

Healthy Futures – Program Update

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Introductions



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Land Acknowledgement



Healthy Food Culture



- Sharing of healthy food while at school
- Focus on fresh produce, low salt/sugar food, protein, whole wheat bread products
- You are what you eat
- Knowing where food comes from
- Food is a common ground and brings communities together



Long-Term Vision



- Lunch and snacks for every student while at school at no- or low-cost
- Improved food literacy
- Stronger school communities
- Better learning outcomes
- Greater food security on the North Shore



Budget and Program Drivers



- \$1.7 million (new) funding from provincial government for food, infrastructure and human resources
- Funding for 3 years, most likely beyond
- The NVSD is leading the way through the creation of a District Vice-Principal position
- The program supports all Strategic Plan goals



Strategic Plan Links



Student Centred Education

A nourished student is able to learn, thrive and be emotionally regulated to promote personal, social and academic excellence.

Mental Health and Well-Being

Supporting students to navigate the challenges faced at, and outside of school. Students know there is food available at all times, including weekends.

Truth, Healing and Reconciliation

Strengthen the relationship with Host Nations through food sharing, working with Indigenous communities to seek guidance on food sharing and choices.

Strategic Plan Links



Environmental Stewardship

Production of food at school, promotes learning in, with and about nature.

Welcoming and Inclusive Culture

Through the sharing of a variety of food, celebrate the diversity of cultures through food and traditions.

Innovative Instruction

Supporting students to learn through gardening where they engage in what is today, what will grow by tomorrow and prepare for the future.

NVSD Healthy Futures Program



- All food-related funding is now through Feeding Futures
- In the NVSD Feeding Futures = **Healthy Futures**
- Food, physical, and social emotional literacy
- Long-term program that will evolve over time
- District-led programs and school-initiated programs
- Required – providing food for students
- Flexible – how each school responds to community needs



Food SHARING Program



- Food Access Program is now **Food Sharing Program**
- Lunch provided depending on need:
 - Fruit, vegetable and milk deliveries
 - Fixed weekly budget for every school
 - Cafeteria vouchers at secondary schools
 - Breakfast programs in five schools
 - Snacks available in all schools



Learning, Sharing, Growing



Ongoing Collective Efforts



- New vendors/food providers/community partners
- Share challenges, lessons learned, and best practices
- Provincial and local school food working groups



Possible Futures



- Food sharing staff in every school
- Sustainable food delivery programs
- Cafeteria-style lunch programs in every school
- North Shore facility to produce hot lunch every day to SD 44 and 45
- Link with culinary programs and training opportunities



Questions?