

Wednesday, April 15, 2026

- There is an exciting field trip opportunity for Gr 10-12 students interested in medical aesthetics and skincare careers.

On May 1st at 10:00 AM, we will be visiting Vancoderm Academy, a leading training academy in medical aesthetics.

Students will learn about career pathways in areas such as advanced skincare, laser technology, and medical spa treatments, and will have the opportunity to explore post-secondary training options in this growing industry.

If you are interested in attending, please sign up with Ms. Nieken-Spence in the Career Office (C103) as soon as possible, as space is limited.

- Congrats to the Sutherland Jr Rugby team for winning their FIRST game against Handsworth. Congratulations to Aaron B. for getting MVP for having good tackles, runs and counter rucks. Kudos to Max, Alaisdar, Henry, Jayden, and Rafa for an amazing performance. Also shout out to Handsworth for readjusting Aaron's nose. Go sabres go!
- Hey Sutherland, your Senior girls soccer team had a HUGE win yesterday beating Whistler 7 to 0. Outstanding performance from Ellie Marineau scoring 4 goals! Come out tomorrow to our first home game at 4pm at Sutherland.
- Today is Indigenous people's Math Cultures Day. It's a day to recognize, validate, and celebrate the sophisticated mathematical knowledge embedded in Indigenous cultures. Challenge yourself to learn one Indigenous math concept. So, if you are reading an Indigenous story, find the math in the story. Maybe play a game, like lacrosse or Slahal, or learn the numbers 1-10 in an Indigenous language.