



SUTHERLAND NEWSLETTER

Pride. Passion. Place.

October 31st, 2025

Dear Sutherland Families,

With the slide into darker days and rainy weather, it is timely to remind the school community about keeping safety top of mind. Please be mindful of driving within the posted speed limits in school zones. Hallowe'en this evening will bring children of all ages into the streets to trick-or-treat, and we want to ensure that all our students arrive home safely from an evening of fun with friends and family.

Halloween is sometimes celebrated by families using fireworks in a responsible manner within the borders of the District of North Vancouver. A reminder that in the City of North Vancouver, where Sutherland is situated, that the use of both [firecrackers and fireworks is prohibited](#) under City Bylaw 7677. Fireworks are not permitted on school property, and we appreciate the community's assistance in encouraging responsible behaviour on an evening that has, unfortunately, in some years been marred by litter, vandalism, and even injury. Sutherland is fortunate to have amazing facilities, both inside and outside of the building, and we want to keep them in wonderful condition for many years to come.

Halloween is also a day when students are free to participate in festive activities, including wearing costumes. A reminder, however, that weapons of any kind, including replica weapons, are not permitted on school property and should not be a part of any costume. Thanks in advance for everyone's consideration of this.

Thank you to everyone who attended our Parent-Teacher Learning Conferences on October 16th. It was a wonderful opportunity to connect with staff and reflect on our students' learning and achievements through the first six weeks of semester 1. One topic raised in a few of the conferences was family travel plans on the horizon and how that may impact student learning and attendance. Please note that teachers are typically not able to provide individualized student

support because of family arranged travel plans. Whenever possible, we ask families to consider traveling during our scheduled holiday breaks, so as not to adversely impact student learning. Our teaching staff have been working exceptionally hard to support learning in the classroom, both in regularly scheduled classes and during daily tutorial times. Most full-time teachers are available Tuesday to Friday mornings for tutorial time between 8:30am and 9:11am, and by appointment on some Mondays. Part-Time teachers have been asked to communicate individually with their classes any nuances in their tutorial time support being offered.

Semester 1 school fees have now been added to students' [School Cash Online](#) accounts. [School fees](#) allow for classroom enrichments such as materials, supplies, or equipment for the use of the student in that course, and timely remittance of those fees is appreciated. Any families with questions or concerns about school fees can contact their child's grade administrator.

With so many events and celebrations happening at Sutherland, it's difficult to capture it all. As highlighted in this week's PAC meeting, in the past week alone we've welcomed students from Japan, celebrated Diwali, hosted a Ballet BC performance in our gymnasium, and celebrated the accomplishments of many teams including our senior boys soccer banner season, and senior girls field hockey qualification for provincials. We hope students and families will stay informed and engaged through our newsletter, announcements, and social media, and know that what you see in the pages that follow represents just a glimpse of the many wonderful things happening daily in our school.

As we move through this busy fall season, thank you to all our families for your continued partnership in making Sutherland a caring and connected community. Your ongoing support for our students, staff, and school activities makes a meaningful difference.

Sincerely,

A handwritten signature in black ink, appearing to be 'Mark Barrett', written in a cursive style.

Mark Barrett
Principal
Sutherland Secondary

OCTOBER HIGHLIGHTS

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Gr 11 Oscar L. with his Japanese guest student making copper wire prong rings in metalwork.



Seniors brought the glow to the Terry Fox Run, wearing their Tight 'n Bright grad tradition with neon colours and big energy in support of a great cause.



Diwali at Sutherland! Thank you to our amazing group of parents led by staff member Penny who brought the festival of lights to our school. The food, henna, music and more was amazing!



Mr. Bruchesi's Law 12 class took to the BC Supreme Court. After court watching, the class got to meet Crown counsel Brendan McCabe, who has spoken to Sutherland classes many times over the last 8 years. Mr. McCabe was recently appointed Kings Council, which signifies him as one of the top prosecutors. We are grateful for his time!



ADVANCED PLACEMENT EXAMS AT SUTHERLAND

Advanced Placement (AP) Exams

Sutherland Secondary will once again serve as an official examination site for Advanced Placement (AP) exams. These exams offer students the opportunity to earn college or university credits before even applying to a post-secondary institution. Although the exams are not written until spring, **registration for the exams closes on November 3rd**. Students do not have to attend Sutherland to register. Students and families wishing to learn more about self-study options or to register for exam writing can find more information on our [school website](#), or the [College Board AP site](#).

📌 The deadline to register is November 3, 2025.

👉 Click [here](#) for registration and further details.



Senior Girls Field Hockey Team Heads to Provincials!

The Senior Girls Field Hockey team had an incredible month of October filled with exciting accomplishments! The team competed in one of the most prestigious field hockey tournaments in Victoria. Despite the challenging results, the girls played with heart, determination, and had a fantastic experience. Last week, they faced off against top-seeded AA teams in the Sea to Sky Zone Tournament, finishing third overall and earning a spot at Provincials. We wish the team the best of luck as they continue their journey at the Provincials!



Bronze Medal Win for North Shore Boys at The Canadian Soccer Nationals

Congratulations to our Grade 12 students, Lorenzo S., and Dexter W., who represented BC on the U17 provincial soccer team—the first at their level to compete at the Canada Nationals! We're proud of our Sutherland athletes!

Volunteer Basketball Coaches Needed

Sutherland athletics is looking for volunteer parent or community coaches to help with our upcoming basketball season. Currently, we need a coach for our Junior Boys and a co-coach Grade 8 Boys teams. If you're interested or know someone who might be, please reach out to our Athletic Director: cparacholski@sd44.ca Your support makes a huge difference for our student athletes.

