

# ÉCOLE SECONDAIRE WINDSOR SECONDARY SCHOOL

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#### Student Services E-Bulletin – December 2025

#### Counsellors:

Grade 8 and 9 - Megan Brady — mbrady @sd44.ca

Grade 10 and Choices – Sue Maquignaz – smaquignaz@sd44.ca

Grade 11 and International Students – Mancy So - mso@sd44.ca

Grade 12 – Chris Barnes – chrisbarnes@sd44.ca

Counselling - École Windsor Secondary - please see this link on the School Website for all Grad, Post-Secondary, community resources and Scholarships info.

#### General Info

1. Save the dates! The Parent Course Programming Presentation will be in person on Thurs Jan 22<sup>nd</sup> at 6:30 pm for families to garner information on Course Info and basic university requirements.

Grade assemblies also will be held separately as follows, in the multipurpose room with the same power point information plus the Course Selection sheets:

a. Grade 11 – Tues Jan 20th 11:45 am b. Grade 10 – Wed Jan 21st 10:40 am c. Grade 9 – Tues Jan 20<sup>th</sup> 10:40 am d. Grade 8 – Wed Jan 21st 11:45 am

2. Trades Information Night: Tues Feb 3<sup>rd</sup>, location to be confirmed (likely Sutherland Secondary). District Careers Co-ordinator Jennifer Kinakin will present information on all the pathways that a career in the Trades would entail, and programs within our District that students can take. There are so many options and scholarships available! Here is the District Careers Website, containing info on programs and opportunities as well: Career Pathways - Career Pathways 44 (sd44.ca)

- 3. What is the difference between Volunteer/Work/Service Hours? This question comes up all of the time. Here are the differences:
  - a) **30 hours** are required to graduate for the Career Life Connections 12 course can be paid or unpaid hours accumulated from grade 10 to the end of grade 12. Grade 12's will complete the official form in the CLC 12 course in Unit 7.1. The form is also available on the Windsor Website under "students" and in the Career Centre (room 203)
  - b) Work Experience 12A/12B is a 4 credit course with a minimum of 90 hours of volunteer/job shadow, or career exposure in your focus area. See Ms. Misceo (<a href="mailto:cmisceo@sd44.ca">cmisceo@sd44.ca</a>) or go to the Career Centre (Room 203) for more information.
  - c) **School Service** Hours –Service is a way to give back to the Windsor community to earn recognition. Hours must be completed *within* the school (i.e. club *executive* members, peer tutoring, Ambassadors, student council, etc.). Self reported hours will be verified with the school staff sponsor for the event. Only verified hours will be considered for service hours. Students will self report their School Service Hours through the electronic Service Hours form posted under "About Our School" under FORMS on the school website. Have signatures and hand in this form by May 15<sup>th</sup>: service hours
  - d) Any other **community** hours for your own resume, may be included in the Scholarship Application in your grade 12 year. No official form, but very valuable! Starting before grade 12 is recommended!
- 4. Anxiety is a pervasive issue that can affect many people at some point of their lives. Occasional anxiety is a normal reaction to stress, but anxiety disorders can be invasive. Getting support and learning coping strategies that work long term are very important in working through anxiety! If your child is having difficulty with attending school due to anxiety, please call the counsellor as soon as possible. Anxiety can worsen in a short amount of time, and avoiding just reinforces the anxiety. Please refer to the Anxiety Canada website for more information: www.anxietycanada.com There are several resources in the community:
  North Shore CBT Centre for counselling, and Foundry which is a free comprehensive service for Youth (counselling, medical services, parent support, etc.) North Shore Foundry (foundrybc.ca)
- 5. If your child is struggling with mental health and/or substance use, this organization provides emotional support, information resources and help in

navigating services for parents of a teen with a mental health and/or substance use challenge. Please see this Family Smart site: <u>FamilySmart</u> - Together-Centred™ for Child & Youth Mental Health

- 6. Numeracy and Literacy Assessments:
  - o Literacy 10 and 12 January 13<sup>th</sup> and 14th
  - Numeracy 10 April 21st and 22nd
  - Grade 12 French Immersion Assessment June 9<sup>th</sup>
  - $\circ$  Any other rewrites June  $10^{th} 11^{th}$

Students who missed or wish to rewrite any Assessments must see their grade counsellor. Assessment results are *not* used for university admissions, (other than UBC which looks at the Lit 12 score). Results are reported on a scale of 1-4.

