

Upper Lynn e-News

February 1, 2026

Important Dates & Reminders for the Week of February 02 to February 06, 2026

Monday 02	Tuesday 03	Wednesday 04	Thursday 05	Friday 06
Hot Lunch Sushi/Max Frut	BHM Guest Speaker	BHM Guest Speaker		Hot Lunch Subway

Upcoming Dates

- February – Black History Month
- Monday February 2 – Hot Lunch – Sushi/Max Frut
- February 3 & 4 – BHM Guest Speaker
- Friday February 6 – Hot Lunch – Subway
- Monday February 9 – Hot Lunch – Well Fed
- Monday February 9 – PAC Meeting; 7pm in the Library
- Tuesday February 10 – Argyle to Visit Grade 7s
- Wednesday February 11 – Grade 7/8 Transition Parent Night at Argyle
- Thursday February 12 – Spirit Day; Dress in Your Favourite Red
- Friday February 13 – District Pro-D – **Students not in Session**
- Saturday February 14 – Valentines Day
- Monday February 16 – **Family Day; School is Closed**
- Tuesday February 17 – Lunar New Year
- Tuesday February 17 – Body Science Parent Session
- Friday February 20 – Card Project Due
- Monday February 23 – Body Science Student Sessions
- Tuesday February 24 – Body Science Student Sessions
- Wednesday February 25 – Pink Shirt Day
- Wednesday February 25 – **Staff Collaboration: Early Dismissal at 2:00pm**

Upper Lynn News

Last Week...

Last Thursday, we held Puzzle Day, where our Grade 7 students worked alongside classes throughout the school, supporting students as they tackled a variety of puzzles over the course of the day. It was wonderful to see leadership, collaboration, and problem solving on display, and our younger students really enjoyed learning alongside the Grade 7s.

We wrapped up the week on Friday with Dress Up as Your Favourite Storybook Character Day, and the creativity on display was outstanding. Students came to school with thoughtful, unique, and imaginative outfits, and it was great to see their love of books come to life.

Also on Friday, we held an assembly to introduce Black History Month. The presentation highlighted three Upper Lynn projects that will guide our learning and reflection throughout the month:

- Black History Matters presentations
- An Underground Railroad-inspired coding scavenger hunt with a prize opportunity
- The Alma Thomas school-wide art project

Earlier in the week, on Tuesday, our Grade 5 floorball team played an exhibition game against the North Vancouver Wolf Pack Junior hockey team and came away with an impressive 8–6 victory.

Upper Lynn also showed strong community spirit on Saturday at the hockey rink, where our choir proudly sang the national anthem, and students and families cheered on the Wolf Pack to a 5–2 win.

Meanwhile, our Grade 6 and 7 teams were gearing up for their first season games this week, and excitement is building as they get ready to compete.

We closed the school week with a special performance by the Black Dog String Quartet, which was a wonderful way to end a full and meaningful week of learning, creativity, leadership, and community.

Thank you to staff, students, and families for making Upper Lynn such a vibrant and connected place.

Supervision Before and After School

For the safety and well-being of all students, we kindly ask families to arrange direct supervision for their child(ren) before and after school, as staff supervision is not provided during these times. We encourage students to follow the **Code of the BEARS—Be Accountable, Be Respectful, and Be Safe**—while playing outside to help create a positive and safe environment. Thank you for your cooperation in ensuring a safe start and end to the school day!

Code of the BEARS

We continue to be proud of the way our students are living the Code of the BEARS each day. Across the school, we are seeing so many positive choices. Students are helping keep our school beautiful, walking calmly and respectfully in the hallways, and holding doors open for one another. These small actions make a big difference and help create a safe, welcoming place for everyone.

As part of our ongoing focus on being accountable and respectful, we are shifting some attention back to our washrooms. Recently, there has been damage occurring during school hours, including writing on walls and doors, water being splashed on floors, and supplies being thrown into toilets. When this happens, washrooms become unusable and unsafe for others.

We ask that families please speak with their children about taking care of shared spaces. Our washrooms need to stay clean, operational, and well supplied so that everyone can use them comfortably. If students see something happening or know information that could help, we encourage them to come to the office and share. This is not about getting anyone in trouble, but about working together to look after our school.

Thank you for continuing to support the Code of the BEARS at home and at school. When we all do our part, we keep our school safe, respectful, and a place we can be proud of.