GRAD INFO & STUDENT OPPORTUNITY

Grad Information

Students are responsible for staying up to date with all graduation-related communications via MS Teams.

In case you missed the Grad 2025 Parent Presentation, please find it on the [Grade 12 Information page](#) of our website.

Click to Book Your Graduation Photo Session Today!



Artona

Session Dates: Friday, December 5 – Monday, December 8, 2025

2026

**Grad Hoodie & T-Shirt Order Deadline is
This Sunday, November 2nd!
Click to Order Now!**

Student Sub-Committee Opportunity

The Student Inclusive Education Committee is a sub-committee of the school district's Inclusion Committee and was created in 2022. The sub-committee provides an opportunity for neurodivergent students, students with disabilities, autistic students and students with intellectual disabilities to share their experiences and perspectives.

Participation is open to students in Grades 6-12. All students have the option to attend meetings independently or with the support of a family member, peer or support person. The sub-committee meeting locations and schedule will be determined with the participants.

If your student would like to participate on this sub-committee for the 2025-2026 school year, please email, InclusiveEducation@sd44.ca and provide the student's name, school, grade and contact information.

UPDATES & REMINDERS

Take Our Kids to Work Day

Grade 9 Students are Invited to Take Our Kids to Work Day next week on **Wednesday, November 5, 2025**. The TOKTW Day [consent forms](#) are due ASAP so that the school can plan for the day and mark the correct attendance. Click [here](#) to read more.

November Grad Assessments Cancelled

Due to the BC General Employees' Union (BCGEU) strike action, the Graduation Assessment Session for November 3-7, 2025 has been cancelled for all grade 10 and 12 assessments. The next available session will begin on January 12, 2026 and run to January 30, 2026 allowing more students to complete their assessments. Click [here](#) for more.

Learning Updates

Learning Updates will be published in the [MyEducation Parent Portal](#) on Tuesday, November 18th. Please ensure that you are able to access your MyEd account prior to this date. It is recommended that you print and/or save a copy of your student's report card as the Ministry of Education removes them from the MyEd Parent Portal each July.

Sutherland Theatre Production

Make 'Em Laugh by Jason Odell Williams will be performed Nov. 26th-28th in the Sutherland theatre with the doors opening at 6:45pm and beginning at 7pm. Come experience laughter, chaos, and self-discovery as a high school student journeys through the sitcom multiverse to find out what he wants to do with his life. Tickets are \$5 for students and \$10 for adults. They can be purchased by cash, card, or cheques. Come see this hilarious play on stage this month!



DISTRICT MESSAGES

Artists for Kids 2025 Fall Limited Edition – Now Available for Acquisition



Currently on display in the Gordon Smith Gallery lobby, is the recent publication of Lauren Brevner and James Harry's limited edition, *Sínulhkay*. The Artists for Kids Limited Edition Portfolio program funds gallery programs for young people, professional development for educators in the arts, artist residencies, art camps, scholarships, bursaries, and future acquisitions for the Artists for Kids and the Gordon Smith Gallery Permanent Collection. For more information, visit the [Artists for Kids Editions](https://www.artistsforkids.com/editions) website.

Digital Media Academy EXPO and Career Fair

Technologies for the Future:

Panel Discussions
Booths
Presentations

December 6th, 2025
10:00 am - 2:00 pm



Argyle Secondary School, 1131 Frederick Road, North Vancouver, BC

www.digitalmediayouthexpo.ca

ONLINE HARMS AFFECTING YOUTH



RSVP to crimeprevention@burnaby.ca
by November 19th to receive the Zoom link.

Enhance your and others' personal safety through awareness

Date: Thursday, November 20, 2025

Time: 6:00 pm to 7:00 pm Location: Virtually via Zoom

Discover practical tools and insights on how to keep youth safe in today's digital world. From managing screen-time boundaries and understanding age-appropriate phone use, to navigating apps, privacy, and online interactions, young people face unique risks in a tech-driven age. Dr. Kaitlynn Mendes, an expert on digital safety and youth well-being, will share practical tools to help parents and caregivers recognize online harms, understand legal rights, and support youth in building healthy digital habits.



IN COLLABORATION WITH



UPCOMING DATES

November Timeline

- AP Exam Registration Deadline: Monday, November 3rd
- Chiba Kita High School Visit: Monday, November 3rd
- Take Our Kids to Work Day: Wednesday, November 5th
- Grade 8 Semester 1 SIW2 /SIR1 Ends: Friday, November 7th
- Remembrance Day Assembly: Friday, November 7th
- Pro-D Day (School Closed): Monday, November 10th
- Remembrance Day (School Closed): Tuesday, November 11th
- Grade 8 SIW3/SIR2 Begins: Wednesday, November 12th
- Canadian Math Contest: Wednesday, November 12th
- ASMA Math Contest: Thursday, November 13th
- Learning Updates Published: Tuesday, November 18th
- Beaver Math Contest: Thursday, November 20th
- Computing Challenge: Thursday, November 20th
- Hot Dog Day: Tuesday, November 25th
- Sutherland Theatre Sr. Performances: November 26th–28th



Stay Informed!

Consider subscribing to the [Sutherland Calendar](#) to ensure you do not miss out on important dates within our vibrant school community.

Sutherland Socials

- [@sss.sabres](#)
- [@sutherlandsecondarycareers](#)
- [@sabres_library](#)
- [Sutherland Explorers](#) on Facebook

