



# SUTHERLAND NEWSLETTER

Pride. Passion. Place.

November 28<sup>th</sup>, 2025

Dear Sutherland Families,

With only three weeks left, I know students and families are excitedly counting down the days until Winter Break while also focusing on a strong finish to the calendar year. Although we haven't seen snow yet, it's timely to remind families of our District severe weather procedures. All North Vancouver Schools will remain open, if at all possible, during winter weather, including snowfalls. Any District-wide closure will be decided by 6:30am and announced through media, placed on the School District website and schools' websites, shared with parent/guardians via [School Messenger](#) (email and/or text) and emailed to staff. For more information, please visit the [Severe Weather Information](#) page.

On November 7th, students and special guests gathered in a school-wide assembly to acknowledge Remembrance Day. I want to thank all those who helped put together such a wonderfully poignant ceremony. Thank you to veteran guest speaker Mr. Manvinder Samra, who was a member of the Canadian Scottish regiment from 1983 to 1987, and teacher Mr. Jeff Bruchesi who shared a personal family account of his grandparents experience in Nazi-occupied Netherlands during World War 2. And thank you to all Canadian veterans and their families for their service and sacrifice.

Congratulations to our theatre department on their successful production of Make 'Em Laugh, which ends its run today. Written by Jason Odell Williams, this show is filled with laughter, chaos, and self-discovery as a high school student journeys through the sitcom multiverse to find out what he wants to do with his life. The admin team had the opportunity to see the show today which was made possible by the collaborative efforts of passionate Performing Arts students and our theatre teacher, Ms. Gruetzner. Performing Arts at Sutherland continues its strong tradition of outstanding shows with the Winter Musical Concert, directed by Mr. Bevis, happening on Thursday, December 4<sup>th</sup>. We hope to see many Sutherland students and families there in attendance to enjoy a special evening of music.

Sutherland Athletics has also had a tremendously successful fall season. In addition to league championships and finals appearances, the Sabres sent two teams to Provincial Tournaments where our Senior Girls Field Hockey and Senior Boys Soccer both finished 5<sup>th</sup> place in B.C. Sutherland also sent 4 individual athletes to the B.C. Championships, with Reuben P, Emily G, and Cooper W running in Cross Country, and Kai O competing in swimming. Way to go Sabres! The winter athletics season has now begun, and Sutherland is proud to support a wide array of winter sport offerings, including gymnastics, wrestling, basketball, and our alpine team. While some teams have competitive tryouts, many of our other offerings do not, which means there is a place for every student who is keen to wear a Sabres jersey with pride this winter. For more

information on athletics, please visit our [Sutherland Athletics website](#), or contact Sutherland's Athletic Coordinator, Ms. Paracholski.

Thank you to all families who have made timely payments for school fees via your [School Cash Online](#) Accounts. These fees provide for enrichment activities that extend learning opportunities for students beyond the basic educational program. Throughout the year, you may see additional fees added to your students' accounts in some circumstances if they have joined a team, club or other activity that requires a fee. Please take time to review your child's account, and if you have any questions about fees, don't hesitate to contact the main office.

Sutherland continues take pride in being a school community where all students can find their place and a sense of belonging. One of the ways we can achieve this is to know and understand times when students are not feeling this way. [erase](#) is about building safe and caring school communities. This includes empowering students, families, educators and the community partners who support them to get help with challenges, report concerns to schools and learn about complex issues facing students. erase started in 2004 through the provincial government's Safe, Caring and Orderly Schools Strategy, and has since evolved. Families are encouraged to review the resources and information found on the erase website with their children, including about online safety, mental health and well-being, substance abuse, bullying, racism, sexual orientation and gender identity (SOGI) and more. There is also a [Report It tool](#) for students to get help and support.

Finally, in support of our Santa's Breakfast event being put on by Sutherland staff, we will have an adjusted bell schedule on Friday, December 19<sup>th</sup>. This is our last day of instruction before school closes for two weeks for Winter Break. There will be a check-in desk as students arrive, and a suggested \$2 donation that morning in support of the [Harvest Project](#).

Dec 19<sup>th</sup> Bell Schedule  
7:30 – 8:45 Santa's Breakfast  
9:15 – 10:05 Period 2  
10:10 – 11:00 Period 3  
11:05 – 11:55 Period 1  
11:55 – 12:10 Break  
12:10 – 1:00 Period 4  
1:00 Dismissal

As this is likely my last note before the end of the year, I'd like to wish all Sutherland families an enjoyable and restful Winter Break, surrounded by friends and family.

