

Upper Lynn e-News

February 8, 2026

Important Dates & Reminders for the Week of February 09 to February 13, 2026

| Monday 09 | Tuesday 10 | Wednesday 11 | Thursday 12 | Friday 13 |
|---|---------------|-----------------|---|--|
| Hot Lunch Well Fed PAC Meeting Library; 7:00 | | | Spirit Day Dress in Red Grade 7 Fundraiser \$6 per bag Band & Strings Concert Centennial; 6:30 | District Pro-D Students Not in Session |

Upcoming Dates

- Monday February 9 – Hot Lunch – Well Fed
- Monday February 9 – PAC Meeting; 7pm in the Library
- Tuesday February 10 – Argyle to Visit Grade 7s
- Wednesday February 11 – Grade 7/8 Transition Parent Night at Argyle
- Thursday February 12 – Spirit Day; Dress in Red
- Thursday February 12 – Grade 7 Donut Fundraiser; 3pm – Basketball Court
- Thursday February 12 – Band & Strings Festival; Centennial Theatre; 6:30-8:30
- Friday February 13 – District Pro-D – Students not in Session
- Monday February 16 – Family Day; School is Closed
- Tuesday February 17 – Lunar New Year
- Tuesday February 17 – Body Science Parent Session; 6:30
- Friday February 20 – Card Project Due
- Friday February 20 – Argyle Choir Performance at Upper Lynn
- Monday February 23 – Body Science Student Sessions
- Tuesday February 24 – Body Science Student Sessions
- Wednesday February 25 – Pink Shirt Day
- Wednesday February 25 – Staff Collaboration: Early Dismissal at 2:00pm
- Monday March 9 – Long House; E12, E13
- Tuesday March 10 – Long House; E10, E11

Upper Lynn News

Used Sports Equipment

We are always looking to expand the variety of sports equipment available for students to use during recess and lunch. If your family has gently used balls or other outdoor sports equipment you no longer need and would be willing to donate, it would be greatly appreciated and put to good use by our students. Please contact Mr. MacLeod at tmacleod@sd44.ca if you have items to donate or questions.

Early Pick-Up

If you need to pick up your child early, please email both the classroom teacher and the office in advance. If plans change after 8:00am, please email upperlynn@sd44.ca, as the classroom teacher may not see the message during the school day. Please do not arrive at the school without notifying the office prior, as this disrupts students and the learning environment. Emailing ahead allows the teacher to plan accordingly and have your child ready at the time indicated. Thank you.

Supporting Mobile Device Use at Upper Lynn

We are asking for your support with student use of personal digital devices on school grounds, including mobile phones and smart watches.

Our school follows the District guideline that students are expected to leave personal digital devices at home, in their bag or backpack during instructional time. Allowances may be made by staff for instructional purposes, digital literacy, Individualized Education Plans, accessibility, medical or health needs, and equitable support for learning outcomes.

Recently, the increase in students bringing mobile devices and smart watches to school has created challenges. Devices are impacting student focus during learning time and are often a source of conflict when students do not follow expectations. We are also seeing devices being taken into washrooms, which is not appropriate.

If a student is using a device during instructional time, the device will be taken and returned at the end of the day. If this becomes an ongoing issue, or if a student is rude or disrespectful to staff when reminded of expectations, families will be contacted and asked to pick up the device.

We also ask that families do not encourage students to message or contact home during instructional time with their device, and that families avoid contacting students directly on their personal devices while they are at school. This often puts students in a difficult position and sets them up for conflict with staff when devices are not permitted. If a student needs to connect with home, they are always encouraged to come to the office and we will support them.

We truly believe this is an area where adults need to work together. Expecting children to consistently resist the pull of devices is not realistic. When school and home expectations are aligned, students are set up for success.

Thank you for your ongoing support and partnership as we work together to keep our learning environment focused, respectful, and supportive for all students.

Grade 7 Donut Fundraiser – This Thursday

Please join us in supporting our Grade 7 students at their upcoming fundraiser.

