



# SUTHERLAND NEWSLETTER

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## SEPTEMBER 2023 HIGHLIGHTS:




Pride. Passion. Place.


Greetings, Sutherland community!

As the autumn leaves begin to paint our surroundings with vibrant hues, we are excited to bring you an update on the enriching experiences and impactful events that have been shaping our high school journey. This newsletter serves as a testament to our commitment to highlighting Pride, Passion, and Place in every facet of our community. From embarking on thrilling explorations to commemorating moments of unity and remembrance, there's so much to celebrate!


 **Explorers Program: Unleashing Curiosity!** This program fuels curiosity, taking students on journeys of discovery in various fields, from nature to politics, our students are venturing beyond the boundaries of the classroom. This month they went paddle boarding, sailing and camping!

 **Grade 8 Cheakamus Retreat: Where Nature Becomes Our Classroom** Nestled amidst the majestic beauty of nature, Cheakamus has provided our Grade 8 students with an unforgettable learning adventure. From team-building challenges to hands-on environmental studies, the memories forged will be cherished for years to come.

 **Terry Fox Run: Running for Hope, Striving for a Cure** Our students, staff, and community members came together to honor Terry's legacy and raise funds for cancer research. We raised \$1,832.5 and every stride taken was a step towards a brighter, healthier future.

 **Orange Shirt Day: Honoring Every Child's Journey** On Orange Shirt Day, we stood in solidarity to recognize the resilience and strength of Indigenous communities. Over the week we honoured the survivors of residential schools and pledged to create a more inclusive and understanding future.

 **Clubs Day: A Canvas of Interests and Passions** Students explored passions by joining clubs to connect with like-minded peers.

 **Parent-Teacher Nights: Bridging the Gap Between Home and School** Strong partnerships between parents and teachers are at the heart of our students' success. Our recent Parent-Teacher Nights provided valuable opportunities for meaningful conversations and collaborative planning, ensuring that every student's journey is supported and nurtured.

Anticipation fills the air for more adventures and meaningful moments ahead. Together, we empower, inspire, and celebrate!

# More September Highlights





Students in British Columbia must complete three assessments – Numeracy 10, Literacy 10, and Literacy 12 – in order to meet the requirements for graduation. We will offer all three Assessments at two separate intervals throughout the year. We will have the first session on November 2nd & 3rd, at which time all Grade 10 students will write their Math 10 and Literacy 10 Exams and Grade 12 students will write their Literacy 12 Exams. A second session will be held April 17th & 18th for students with those courses in semester 2.

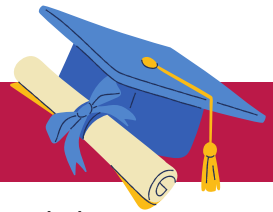
If your child is in Grade 11 and missed an assessment last year, they may also be scheduled to write. Please check your email for a message from Shannon Smart sent Oct. 16th with further details. You can also visit the Ministry of Education website for more information and practice tests.

### TAKE OUR KIDS TO WORK DAY:

On Wednesday, November 1st our Grade 9 students have the opportunity to delve into various career paths. They are encouraged to gain firsthand experience by shadowing a family member, friend, or relative at their workplace. We urge parents to facilitate a valuable and secure work placement for their child. Additionally, students are encouraged to identify potential contacts who can help facilitate a job shadowing experience.

Students who will be participating in TOKTW Day must complete the consent form (which was emailed home on Oct. 6th) and return it to the Sutherland Main Office before Oct. 27th. Questions about TOKTW Day should be directed to Shannon Smart.

### GRAD PHOTOS:



This year, Graduation Photos will be done by Artona. Students and Parents/Guardians can book their photographs at this [link](#) or by visiting <https://artona.com/schools/SUTH/programs/graduation>.

### REPORTING ABSENCES: NEW EMAIL ADDRESS:

Please report student absences by email to: [sutherland\\_attendance@sd44.ca](mailto:sutherland_attendance@sd44.ca). Please ensure the word “absence” appears in the subject line and please put your child’s full name and grade in the body of the email. You can also use this email to notify the school of a student's late arrival or early dismissal. Additionally, there is a quick link on the Sutherland website titled “[Absence Reporting](#)” that can be used to generate an absence email.



## TUTORIAL TIME:

We are pleased to have near-daily scheduled Tutorial Times built into our timetable again this year. During Tutorial Time students can work with teachers for extra support, practice and enrichment or extension of their learning. In most cases, students can drop in or attend scheduled appointments on Tuesday to Friday from 8:30am-9:12am.

Teachers will be available to provide extra assistance, catch-up students on any work missed during excused absences, or enhance or extend learning in the subject area. This does include Physical and Health Education (Gym and Weight Room) and elective area courses (such as the shops or art and drama studios) that students may be taking.

