



Grade 7 Seymour Heights School Supplies 2025/2026

Dear Seymour Heights Families,

Please see below for a list of school supplies for your child's upcoming school year.

We encourage families to recycle supplies in good working order from previous years. For example, calculators, rulers, and pastels can be used for a number of years.

In September, after classes are finalized, your child's classroom teacher may require a minimum of two additional items specific to their division.

Thank you very much for the care you put into preparing your child's supplies.

Cindy Hudson and Lauren Vanderham

| Item | Quantity |
|-------------------------------|------------|
| 2" binder | 2 |
| Lined Paper | 2 packs |
| Full Size Lined Coil Notebook | 1 |
| Light Blue Duo-Tang | 1 |
| Dark Blue Duo-Tang | 1 |
| Green Duo-tang | 1 |
| Yellow Duo-Tang | 1 |
| Pencils | 5 boxes |
| Erasers | At least 6 |
| Pencil Sharpener | 1 |
| Pencil Crayons | 1 pack |



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| Duotang Tabs/Dividers | 2 sets |
| Felts | 1 pack |
| Whiteboard Markers | At least 5 |
| Black fine liner | At least 5 |
| Permanent marker (regular sharpie) | 2 |
| Yellow Highlighter | 1 |
| Orange Highlighter | 1 |
| Green Highlighter | 1 |
| Scissors | 1 |
| Ruler (30 cm) Flex, metal, or wood | 1 |
| Calculator | 1 |
| Post-It Notes | 3 packs |
| Liquid Glue | 1 |
| Pencil Box/Bag | 1 |
| Spiral or Bound Sketchbook 35.5 x 27.9 cm | 1 |
| Glue Sticks | 4 |
| Headphones (cord or cordless) | 1 |
| Protractor (or math set) | 1 |