



SEYCOVE

at s̱eyəmətən

Gr. 7 → 8 Course Programming Information
Welcome Grade 7 Parents!

We are grateful



Seycove acknowledges that we are gathered here today on the traditional, unceded territory of the Coast Salish people, specifically the Skwxwú7mesh Nation and Tsleil-Waututh Nation, and we truly value the opportunity to be able to learn, share, and grow together.

Anticipation





Literacy 10 Assessment Information for Parents, Guardians and Students

[Lit 10 Assessment Letter Home January 2024.pdf](#)



Course Programming Information Nights - Mark your Calendars!

[Parent Programming Night 2024 Letter](#)



2023-2024 Calendar Overview

[Calendar Overview for 2023-2024.pdf](#)

Concussion Awareness Training Tool

The Team at (CATT) created a toolkit as part of the Concussion Awareness Week in BC initiative. The toolkit can be accessed through the following link and may be a helpful resource for school volunteers and families.

[Read more](#)



Grade 7/8 Transition Timeline

Grade 7 Parent Information Night

- Tonight!

Performance Learning Program (PLP) Information

- PLP site: <http://www.blog44.ca/plp/>
- Registration Information <https://www.craft.do/s/djQAqIMCQS0ky5>

Grade 7 Programming School Visits

- Sherwood Park
- Dorothy Lynas
- Cove Cliff
- Friday, Feb 6 at 9:30 am
- Course Programming forms due to G7 teachers March 2

Individualized Transition Meetings

- Ongoing

Grade 7 Student Tour of Seycove

- Friday, Feb 6 at 10:00 am

First Day of School – Grade 8

- Tues, September 8, 2026

Transition to Seycove

Rising
expectations &
independence

Lockers

New friends

Cafeteria

Multiple
teachers

Moving
classrooms

Athletics &
Performing
Arts

Timetable

Grade
counsellor



Student life at Seycove

Student Impressions of
Seycove...

