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Upper Lynn e-News

October 9, 2023

Important Dates & Reminders for the Week of: October 9 to October 13, 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|---------|------------------|----------|----------------------------|
| 9 | 10 | 11 | 12 | 13 |
| Thanksgiving School Closed | | Photo Orders Due | | Hot Lunch Subway |

Upcoming Dates

- Wednesday October 11 Kindergarten Information Session NVSD
- Wednesday October 11 Deadline for photo orders
- Tuesday October 12 Learning Conference Sign-up Opens!
- Friday October 13 Hot Lunch Subway
- Monday October 16 Hot Lunch Pizza
- Monday October 16 PAC Event Parent Talk; 7pm
- October 16-18 Learning Conferences: Students Dismissed at 2:00pm on All Three Days
- Thursday October 19 The Great Shake Out; 10:05
- Thursday October 19 Cross Country Zone Meet Loutet Park; 3:30
- Friday October 20 Province Wide Pro-D; Students Not in Session
- Monday October 23 Hot Lunch Sushi / Max Fruit
- Tuesday October 24 Photo Retake
- Wednesday October 25 Staff Collaboration; Students Dismissed at 2:00pm
- Thursday October 26 Cross Country District Meet Loutet Park; 3:30
- Friday October 27 Hot Lunch Magic LB
- Monday October 30 Hot Lunch Cobs/TCBY
- Monday October 30 Primary / Intermediate Choir at Kay Meek; 7-8pm
- Tuesday October 31 Halloween
- Wednesday November 1 School Based Pro-D; Students Not in Session
- Friday November 3 Hot Lunch Foodie Kids
- Friday November 3 ULE Parent Social

Upper Lynn News

Student Teacher Family (STF) Conferences are coming!

This year, our <u>STF Conferences</u> will feature a focus on student goal setting. At these conferences, the teacher, student, and parents/guardians will discuss the student's goal and ways to achieve this goal. On the evening of **Tuesday**, **October 10**, an email will be sent with a link to the following week's conferences. We encourage all parents/guardians to sign up for a fifteen-minute STF Conference. To find more information on updates to student reporting, please click <u>here (https://bit.ly/46lYHS4</u>).

Kindergarten Information Session – October 11

Parents/guardians of children who will enter Kindergarten in September 2024 (children born in 2019) are invited to learn more about the school district, Kindergarten and the registration process. The information session will take place on Wednesday, October 11, starting at 7 p.m., at Argyle Secondary School (1131 Frederick Road). While you do not need to RSVP to attend, by RSVP'ing, you will receive a reminder leading up to the session.

Family Support is Still Available

During the 2022-2023 school year, the provincial government provided school districts across the province funding through a one-time grant, the Student and Family Affordability Fund (SFAF). The purpose of the grant was to provide families temporary assistance with education-related fees and food insecurity that impact children's learning.

For the 2023-2024 school year, the provincial government has changed direction. The SFAF no longer exists, and the government has replaced it with <u>Feeding Futures</u>. While we no longer have the same access to SFAF, if your family needs support for school related costs or food access, email Mr. MacLeod directly (<u>tmacleod@sd44.ca</u>). Your privacy will be respected, and we will do our best to support in an equitable manner.

ULPAC News

Quite a few updates and upcoming things from the PAC this week.

After School Programs are coming back... starting with these two... (thank you, Holly, and Madi!)

8 Week Multi-Sport After School Program at Upper Lynn Elementary (Grade 1-4)

Dates: Friday, Oct 13th - December 15th *** No session October 20th and November 3rd***

Times: 3:00-4:30pm (90 Minutes) Location: Upper Lynn Gymnasium Cost: \$240/Student + GST Grades: 1-4

Any level or experience welcome!

NOTE: This program is only available to Grade 1-4 students currently enrolled at Upper Lynn Elementary.

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, pickle ball and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

Registration Link: SIGN UP HERE

After School Program Trailer: WATCH HERE

6 Week Wednesday Lunch Program for grade 5-7s

<u>lunch Grit at Upper Lynn</u> Wednesdays - October 25 to November 29 / 12:00-12:47pm / grades 5-7

Lunch Grit is a 6-week workshop held at lunch in your kiddo's school. In it, we un-pack how to be a happier human at school. We find tools for finding calm in stressful situations, we navigate our way through the landmine of tricky friendships, we deal with the pressure of expectations, we laugh - we create - we move our bodies. It's the perfect break for half-way through the day.

\$105/participant [payment plans + scholarships available}

Register Here: Lunch Grit / Upper Lynn

questions here: alix@gritmeditation.ca www.gritinschools.ca

FUNDRAISING (Thankyou Lucy!)