Sincerely,



Mark Barrett  
Principal  
Sutherland Secondary

# NOVEMBER HIGHLIGHTS

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## Celebrating El Día de los Muertos in Spanish Class

Señor DesBiens' grades 9 and 10 Spanish classes lately learned and celebrated 'El día de los muertos' producing 'Calaveras' on stones. The students chose and brought their own stones and learned about the history of this event which is highly celebrated in Mexico. The results are, as you can see, fabulous!



## Metalwork Students Explore Aerospace Careers



Our Sabres visited BCIT's Aerospace Technology Campus, discovering hands-on opportunities and future career paths in aviation and trades.

Read more: [Career Pathways Blog](#).





# ASSESSMENTS & BUSINESS FAIR

## Graduation Assessment Update

The November session was cancelled due to the BC Public Service strike. Please see the amended dates below. More details on timing and exam location will be posted [here](#).

- Tuesday, January 13, 2026 – Literacy 12
- Tuesday, January 27, 2026 – Numeracy 10
- Wednesday, April 22, 2026 – Literacy 10

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## Business & Entrepreneurship Fair

Our Business and Entrepreneurship 9/10 classes have been working with [UBC's Ennovate program](#) to develop their own businesses and products with a focus on sustainability. After two months of hard work, they're ready to share and sell their products!

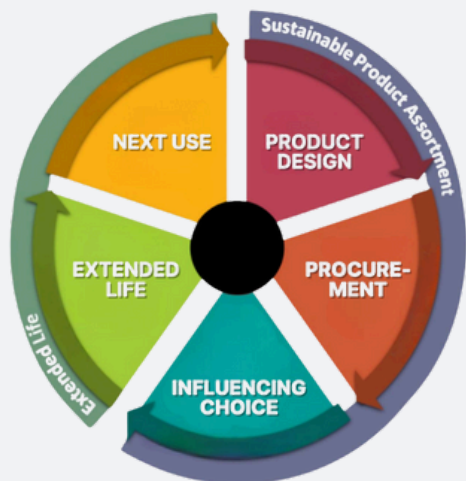


Where: Sutherland Library



When: Tuesday, December 2<sup>nd</sup>, 2025

Students will showcase and sell a variety of items, perfect for holiday gift giving! Products range from \$5–\$35 and include clothing, candles, baked goods, and more. Classes have been invited to attend by sign-up. Thank you for supporting our students, they are excited to share their work!



- 1 Product design** = Lower environmental impact
- 2 Procurement** = Integrating lower-impact sourcing and purchasing
- 3 Influencing choice** = Encouraging customers to make lower-impact choices
- 4 Extended life** = Help customers avoid sending products to the landfill
- 5 Next use** = Maximising the use of the used product



# ACADEMIC OPPORTUNITIES

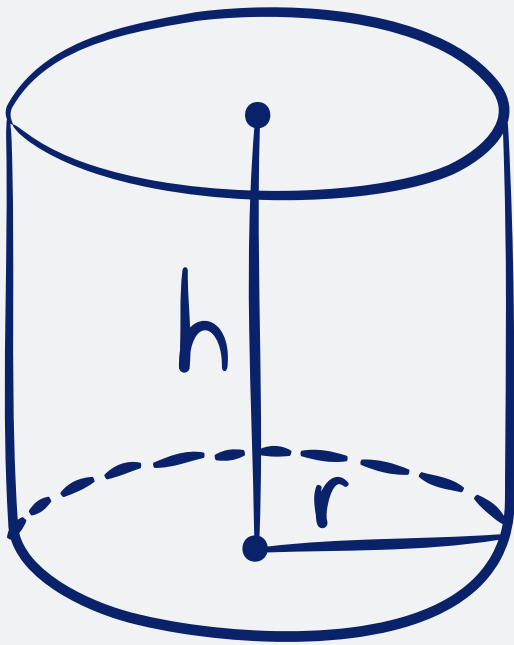
## AP Exam Registration Update

Sutherland Secondary is an official site for Advanced Placement (AP) exams, which give students the chance to earn college or university credits before applying to post-secondary.

Registration originally closed on November 3, but we are now accepting late registrations through March 6, 2026. Students from any school are welcome to register at Sutherland.

