

Monday, April 20, 2026

Just some reminders for all Sutherland Track and Field athletes.
This week we have

- Practice on Tuesday, at Fen Burdett. Bring spikes!
- Another track meet at West Van Secondary, on Wednesday.
- An easy practice on the Sutherland track on Thursday.
- And a indoor high jump practice on Thursday.

Congratulations to Sutherland's 20th Sun Run Team on their beautiful 10 k runs! A huge congratulations to Ruben P, who came first in his age group, and 58th out of 57,519 people! He ran it in a jaw-dropping 32:20.

Special mention to Isla M. who completed her CapStone, and shout out to Sasha R., who brought good energy!

Mr. Chaddock also got a PR. Don't forget to ask Ms. Scott, Ms. Kuehn, Sr. Desbiens and Emmanuel what their very respectable times were! Join us next year for more fun!

SABRES! Do you like drama, comedy, and a little bit of romance? Then come check out the senior show, The Littlefield Gazette Does Not End Today!

Opening night is coming up soon! Shows run April 29th to May 1st. Tickets are \$6 for students and \$11 for adults, on sale outside the theatre at lunch, cash or card.

Get yours soon and come support live theatre at Sutherland!