

Upper Lynn e-News

March 10, 2024

Important Dates & Reminders for the Week of March 11 to March 15, 2024

Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
<p>Hot Lunch Pizza</p> <p>Hot Lunch Ordering Closes</p> <p>Grade 7 Boys Tripleball Finals</p>	<p>Early Dismissal; 2:00 Conference / Open House</p> <p>Last Day Spirit Wear</p> <p>Silent Auction Pickup: MPR</p> <p>Grade 7 Girls Tripleball Finals</p>		<p>Learning Update Upload</p>	<p>Twin Day</p> <p>Hot Lunch Foodie Kids</p> <p>Last Day Before Spring Break</p>

Upcoming Dates

- Monday March 11 – Hot Lunch – Pizza
- Monday March 11 – Hot Lunch Ordering- Closes
- Monday March 11 – Grade 7 Boys & Tripleball Playdowns; Mountainside
- Tuesday March 12 – Silent Auction Pick-Up
- Tuesday March 12 – Learning Conferences - **Early Dismissal; 2pm**
- Tuesday March 12 – Last Day to Order Spirit Wear
- Tuesday March 12 – Grade 7 Girls Tripleball Playdowns; Mountainside
- Thursday March 14 – Learning Update Upload: 4pm
- Friday March 15 – Twin Day
- Friday March 15 – Hot Lunch – Foodie Kids
- Friday March 15 – Spring Break Begins; 3pm
- Friday March 29 – Good Friday – **School is Closed**
- Monday April 1 – Easter Monday – **School is Closed**
- Tuesday April 2 – School Re-Opens
- Monday April 8 – 10 – Grade 4 Outdoor School

Upper Lynn News

Spirit Wear Order Deadline is March 12!

March 12th marks your final chance this school year to purchase spirit wear, enhancing your wardrobe with our collection of hoodies, t-shirts, and sweatpants. Excitingly, we're introducing a new addition just in time for the warmer seasons: a breathable, flex-fit cool & dry cap adorned with our signature embroidered bear emblem, sure to become a favorite. For more information and to secure your gear, please [here](#).



Early Dismissal / Conferences

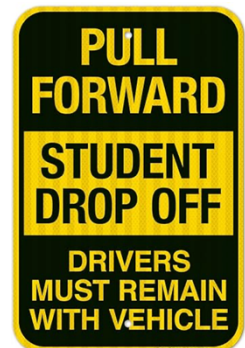
Just a reminder that on March 12th, our school will have an early dismissal at 2:00 PM due to Conferences. Each classroom teacher will be contacting families individually to discuss the specific format for their class's conferences. We kindly ask that you arrange appropriate supervision for your child following the early dismissal time. If you haven't received any communication from your child's teacher by the middle of next week, we encourage you to reach out to them. Mrs. Wood, our music teacher, will be available from 2:30 to 5:00 if you would like to visit her in the music room.

Twin Day

Twin Day is coming to Upper Lynn on Friday, March 15th! Students, staff, and visiting parents are invited to find a partner (or partners) and plan to dress the same. Triplets and other multiples are encouraged.

Drop-off

Please remember when dropping off your child (or picking up), please pull all the way forward to the end of the lane. We have a new sign reminding drivers to pull forward and to remain in their car. If you are able to help bring in our sign in, please email ulpactrafficsafety@gmail.com. If you do see the sign sitting outside past 3:15pm, and you are looking for something to do, please drop off the sign just inside the main entrance. Thank you everyone for helping ease our traffic congestion.



Student Learning Plans

Student Learning Plans (Report Cards) will be published on Thursday, March 14th, 2024. An email will be sent with a link to access your child's learning plan. These learning plans encourage us to see learning as a continuum to build a child's strengths, as opposed to a marker of what a child knows. The Learning Update will include proficiency indicators, and it is common for many students to be categorized within the "developing" range. This signifies that the child is showing consistent advancement in learning based on set standards. We encourage you to schedule time to sit with your child and review their learning plans.

