

Daily Announcements – Friday, January 30, 2026

- Attention all grade 8, 9, and 10 male athletes. If you are interested in playing volleyball this spring season, please scan the QR code to sign up!

You can find the QR code on the Gym TV and posted throughout the school.

If we do not have enough players sign up, we may need to merge or fold some teams so please make sure you sign up if you are interested!

- Attention students!

Looking to earn time towards your 30-hour graduation credits? The North Vancouver District Public Library needs volunteers for their upcoming book sale!

Help out with setup, cleanup, assisting customers, managing cash, and some light moving of boxed materials. Shifts are two hours, and you can sign up for more than one!

Dates:

Fri, Feb 13 – 10 AM to 4 PM

Sat, Feb 14 – 10 AM to 4 PM

Sun, Feb 15 – 10 AM to 2 PM

Sun, Feb 15 – 2 PM to 4 PM

Sign up now by emailing: friendsnvdpl@gmail.com

Don't miss out – help your community and earn credits!

- Attention students!

Challenger Baseball is looking for Buddy Volunteers! These one-to-one Buddies are a critical part of helping players with disabilities enjoy the game and have fun on the field.

If you want to make a difference, meet new people, and experience the joy of helping others, consider becoming a Buddy.

For more info or to sign up, contact Tony Makowsky at tmakowsky@outlook.com or see Ms. Nieken-Spence in the WEX office (C103)

- Morning Sabres, Sutherland's Pride Club is spreading awareness by selling pride pins designed and made by students in the foyer next week at lunch. These special edition pins are \$1 and all proceeds go towards inclusive initiatives here at Sutherland. Bring your coins or cards and show your support Monday.
- Hey Sutherland Students!

This is your friendly reminder that yearbooks are on sale now, and you won't want to miss getting your hands on the ultimate keepsake of the school year!

From big events to candid moments with friends, this year's book is packed with memories you'll look back on for years to come.

Deadline to order: April 1

Don't wait—once the deadline passes, we can't guarantee extra copies!

Make sure your story is part of this year's Sutherland history. Order your yearbook today and get excited to relive all your favourite moments!

- Attention Students!

Are you interested in a future career in law? The Youth Justice Link Pre-Law Conference is happening at UBC Allard School of Law on Sunday, April 26th, 2026.

This free event is open to all ages and is a great opportunity to:

Learn about BC's legal system

Explore law school admissions and the LSAT

Hear about real case studies and career paths in law

For more information and to register, visit: youthjusticelink.org/conference or See Ms. Nieken-Spence in room C103/Career office

Don't miss out on this chance to explore a career in law!

- Congratulations to the Alpine Ski & Snowboard team who competed at the Race League Finals at Whistler Blackcomb on Wednesday! Our athletes raced down the slopes, carving through the race gates, and capped off the day by exploring the mountain with some fresh turns.

A huge shoutout to Sutherland's top overall finisher, Grade 12 Alice B, followed closely by Dexter W. and George O., with an impressive performance from Grade 8 Seth A. Special congratulations to Grade 12 Taiyo M, whose strong snowboard race earned him a qualification for Provincials!

Well done to all the skiers and riders who participated!

- Last night, our Jr. Girls team played their playoff game against Carson. We came out strong, implementing a secure 3–2 zone to protect the key. The girls won the third quarter and entered the fourth period only down by two points. Regrettably, Carson secured the win, 32–25.

Shoutout to Dana and Amelia for enthusiastically fouling out. Great season, ladies!!