



# Kindergarten Information and Tips for Parents



**Dear Parents and Guardians,**

**This document highlights skills that may support your child's learning at school. Pick a few to focus on, have fun practicing them together, and keep this list handy for quick reference. Your efforts will build your child's confidence and set them up for success!**

## Personal Awareness Skills

**Following Routines:** This means children are learning to follow schedules, like knowing when to line up or clean up.

### Tips for Parents:

- Create a simple morning and evening routine with a checklist or visual schedule.
- Practice getting ready for school by brushing teeth or packing their bag. Using a timer or visual might be a helpful strategy.
- Celebrate when they follow the routine.

**Completing Tasks:** This means learning to start and finish small tasks, such as putting away their belongings or cleaning up after play.

### Tips for Parents:

- Give them small responsibilities at home, like setting the table or feeding a pet.
- Break tasks into steps and praise them for completing each one.

**Keeping Track of Their Things:** This means knowing how to take care of their backpack, lunchbox, or jacket.

### Tips for Parents:

- Help them pack their bag the night before school, explaining where each item goes.
- Use labels or tags on their belongings to make it easier for them to identify their things.
- Teach them to double-check before leaving a place (e.g., "Do you have your jacket and lunchbox?").