For details on self-study options and exam registration, visit our school website or the College Board AP site.

👉 [Click here for registration and details](#)



$$V = \pi r^2 h$$

## Math Contests

Results are in for the first round of the [American Scholastic Mathematics Association \(ASMA\)](#) Contest. Yekta came in first place, with a third place tie going to Ty, Natasha, and Khaliyah. The next ASMA contest will be held on Thursday, December 11 in B202. Any student in grade 12 is welcome to sign up at no cost. Please see [Ms. Johns](#) for more details.

Earlier this month, students from all grades wrote the Canadian Senior and Intermediate math contest and the Beaver Computing Challenge. Stay tuned next month for the results!

# PERFORMING ARTS

## Winter Music Concert

Hey Sutherland, the days are getting shorter, and the nights are growing colder, which means it is time to celebrate the holidays at Sutherland's Winter Concert! This is a reminder of our Music Department Concert on Thursday, December 4<sup>th</sup> at 6:30pm in the large gym. Doors open at 6:00pm. Admission is FREE with suggested donation. Come on out and enjoy some holiday tunes such as themes from Home Alone, the Polar Express and from the queen of the holidays herself, Mariah Carey. All staff and students are invited to attend.



## Sabres Talent Show: Shine on Stage & Support a Cause!

Our Talent Show is happening Monday, December 15, and we can't wait to see the amazing performances from our Sabres community!

### Performers:

Mandatory dress rehearsal on Monday, December 8 after school in the large gym. All acts must attend! Whether you sing, dance, play an instrument, or have a unique talent, this is your chance to shine!

### Fundraiser:

Leading up to the show, visit our fundraising table in the main hallway. On show day, entry is by donation. Every contribution helps support a great cause!

Come cheer on your fellow Sabres and make this event unforgettable!

# ATHLETICS RECAP

## Two Big Wins for Senior Boys Soccer



For the first time in 10 years, our senior boys soccer team finished first place in the North Shore AA League poster, a testament to their incredible effort, teamwork, and passion! They didn't stop there. At the BC Provincial Cup, the Sabres finished 5th out of 89 teams! After a tough opening loss, they fought through injuries and dominated the rest, outscoring opponents 20-3. Huge thanks to Mr. Martin, Mr. Madill, and all players for an amazing season. We're proud of you! Go Sabres!



## Senior Girls Volleyball Shine in 1st Place!



Congrats to the Sr Girls VBall Team who took 1st place in the Silver Division of the Mouat Invitational Tournament this past weekend. Great job team!

## North Shore Finals for Grade 8 Rugby!

Our Grade 8 Boys Rugby in the North Shore Finals. Congratulations to the boys on an amazing season!





# GRADUATION INFO

## Get Ready! It is Almost Time for Graduation Photo Sessions

Click to Book Your Graduation Photo Session Today!



Session Dates: Friday, December 5 – Monday, December 8, 2025

## Grad Yearbook Writeups and Baby Photos Due Thursday December 18th!

Please submit your Grad Yearbook Write-Up along with a baby photo. Follow the guidelines below for what you'd like included in the yearbook and attach your photo with your submissions. Details are in MS Teams.

# Scholarships

SCHOLARSHIP NAME	DEADLINE TO APPLY
Beedie Luminaries	December 15, 2025 at 1pm PST.
Sutherland Secondary Scholarship & Bursary	January 9, 2026 at 5pm PST

Students are responsible for staying up to date with all graduation-related communications via MS Teams. In case you missed the Grad 2025 Parent Presentation, please find it on the [Grade 12 Information page](#) of our website.

# PARENT ADVISORY COMMITTEE

## The PAC Online Silent Auction is Live!

We've launched our PAC Online Silent Auction, and it's officially open!

 **Auction Dates:** Now through December 7

 Click the Image below to View and Bid

Bid early and often—every bid helps! Don't miss out on great items and a chance to support our school community!



# **DISTRICT MESSAGES**

## **Artists for Kids 2025 Fall Limited Edition – Now Available for Acquisition**



Currently on display in the Gordon Smith Gallery lobby, is the recent publication of Lauren Brevner and James Harry's limited edition, *Sínulhkay*. The Artists for Kids Limited Edition Portfolio program funds gallery programs for young people, professional development for educators in the arts, artist residencies, art camps, scholarships, bursaries, and future acquisitions for the Artists for Kids and the Gordon Smith Gallery Permanent Collection. For more information, visit the [Artists for Kids Editions](https://www.artistsforkids.com/editions) website.

