## Community Professionals We Can Turn To

### Occupational Therapists (OTs)

Assist with sensory processing, fine motor skills, self-regulation, and activities of daily living.

#### Supported Child Development Program (SCD)

Offers assistance with inclusion in childcare settings for children with developmental delays or disabilities.

#### Speech-Language Pathologists (SLPs)

Help with speech and language delays, articulation, and social communication skills.

# Mental Health Clinicians: Registered Clinical Counsellors, Psychologies

Help with emotional regulation, executive functioning, and behavioral challenges.

# Family Services of the North Shore

A non-profit, community-based agency which offer counselling services and parenting resources to families,

# Child and Youth Mental Health (MCFD)

Provides a range of mental health assessment and treatment options for children and youth (0-18 yrs of age) and their families at no cost.

#### Behavior Consultants (BI)

Support children with behavior challenges or suspected neurodevelopmental disorders like ADHD or autism.

#### Hollyburn Family Services

Offers counselling to children, youth, and families. Also provides parenting support.

# Tother Can:

#### First Nations Health Authority

The FNHA plans, designs, manages and funds the delivery of First Nations health programs across BC.

#### Impact North Shore

Helps newcomers to Canada learn about Canada's systems and services as you build your new life here.

# Family Doctor and Pediatricians

Provide initial assessments and referrals to specialists and address all medical concerns.

#### Confident Parents; Thriving Kids (Parent Program)

To help parents manage their child's anxiety and/or behaviour. Referral through your doctor.

SD44 District SEL/MH Team Jan. 2025