

### Seycove PAC Meeting Minutes

**Date:** Jan 17, 2023

**Time Start:** 7:00 pm

**Location:** Library/Zoom

**Members in attendance:** Julia Wagner (DPAC Rep), Sam Barker (Co-Chair), Carla Cove (Treasurer), Jen Eyton (Secretary), Sarah Best (Principal), Tiffany Britton (Member at Large)

Regrets:

Agenda Item	Speaker	Discussion	Action Items
<b>Acknowledgement &amp; Announcements</b>	Sarah		
<b>Introductions</b>			<b>Motion:</b>
<b>Approval of Agenda</b>	everyone		
<b>Approval of minutes:</b>	everyone		<b>Motion:</b>
<b>Treasurer's Report</b>	Carla Cove	<p>-We have decided to go ahead with Munch a Lunch again in Semester 2. Janice Agar will send info out to parents.</p> <p>-Gaming grant is still in progress, on some previous years it has come in as late as March</p> <p>-Carla's husband has a donation matching program at work and they have donated to the Seycove PAC this year so we should have about \$2500 coming in by the end of this month. Thank you Carla &amp; family.</p> <p>-NVPAC's grant application deadline for reimbursement of the BCCPAC fees was Dec 31, 2022. Carla will deposit \$75 in personal funds to compensate for the missed deadline.</p>	
<b>Principal's report</b>	Sarah Best	<p><u>Upcoming Dates:</u></p> <p>January 24 BC First People's 12 Open House</p> <p>January 25 Staff Collaboration—student late start at 9:50</p>	

		<p>January 25 Incoming Gr. 8 Parent Info night (current Gr. 7's)  January 25 White Hatters: Gaming Industry Concerns  January 26 Hot Lunch (salad, wrap, sandwich)  January 26 Secondary Enhanced Programs &amp; Academies Night  January 27 Academies Applications accepted  January 27 Literacy 10 Assessments  January 27 End of Semester 1  January 30—31 Review and Completion (no classes for students)  February 1 Semester Turnaround Day (no students)  February 1 Parent Course Programming Evening Grades 8—11  February 1 DMA Info Night at Argyle  February 2 First Day of Semester 2</p> <p><u>Reporting Dates:</u></p> <ul style="list-style-type: none"> <li>• <b>Report Cards are published Tuesday, February 7<sup>th</sup></b></li> <li>• <b>End of Semester Review and Completion</b> – Mon January 30<sup>th</sup> and Tues January 31<sup>st</sup> <ul style="list-style-type: none"> <li>• Students with an outstanding assignment or those who have not met the intended learning outcomes may be invited to attend Review and Completion <u>at the discretion of their classroom teachers.</u></li> <li>• Attending R&amp;C does <u>not guarantee that a student will be given credit for a course and is not a substitute for regular attendance and engagement in class.</u></li> </ul> </li> <li>• <b>Semester Turnaround Day</b> – Wednesday, February 1<sup>st</sup> – no students in session, please do not book student appointments on this day, it is for staff to prepare for Semester 2, and to connect with each other regarding student and classroom supports</li> <li>• <b>Semester 2 Start- Thursday, February 2</b></li> </ul>	
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**Homeroom to Distribute Student Schedules - Monday,  
January 23 at 2:50pm**

**Staff Updates:**

- Goodbye and Thank you!
  - Johanne Nielsen
  - Maureen Nicholson (not teaching in Semester 2)
  - Michelle Pye (not teaching in Semester 2)
- Welcome!
  - Danielle Davis (Office Staff)
  - Jay Prepchuk (Counsellor- grade 8, 10, 12 A-K)
  - Esther Shoop (Drama)
  - Margaret Ronsano Replacement- TBD

**Emergency Drills - Semester 2**

- February 1st – Evacuation Drill (Staff Only) 12:00pm
- February 6th – Evacuation Drill (whole school) 10:30am
- February 8th – Earthquake Drill (no release) 10:30am
- District – wide Lockdown Drill TBD

**Emergency Bins:**

- WATER: Box of 96 individual packets and has a shelf life of 5 years at a cost of \$88.49 per box plus tax.
- FOOD: Box of 30 packs and each pack contains 12 bars, it costs \$314.99 plus tax - again a shelf life of 5 years and each person should consume 2 - 3 bars per day

