



SUTHERLAND NEWSLETTER

Pride. Passion. Place.



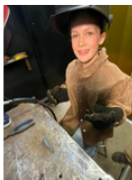
Performing Arts students went to see the Lion King musical. Thanks to Ms. G and Mr. Lok for taking this lucky crew!

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Staff and students at Sutherland standing together in orange to honour Survivors, remember those who never returned home, and commit to the ongoing work of reconciliation. Every Child Matters. Read on to see more of how Sutherland Students acknowledged Truth and Reconciliation Day.



Grade 9 student Faith P. having fun learning electric welding in the metal shop with Mr. Li. Faith is gaining valuable skills and having a blast while discovering the power of working with metal!



A few shots from the Explorers 10 camping trip last week. A huge thank you to Mr. Abreu for organizing and leading such a fun and meaningful experience!

TRUTH AND RECONCILIATION



Art Students Unveil Powerful Installation

Please read the artist statement below, prepared by Art Teacher Ms. Dokhani, to explore the depth of the work.

In *Unity We Gather, Mending the Threads of Reconciliation*: This multimedia installation features a stark black backdrop with a prominent grid in the foreground, composed of numerous artistically crafted components employing traditional Indigenous crafts such as beading, textile dying, knitting, crocheting and quilling, alongside contemporary techniques like painting and image transfer. Within the installation, there are 94 individual items—either integrated into the grid, hanging, or positioned in the foreground—that symbolize the 94 Calls to Action. The empty fragments—black holes—serve as compelling metaphors for the loss of language, culture, and identity experienced by Indigenous communities as a consequence of systemic colonial violence and residential schooling. Objects hang loosely within the space, functioning as evocative memorials to children who perished while attending residential schools, their memory resonating throughout the work.

This project is a collective and collaborative endeavour involving over 70 senior students, art club members, and art service students, exemplifying the principles of collectivism intrinsic to Indigenous cultural philosophies. The process of acknowledging Indigenous histories, conducting research, and engaging in creative practice constitutes a deliberate act of recuperation—a step toward truth and reconciliation. Through reflection and cultural expression, students demonstrate a shared commitment to understanding, respect, and restorative justice.

The fusion of Indigenous traditional art forms—such as textile dying, knitting, crocheting, beading, and quilling—with contemporary visual practices reflects Indigenous resilience, storytelling, and ongoing innovation, emphasizing a continuity of cultural expression. The installation fosters a dialogue between past and present, highlighting the enduring strength of Indigenous identity and the urgency of truth and reconciliation.

The gaps between the components are powerful visual symbols of the profound loss of cultural knowledge, language, and collective identity endured by Indigenous peoples. These fractures embody the lasting trauma inflicted by colonial policies and residential schools, confronting viewers with tangible evidence of systemic injustices. Recognizing these voids invites a critical engagement with painful truths, fostering somber acknowledgment of the ongoing impacts of marginalization. In this way, the installation advocates for a healing process rooted in honest dialogue, respect, and sustained effort toward collective reconciliation.

SCHOOL REMINDERS

Start Up Forms are Due!

If you have not done so already, please ensure to send the completed forms back to the office ASAP. These are essential for our yearly Student Safety and Emergency Response plans. Thank you for your help with this.

1. White Student Verification Paper Form
2. Blue Student Release Paper Form
3. Impromptu Walking Field Trip Online Consent
4. Acceptable Use of Technology Online Agreement
5. Personal Information Consent for School District Publications via ([SchoolCashOnline](#))

Attendance Reporting

Please report all absences, late arrivals, or early dismissals by emailing sutherland_attendance@sd44.ca.

- ✓ Include your child's full name and grade
- ✓ Include the date and time your student will miss

If your child will be absent or has an appointment, please email us in advance so we can arrange for dismissal from the office. Students leaving during class time must have parent or guardian permission and must sign out at the office.

Visit the [Absence Reporting](#) link on the Sutherland website to review full attendance guidelines.

Lost & Found

Items from last school year's Lost and Found will be donated on Tuesday, October 7th. Please have your student check the Lost and Found before then to claim any missing belongings.

SCHOOL REMINDERS

School Fees – Live in SchoolCash Online

School fees have been added—please log in to [SchoolCash Online](#) to review and complete any payments.

Lockers

All grade 8 students were assigned lockers at the beginning of the school year. Students in grades 9 through 12 can still sign up for a locker. Availability is limited and lockers will be assigned on a first-come, first-served basis. Students can click this [link](#) to reserve a locker today.