7. Looking to volunteer in the community? Explore North Shore Community

Resources - Volunteer Now (bcvolunteer.ca) – search under Youth in "More Search Options" or call 604-985-7138. Feel good about contributing!

#### <u>Opportunities</u>

8. Are you 14 years or older, enjoy the outdoors and want to pursue leadership? The Duke of Edinburgh Award offers approved external credits for secondary school students, and the award can be completed by any student. Please refer to: Duke of Ed

### Post Secondary Info

9. Looking for a starting point for course programming in the new year, or for university programs? Check out the Education Planner BC website: <u>EducationPlannerBC</u> This comprehensive site can help with Planning, Searching and Applying to all 25 BC Post Secondary schools. This is a great Parent resource for understanding how Post Secondary systems work in BC. You can also find prerequisites to university/college programs and learn about Trades careers.

## 10. University quick tips:

- **-SFU** admission no longer requires a 2<sup>nd</sup> language. SFU considers a minimum of 5 Grade 12 courses from the list. Please click here: <u>SFU</u>. For a campus tour, click here: <u>a campus tour</u>. SFU is now offering B.C.'s first and only undergraduate <u>dual law degree program</u> partnership with the University of Exeter in the UK. Students can earn both a BA (Bachelor of Arts) from SFU and an LLB (Bachelor of Law) from Exeter and no LSAT is required.
- University of Northern BC and UVIC will look at your top 4 grade 12 marks, including English 12. There is no second language requirement for these or any other university in the country.
- **Capilano University** requires 3 academic courses, including English, with no 2<sup>nd</sup> language requirement, nor Math requirement.
- **UBC** will consider all courses in grades 11 and 12. They want to see that students are challenging themselves with full course loads and that they write a deep personal profile. A Language 11 is no longer required, and a score of 3 (proficient) is required on the Literacy 12 assessment. To see upcoming events at UBC, click here: <u>UBC events</u>
- Tip: Consider many gateway pathways that merge directly into 2<sup>nd</sup> or 3<sup>rd</sup> year programs at UBC: Corpus Christi College (on UBC campus), Capilano U, etc. These smaller schools offer excellent foundations, much smaller classes, high success rates, etc. and sometimes have agreements with UBC for direct transfer.
- 11. Wondering what the typical admissions averages are? SFU has posted their previous grades: <a href="Historical Admission Grade Ranges Undergraduate Admission Simon Fraser University">Historical Admission Simon Fraser University</a>. The University of Alberta in Edmonton has this link for you to check specific programs: scroll down to "High School Admission-Average Ranges: Three Year Trends"

  Competitive Requirements | Undergraduate Admissions + Programs (ualberta.ca) Click on specific programs to see the averages.

#### <u>Grads</u>

12.Grad photos are fast approaching on **December 4**<sup>th</sup> – **10**<sup>th</sup> . Students *must* book their appointment time online through the Grads BC website: Schedule Appointment with Grads BC All photo sessions take place at Windsor Secondary. Photos are used for the yearbook as well as the composite that hangs in the front foyer, and families can purchase their own packages.

- 13. If you plan to attend ANY university or college anywhere in the world next fall, please 'give consent' to have your final marks sent through the Student Transcript Service upon graduation (help videos are now on the first page). Setting up your account is part of the CLC12 course in Unit 4.1. Please see link to STS page: <a href="Iranscripts">Iranscripts</a>
- 14.Please see the Counselling website for all types of scholarship information. The Internal (Windsor) scholarships require that students submit their application by Thursday Dec 4<sup>th</sup> at 11:59 pm. The application is on the MS Teams Grad 2026 group as an ASSIGNMENT for grade 12's. All types of scholarships are available through the Windsor Scholarship Committee, including nominations for the BC Excellence and the Schulich (STEM) Leadership award. Please let Mr Barnes know if you wish to be considered for the Schulich award by Dec 12<sup>th</sup>. Here is the link to some of the External Scholarships on our Windsor website, organized by deadline, according to month: Scholarships
- 15. The Grad Semi-Formal is **Tuesday Feb 9**<sup>th</sup>, 2026. 6:00 9:30 pm. Seymour Golf and Country Club.
- 16.BOSA Construction is seeking 4 passionate high school graduates looking to pursue their Carpentry Apprenticeship through BCIT. Scholarship and opportunity available through www.bosaconstruction.com/careers
- 17. Applications for the Beedie Luminaries Scholarship program are due Dec 15th, 2025, with 100+ scholarships of \$44,000 each to be used at any public post secondary school in BC. Apply here: Grade 12 Scholarship details | Transform Your Future | Beedie Luminaries