When: Thursday, February 12 from 2:30 to 4:00 pm
Where: Upper Lynn Basketball Court
Cost: \$6 per bag of 6

Families are welcome to attend starting at 2:30 pm, and students are invited to join after the 3:00 pm dismissal bell.

Thank you for your continued support of our Grade 7s.

Student-Led Open House

We will be holding our Student-Led Open House on Tuesday, March 10 from 2:15 to 3:15 pm and again from 5:15 to 6:15 pm.

This is an opportunity for students to take the lead and share their learning with their families. Each classroom teacher will communicate the specific details and expectations for their class.

Written reports will be sent home on Wednesday, March 11.

We look forward to welcoming families into the school and celebrating student learning together.

Code of the BEARS

We are excited to share that we have passed 1,200 BEARS Paws. Well done, Upper Lynn. We are getting close to our schoolwide reward of a tasty treat.

As we continue to work toward this goal, staff are looking at expectations across all settings. For our intermediate students, this includes having mobile devices away and off during the school day.

Our focus this week is on the Code of the BEARS in all settings, as shown in the image above. Being accountable, respectful, and safe applies everywhere in our school community.

Thank you for your continued support of the Code of the BEARS at home and at school.

PAC News

PAC Meeting

Reminder: Next PAC meeting will take place on Monday February 9th at 7pm in the ULE Library. Childcare will be available in the Multi-purpose room.

We have multiple executive roles we are looking to fill for the 2026/2027 school year so please consider attending to meet your current exec and see if any roles would be a good fit for next year.

Volunteer(s) Needed!

Bike, Walk and Roll to school week, typically taking place the last week of May/first week of June, is a district sponsored initiative encouraging students to get to school in a safe, active and sustainable way. Upper Lynn students have the chance to win prizes for their creative ways of getting to and from school this week, and in the past we've had local businesses such as Lynn Valley Bikes on site to do bike safety checks.

Our current coordinator Veronica will be leaving Upper Lynn this year and we need to find 1 or 2 parents to shadow her so this awesome week can continue in the 2026/2027 school year! Please reach out to Upperlynnpac@gmail.com for more details. This is a great way to get involved in your school and community and you will be supported by the PAC and Gr 7 students.

Silent Auction - Donations

The Silent Auction is an important fundraiser for the PAC, raising over \$17 000 last year. It will run online February 20-27th 2026.

We are now seeking donations! It is an excellent way for businesses to support our school, gain great exposure and build their brand within the school community. If you own a business, or have a good connection with a business owner, we would love to hear from you. All donations need to be confirmed by February 13th.

We are always looking for new members to join our organizing team. This is a very rewarding project to work on with an awesome group of fellow ULE parents.

Contact the Silent Auction Team (Kate, Bri, Selena, Carolyn and Emilia) at ulpacfundraising@gmail.com

Parent Speaker Series

Topic: Body Science with Cath Blythe from Saleema Noon

Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health

Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

In this workshop parents will learn:

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development, with specific examples of how to explain concepts and processes using inclusive language
- How to become their kids' go-to source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask
- What will be covered in Body Science workshops for students

When: Tuesday Feb 17th, 2026 06:30 PM Vancouver

Where: Zoom

Join Zoom Meeting: [Here](#)

Meeting ID: 829 9711 9379

Passcode: 925158

Reminders

2026-2027 School Year

As we begin planning for next September, families who are not planning to return to Upper Lynn next year are asked to please contact the school office as soon as possible. This helps us ensure accurate class planning and supports a smooth transition for all students.

2026/27 Elementary Band and Strings

Registration for the 2026/27 Elementary Band and Strings program is now open. The NVSD public webpage for the [Band and Strings](#) has been updated and now contains the information for the 2026/27 school year.

There are two registration options and fees for 2026/27:

- Registration between **January 12 - February 27, 2026**– the fee is \$555 and can be paid through a monthly instalment plan that will spread payments until September 1st.
- Registration between **March 13 - September 29, 2026** – the fee will be \$630. No monthly installment plan is available for this option.

Tim MacLeod
Principal

Lauren Vanderham
Vice-Principal