

Upper Lynn e-News

January 11, 2026

Important Dates & Reminders for the Week of January 12 to January 16, 2026

Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
First Aid Gr.6 Hot Lunch Pizza			Black Excellence Day	Tie Dye Day Hot Lunch Subway

Upcoming Dates

- Monday January 12 – Hot Lunch - Pizza
- Monday January 12 – First Aid Grade 6
- Thursday January 15 – Black Excellence Day
- Friday January 16 – Tie Dye Day
- Friday January 16 – Hot Lunch – Subway
- Monday January 19 – Hot Lunch – Cobs/TCBY
- Wednesday January 21 – Winter Concert; Even Divisions
- Thursday January 22 – Winter Concert; Odd Divisions
- Monday January 26 – School Based Pro-D – **Students not in Session**
- Thursday January 29 - Immunizations
- Friday January 30 – Hot Lunch – Foodie Kids
- Friday January 30 – Presentation; Black Dog String Quartet
- Saturday January 31 – Upper Lynn at the Wolf Pack Game
- Monday February 9 – PAC Meeting; 7pm
- Monday February 2 – Hot Lunch – Sushi/Max Frut
- Friday February 6 – Hot Lunch – Subway
- Monday February 9 – Hot Lunch – Well Fed
- Tuesday February 17 – Body Science Parent Evening

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Black Excellence Day

This Thursday we will be recognizing Black Excellence Day, a time to celebrate the achievements, contributions, and impact of Black individuals and communities. This day provides an opportunity for reflection, conversation, and learning across the school.

February is Black History Month, and students will engage in a variety of learning experiences throughout the month that highlight Black history, culture, and contributions. These learnings will take place at different times and in different ways across classrooms.

Tie Dye

Division E14 is excited to host Tie Dye Day on Friday, January 16. Throughout the week, students have been learning fun facts about the history of tie dye during morning announcements.

Students are invited to wear their tie-dyed socks, t-shirts, hoodies, or pants. Be colourful, be creative, and have fun.

Thank you to our Student Council for organizing this school wide event. We are looking forward to seeing Upper Lynn filled with colour.

Tripleball

Grade 6 and 7 boys' and girls' tripleball is starting soon, and it's not too late to join! If your child hasn't signed up yet, they can speak to their teacher to register. Stay tuned to the morning announcements for updates and visit our [webpage](#) for more details.

Thank You!

Thank you to all the families who stepped in and helped by bringing extra lunches for students who did not have lunch on hot lunch sushi day. Your kindness and willingness to support others truly reflects what makes Upper Lynn such a special place.

These actions are a great example of living the Code of the BEARS. Being Accountable by noticing a need and responding, being Respectful by caring for others, and helping to create a Safe and inclusive school community where everyone feels supported.

We are grateful to be part of a true community where families look out for one another. Thank you for making Upper Lynn such a caring place for all students.

2026/27 Elementary Band and Strings – Registration Opens January 12, 2026

Registration for the 2026/27 Elementary Band and Strings program will open on Monday, January 12, 2026. The NVSD public webpage for the [Band and Strings](#) has been updated and now contains the information for the 2026/27 school year.

There are two registration options and fees for 2026/27:

- Registration between **January 12 - February 27, 2026**– the fee is \$555 and can be paid through a monthly instalment plan that will spread payments until September 1st.
- Registration between **March 13 - September 29, 2026** – the fee will be \$630. No monthly installment plan is available for this option.

Code of the BEARS – Library

As we continue to get back into the swing of things after the break, we will be extending our school wide focus on the library for one more week. This shared space is used by all students, and revisiting expectations helps set everyone up for success.

Students are being reminded to be Accountable by following library routines, returning books on time, and keeping the space organized. Being Respectful means using quiet voices, listening to staff, and taking care of books and materials. To ensure the library remains safe and welcoming, students are expected to move calmly and keep hands and feet to themselves.

Thank you for your continued support as we reinforce these expectations together.

PAC News

Fundraising

Are you planning for your spring garden already? Want to grow your own veggies or plant some flowers to help the bees? Then check out our fundraiser with West Coast Seeds.

Ordering is open until January 12, 2026, until January 26, 2026! To order click [Here](#).

Silent Auction - Sponsorship

The Silent Auction is an important fundraiser for the PAC and will run **February 20-27th 2026**. Sponsoring the Auction is an excellent way to showcase your company to a large audience. Since we launched the online format in 2021, we've consistently seen strong engagement, with over **30,000** pageviews each year.

Below are the available sponsorship levels:

Gold Sponsorship: \$600

- Company logo incorporated into Auction banner *unique to single Gold sponsor only
- Company logo displayed on the Auction homepage with a link to company website or social media

Silver Sponsorship: \$400

- Company Logo displayed on the Auction main page with a link to company website or social media

If you are interested in sponsoring our event, please contact us at ulpacfundraising@gmail.com, we would appreciate your response by **Sunday, February 1st**.

