

Upper Lynn e-News

March 30, 2025

Important Dates & Reminders for the Week of March 31 to April 4, 2025

Monday 31	Tuesday 01	Wednesday 02	Thursday 03	Friday 04
School Reopens Hot Lunch Pizza			Earth Rangers Visit DNVFRS Visit - K	Hot Lunch Magic Lunch Box

Upcoming Dates

- Monday March 31 – School Reopens from Spring Break
- Monday March 31 – Hot Lunch – Pizza
- Thursday April 3 – Earth Rangers
- Thursday April 3 – DNVFRS Kindergarten Program
- Friday April 4 – Magic Lunch Box
- Monday April 7 – Grade 4 Outdoor School (April 7 to 9)
- Monday April 7 – Hot Lunch – Well Fed
- Monday April 7 – PAC Speaker Series
- Tuesday April 8 – Immunizations
- Friday April 11 – Hot Lunch – Subway
- Monday April 14 – Hot Lunch – Cobs/TCBY
- Tuesday April 14 – Intermediate Music Festival
- Friday April 18 – Good Friday – **School is Closed**
- Monday April 21 – Easter Monday – **School is Closed**
- Tuesday April 22 – Earth Day
- Wednesday April 23 – Track Practice – Sutherland; 3:30
- Friday April 25 – Hot Lunch – Foodie Kids
- Monday April 28 – Hot Lunch – Pizza
- Wednesday April 30 – Staff Collaboration; **Students Dismissed at 2pm**
- Wednesday April 30 – School Planning Committee Meeting: 3:45

Upper Lynn News

Welcome Back

Welcome back! We hope your family enjoyed a restful Spring Break. We have an exciting and busy three months ahead. As we settle back into routines, please drive safely around the school, following bylaws, not parking in the staff parking lot or blocking our neighbours' driveways, and remind your children to cross at designated crosswalks (you can find helpful safety tips [here](#)). Over the coming months, we'll continue emphasizing our Code of Conduct and promoting a positive school culture. As another reminder, please ensure your children dress appropriately for the weather with proper rain gear, as well as hats and sunscreen as we move into warmer days!

Track and Field

Track and Field season has kicked off, and we are still looking for parent volunteers. No experience is necessary! The schedule is at the end of this newsletter, and more details can be found on our school's webpage. If you have any questions, or would like to help out, please reach out to Mrs. Chambers.

Congratulations

We are excited to share wonderful news from Mrs. Turcato, who welcomed baby Easton Frank MacLeod on March 12 at 12:20 am, weighing 6 lbs 5 oz. Both mom and baby are doing well and enjoying lots of cuddles and precious moments together. Congratulations to Mrs. Turcato and her family!

Energy Drinks and Pop

As we settle into the new term, a quick reminder to families to avoid sending energy drinks or pop with your child to school, as these beverages are not healthy and can make it difficult for students to stay focused on their learning. Thanks for helping our students stay energized in positive ways. We're looking forward to another term filled with exciting learning and memorable school events!

Sports Equipment Sale

Mark your calendars for the upcoming New & Used Sports Equipment Sale on Saturday, April 5, from 10:00 AM to 1:00 PM at Carson Graham Secondary School. Check out the flyer at the end of the newsletter for all the details!

Chess

Registration for the North Vancouver School District Chess Championship opened on Monday, March 10th at 4 pm. Students from Kindergarten to Grade 12 are welcome to compete in Primary, Intermediate, or Secondary divisions, and all skill levels are encouraged to participate. Check out more details at the end of this newsletter or visit the [Chess Championship webpage](#).

PAC News

Welcome back from Spring Break! We hope everyone had a restful and enjoyable time off. We're looking forward to a wonderful final term filled with great learning and exciting events!

After School / Lunch Programs

New Potential Program!

After-school Coding, Robotics and STEM opportunities at Upper Lynn

Are you passionate about STEM (Science, Technology, Engineering, and Math)? Do you enjoy building, coding, or solving challenges? UTG Academy is excited to bring our STEM after-school programs to Upper Lynn Elementary, and we're looking for enthusiastic parents to help us make it happen! We're looking for volunteer mentors, and/or coordinators to help run programs like the SFU Canadian Coding League - where students form teams, code projects, and submit their creations to be played by YouTubers and Twitch Streamers and Competitive Robotics - where kids design, build, and program robots for competitions. These programs are designed to inspire creativity, critical thinking, and teamwork in students, all while having a blast! UTG academy will provide the training, materials, and on-going guidance you need to run a successful STEM program at the school.

Mentors come from a wide range of backgrounds and disciplines, each bringing unique skills and experiences to support students in their learning journey. Whether technical or non-technical, mentors provide guidance in areas such as coding, robotics, problem-solving, project management, and teamwork.

Mentors can be:

- Parents or family members of students
- Educators or professors
- Professionals from technical or non-technical field
- Community members with a passion for STEM
- Anyone with a willingness to inspire and guide young learners

If you're curious about getting involved, we'd love to hear from you. To learn more about UTG Academy visit: www.utgacademy.com

Lunch GRIT (Spring 2025)

Location: Upper Lynn MPR
Who: Grades 3-6
Dates: Wednesdays, Lunch, April 9th-May 14th
Time: 12-12:47pm
Pricing: \$130 (scholarships always available)
Register Here: [Register here](#)

Join us for Lunch Grit (again!) this Spring. Each Wednesday we'll meet up for a fun/chill session of figuring out how to find calm in stressful situations, how to navigate our way through tricky friendships, how to deal with stress, and how to tap into empathy. We'll incorporate fun crafts and activities and leave time each week for a mindful brain-break meditation. It's the perfect break halfway through the week.