Welcoming & Friendly
Excellence in
Academics

Great Athletics & Fine
Arts programs

Opportunities to Be
Involved...e.g.Clubs

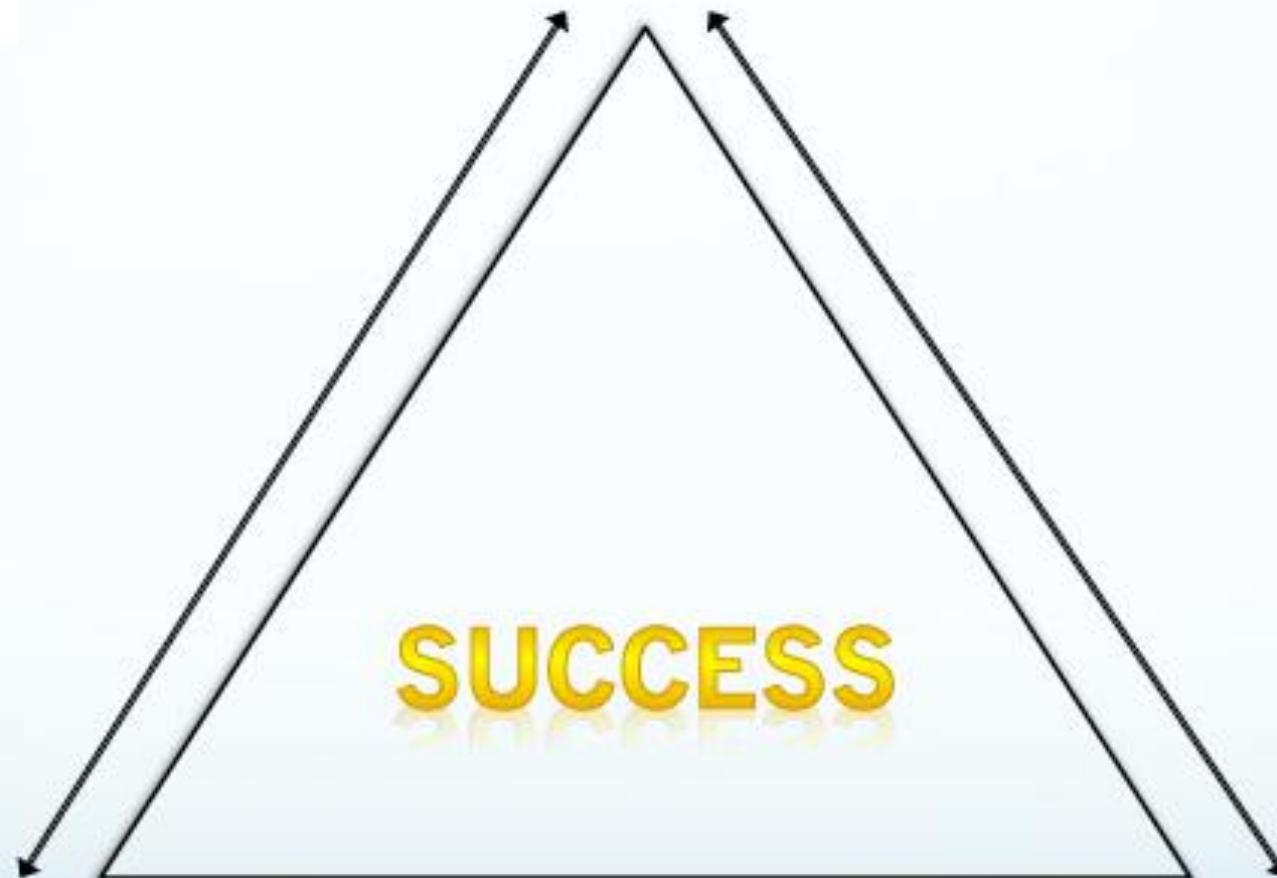
Strong feeling of
community

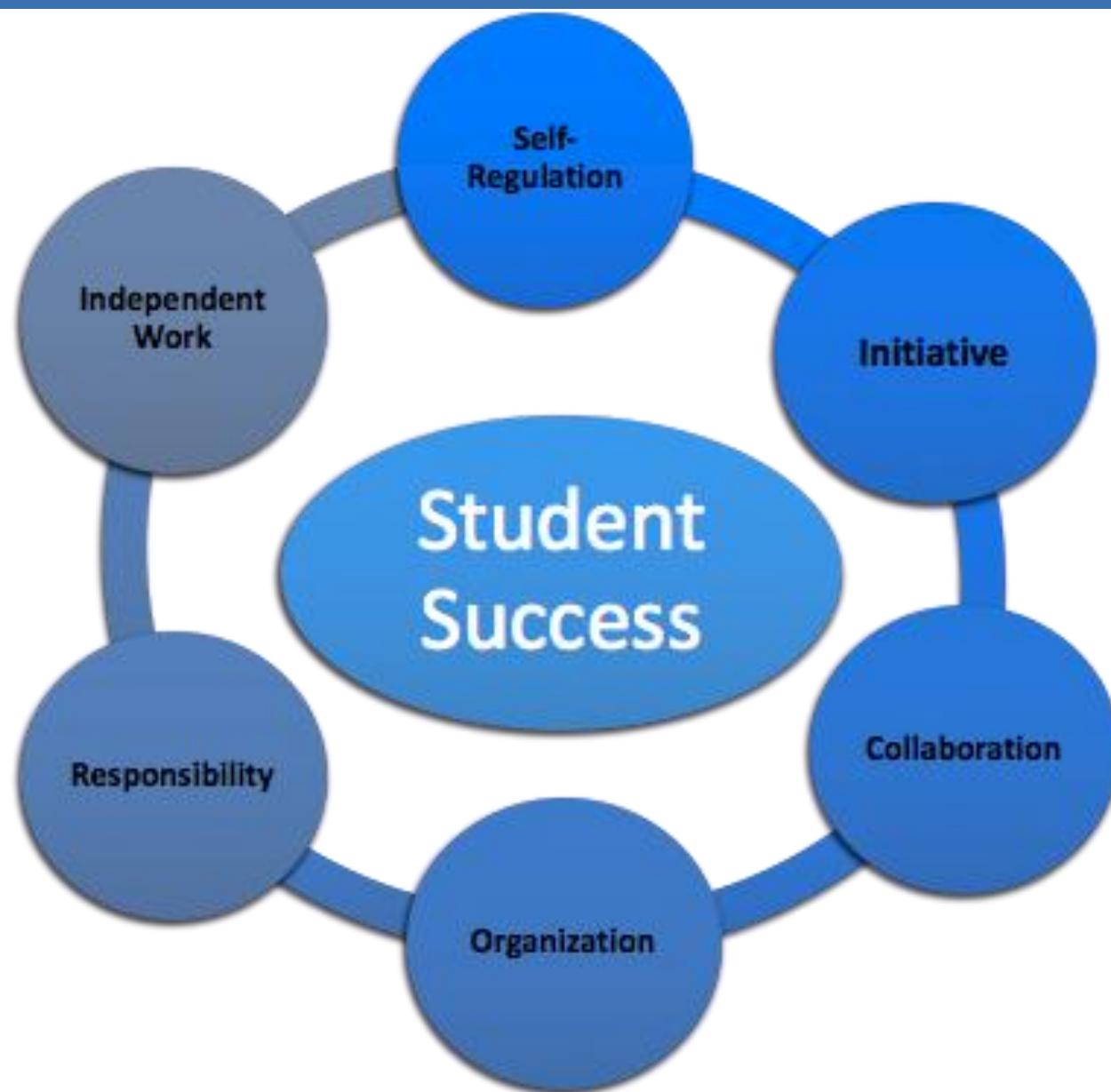
Student

SUCCESS

Teacher

Parent





Student Role

Successful students:

Communicate with teachers

Establish routines early

Take responsibility for own learning

Build resilience

Get involved in school community

Limit cell phone use at school

Parent Role

Establish routines early

Provide homework and study support

Communicate regularly with classroom teachers

Help build resilience

Be aware of friends and activities

Know classes and timetable

Know school website and calendar

Support student independence in school life

Be Tech Savvy

Family discussions
and boundaries
around tech use



Counsellor Role

Margie
Arnold

Available to help with:

Course questions, choices, or changes

Problems with others (students, teachers, parents)

Mental health support—
confidentially!

Study strategies, learning support

Post Secondary guidance

Grade 8 Courses

Required Courses

- English 8
- Social Studies 8
- Science 8
- Math 8
- French 8
- PHE 8 or Sports Academy

Elective Courses

- *Drama, Woodwork, Careers
- *Textiles, Foods, Engineering, Art
- *Learning Support (LAC) 8

*TBD

*Outside Timetable electives:

- Jazz Choir 8 (in addition to Concert Choir)
- Concert Band 8, Concert Choir 8
- Jazz Band 8 (in addition to Concert Band)

PLP is a mainstream public school program that challenges students to become learners.



North Vancouver
School District
the natural place to learn®



Project Based Learning

School shouldn't be rehearsal for real life — for PLP learners, it is real life.

[Learn More](#)