## **Digital Media Academy EXPO and Career Fair**

**Technologies for the Future:**

Panel Discussions  
Booths  
Presentations

December 6th, 2025  
10:00 am - 2:00 pm



Argyle Secondary School, 1131 Frederick Road, North Vancouver, BC

[www.digitalmediayouthexpo.ca](https://www.digitalmediayouthexpo.ca)



**Presents**

**KEEPING KIDS SAFE ONLINE**

Foundry North Shore & North Vancouver  
School District

Welcome Keynote Speaker

Tatyana Davies, Program Facilitator,  
PLEA | Children of the Street Program

As she guides us through  
'Keeping Kids Safe Online'

Part 1: Overview – discusses and defines  
different forms of online sexual exploitation,  
Part 2: App Literacy – a review of today's  
most popular apps used by children and  
youth.

Part 3: Practical Conversations – how to talk  
children and youth about online safety

Wednesday Dec 3, 2025

7:00 – 8:30 pm

Location: Sutherland Secondary  
Theatre

Please register





## E-Scooter Safety Violations



30  
km/h



30  
km/h

More than  
one rider  
\$109 fine



Riding  
without  
helmet  
\$29 fine



Must be 16 or  
older to ride

\$109 fine



Riding  
dangerously  
\$109 fine



Riding on  
sidewalk  
\$109 fine



Exceeding  
speed limit  
\$138-\$368 fine







## Safe E-Scooter Riding



30  
km/h

Safe  
speed ✓

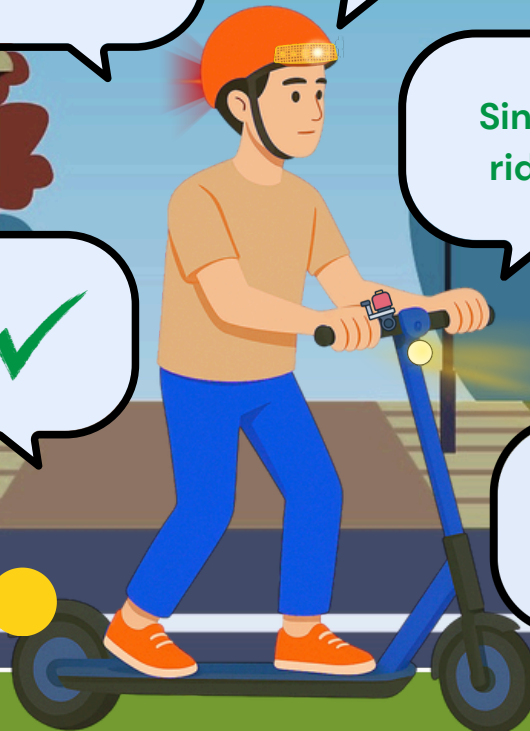
Safety  
helmet ✓

Single  
rider ✓

Age  
16+ ✓

Riding in a  
designated  
cycling lane ✓

Lights  
and bell ✓





# UPCOMING DATES

## December Timeline

- Tuesday, December 2 – Marketing and Entrepreneurship Fair
- Wednesday, December 3 – Keeping Kids Safe Online
- Thursday, December 4 – Winter Music Concert
- Friday, December 5 – Schools Closed for District Wide Curriculum Implementation Day
- Friday, December 5–7 – Grad Photos at Artona
- Saturday, December 6 – Digital Media Expo
- Sunday, December 7 – Last Day for PAC Auction Bids
- Thursday, December 11 – Grade 8 SIW3 Ends
- Thursday, December 11 – ASMA Math Contest
- Friday, December 12 – Gr 8 SIW4 Begins
- Monday, December 15 – School Talent Show
- Wednesday, December 16 – Hot Dog Day!
- Thursday, December 18 – Grad Baby Photo & Write Ups Due
- Friday, December 19 – Santa's Breakfast
- Friday, December 19 – Last Day of Classes Before Winter Vacation



SUBSCRIBE

## Stay Informed!

Consider subscribing to the [Sutherland Calendar](#) to ensure you do not miss out on important dates within our vibrant school community.

## Sutherland Socials

- [@sss.sabres](#)
- [@sutherlandsecondarycareers](#)
- [@sabres\\_library](#)
- [Sutherland Explorers](#) on Facebook