Self-Assessment of the Core Competencies

This week marks an exciting opportunity for growth and reflection as the Self-Assessments of the Core Competencies will be distributed. Depending on your child's teacher, you'll receive the self-assessment either via email, in person or as a tangible document. We encourage you to dedicate a moment this week to sit down with your child and review the self-assessment together. This is not just an

assessment—it's a chance to connect with your child on their educational journey and to celebrate their progress.

Kilometre Club

Kilometre Club will run from April to June. Students are invited to walk or jog around the field, and track their progress. Students may run at recess, lunch, and with their class. Kilometres completed outside of school hours will not be recorded. Students can walk or jog at their own pace. Students may claim up to 3 km (9 laps) a day (3 laps = 1km). Please have proper running shoes at school every day. Ribbons will be awarded at our end of year school assembly. Have fun!!

PAC News

Thank you to everyone who posted a video for a message to Mr. Edgar and to everyone who generously contributed to the group financial gift. Our community was able to give \$4,100 that we hope will relieve some of the financial burden the Edgar's are facing right now. If you would still like to contribute, please feel free to e-transfer ulpacfinance@gmail.com (with Chris Edgar in the subject line).

You are still welcome to drop [cards/notes/letters](#) at the front office and if you We will continue to follow Chris' family's lead and will be sure to convey any further needs or requests.

HOT LUNCH ORDERING IS OPEN UNTIL TOMORROW NIGHT!

Spring Session will run from Friday April 5th to Monday June 24th. Orders must be placed and paid in full by **Monday March 11th at 11:59pm**. Unpaid orders will be cancelled.

The hot lunch program cannot operate without volunteers. Please sign up to help out! Volunteers will need a completed volunteer form and criminal record check. Please see Kelly in the office if you need assistance.

If you would like to place a hot lunch order and need financial assistance, subsidies are available. Please contact Mr. MacLeod at tmacleod@sd44.ca The request will be kept confidential.

New users and returning parents will be able to access MunchALunch at <https://munchalunch.com/schools/upperlynn/> Lunch program FAQ's can be found here: <https://upperlynnpac.weebly.com/lunch-program-faqs.html>

For assistance reach out to Heather @ ulpachotlunch@gmail.com

New PAC/Upper Lynn Board People

Many of us are stepping down at the end of the year due to external commitments (such as running companies, completing masters programs, kids aging out of elementary school etc.). We know everyone is busy, but in a world where our schools are not adequately funded, schools greatly benefit from PAC support.

Our current PAC is conflict free, works well together, and is ready for some new ideas, perspective, and energy. This is an opportunity to gather some friends and make it your own. It does not have to be the same as previous years. You will have the freedom to shape your role in a way that fits well with your availability.

ULE PAC basically functions as a Board, so please consider this your invitation to put your (or someone you think would be great) name(s) forward.

Roles available include:

Voting members: Chair/Co-Chair, Co-Secretary, Co-Treasurer

Non-Voting members: Hot-Lunch, Communications, Traffic & Safety, and Events.

email upperlynnpac@gmail.com for more information.

SILENT AUCTION

Thank you to the incredible team of humans who put the silent auction together (Bri, Carolyn, Jaco, Madi, and Yasi). And thank you to everyone who donated and bid on items last week.

The total amount raised was \$17,880!

This money goes towards many different events, equipment, speakers, and support for staff and students at Upper Lynn.

Lunch Program: Chess Club (New)

We are excited to announce a new enrichment to our array of PAC organized activities: **Chess Club**, now available on Tuesdays! Welcoming young strategists aged 6 and older, the club will run from April 9th to June 11th, between 12:00 PM and 12:47 PM. Interested in joining? Secure your spot by [registering here. \(https://bit.ly/3wKdM30\)](https://bit.ly/3wKdM30)

Reminders

Late Drop-off / Early Pick-up

For the safety and organization of our school day, if you are dropping your child-off after the second bell, please check-in your child at the office. A staff member will be there to warmly greet them and ensure they are safely escorted to their classroom. Similarly, during early pick-up times, we ask that you meet your child at the office. This process helps us maintain a safe and orderly environment for all students.