PAC News

PAC Meeting

Reminder: Next PAC meeting will take place on Monday February 9th at 7pm in the ULE Library. Childcare will be available in the Multi-purpose room.

We have multiple executive roles we are looking to fill for the 2026/2027 school year so please consider attending to meet your current exec and see if any roles would be a good fit for

Sprinkle Kindness with Upper Lynn Pink Shirts



This year Pink Shirt Day (Anti-Bullying Day) falls on Wednesday, February 25, and **Upper Lynn Pink T-shirts and Hoodies** are now available for ordering! The Upper Lynn logo (in black) will be printed on the front of the shirt and "BE KIND" will be printed on the back.

All orders will be individually packaged and sent to the school for distribution to classrooms. T-shirts will be sent home with children on Monday, February 23.

Order now on www.munchalunch.com. **Deadline:** 11:59 pm on **Monday, February 2nd**

ALL PROCEEDS WILL GO DIRECTLY TO THE CKNW KIDS' FUND PINK SHIRT DAY INITIATIVE. (www.pinkshirtday.ca)

Volunteer(s) Needed!

Bike, Walk and Roll to school week, typically taking place the last week of May/first week of June, is a district sponsored initiative encouraging students to get to school in a safe, active and sustainable way. Upper Lynn students have the chance to win prizes for their creative ways of getting to and from school this week, and in the past we've had local businesses such as Lynn Valley Bikes on site to do bike safety checks.

Our current coordinator Veronica will be leaving Upper Lynn this year and we need to find 1 or 2 parents to shadow her so this awesome week can continue in the 2026/2027 school year! Please reach out to Upperlynnpac@gmail.com for more details. This is a great way to get involved in your school and community and you will be supported by the PAC and Gr 7 students.

Card Project

We are thrilled to run the card project again this year. As you may recall, and for those who are new, this is an opportunity to have cards and other gift items made with your child's artwork on them. Here is how it works.

The kids have already made/are in the process of making art. If you want the free sample card (with your child's art) or the opportunity to buy items with your child's art (which happens later, in the spring, with orders arriving in time for Mother's Day) then you need to register **NOW**. The deadline to sign up is February 8, 2026. But why wait, it takes only a few minutes, and if you do it now when you get this email you don't have to set yourself a reminder to do it later.

[Click Here to Register](#)

Then use the purple button to complete the registration.

If you don't register now, you can't order items later. So don't miss out!!!!

Silent Auction - Donations

The Silent Auction is an important fundraiser for the PAC, raising over \$17 000 last year. It will run online February 20-27th 2026.

We are now seeking donations! It is an excellent way for businesses to support our school, gain great exposure and build their brand within the school community. If you own a business, or have a good connection with a business owner, we would love to hear from you. All donations need to be confirmed by February 13th.

We are always looking for new members to join our organizing team. This is a very rewarding project to work on with an awesome group of fellow ULE parents.

Contact the Silent Auction Team (Kate, Bri, Selena, Carolyn and Emilia) at ulpacfundraising@gmail.com

Parent Speaker Series

Topic: Body Science with Cath Blythe from Saleema Noon

Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health

Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

In this workshop parents will learn:

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development, with specific examples of how to explain concepts and processes using inclusive language
- How to become their kids' go-to source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask
- What will be covered in Body Science workshops for students

When: Tuesday Feb 17th, 2026 06:30 PM Vancouver

Where: Zoom

Join Zoom Meeting: [Here](#)

Meeting ID: 829 9711 9379

Passcode: 925158

Reminders

2026-2027 School Year

As we begin planning for next September, families who are not planning to return to Upper Lynn next year are asked to please contact the school office as soon as possible. This helps us ensure accurate class planning and supports a smooth transition for all students.

2026/27 Elementary Band and Strings

Registration for the 2026/27 Elementary Band and Strings program is now open. The NVSD public webpage for the [Band and Strings](#) has been updated and now contains the information for the 2026/27 school year.

There are two registration options and fees for 2026/27:

- Registration between **January 12 - February 27, 2026**– the fee is \$555 and can be paid through a monthly instalment plan that will spread payments until September 1st.
- Registration between **March 13 - September 29, 2026** – the fee will be \$630. No monthly installment plan is available for this option.

Tim MacLeod
Principal

Lauren Vanderham
Vice-Principal