Technology for Learning

Use of a personal iPad device allows learning tasks to be redefined.

[Learn More](#)



Beyond the Classroom

Students live in the real world — PLP learners learn there too.

[Learn More](#)



SEYCOVE SECONDARY SCHOOL - 2026/2027
GRADE 8 COURSE PROGRAMMING REQUEST FORM

LAST NAME _____ FIRST NAME _____ STUDENT CELL # _____
 STUDENT SIGNATURE _____ DATE _____

GRADE 8 PROGRAM

✓ selection

NOTES FOR COUNSELLOR

1. ENGLISH 8	<input checked="" type="checkbox"/>
2. SOCIAL STUDIES 8	<input checked="" type="checkbox"/>
3. SCIENCE 8	<input checked="" type="checkbox"/>
4. MATH 8	<input checked="" type="checkbox"/>
5. FRENCH 8	<input checked="" type="checkbox"/>
6. PHYSICAL & HEALTH EDUCATION 8	<input type="checkbox"/>
*SPORT ACADEMY _____	<input type="checkbox"/>

* Note: Supplemental fees apply to all Academies. Students must complete a separate application and pay through the NVSD Academies website

ELECTIVES

ELECTIVE 1 (Foods/Woodwork/Careers)	<input checked="" type="checkbox"/>
ELECTIVE 2 (Drama/Engineering/Textiles/Art)	<input checked="" type="checkbox"/>

circle choice

These courses are scheduled outside the timetable and can be taken in addition to the 8 courses above

CONCERT BAND 8	Yes or No
CONCERT CHOIR 8	Yes or No
JAZZ BAND * Students must also take Concert Band	Yes or No
VOCAL JAZZ 8 * Students must also take Concert Choir	Yes or No

COURSE PROGRAMMING GUIDE CAN BE FOUND AT: <https://www.sd44.ca/school/seycove>

Questions? Please contact Margie Arnold (Gr. 8 Counsellor 2026/27) marnold@sd44.ca or 604-903-3643

PARENT SIGNATURE _____ DATE _____

PARENT EMAIL _____

**Form Due to Grade 7
Teacher by March 2, 2026**

Did your student have LAC in
Elementary School?

Yes No

Would your student like to
continue with LAC?