Cutlery

To reduce waste, students are expected to bring their own reusable cutlery. Let's keep making a positive impact—one fork at a time!

School Photos

Student ID Cards will be distributed during homeroom on Thursday, October 2nd.

Each card includes a QR code on the back that can be scanned to order school photos directly from [Artona](#).

Students can also use their ID card to purchase a [Compass Transit Pass](#) at the discounted concession rate.

Photo Retake Day is Friday, October 10th.

Please complete the online photo permission forms on [SchoolCash Online](#). To ensure that your student will not be included in the yearbook and other publications.

Digital Device Policy

At Sutherland, personal digital devices must be turned off and put away during class time, in line with the NVSD Code of Conduct. This supports student engagement, focus, and healthy digital habits. Devices may only be used when directed by a teacher for instructional purposes, if outlined in a learning plan, or during break and lunch times.

Remember: “Keep it away or it’s gone for the day.”

CONTESTS & CLUBS

Sign-ups Open for the Following Math Contests

Once registered, fees can be paid via School Cash Online.

1. Beaver Computing contest (grades 8-10) will be held Thursday, November 20th at 8:15am in the Library Lab. Cost is approximately \$3.
2. Canadian Intermediate Contest (grades 9/10). Will be held Wednesday, November 12 at 7:05am in room B202. Costs approximately \$14.50.
3. Canadian Senior Contest (grades 11/12). Will be held Wednesday, November 12 at 7:05am in room B202. Costs approximately \$14.50.
4. American Scholastic Mathematics Association Contest (grade 12). This will occur monthly starting Thursday, November 13 during tutorials in B202. Cost is free.

There are many more contests being offered at Sutherland. For information on all of the contests offered this year, students can look at the bulletin board in the B200 wing or see Ms. Johns in B202.

Clubs at Sutherland

On Thursday, September 25th, we hosted our annual Club Fair! Students had the opportunity to explore a wide variety of clubs and connect with peers who share similar interests.

A complete list of available clubs is posted on our website. If you're interested in joining a club, feel free to reach out directly to the staff sponsor listed for each one.

GRADUATION

Grad Information

Students are responsible for staying up to date with all graduation-related communications via MS Teams.

In case you missed the Grad 2025 Parent Presentation, please find it on the [Grade 12 Information page](#) of our website.

2026

Click to Book Your Graduation Photo Session Today!



Artona

Session Dates: Friday, December 5 – Monday, December 8, 2025

Exciting News: Sutherland Scholarship Fund for Further Education!

We are thrilled to announce the launch of a brand-new Scholarship Fund for Further Education. This initiative is designed to support our students in pursuing their academic and career aspirations beyond secondary school.

What is it?

The scholarship fund would provide financial assistance to eligible students who wish to continue their education at college, university, or through vocational training programs.

Why this matters:

We believe every student deserves the opportunity to thrive and succeed, regardless of financial circumstances. This scholarship fund reflects our commitment to empowering our learners and investing in their futures. Let's help our students reach new heights!

👉 [Click Here](#) to Donate to the Sutherland Secondary Scholarship Fund

SUTHERLAND ATHLETICS

Athletics Highlight

Sutherland's Senior Boys Cross-Country team got 3rd place in their first Exhibition Relay Race at Ambleside.

Runners in photo are Reuban, Jackson, and Cooper.

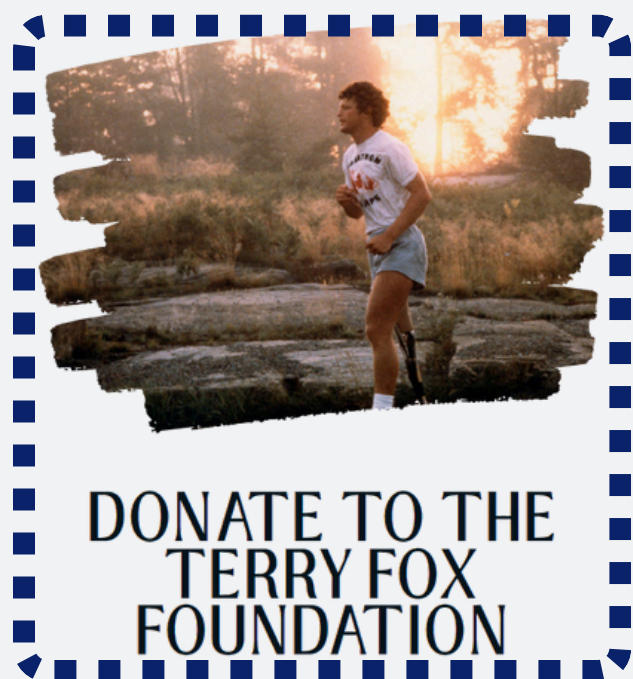


Get Involved!

