

Resources



- Anxiety BC www.anxietybc.ca
- BC Mental Health Information Line
1-800-661-2121
- BC Nurse Line
1-866-215-4700
- Children's Helpline 604-310-1234
- The Crisis Centre
www.crisiscentre.bc.ca or
1-800-784-2433
- Foundry North Shore
604-984-5060
- www.Heretohelp.bc.ca
- Youth In BC www.youthinbc.com
Or 1-866-661-3311 (24hr phone line)
- Intensive Youth Outreach Team
(IYOS) 604-984-3884
- North Shore Youth Services
Directory www.nsyouth.ca
- Suicide Line
1-800-suicide (784-2433)

LOCAL INFORMATION

North Shore
Child and Youth Mental Health

301-224 W. Esplanade
North Vancouver
V7M 1A4

Tel: (604) 904-4300
Fax: (604) 987-9258

Monday to Friday 8:30am-4:30pm

Walk-In Intake Clinic Hours

Tuesdays and Wednesdays
9:00am -4:00pm

*No Appointments or Referrals Required
*Clinic closed on holidays

**In case of an after-hours emergency,
please call your local hospital or 9-1-1**

North Shore

Child and Youth Mental Health



BRITISH
COLUMBIA

www.gov.bc.ca

Ministry of Children and Family Development

*Servicing infants, children, youth and their
families/caregivers and communities*