Yes No

(must be through referral only)

OFFICE USE ONLY**From - (check one)**

- Dorothy Lynas Elementary
- Cove Cliff Elementary
- Sherwood Park Elementary
- Other _____

SEYCOVE SECONDARY SCHOOL - 2026/2027
GRADE 8 PLP COURSE PROGRAMMING REQUEST FORM

8 PLP

LAST NAME _____ FIRST NAME _____ STUDENT CELL # _____

STUDENT SIGNATURE _____ DATE _____

PERFORMANCE LEARNING PROGRAM (PLP)

1. HUMANITIES 8- PLP English 8	<input checked="" type="checkbox"/>
2. HUMANITIES 8- PLP Social Studies 8	<input checked="" type="checkbox"/>
3. PLP MAKER (Engineering, Art, Info Tech & Design)	<input checked="" type="checkbox"/>
4. SCIENCE 8	<input checked="" type="checkbox"/>
5. MATH 8	<input checked="" type="checkbox"/>
6. FRENCH 8	<input checked="" type="checkbox"/>
7. ELECTIVE ROTATION (Drama/Engineering/Textiles/Art)	<input checked="" type="checkbox"/>
8. PHYSICAL & HEALTH EDUCATION 8 OR *SPORT ACADEMY	<input type="checkbox"/>

* Note: Supplemental fees apply to all Academies. Students must complete a separate application and pay through the NVSD Academies website

* PLEASE NOTE: PLP REQUIRES A SEPARATE APPLICATION - SEE
PLP.SEYCOVE.CA

* THE CAREERS 8 - PLP CURRICULUM IS EMBEDDED IN THE PLP PROGRAM (NOT A STAND-ALONE COURSE)

ELECTIVE COURSES OUTSIDE THE TIMETABLE circle choice

These additional courses are scheduled outside the timetable

CONCERT BAND 8	Yes or No
CONCERT CHOIR 8	Yes or No
JAZZ BAND * Students must also take Concert Band	Yes or No
VOCAL JAZZ 8 * Students must also take Concert Choir	Yes or No

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PARENT SIGNATURE _____ DATE _____

PARENT EMAIL _____

Notes for Counsellor

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Teacher by: March 2, 2026**

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Yes No

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Yes No

(must be through referral only)

OFFICE USE ONLY

From - (check one)

- Dorothy Lynas Elementary
- Cove Cliff Elementary
- Sherwood Park Elementary
- Other _____

Math - Grades 8 to 10

Math 8



Math 9

Foundations
& Pre-Calculus
Math 10



Workplace Math 10



Learning Support (LAC)

Academic support for learning

Often replaces French 8

Referral by your Grade 7 teacher & parent



North Vancouver School District Academies

Academies and Enhanced Programs

- Programs enhance and enrich the overall learning experience by providing an environment that concentrates on a focal skill set.
- Most programs are open to all students grade 8- 12 (some only for grade 10-12)
- Students received Ministry of Education course credit and for students in grade 10-12, credits towards graduation
- A variety of athletic and academic programs
- Students may be required to travel to a different school site
- Limited financial bursaries are available



Academies and Enhanced Programs

Academies

- *Basketball*
- *Volleyball*
- *Rowing*
- *Field Hockey*
- *Soccer*
- *Hockey*
- *Dance*
- *Artist for Kids*
- *Digital Media Academy*
- *Digital Media Academy Lite*

Enhanced Programs

- *Young Entrepreneurship Leadership Launchpad*
- *IB Diploma Program*
- *Outdoor Education Counsellor Leadership Program*



[Academies](#)

Academies

- Information for each program is available on the School District website – *programs* tab
- Registration start Jan 17 to March 6 for initial offer round
- Ongoing registration and waitlisting
- Online application via District Website
- Email any questions to academies@sd44.ca

Peak Performance

Non-credit timetable reduction
for elite-level student athletes

- Recognizing the need to balance education with demanding competition and training schedules
- Enables students to pursue their athletic and performing arts goals without compromising their education
- Appropriate for athletes competing on teams at the **provincial, or national level in sport or performing arts** - [Recognized Programs](#)



A Typical Day at Seycove

Tutorial Time 8:30-9:10

Block 1 9:10 – 10:20

Block 2 10:25 – 11:35

Block 3 11:40 – 12:50

Lunch (60 min)

Block 4 1:50 – 3:00

Questions



Deadline for Programming Sheets

Monday, March 2, 2026

Submit to your Grade 7 Teacher