Teachers can also require that students attend during tutorial time if there is a need to make up work or engage in lessons that may have been missed or need extra time to understand. By now, teachers will have shared in class any variations to the standard availability, these schedules will also be available on the school website soon.



## REMINDER: SCHOOL START-UP FORMS AND FEES:

- Please ensure that the yellow Student Release form, and the white Student Verification forms have been returned to the office. These forms are an integral part of our Student Safety and Emergency Response plans and must be completed yearly.
- Please also ensure that you have completed the school start-up forms on School Cash Online. There are three forms to complete: impromptu walking field trip consent, acceptable use of technology agreement, and personal information consent for School District Publications. Note, there is no charge for completing these forms.

## THE GREAT BC SHAKEOUT

On October 19, Sutherland will join schools around the NVSD and in districts across the province to "Drop, Cover, and Hold" in the Great BC Shakeout. This province-wide drill is meant to remind staff and students of the safety protocols around earthquakes. Please see the link for more information.  
<https://www.shakeoutbc.ca/>



## CELL PHONE POLICY



Students are instructed to store their cellphones either in their bags or in the designated pouches during class. If a student needs to leave the classroom during class time, they must ensure their phone remains in the classroom. Phones may be used during break and lunchtime only.

Sutherland Secondary School has taken deliberate steps this year to promote responsible technology use, enhance concentration, and foster well-being. This includes our collective endeavor to regulate smartphone usage in class. Like any behavior change initiative, we've encountered both successes and challenges.

During grade assemblies and in classrooms, our staff have stressed the significance of keeping cell phones out of sight, unless a teacher has granted explicit permission or if they are being used as an educational tool. This is a joint effort aimed at refining student focus, fostering better learning outcomes, and supporting mental health through clearly defined boundaries and positive examples.

We kindly request that you reinforce this message at home as we progress through the academic year. We are pleased to note the positive response from many students who have adhered to the cellphone guidelines. This has resulted in improved concentration and a reduction in social and emotional distractions.

For further guidance, BC Children's Hospital offers a valuable resource for families. It serves as a starting point for discussions about Sutherland's cellphone policy and a family's approach to safe and responsible technology use. You can find the resource "[Keeping Tech in Check](#)" on the Kelty Mental Health website.

## CAREER UPDATES



The North Vancouver School District along side the school career advisors have created a new "Career Pathways 44" website. Here you will be able to see what the careers departments have to offer this year from District Career Fairs in S.T.E.A.M, Arts/Fine Arts, Film & TV, Trades nights and community offerings all found in one place.

- Website: check it out [here](#)
- [Contact: careerpathways@sd44.ca](mailto:careerpathways@sd44.ca)

Upcoming Sports and Recreation Career Fair at GameReady Fitness Nov 17th.

- Students will need to sign up with the Career Department. Please see Mr. Nevison in B202 or Ms. Nieken-Spence in C103.



Sutherland's AP Exam Registration is Now Open! [AP Exams - Sutherland Secondary \(sd44.ca\)](https://www.sd44.ca)  
Beginning in May 2024, Sutherland Secondary will offer Advanced Placement (AP) Exams to students engaging in self-study programs. The schedule for these exams is below. Students interested in participating in one or more of these exams should complete the form at [this link](#).

***The deadline to register is November 1, 2023.***

|                              |                                  |
|------------------------------|----------------------------------|
| Microeconomics               | Tuesday, May 7, 2024 @ 8:00am    |
| Computer Science A           | Wednesday, May 8, 2024 @ 12:00pm |
| Chinese Language and Culture | Thursday, May 9, 2024 @ 8:00am   |
| Psychology                   | Thursday, May 9, 2024 @ 12:00pm  |
| Macroeconomics               | Friday, May 10, 2024 @ 12:00pm   |
| Physics 1                    | Friday, May 17, 2024 @ 8am       |

## UPCOMING DATES:

- Thursday, October 19th: End of Gr 8 Rotation 1
- Thursday, October 19th: Great BC Shakeout
- Friday, October 20th: Provincial Professional Day
- Monday, October 23rd: Start of Gr 8 Rotation 2
- Wednesday, October 25th: Staff Collaboration Day - adjusted bell schedule
- Monday, October 30th: Graduation Assessment week: Grade 10s & 12s writing Assessments
- Wednesday, November 1st: Take Our Kids to Work Day
- Thursday, November 2nd: Semester 1 Graduation Assessments
- Friday, November 3rd: Semester 1 Graduation Assessments
- Wednesday, November 8th: National Indigenous Veteran's Day
- Saturday, November 11th: Remembrance Day
- Monday, November 13th: Remembrance Day Stat - Schools Closed