Additionally, if your child needs to leave the building early for an appointment or any other reason, we request that you inform both the teacher and the office via email at upperlynn@sd44.ca. This advance notice greatly assists us in minimizing classroom disruptions and ensures a smooth transition for your child. We appreciate your cooperation and understanding in these matters. Thank you for your continued support in making our school a safe and welcoming place for learning.

After School Programs (Chess has been added!)

Upper Lynn offers a rich array of extracurricular activities for students. In addition to school-sponsored sports like cross-country for grades 4-7, basketball for grade 7, tripleball for grades 6 and 7, track and field for grades 4-7, and a run club, the PAC and NVSD have put together a range of paid programs for the students. For more information, please refer to the end of the newsletter and visit the [Upper Lynn website. \(https://bit.ly/3ONUuzX\)](https://bit.ly/3ONUuzX).

Additional School Programs (paid)

NVSD Organized Programs at Upper Lynn.

Mixed Media Art: Fantasy and Magic

In this class, students will dive into the work of art using a range of materials like paints, pastels and mixed media supplies. From drawing fantastical creatures to making 3D masks, we are about having fun and exploring creativity with a variety of materials.

Tuesdays: April 23 - June 11 (3:45 - 5:15pm)

Grades: 2-5

Teacher: Ms. Turcato

Registration: Opens February 15 at 12pm at [NVSD](#)

All About Colour: Perspective Drawing and Pop-Art Explorations

In this class, participants will embark on a creative journey that pushes artistic boundaries, revealing how colour possesses the transformative ability to reshape perspectives. Throughout the class, students will delve into the intricacies of perspective drawing, immerse themselves in the bold and iconic world of Pop Art, and express their creativity through non-objective art. Each project serves as a unique gateway into a spectrum of hues, nurturing both technical skills and boundless creativity.

Wednesdays: April 24 - June 12 (3:45 - 5:15 pm)

Grades: 4-7

Teacher: Ms. Turcato

Registration: Opens February 15 at 12pm at [NVSD](#)

Upper Lynn PAC Organized Programs at Upper Lynn.

Acting Program

Michael of the Story Institute would like to generously offer a **free session** as a trial March 11th!

Time: 3:00pm to 5:00pm

Location: Multi-Purpose Room

Registration Link: [Storyinstitute.ca/ule-free-improv](https://storyinstitute.ca/ule-free-improv)

Program Information:

Dates: 10 Week Program - **TUESDAYS** April 9th - June 11th

Cost: \$300/ student + GST (Originally \$600, The Story Institute is generously offering ULE families a 50% discount - thank you!)

Grades: 2-7 (Beginners welcome!)

Registration Link: <https://storyinstitute.ca/ule-improv/>

Questions to: michaelcoleman@storyinstitute.ca

Website: <https://storyinstitute.ca/>

What's Your Story? - Youth Acting Program

Actors recreate the human experience through a series of technical analysis exercises and the organic ability to understand and experience authentic feelings as desired. This program is designed to help people of all ages reach a better understanding of self and others through various exercises and games that focus on the following key values:

- Learning to understand before you try to be understood
- Inclusivity
- The power of trying and saying "Yes" to new ideas
- Grounding your emotions

· How to convert nervous energy into excited energy

These fun and simplified games and exercises are some of the same things you would see on a show like **Whose Line is it Anyway?** with an added component of connecting with our emotions, understanding and converting nervous energy into something more empowering, and enhancing basic communication skills with a commitment to inclusivity, self-awareness, and a better understanding of our daily goals and simplified ways to achieve them.

Instructor: Michael Coleman

Michael is a professional actor/writer/director/educator with over 30 years experience in the film and television industry. Michael's earliest foundations involved working as a professional improviser, where he later became a judge for The Canadian Improv Games. Michael designed over 11 diploma programs for post-secondary schools and numerous short-form workshops and camps for actors around the world. Michael is the found of Story Institute and has worked on shows like Hello Kitty, Dragonball Z, X-Men, Inuyasha, Supernatural, Once Upon a Time, Stargate, and many more. His students can be seen on some of these same shows as well as Riverdale, Letterkenny, The 100, My Little Pony, The Dragon Prince, The Descendants, and several over tv shows and movies.

