

Upper Lynn e-News

April 13, 2025

Important Dates & Reminders for the Week of April 14 to April 18, 2025

| Monday 14 | Tuesday 15 | Wednesday 16 | Thursday 17 | Friday 18 |
|--------------------------|--------------------------------|-----------------|----------------|--------------|
| Hot Lunch Cobs / TCBY | Intermediate Music Festival | Grade 4 ODS | | Good Friday |

Upcoming Dates

- Monday April 14 – Hot Lunch – Cobs / TCBY
- Tuesday April 15 – Intermediate Music Festival
- Thursday April 17 – Last Day for Food Drive
- Friday April 18 – Good Friday – **School is Closed**
- Monday April 21 – Easter Monday – **School is Closed**
- Tuesday April 22 – Earth Day
- Wednesday April 23- ICBC Road Safety Blitz
- Wednesday April 23- Foundry Talk – Grade 6
- Wednesday April 23 – Track Practice – Sutherland; 3:30
- Friday April 25 – Hot Lunch – Foodie Kids
- Monday April 28 – Hot Lunch – Pizza
- Monday April 28 – Federal Election
- Monday April 28 – Foundry Talk – Grade 7
- Wednesday April 30 – Foundry Talk – Grade 6 & 7
- Wednesday April 30 – Staff Collaboration; **Students Dismissed at 2pm**
- Wednesday April 30 – School Planning Committee Meeting: 3:45
- May – Asian Heritage Month
- Monday May 5 – District Wide Pro-D
- Wednesday May 7 – Zone 5 Track Mini-Meet; Sutherland

Upper Lynn News

Keep an eye out for the Upper Lynn Bears Stickers!

As we head into the final stretch of the school year, we're placing a school-wide focus on our **Code of Conduct: Be Accountable, Be Respectful, and Be Safe**. Over the coming weeks, staff will be recognizing and reinforcing positive behaviour while continuing to teach and model expectations in all areas of the school.

Code of The BEARS

Be Accountable - We are responsible for our learning and actions.

Be Respectful - We treat everyone with courtesy, kindness, and consideration.

Be Safe - We care for the safety of ourselves and others.



Home Stretch

We're heading into the final 11 weeks of the school year, and it's going to be a busy and exciting stretch! Along with special events, field trips, Fun Day, and track and field, students will continue to engage in meaningful learning across all subject areas. Teachers are focused on helping students with the Core Competencies and Curricular Competencies to deepen their understanding and finish the year strong. As the weather improves and activities pick up, please stay connected by checking school newsletters, the school's website, district messages, and class emails regularly.

Driving To and From Upper Lynn

As the weather continues to improve, we are seeing more students and families walking to and from Upper Lynn. It is wonderful to see the increased activity around the school; however, it also serves as an important reminder to drive with extra caution in the area.

Last week, there was a concerning incident where a parent and student were nearly struck while using the crosswalk. We are currently working with the District of North Vancouver to explore ways to improve safety around the school. That said, no safety measure can replace the care and attention each of us brings when driving near a school.

On April 23, ICBC will be joining us at Upper Lynn for a Road Safety Blitz to help promote safe driving practices in school zones. This initiative is part of our ongoing efforts to raise awareness and ensure the safety of all students and families.

Thank you for your continued efforts to help keep our entire school community safe. Your support is truly appreciated.

PAC News

Fundraising

Save the Date! We are excited to let you know about two upcoming events.

If you like baseball, hot dogs, popcorn, or just hanging out with **Friends and Family at the Nat**, then save the date for the Vancouver Canadians game on **Sunday, June 1, 2025** (it's a family fun day with a 1:05pm start and a chance for the kids to run the bases after the game). The link to buy tickets will be sent out shortly. We receive \$5 from each ticket, so you get to enjoy some baseball while raising money for the school.

If baseball isn't your sport of choice, or you just can't get enough sports, then save the date for the **Whitecaps** game on **Sunday June 8, 2025 (6pm)**. The link to buy tickets will be sent out shortly. We receive \$5 from each ticket, so you get to enjoy some soccer while raising money for the school.