Chess Club

Location: Multipurpose Room
Who: Ages: 6+
Dates: Tuesdays, April 1st to June 10th
Time: 12:00-12:47
Pricing: \$110 (\$10/session)
Register Here: chan_james17@hotmail.com

You are invited to explore the strategic world of chess at this exclusive chess club. This club includes fundamentals for beginners along with strategies for the more advanced players. Chess Club players will have the opportunity to improve their skills by playing against other player of various levels.

PAC Facebook Group, Website and Email

The PAC email is upperlynnpac@gmail.com
The PAC has a website <https://upperlynnpac.weebly.com>
We also have a Facebook group [ULE PAC Parent Group](#)

Reminders

Join the Upper Lynn Band – Registration Still Open!

Great news! Upper Lynn Band registration is still open, and we'd love to welcome more musicians.

With 39 Beginning Band members and 39 Continuing Band members, Upper Lynn proudly hosts the largest band program in the district! Under the expert guidance of our conductor, Colin Madill, our students have been making incredible musical strides – and there's always room for more!

For more details about the band program, please visit the school [district's webpage](#).

Smart Watches and Other Devices

We would like to remind families that communication through smart devices, including smartwatches, is not permitted during school hours from 8:30 AM to 3:00 PM. If students need to contact home, they are welcome to use the office phone. Likewise, if you need to reach your child during the school day, please call or email the school directly. This policy, set by the Ministry of Education, is in place to support a focused learning environment and to prevent conflicts between students and staff when reminders are given about device usage—especially when a parent is the one initiating contact. We appreciate your cooperation in helping us maintain a respectful and productive school environment. Thank you for your support.

Tim MacLeod
Principal

Lise Grendel
Vice-Principal

2025 Upper Lynn Track and Field Schedule

Start Date	Monday, March 31
Field Meets	TBA
Track Practice	Thursday, April 23 at Sutherland (on track)
Track Meet (fun)	Wednesday, May 7
Track Meet (qualifier)	Tuesday, May 20
Swangard	Tuesday, June 3 (qualified athletes only)

Time ↓	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 to 8:40 AM		<i>INTERMEDIATE CHOIR</i>	<i>BEGINNING BAND (Gr.5)</i> Grade 4 Sprints and Relays Ms. Cristina (Calderwood) Ms. Morel Grade 6-7 HJ Ms. Chambers Ms. Grendel	Grade 5 Sprints and Relays Ms. Cristina (Calderwood) Ms. Muir Ms. Morel Grade 6-7 HJ, LJ, TJ Ms. Chambers (HJ) Mr. Wagner (LJ, TJ)	<i>EXTRA OR MAKE-UP PRACTICES TBA AS NEEDED</i>
12:20 to 12:50 Lunch	Grades 6-7 LJ and TJ Ms. Mortimer Ms. Zeng Ms. Bower	Grades 4-7 Shot Put Mr. Fox Ms. Zeng Ms. Bower	<i>EXTRA OR MAKE-UP PRACTICES TBA AS NEEDED</i>	Grade 4-5 JUMPS practice (gym) Ms. Chambers Ms. Tsuei	<i>EXTRA OR MAKE-UP PRACTICES TBA AS NEEDED</i>
3:10 to 4:00 PM		Grades 4-5 LJ / TJ Mr. Mawson Ms. Blaker	Grade 4-5 HJ Ms. Chambers Ms. Grendel Grade 6-7 Sprints and Relays Ms. Purich Mr. Rosse	Grades 4-7 Distance Running Mr. Liou Ms. Mosaedi (April)	

TEACHER CONTACTS

Ms. Mortimer kellimortimer@sd44.ca
 Ms. Grendel lgrendel@sd44.ca
 Mr. Liou dliou@sd44.ca
 Ms. Morel lmorel@sd44.ca

Mr. Mawson smawson@sd44.ca
 Mr. Fox afox@sd44.ca
 Ms. Chambers kchambers@sd44.ca

Ms. Blaker kblaker@sd44.ca
 Ms. Purich mpurich@sd44.ca
 Mr. Rosse mrosse@sd44.ca



NEW & USED

SPORTS EQUIPMENT SALE

PRESENTED BY KIDSPORT NORTH SHORE



Do you have any new or lightly used sports equipment sitting around?
Please **DONATE** anytime between Thursday, March 13 - Monday, March 31,
2025! Find details on donation collection locations and acceptable
equipment to donate on our website.

EQUIPMENT SALE DETAILS

CARSON GRAHAM SECONDARY SCHOOL

SATURDAY, APRIL 5, 2025

10:00 AM - 1:00 PM

[CLICK HERE FOR MORE INFORMATION](#)



North Vancouver School District **Chess Championship**

Compete in the 2025 North Vancouver School District Chess Championship.

For NVSD students in Grades K-12, all skill levels and experience are welcome. Compete in one of three divisions (Primary, Intermediate and Secondary) for individual and school prizes. Free to Enter

Date: Monday, May 5th, 2025

Time: 9 a.m. to 3 p.m. (check-in begin at 8:15am)

Place: Sutherland Secondary School (1860 Sutherland Ave)

Registration Begin March 10th at 4pm

For more details visit sd44.ca
or email: chess@sd44.ca.



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www.facebook.com/nvsg44 [@nvsg44](https://twitter.com/nvsg44)

Website: www.sd44.ca Phone: 604.903.3444


**North Vancouver
School District**
the natural place to learn®