Multi-Sport

Dates: Friday April 5th - June 21st (No session May 3rd)

Times: 3:00-4:30

Grades: 1-3

Cost: \$330 + GST

Registration: [Sign Up Here](#)

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

After School Mountain Bike Rides

Join Endless Biking for a mountain bike trail ride led by certified coaches. Riders will be split by ability level in groups with low instructor to student ratios. Students will be met after school by staff and either ride to the trails from there or be transported in our 15 passenger van and driven by a class 4 driver.

Minimum Requirements:

- click for skill level requirement ([Youth Skill Level 2](#))

- click for fitness level requirement ([Youth Fitness Level 2](#))

- bike with 20' inch wheels or larger, front and rear hand brakes, and a range of gears (bike rentals may be available for extra fee)

Who: Grades 2-7

When: Mondays, 3:00-5:00pm

Cost: \$212 (4 weeks)

Register: April 22 - May 13 [REGISTER](#)

Register: May 27 - Jun 17 [REGISTER](#)

Questions? please contact programs@endlessbiking.com

Tim MacLeod
Principal

Lise Grendel
Vice-Principal

Ready, Set, Learn

Inviting all 3-5 year olds, not yet in Kindergarten, to come learn and discover through play!

Children between the ages of 3-5 years and their families are invited to attend one of the North Vancouver School District's Ready, Set, Learn events.

The theme for 2024 is **Learn, Play, Discover: Discovery through play is integral to well-being and learning.** The events will involve learning and play stations that align with the Ministry of Education and Child Care's Early Learning Framework.

Ready, Set, Learn events provide a fun, family-oriented atmosphere with the intention of supporting preschool-aged children prepare for their eventual transition to Kindergarten.

These events are a wonderful way for families to establish positive connections with schools and early learning community partners.



2024 EVENT SCHEDULE

Location	Date	Time	RSVP to:
Education Services Centre (2121 Lonsdale Avenue)	April 3	9:30 to 11:30 a.m.	No RSVP needed
Blueridge Elementary	April 11	11 a.m. to 12 p.m.	blueridge@sd44.ca
Lynnmour Xá7elcha Elementary	April 15	Session A: 9 to 10 a.m. Session B: 10:15 to 11:15 a.m.	lynnmour@sd44.ca
Highlands Elementary	April 24	10:45 to 11:45 a.m.	highlands@sd44.ca
Norgate Xwemélch'stn Elementary	April 30	11 a.m. to 12 p.m.	norgate@sd44.ca
Brooksbank Elementary	May 2	11 a.m. to 12 p.m.	brooksbank@sd44.ca
Cove Cliff Elementary	May 2	6 to 7 p.m.	ddudley@sd44.ca
Eastview Elementary	May 7	1 to 2 p.m.	eastview@sd44.ca
Canyon Heights Elementary	May 8	9 to 10:15 a.m.	canyonheights@sd44.ca
Westview Elementary	May 9	11 a.m. to 12 p.m.	westview@sd44.ca
Capilano Elementary	May 9	5 to 6 p.m.	capilano@sd44.ca
Carisbrooke Elementary	May 10	1:30 to 2:30 p.m.	carisbrooke@sd44.ca
École Dorothy Lynas Elementary	May 22	3:45 to 4:45 p.m.	dorothylynas@sd44.ca

Ready, Set, Learn events are free to families and are funded by the Ministry of Education and Child Care.

TO LEARN MORE: www.sd44.ca

   @nv44



WEST VANCOUVER FIELD HOCKEY CLUB

Join us for Spring League 2024

U6 Mondays

U7 and U8 Fridays

U9-U18 one practice and one game per week

Register wvfhc.com



**Schools program generously
supported by
Field Hockey Canada**