After-School / Lunch Programs

3D Basketball (Winter 2026)

Where: Upper Lynn Elementary School Gymnasium

When: Thursdays, 3:00 - 5:00pm

Who: Grades 1 - 5

Price: \$315, includes free t-shirt (9 sessions)

Dates: January 15th to March 12th.

Link to Register: [3D Basketball Registration](#)

3D Basketball is the longest standing basketball club on the North Shore celebrating our 25th anniversary this year. Our experienced staff create a safe, structured space where students engage in activities that promote athletic development, confidence, and skill-building, while encouraging positive social interaction and leadership development.

Our after-school program at Upper Lynn Elementary is designed to nurture the growth of young athletes at a time that works for parents. Focused on physical development, coordination, and teamwork, we offer a fun and active environment where children can enhance their athletic abilities through various sports and activities.

Sports Explorers

Where: Upper Lynn Gymnasium

When: 3:00pm-4:30pm

Price: \$240

Dates: Fridays from Jan 16th - Mar 13th (No session Friday, Nov. 13th due to Pro D Day)

Link to Register: [Sports Explorers](#)

Description: Sports Explorers Development allows athletes to build on their fundamental skills by focusing on sport specific skill development and tactical understanding. Athletes will refine techniques such as passing, dribbling, shooting, and defending. Sports include Pickleball, Ultimate Frisbee, Handball, Soccer, Volleyball, Hockey, Basketball and more!

Coaches introduce key concepts like teamwork, spacing, and communication, encouraging athletes to think critically and make decisions during active gameplay. This program prepares young athletes for higher levels of physical education and organized sport.

PLEASE NOTE: Pro D Day on February 13th, no session, please put this date in your calendar

Lunch GRIT (Winter 2026)

Where: Upper Lynn Multipurpose Room

When: 12-12:47pm, Wednesdays

Who: Grades 3-6

Price: \$120

Dates: Feb 11-Mar 11

Link to Register: [Lunch Grit at Upper Lynn / Winter 2026](#)

Lunch Grit is a 5-week workshop held at lunch in your kiddo's school. In it, we un-pack how to be a happier human at school. We find tools for finding calm in stressful situations, we navigate our way through the landmine of

tricky friendships, we deal with the pressure of expectations, we laugh - we create - we move our bodies. It's the perfect break for half-way through the day.

Lunch Chess Club

Where: MPR

When: Tuesdays, 12:00 - 12:47pm

Who: Ages 6 to 11

Price: \$80

Dates: January 13th to March 3rd (Jan 13, 20, 27, Feb 3, 10, 17, 24, Mar 3)

Link to Register: [Chess Club](#)

You are invited to explore the strategic world of chess at this exclusive chess club. This club includes fundamentals for beginners along with strategies for the more advanced players. Chess Club players will have the opportunity to improve their skills by playing against other player of various levels.

This class accepts beginners and experienced players alike from ages 6-11

NOTE: Tablet-based chess games are optional for kids to facilitate learning and have fun. Feel free to reach out to coach Felix at hwj1582@gmail.com if you have any questions!

Reminders

Winter Concerts

Upper Lynn students will be presenting Winter Concerts showcasing work they have been doing in music classes.

Wednesday, January 21 even divisions; 4, 6, 8, 10, 12, 14, 16, 18

Thursday, January 22 odd divisions; 3, 5, 7, 9, 11, 13, 15, 17, 19

Intermediate and Primary choirs will perform on both nights.

The concerts will begin at 6:30pm in the Upper Lynn gym. Students should arrive at 6:10pm; school and gym doors will open at that time. Due to space constraints in the gym, we ask that families limit audience members to 2 adults per student for each concert.

Grandparents and other family members may come to watch the school dress rehearsals on the day of each concert, starting at 1:30pm.

Homestays Needed

Each year, the North Vancouver School District welcomes international students to live and study in our community. We are currently seeking host families for secondary school students for terms beginning February and September 2026, and February 2027.

If you are interested in becoming a homestay family, please contact the International Education program office at international@sd44.ca More information is available on our [school's website](#).

Feeling Unwell? Please Stay Home

As we head into cold and flu season, a gentle reminder to please keep your child at home if they are feeling unwell. Symptoms like fever, persistent cough, sore throat, vomiting, diarrhea, or any communicable illness can spread quickly among our school community. Keeping sick children home supports their recovery and helps protect classmates, staff, and families. For details on when to keep your child home, please refer to the *When Should I Keep My Sick Child Home* guidelines on the [Upper Lynn website](#).

Tim MacLeod
Principal

Lauren Vanderham
Vice-Principal