Speaker Series

Who: Upper Lynn Parent Session with Dr. Brandy Wiebe from **Saleema Noon Sexual Health Educators**

When: Monday May 5th 6:30pm

Where: via Zoom (session NOT recorded)

Time: May 5, 2025 06:30 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87191438861?pwd=mwcA8fOOAzEuYlFw4OnOA1fGlTgkJK.1>

Meeting ID: 871 9143 8861

Passcode: 760125

Backpack Buddies

Backpack Buddies is an organization that helps to feed 6,000 hungry kids a week throughout BC, including North Vancouver. They currently have a waitlist of children that they do not have the budget to provide bags for. Upper Lynn would like to help Backpack Buddies fundraise in order to get some of these kids off the waitlist and fill their tummies. Allison Grice, mom of 2 girls at Upper Lynn, works with Backpack Buddies and can be reached at Allison@backpackbuddies.ca for any further info. Please consider a donation to this wonderful organization. See the last page for more information.

After School / Lunch Programs

Lunch GRIT (Spring 2025)

Location: Upper Lynn MPR

Who: Grades 3-6

Dates: Wednesdays, Lunch, April 9th-May 14th

Time: 12-12:47pm

Pricing: \$130 (scholarships always available)

Register Here: [Register here](#)

Join us for Lunch Grit (again!) this Spring. Each Wednesday we'll meet up for a fun/chill session of figuring out how to find calm in stressful situations, how to navigate our way through tricky friendships, how to deal with stress, and how to tap into empathy. We'll incorporate fun crafts and activities and leave time each week for a mindful brain-break meditation. It's the perfect break halfway through the week.

Chess Club

Location: Multipurpose Room
Who: Ages: 6+
Dates: Tuesdays, April 1st to June 10th
Time: 12:00-12:47
Pricing: \$110 (\$10/session)
Register Here: <https://forms.gle/B1HPJzWnTmDziQYg6->

You are invited to explore the strategic world of chess at this exclusive chess club. This club includes fundamentals for beginners along with strategies for the more advanced players. Chess Club players will have the opportunity to improve their skills by playing against other player of various levels.

PAC Facebook Group, Website and Email

The PAC email is upperlynnpac@gmail.com
The PAC has a website <https://upperlynnpac.weebly.com>
We also have a Facebook group [ULE PAC Parent Group](#)

Reminders

Student Illness

We want to gently remind you of the importance of keeping your child at home if they are feeling unwell. The health and safety of our students and staff are paramount. If your child shows any signs of illness, such as a fever, cough, or runny nose, please allow them to rest and recover at home. This not only helps your child heal more effectively but also protects others from potential illness. We appreciate your cooperation and understanding in helping us maintain a healthy school environment for everyone.

Student Learning Survey

Upper Lynn parents, guardians, and caregivers—please participate in the Provincial Student Learning Survey. This survey gathers important feedback on school environment, safety, and achievement. Students in grades 4 and 7, along with school staff, will also participate. Your input helps us recognize strengths and identify areas for improvement. Complete the survey electronically [here](#).

Tim MacLeod Lise Grendel
Principal Vice-Principal



Backpack Buddies

Because Hunger Doesn't Take the Weekend Off

WE FEED THOUSANDS OF HUNGRY KIDS ALL ACROSS BC

Backpack Buddies is dedicated to ensuring BC's most vulnerable children have access to good quality food. Many children rely heavily on school meal programs, but over the weekends they go hungry. Backpack Buddies addresses this "weekend hunger gap" through its growing network of donors and volunteers. For a cost of only \$25, Backpack Buddies sends a child home with a bag of kid approved meals to last the weekend and beyond.



SCAN HERE
to DONATE



6,000+
kids reached
every week



1,655,000
meals delivered
in 2023/24



over 350
schools and
distribution partners



www.backpackbuddies.ca

