However, this activity is not without problems that can lead to challenges in having a balanced lifestyle. Harnessing gaming in a safe and effective way can provide many opportunities for gamers of all ages. This session, The White Hatter will help advise families to create healthy gameplay while delving into the research, stories, and firsthand examples of the positives and negatives in this industry. We will also examine the research surrounding the debate around addiction.

Virtual Presentation
Wednesday January 25th
7:00pm



Registration is through Eventbrite

Online Gaming

Community Engagement


NVPAC hosted 230 attendees for this event.

Purpose of this presentation

To provide our Parent/Caregiver community with information, research and tools around Online Gaming concerns and balance

Presentation Takeaways

Attendees were provided with tools and information on healthy gameplay, opportunities and challenges in a research based informative way



Donna Bulmer


BCTF

Bullying behaviours are no longer acceptable in our society and schools are working hard to do something about this. This introductory session on antibullying will include the definition, the bullying triad, the cycle of bullying, and the signs to watch for if your child is being bullied. Participants will also learn and share strategies for bully-proofing children and schools.

Wednesday, February 8th, 2023

7:00pm - 9:00pm
Via Zoom

Registration is through Zoom



Anti-Bullying

Community Engagement


NVPAC hosted 75 attendees for this event.

Purpose of this Presentation

To provide Parents/Caregivers with information on Bullying, Anti Bullying, Bystanders, Upstanders and the cycle of Bullying

Presentation Takeaways

Parents/Guardians were provided with tools to engage with their children around Bullying and strategies on how to effectively overcome barriers in reducing harm.




INDIEFLIX SCREENING

RACE to be Human is a documentary and film series addressing the impact of race and racism on mental health and how we can collectively move toward dignity and respect. RTBH explores how to foster healthy conversations about race and racism and inspires self-reflection.

Date: February 22, 24, 25, 26, 27th
2023

Time: 7-8:30pm
Virtual Screening

Registration is through Eventbrite



Race To Be Human

Community Engagement

NVSD hosted over 100 participants for this screening

Purpose of this Presentation

To foster healthy conversations about Race and Racism and to inspire self reflection as well as community connection

Presentation Takeaways

Participants became familiarized with a better understanding of Racism and its impacts from those with lived experiences



Indieflix Screening

Angst is on a mission: to start a global conversation and raise awareness around anxiety. This 56-minute documentary delves into all aspects of our society's most common mental health challenge with:

Candid interviews with kids and teens, who discuss their anxiety, its impacts on their lives and relationships, as well as how they've found solutions and hope
Expert perspectives, (from institutions such as Stanford University, Child Mind Institute), who talk about the causes of anxiety and its sociological effects and resources to help

Tips, tricks and strategies to help reset thinking patterns, push back against anxiety and support others

Awareness that anyone can be touched by – and overcome - anxiety, via a unique and revealing interview with mental health advocate Michael Phelps, the most decorated athlete in Olympic history

March 8, 9, 10, 11 & 12th 2023
7:00pm - 9:00pm

Registration is through Eventbrite



ANGST

Community Engagement

NVPAC hosted over 100 participants

Purpose of this Presentation

To promote Mental Health well being and awareness around the impacts of Anxiety

Presentation Takeaways

Participants became familiarized with Anxiety and its effects, from those who shared their lived experiences

Advocacy 101

Advocacy for Parents, Guardians and Students

Presenter: Susan Wilson

Is something bothering you about your child's education? Many parents don't know where to begin when their child encounters a problem at school. This presentation will provide parents with information on where to go for help and walk parents through common scenarios for a better understanding of the policies and processes used within a school district.

With over 20 years providing advocacy support to parents,

Susan Wilson brings her experience and humour to this interactive and informative presentation.

Wednesday, April 19th, 2023
7:00pm via zoom

Registration is through Zoom



Advocacy - 101

Community Engagement

NVPAC hosted over 40 participants

Purpose of this Presentation

To support PACs and families around Advocacy within the B.C school system

Presentation Takeaways

Participants became familiarized with a better understanding of Advocacy and support within the school system



QMUNITY

QMUNITY prides itself on nearly 45 years of knowledge and experience working within the 2SLGBTQIA+ community through an intersectional lens. As such, our team is equipped with expertise and insights into 2SLGBTQIA+ inclusivity and progress.

NVPAC welcomes you to attend an evening educational session with QMUNITY.

Topics will include:

- Understanding sexual orientation & gender identity
- Creating space for intersectional identities
- Practical knowledge for creating safer spaces for the queer, trans, and Two-Spirit communities
- Indigenous and cultural notions related to Two-Spirit identities
- Designing social and health services that are 2SLGBTQIA+ inclusive
- 2SLGBTQIA+ inclusive approaches for educators and education institutions

Wednesday, April 26th 2023
2121 Lonsdale Ave (ESC)
Fifth Floor - 7:00 pm

Registration for this presentation is through Eventbrite

Community Engagement

NVPAC hosted 25 participants

Purpose of this Presentation

To support and provide an educational session for Parents/Caregivers around SOGI and the 2SLGBTQIA+ community

Presentation Takeaways

Participants became familiarized with a better understanding of how to support the 2SLGBTQIA+ community

NVPAC General Meeting

WEDNESDAY - MARCH 1ST
7:00PM

NVPAC will be hosting our monthly general meeting on March 1st 2023. A great place to meet other PAC members and discuss concerns, issues and questions you may have. what's working and what's not?

2121 LONSDALE AVE
FIFTH FLOOR

NVPAC General Meetings

NVPAC hosted General Meetings via Zoom and in person at the ESC in 2022/2023

- NVPAC PAC 101 Nov 2022
- Treasurer 101 in Dec 2022
- General Meeting Feb 2023
- General Meeting May 2023
- NVPAC AGM June 2023

Updates to Student Reporting
(also referred to as **Communicating Student Learning**)



NVSD UPDATE on the BC Ministry Changes to REPORT CARDS, GRADING and Communicating Student Learning

Tuesday, April 25th 7-8pm VIRTUAL via MS Teams
There will be a 20-30 minute presentation followed by Q&A with:

Adam Baumann - Director of Instruction

Sandra Singh - District Principal, Elementary Curriculum, Assessment and Early Learning

Greg Hockley - District Principal, Secondary Curriculum, Assessment and Career Education

NVPAC Diversity & Inclusion Committee

NVPAC continued to promote a community sense of belonging and address concerns from our Parent/Caregivers and PAC communities around Diversity, Equity & Inclusion.

Meetings were held monthly throughout the school year, both in person and moved to virtual.

In June 2023, the committee was split into two after 5 years, to form the new NVPAC Disability Advisory Committee & NVPAC Anti-Racism Advisory Committee.

**Thank You for your
continued support and
working for the betterment
of all of our children's
education.**