Holiday Family Photos

The amazing Erica from Pure and Sweet Photography is offering this incredible package to our school. <u>photo</u> <u>mini-sessions</u> on Sunday, November 5th from 9am to 2pm. There will be three backgrounds for you to choose from (two seasonal, one plain). Sessions will be 15 minutes each, and you will receive one digital image (additional images can be purchased). Cost is \$40. To book a session, <u>click here</u>.

This year, we have a variety of ongoing fundraisers that run throughout the year. These are: <u>Cobs</u>, <u>Mabel's</u> <u>Labels</u>, <u>Max Fruit</u>, <u>Well Fed Frozen Meals</u>, and <u>Stong's Online Rebate Program</u>. The details of each fundraiser are available on our website.

We are also excited to announce that the <u>Samosa Fundraiser</u> is back! Stock up on Samosas and other delicious frozen and easy to prepare items. Orders open October 10th, and close on October 29th. Orders will be delivered to the school and will be available for pick up from 2:45pm to 4:00pm on Friday, November 10th.

Finally, we will be running the Purdys, Poinsettia, and Knotty Alex fundraisers in mid November, with pick up in early December, just in time for the holiday season.

SAVE THE DATES!

Parent Talk - Monday Oct 16th. 6.45-8.15pm in the ULE Library

Monday Oct 16th - Tyler Milley, RCC (Registered Clinical Counsellor). Understanding Anxiety: Yours and Your Childs. <u>www.tylermilley.com</u> This event is free, but please register <u>here</u> so we can plan accordingly.

Parent Social - Friday Nov 3rd

Hire your babysitters! The Parent Social is back on November 3rd! A really fun evening to meet other ULE family members and neighbours, eat and drink, and dance the night away .

We're Hiring!

Job Satisfaction: Infinite

Salary: zero

If you or someone you know is good with numbers, we would love you to join us. You will get to work closely with the principal and the co-chairs and make sure all the money moves smoothly to support our kids, their teachers, the library, playground equipment, field trips, and school projects and all the other fun things that go on throughout the year.

We hope you all had a wonderful, restful thanksgiving weekend.

Reminders

Photo Orders

Exciting news! Your online gallery from your school photo session is now live!

- Please visit this link to access the gallery: <u>https://weborders.mountainwest.ca</u>
- Your webcode to access your images was provided on photo day.
- Any active email address can be used to login.
- Your order deadline is: WEDNESDAY OCTOBER 11TH 2023 (after the date a late fee is applicable)

Missing your login code? No problem!

- 1. Visit<u>https://weborders.mountainwest.ca</u>
- 2. Click on "No code? Click here"
- 3. Enter your student's last name, grade and student number.
- 4. Order your photos!

About Retakes:

- Did you miss the first photo day or are needing a retake?
- If you would like retakes they will be held at the school on: TUESDAY OCTOBER 24th, 2023
- Please visit this link <u>https://retakes.mountainwest.ca/upperlynnelementary</u> and sign up by THURSDAY OCTOBER 19TH 2023

To find out more about ordering, <u>Click Here</u> for support.

Phone: 1.888.644.4494 Email: help@mountainwest.ca

Visitors to Upper Lynn Elementary

Kindly remember that all visitors to Upper Lynn are required to check in at the school office upon entering the premises. Even if you are familiar with our staff, it's important for us to identify and acknowledge each visitor. Please note that the front doors of the school are the only entry point accessible during the day. We will be placing extra signage around the building as a reminder for visitors to check in at the office. Your cooperation in this matter is greatly appreciated.

Nut Aware

We would like to take this opportunity to remind everyone that Upper Lynn is a nut aware school. This means that while we are not a nut-free school, we strive to minimize the risk of nut exposure to our students with severe nut allergies.

We kindly ask that families refrain from sending any food items that contain nuts or nut products to school. This includes any snacks, lunches, or treats that may contain nuts or nut by-products. This is crucial in ensuring the safety and well-being of all our students.

We understand that nuts are a common and nutritious snack for many families, and we appreciate your cooperation in helping us maintain a safe and healthy environment for all our students. We encourage families to choose nut-free alternatives when packing lunches and snacks for their children.

It's important to note that while we take every precaution possible to ensure a nut-aware environment, we cannot guarantee that our school is completely nut-free. Cross-contamination is always a possibility, and some families may have nut products in their homes before coming to school. Therefore, we rely on everyone to be vigilant and take every precaution to minimize the risk of nut exposure.

We thank you for your understanding and cooperation in helping us maintain a safe and inclusive learning environment for all our students. Please do not hesitate to contact Mr. MacLeod if you have any questions or concerns.

Have a wonderful week.

| Tim MacLeod | Lise Grendel |
|-------------|----------------|
| Principal | Vice-Principal |