Our Athletics Director is always looking for students interested in helping referee, score keep, or be a linesperson for our upcoming home volleyball games. Any student who is interested please have them talk to [Ms.Paracholski](#) in the gym office! Some positions are paid.

Sports Teams

Our fall sports season is well underway! Make sure you don't miss out! Students are encouraged to listen daily announcements and to watch for sign up QR codes in the Gym area of the school.



Terry Fox Run Next Thursday, October 9th

Sutherland's Terry Fox run will take place next week. Click on the image to the left and make an online donation, or send your student to school with some change to contribute. Thank you for supporting cancer research!

PARENT ADVISORY COMMITTEE - PAC

Fall Fundraiser – Neufeld Foods



**Neufeld**
FUNDRAISING

**Click to Support the
Sutherland PAC Fall Fundraiser**

Stock up on tasty meals from Neufeld Farms!
Ordering is open until Sunday, October 19th.
Delivery is Saturday, October 25th at 10am in front
of the school.

Online Silent Auction – Donations Needed!

The PAC is putting together an Online Silent Auction Fundraiser to help raise funds that support & enhance school initiatives such as arts programs, athletics, student leadership, and wellness resources. We're putting out a general call for donations to be auctioned. If you or someone you know has a product, service, or gift certificate to contribute, please send us an email at Sutherlandpac@gmail.com.

The Next PAC Meeting is October 27th

Get Involved! The virtual meeting link will be available on the school website closer to the date.

SUPPORTING STUDENT PATHWAYS

Parents as Career Coaches

EducationPlannerBC is offering the Parents as Education and Career Coaches (PECC) virtual presentation to parents and student supporters in the Burnaby, North Shore, and Sea to Sky Region, on Wednesday, October 15, 2025, from 6:30pm–7:45pm.

Learn about post-secondary education and career opportunities, and resources to support your student in planning for their future. The information will be especially helpful for families with students in grades 10–12. Please share widely!

- Register [HERE](#)
- Visit the [Parents & supporters](#) website for our event calendar and helpful resources.
- For more information, contact support@educationplannerbc.ca.

Advanced Placement (AP) Exams

Sutherland Secondary will once again serve as an official examination site for Advanced Placement (AP) exams. These exams offer students the opportunity to earn college or university credits before even applying to a post-secondary institution. Students and families interested in learning more about self-study options or exam registration can visit the College Board [AP site](#) for detailed information.

- 📌 Registration for the 2026 AP Examination Period is now open! The deadline to register and submit payment is November 3, 2025.
- 👉 Click [here](#) for registration and further details

Artists for Kids' Limited Edition Portfolio

Featuring works from Lauren Brevner, James Nexw'Kalus–Xwalacktun Harry, Jack Shadbolt and Ann Kipling. More information on the limited edition release, can be found on the [Artists for Kids' website](#)

UPCOMING DATES AT SUTHERLAND

October Timeline

- World Teacher Day: Sunday, October 5th
- Grade 8 Semester 1 W1 Ends: Friday, October 3rd
- Grade 8 Semester 1 W2 Begins: Monday, October 6th
- Terry Fox Run: Thursday, October 9th
- Photo Retake Day: Friday, October 10th
- Grade 8 Students to Cheakamus: Friday, October 10th
- School Closed for Thanksgiving Day: Monday, October 13th
- 1:45pm Dismissal Parent-Teacher Conferences: Thursday, October 16th
- 1:45pm Dismissal Adjusted Bell Schedule: Friday, October 17th
- Last Day to Place Neufeld PAC Fundraiser Orders: Sunday, October 19th
- Diwali: Monday, October 20th
- Literacy Week: Monday, October 20th – Thursday, October 23rd
- School Closed for Professional Development Day: Friday, October 24th
- Neufeld Fundraiser Order Pick Up: Saturday, October 25th
- PAC Meeting: Monday, October 27th
- Late Start 9:55am Staff Collaboration Day: Wednesday, October 29th
- Post Secondary BC Visit: Wednesday, October 29th
- Halloween: Friday, October 31st



Stay Informed!

Consider subscribing to the Sutherland Calendar to ensure you do not miss out on important dates within our vibrant school community.

Sutherland Socials

- @sss.sabres
- @capstonemarket25
- @sutherlandsecondarycareers
- @sabres_library
- @sutherlandgpp
- Sutherland Explorers on Facebook

