

# ECOLE SHERWOOD PARK

February 2019



School Website – <https://www.sd44.ca/school/sherwoodpark/Pages/default.aspx>

School Twitter - @SherwoodPark44

Phone Number – 604.903.3810

Call Back Number – 604.903. 3812

PAC Facebook Page – <https://www.facebook.com/sherwoodparkpac/>

## SCHOOL CODE OF CONDUCT

All members of the Sherwood Park School Community, students, staff, and parents are expected to demonstrate **SPARK: Safety, Promoting Inclusion, Always Showing Integrity, Respectful Behaviour, and Kindness and Compassion**

*I would like acknowledge and thank the Coast Salish people whose traditional territory North Vancouver School District resides on. I express our gratitude to the Squamish Nation and Tsleil Waututh Nation and we value the opportunity to learn, live and share educational experiences on this traditional territory.*

*J'aimerais reconnaître et remercier les peuples autochtones de la côte Salish dont leur territoire traditionnel est le siège de la Commission scolaire de Vancouver Nord. Nous exprimons notre gratitude envers les Nations Squamish et Tsleil-Waututh. Nous apprécions l'occasion d'apprendre, de vivre et de partager des expériences éducatives sur ce territoire traditionnel.*

### Message from Mr. Johal & Mrs. Curry

Now that spring is just around the corner, many of us eagerly anticipate the first blooms of spring. There is a sense of renewal and rejuvenation in the air!

February, in particular, reminds us of the importance of friendship. The ability to make and keep friends is a lifelong skill that will stand in good stead throughout our lives. Children require adult guidance in order to be open to making new friends while at the same time keeping and nourishing the friendships that they have already established.

One of the four pillars that serves as a key focus in the North Vancouver School District is how educators support the development of Social and Emotional learning in our students. At our school, with support from our counsellor, we use programs such as the Zones of Regulation and teachable moments to empower students.

The Zones of Regulation Program, used in majority of our primary classrooms, “is a systematic, cognitive behavioral approach used to teach self-regulation by

*categorizing all the different ways we feel and states of alertness we experience into four concrete colored zones. The Zones framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.”* For further information regarding this program please refer to the following link:

<https://www.zonesofregulation.com/index.html>

Practice alone will not create a society of mindful, caring individuals. Research shows that modeling is equally important, and that we authentically model positive behavior. Having children see us modeling mindfulness, friendliness, caring, and patience as we deal with family, friends, and others in the community is key to teaching these valuable skills. What children see is what they will learn.

Please speak to your child’s teacher to find out more!

## **Student-Led Conferences & Report Cards**

After school on March 8, parents will be able to review student term 2 report cards by accessing the MyEd Portal as per Term 1. If you do not have your login information and/or password, please contact the main office.

Each classroom teacher will be holding a conference (i.e. open house, student-led) on Monday, March 11 and Thursday, March 14 commencing at 2:15 pm. Please look out for a message being sent the week of March 4 from your child's classroom teacher with more information.

**Please Note: Dismissal will be at 2:00 pm on Monday, March 11 and Thursday, March 14.**

## **Lockdown Drill**

Last week all parents were sent important information about the annual lockdown drill that we have at all schools within NVSD. A message will be sent with more information regarding our lockdown drill which is scheduled for Monday, March 11. Our goal on this day is to make sure all of our staff and students partake in this important drill and practice the current protocols at our school.

Please see below on how we will be informing our students:

1. Classroom teachers will be provided with a script in order to discuss lockdown drills and procedures with their students.
2. Parents will be provided with information and FAQs – please discuss this with your child(ren).

Please look for more information sent out the week of March 4.

## **Driving Safety and Staff Parking Lot**

It is great to see the care that our parent drivers show when dropping off our kids at school. Many of our kids walk to school and some are dropped off via vehicle. We thank majority of our parents who are following the by-laws and traffic signage which makes it safer for all, especially our children. One concern is that a

handful of parents continue to park and drop off in the staff parking lots, reversing out, making u-turns, or taking up staff parking spots. This causes a lot of stress and unsafe driving practices for all involved.

