

Upper Lynn e-News

October 5, 2025

Important Dates & Reminders for the Week of October 06 to October 10, 2025

Monday 06	Tuesday 07	Wednesday 08	Thursday 09	Friday 10
		Lockdown Drill	X-Country Meet at Upper Lynn	

Upcoming Dates

- Sunday October 5 – World Teacher Day
- Wednesday October 8 – Lockdown Drill; 10:05
- Thursday October 9 – Argyle FOS X-Country Meet – Upper Lynn
- Monday October 13 – Thanksgiving – **School is Closed**
- Tuesday October 14 – Photo Day
- Thursday October 16 – The Great Shake Out
- Thursday October 16 to 17 – Safer Spaces Workshops – Gr.6/7
- Friday October 17 – Hot Lunch – Magic Lunchbox
- Monday October 20 – Hot Lunch Well Fed
- Monday October 20 – 22 – Conferences – **Early Dismissal at 2pm**
- Tuesday October 21 – ICBC Road Safety Blitz
- Friday October 24 – Professional Development Day; **Students Not in Session**
- Monday October 27 – Hot Lunch – Pizza
- Tuesday October 28 – School Planning Meeting
- Wednesday October 29 – Staff Collaboration -**Early Dismissal at 2pm**
- Wednesday October 29 – Norman Foot Concert - Choir
- Friday October 31 – Hot Lunch – Foodie Kids
- Sunday November 2 – Daylight Savings
- Monday November 3 – Photo Retake
- Monday November 3 – Hot Lunch Cobs/TCBY

Upper Lynn News

Student Teacher Family (STF) Conferences are Coming!

This year, our STF Conferences will once again focus on the important theme of student goal setting. These conferences offer a valuable opportunity for teachers, students, and parents/guardians to come together to discuss and establish personalized goals for each student, along with strategies for how these goals can be successfully achieved.

Our conferences will take place from October 20th to 22nd (all early dismissal days at 2:00 p.m.). A few classes may also hold conferences on October 23rd.

We strongly encourage all parents and guardians to sign up for a conference to support their child's growth and development. The sign-up process will open next Sunday, so be sure to reserve your spot early!

Cross-Country Meet

This is a friendly reminder that Upper Lynn is excited to be hosting the Argyle FOS cross-country meet this Thursday, October 9th, from 3:30 to 4:30 pm. We are thrilled to welcome students and families to this event and look forward to a great afternoon of sportsmanship and fun. However, we are still in need of volunteers to help ensure the event runs smoothly. If you are able to lend a hand, please contact Ms. Chambers at kchambers@sd44.ca. Your support would be greatly appreciated, and we thank you in advance for helping make this event a success!

Reminder Lockdown Drill – Wednesday October 8th at 10:05

Throughout the school year, schools routinely carry out emergency drills, which include procedures for fire, earthquake, and lockdown situations. In the upcoming weeks, all North Vancouver Schools will be conducting a lockdown drill, with ours scheduled for Thursday October 8th at 10:05.

We kindly request that during this drill, you refrain from visiting the school as all entry points will be secured. Lockdown drills serve various purposes, including addressing scenarios such as the presence of an animal on the school grounds or an unwelcome visitor on the premises. Your understanding and cooperation in this matter are greatly appreciated.

Grade 7 Fundraisers: Freezie Monday & Bottle Drive

Freezie Monday

Cool off after school with a sweet treat! Our Grade 7 students will be selling Freezies for \$2 each **this** Monday after school at the main entrance. All proceeds go toward Grade 7 year-end activities. Thank you for your support!

Bottle & Can Fundraiser

Support our Grade 7 grads by donating your empties through Return-It Express!

1. Choose a Return-It Express location that works for you.
2. Use our NEW phone number: (604) 992-2654.
3. Print a label, scan, and hand in your bags.

World Teachers' Day, October 5

Today we celebrate our incredible teachers at Upper Lynn and all they do to support, guide, and inspire our students each and every day. Their dedication, creativity, and care make a lasting difference in the lives of children and in our school community. Thank you for everything you do—your impact goes far beyond the classroom.

Code of the BEARS Focus – Hallways

We didn't quite make it to our hallway focus last week, so we're stepping into it this week! Let's show our BEARS pride as we move through the halls.

- Be Accountable: Go straight to where you need to be and carry items safely.
 - Be Respectful: Use quiet voices and admire displays without touching.
 - Be Safe: Walk on the right and be aware of others around you.
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PAC News

Hot Lunch Ordering

Hot Lunch ordering for the Fall Session is OPEN!

It will run from Friday October 17th until Monday December 15th. Orders MUST be placed and PAID by October 8th at 11:59pm. Unpaid orders will be cancelled. I encourage everyone to place their orders early to avoid last minute issues with payment processing.

SUBWAY ORDERS: If you are selecting a veggie sub, please specify which vegetables and/or cheese in the toppings section. If no cheese or vegetables are selected, Subway will send a plain bun! All ham, turkey or salami subs with no additional toppings selected will come only with the meat and bun.

Grade 6 outdoor school is scheduled for Nov 12th - 14th. Divisions 13, 14 & 15 have an all-day field trip scheduled for Friday Oct 17th.

The hot lunch program cannot operate without volunteers. Please sign up to help out! Volunteers will need a completed volunteer form and criminal record check. Please see Kelly in the office if you need assistance. The Volunteer form must be completed annually, and the criminal record check is good for 5 years.

If you would like to place a hot lunch order and need financial assistance, subsidies are available. Please contact Mr. MacLeod at tmacleod@sd44.ca. The request will be kept confidential.

- **New users** and returning parents will be able to access MunchALunch; [Here](#)
- **Lunch program FAQ's** can be found [Here](#)
- For **assistance** reach out to Erin or Michelle at ulpachotlunch@gmail.com

Fresh Schools

OVER 50% of ULE families have signed up!

As announced at our AGM in June, FreshSchools is coming to Upper Lynn Elementary!

FreshSchools is a platform used by schools to simplify organization and communication between the school, parent advisory council, and parents. Please assign your child(ren) to the correct class (similar to Munchalunch) so you can receive messages from the PAC and not miss out on important information. You can find all information on the [Upper Lynn Website](#) on how to get setup. Please do so soon so you don't miss any important information.

Volunteer Opportunities

Lunchtime/ After School Program Coordinator

PAC is looking for a new programs coordinator! You will be responsible for sourcing and booking lunchtime and after school programs for all of ULE.

What you will do:

- Coordinate with contacts from current programs and sourcing/following up on new potential programs
- Work with PAC Executive team, join PAC calls and meetings
- Coordinate with Principal/Vice Principal to align with school calendar
- Book program days/times with District
- Advertising programs in PAC newsletter, social media and other avenues.

Please reach out to upperlynnpac@gmail.com if interested!

Reminders

Connect with Your Class on FreshSchools

To stay connected and receive communication regarding your child's classroom, we encourage all parents to sign up for FreshSchools. This Upper Lynn PAC initiative is a great way to get class news and stay in touch with your school community.

If you haven't signed up yet, now is the perfect time. It only takes a few minutes and helps keep everyone informed!

For more information, please visit our school webpage: [Upper Lynn News – FreshSchools](#)

Terry Fox Day

The Terry Fox Run is complete, and together we've already raised \$1,900! We're just \$600 away from reaching our goal of \$2,500.

Online donations are still open, and cash contributions can be dropped off at the school office.

Tim MacLeod
Principal

Lauren Vanderham
Vice-Principal