

Elementary Extra-Curricular Athletics Informed Consent

For: **CROSS COUNTRY 2025**

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. The schedule of events is attached/will be published when finalized.

Please note that all forms are due to the office before students attend their first practice. Students will not be able to participate if their forms are not handed in.

EXTRA-CURRICULAR ATHLETICS PURPOSE(S):

The purpose of this activity is to provide an opportunity to develop skills in a sport to a higher degree than may be possible in the curricular physical education program, to increase school spirit, to encourage team play and to foster good sportsmanship.

ATHLETIC SEASON: CROSS COUNTRY

September to end of October

Grades 4, 5, 6, 7

Practices: Wednesdays (8:00-8:40am), Thursdays (3:10-4:00pm)

First practice:	Wednesday, September 24 th	<i>*Meet by picnic tables – front of school.</i>
Mini Meet (Gr. 4-7):	Thursday, October 9 th	3:30-4:30pm Location: Upper Lynn
West Zone Meet (Gr. 4-7):	Wednesday, October 15 th	3:30-4:45pm Location: Loutet Park
All-District Final (Gr. 4&6):	Tuesday, October 21 st	3:30-4:45pm Location: Loutet Park
All-District Final (Gr. 5&7):	Wednesday, October 22 nd	3:30-4:45pm Location: Loutet Park

COACHES, SPONSORS(S) AND CHAPERONE(S):

<u>Name</u>	<u>Position</u>	<u>Phone Number(s)</u>	<u>Email address</u>
Kristine Chambers	Coach (Thurs.)	604-377-2141 (C)	kchambers@sd44.ca
Melissa Purich	Coach (Wed.)	604-903-3820 (UL)	mpurich@sd44.ca
Louise Bryant	Coach (Thurs.)	604-903-3820 (UL)	lbryant@sd44.ca

SUPERVISION:

All supervision of students in this program is direct supervision. Direct supervision is defined as the time students spend with the sponsors, coaches and volunteers involved in the program, including during transportation and coaching.

TRANSPORTATION:

Transportation to and from activities will be provided by parents/guardians. Transportation of students by private vehicles shall be in accordance with Board Policy 607: Transportation of Students and School District transportation procedures. All field trip transportation is subject to the regulation and law of the relevant municipal, provincial, federal or international jurisdiction.

Student dismissal from venues will be the responsibility of the coach/sponsor who will ensure that all participants are released to the direct supervision of an adult (e.g., parent driver).

RISKS AND CONSEQUENCES:

There is a degree of risk in all sports activities. The risk is increased to varying degrees when students are away from the safety of the school setting. It is impossible to itemize every possible element of risk associated with a sporting activity. This sporting activity may include, but not be limited to the following inherent risks, and all risks associated with:

- Travel to and from the event venue(s)
- the nature of sport (i.e., rolled ankles, joint / head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries)

EMERGENCY PLANNING:

Students have been briefed on the risks involved in this activity and on appropriate precautions to be taken. Students will be required to sign a *Student Awareness of Risk and Responsibility Form* in order to indicate a full understanding of the expectations, risks, safety precautions and responsibilities associated with this activity before being permitted to participate.

Other safety precautions:

- A cell phone will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- A basic first aid kit will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- The coach/sponsor will have immediate access to the student medical forms completed by the parent/guardian.
- Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

In the event of student injury, parents/guardians will be notified. For all incidents involving injury, supervising school personnel will record details of the incident and, as soon as is practicable, complete an *Incident Report* submission.

ACCIDENT/LIABILITY INSURANCE:

Parents/guardians are responsible for the provision of individual student Accident Insurance for their child if desired.

Sincerely,

Tim MacLeod
Principal

Return this Informed Consent Approval to School

ELEMENTARY EXTRA-CURRICULAR ATHLETICS INFORMED CONSENT APPROVAL

PARENT/GUARDIAN PERMISSION

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. Without this signed consent, students will not participate in this program.

PARENT/GUARDIAN CONSENT

I, _____ (parent/guardian) of _____, have
Print Parent/Guardian's Name Print Student's Name
read the Informed Consent information that pertains to my child's participation in Cross Country. I am aware of the risks inherent in this athletic program and my signature indicates that my child has my informed consent to participate. I have completed and submitted a medical form for my child.

Parent/Guardian Signature

Date

Printed Name of Parent/Guardian