Please be mindful that there is no student pick up or drop off in both staff parking lots unless approved by Mr. Johal or Mrs. Curry.

## **Shoveling and Salting Volunteers**

As we are in the Winter Season it is important to review our procedures for emergency school closures. In the event of a major snow event, the movement of traffic can become severely hampered. Please click the link to review our snow plan.

<https://www.sd44.ca/school/sherwoodpark/Parents/Pages/Snow-Plan.aspx>

Mr. Johal and Mr. Vargas have had a great workout the past few weeks shoveling pathways for easier access to our school. If any parent would like to volunteer their time, get in a good workout, and help Mr. Johal and Mr. Vargas shovel and/or salt, please bring yourself and your shovel to the school between the times of 7:00 AM and 8:30 AM. Salt bags are at school.

## **Seycove 37<sup>th</sup> Annual Auction – Sat, Mar 2**

The Annual Seycove Auction is a community event that has been happening for 37 years! Each year our community of schools collaborate to raise funds for our children.

That's right! The "Seycove Auction" actually raises funds for Sherwood Park, Dorothy Lynas, Cove Cliff and Seycove! **Last year Sherwood Park received \$7000 from Seycove Auction proceeds.**

So when you donate your time to make the event possible, contribute to auction baskets through sign up genius, and attend the auction YOU are fundraising for Sherwood Park.

See you on March 2<sup>nd</sup> to get your "Circus Vibe" on at the 37th Annual Seycove Auction!

### Want to volunteer?

Please contact the PAC at

[sherwoodpark.auctiondonations@gmail.com](mailto:sherwoodpark.auctiondonations@gmail.com)

### Want to contribute to a themed auction basket?

Simply contribute \$10 or a specific item to one of our themed baskets.

Check out [munchalunch.com](http://munchalunch.com) and click on the 'Fundraising Open!' link to sign up to donate items to any of the baskets. Drop off the item or \$10 to the office and we will make sure your contribution is put to good use!

### PAC Family Spring Dance Party – Fri, Mar 8

Grab your dancing shoes and mark your calendars!

Join us for our second ever **Family Spring Dance**

**Party** at Sherwood Park (gym) **on the evening of**

**Friday, March 8**. A DJ will be spinning, as will the

disco ball! Please read your PAC Newsletter for

further details and contact [penny.swords@gmail.com](mailto:penny.swords@gmail.com)

if you have any further questions.

### Important Dates

Fri, Feb 22 – **School Spirit Day: Backwards Day**  
-Hot Lunch: Magic Lunch Box

Mon, Feb 25 – **Hot Lunch: Pizza**  
-Futsal Week (K-7)

Wed, Feb 27 – **Staff Collaboration 2-3pm**  
(2 pm dismissal)

Thu, Feb 28 – **Pink Shirt Day**

Sat, Mar 2 (6pm – 1am) – **Seycove Auction Event**

Mon, Mar 4 – **Hot Lunch: Sushi**

Wed, Mar 6 – **Int Music Festival (Centennial Theatre)**

Thu, Mar 7 – **Maple Man Visit**

Fri, Mar 8 – **Hot Lunch: Magic Lunch Box**  
- **Report Cards**  
- **PAC Spring Dance 6-8pm**

Mon, Mar 11 – **Hot Lunch: Pizza**  
-**Student-led Conferences (2 pm dismissal)**

Thu, Mar 14 – **Gregg LeRock concert Fl gr 2-7**  
- **Student-led Conferences (2 pm dismissal)**

Fri, Mar 15 - **School Spirit Day: Favourite Colour**  
-**Hot Lunch: Subway**

March 18-29 - **Spring Break**

Mon, Apr 1 – **school reopens (8:51-3:00)**

