



# School Avoidance

## Tips for Educators

<https://www.sd44.ca/sites/SEL/Pages/default.aspx#/=>



### BUILD A PREDICTABLE CLASSROOM ROUTINE

- ✓ Focus on your student's strengths: include a preferred activity into their day.
- ✓ Celebrate the student's strengths.
- ✓ Visual Schedule - share the shape of the day with student and family.
- ✓ Offer a soft-start in your classroom.
- ✓ Reduce academic demands.
- ✓ Offer student time with a friend.
- ✓ Consider meeting with the student virtually on Teams.
- ✓ Notice when the student is engaged and happy in class and chat with the student, "I see how happy you are right now - feelings come and feelings go."

### MAKE CONNECTIONS

- ✓ Meet with parents to strengthen the school - home connection.
- ✓ Connect with SBRT.
- ✓ Talk with the School Counsellor.
- ✓ Connect with your student. Consider having another staff member cover your class.

### Parents are responsible....

- ✓ for bringing their calm and regulated child into the building.

The school staff will support the student from there.