**Literacy 10 Assessment:**

ALL Grade 10s will write on the last day of the semester

- 4 grade 11s
- 9 grade 12s

Friday, January 27th from 9:00 – 12:00

- Computer Lab

		<ul style="list-style-type: none"> <li>• Digital Art Lab</li> <li>• Library (both sides)</li> </ul> <p><b>Middle Years Development Index GRADE 8</b></p> <p><b>Youth Development Index GRADE 11</b></p> <ul style="list-style-type: none"> <li>• To learn about students' social and emotional development, health and well-being</li> <li>• BC curriculum-aligned</li> <li>• Highlights experiences in school, home and community</li> <li>• Valid and reliable measure with strong scientific evidence</li> </ul> <p><b><u>Student Learning Survey (Ministry of Education):</u></b></p> <ul style="list-style-type: none"> <li>• Will be administered to our Grade 10s and 12s via CLE &amp; CLC</li> <li>• Parent &amp; Staff survey will be sent out after spring break</li> </ul> <p><b><u>Secondary Timetable Survey:</u></b></p> <p><b>Launching January 17</b></p> <ul style="list-style-type: none"> <li>• NVSD will once again survey secondary students, their families and secondary staff on the secondary schedule. The feedback received will be used to help plan for the coming school year.</li> <li>• The survey begins Tuesday, January 17, and ends January 31</li> </ul> <p><b><u>Course Programming Timeline and Website:</u></b></p> <ul style="list-style-type: none"> <li>• Course Descriptions and Course Videos</li> <li>• Course Programming presentations to students (tutorial Time Jan. 24 and 26)</li> <li>• Visits to classes (Feb. 2 and 3)</li> <li>• Course request sheets due Feb. 16</li> </ul> <p>*Please note that the 2023-2024 timetable is built based on student course requests. Please begin researching post-secondary entrance requirements now. Counsellors are available for appointments.</p>	
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<b>School Plan Discussion</b>		<p>-Thomas B. to talk to Mr. Cardle about a potential hockey team?          -Lindsay W has a grant from One Day to Make a Difference that is being donated to the PAC. Thanks Lindsay!</p>	ACTION:
<b>DPAC Report</b>	Julia Wagner	<p>-Carla to Apply for the BCCPAC fee reimbursement.          -Family of Schools Grant is \$1000 – June 1 is the deadline to apply. Funds must go towards a community building event.</p> <p><b>UPCOMING NVPAC EVENTS:</b></p> <p><b>January 18th 2023</b>  <b>Diversity &amp; Inclusion Parent Advisory Committee</b>  <b>7:00 pm - 2121 Lonsdale Ave Fifth Floor</b></p> <p><b>January 25th 2023</b>  <b>The White Hatters - Online Gaming</b>  <b>7:00 pm - Virtual presentation</b>  <a href="#">Registration Link</a></p> <p><b>February 1st 2023</b>  <b>NVPAC General Meeting</b>  <b>7:00 pm - Via Zoom</b>          General Meetings are open to all parents/guardians of children attending a school with the North Vancouver School District, DPAC Reps and PAC Executive.          CONTACT US to register: <a href="http://www.northvanpac.org/contact-us.html">http://www.northvanpac.org/contact-us.html</a></p> <p><b>February 8th 2023</b>  <b>Anti-Bullying (BCTF)</b>  <b>Donna Bulmer</b>  <b>Via Zoom 7:00pm</b>  <a href="#">Registration Link</a></p> <p>NVPAC would like to invite all Parents/Guardians within the NVSD</p>	

	<p>SD#44 to a virtual presentation with the BCTF on Anti-Bullying.  Date: Wednesday, February 8th 2023  Time: 7:00 pm - 9:00 pm  Via Zoom  Bullying behaviours are no longer acceptable in our society and schools are working hard to do something about this.  This introductory session on anti-bullying will include the definition, the bullying triad, the cycle of bullying, and the signs to watch for if your child is being bullied. Participants will also learn and share strategies.  Registration: <a href="https://us06web.zoom.us/meeting/register/tZErc-6oqjgoE9YsZrMpCTqqfvTTJ8woK09o">https://us06web.zoom.us/meeting/register/tZErc-6oqjgoE9YsZrMpCTqqfvTTJ8woK09o</a></p> <p><b>NVPAC GRANTS</b></p> <p><a href="http://www.northvanpac.org/grants.html">http://www.northvanpac.org/grants.html</a></p> <p>BCCPAC Membership Fee Grant  \$75 for each of our 32 member PACs to reimburse annual BCCPAC membership fee  DEADLINE to apply December 31</p> <p>BCCPAC AGM Fee Grant  Up to \$100 for each of our 7 FOS groups to be paid towards the BCCPAC AGM Registration Fee  DEADLINE to apply June 15</p> <p>Family of Schools Grant  Up to \$1000 for each of our 7 FOS groups to sponsor one community-building event (NOT including fundraising events)  DEADLINE to apply June 1</p> <p>To apply for a grant, please send the NVPAC Treasurer (<a href="mailto:treasurer@northvanpac.org">treasurer@northvanpac.org</a>) a copy of the GRANT</p>	
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		<p>APPLICATION FORM (available on website) and applicable attachments (as indicated on the grant application form) via email.</p> <p><b>BCCPAC UPDATES:</b></p> <p><b>Mark your calendars for 2022-2023 in-person BCCPAC Conference and AGM – May 5-7, 2023.</b>  <i>Register your PAC by December 31, 2022 in order to be eligible to vote at the AGM.</i></p> <p><b>School Food Guidelines</b>  The <a href="#">2013 School Food Guidelines</a> remain in effect as the updated DRAFT continues to be reviewed and reworked. There may be future opportunities to provide feedback and input before a release in the coming months/year. School Districts should also have their own policies in keeping with the 2013 Guidelines.</p> <p><b>New Student and Family Affordability Fund</b>  The Province is helping make back-to-school more affordable for students and their families who are struggling with rising costs of living due to global inflation. Through the <a href="#">Student and Family Affordability Fund</a>, \$60 million will help school districts make sure students are fed and have the school supplies they need to be successful this year. PACs and DPACS are critical to the discussion and collaboration with your school communities on how best to use these funds to support those in need.</p> <p><b>ARC Foundation</b>  BCCPAC continues to be actively engaged with the <a href="#">BC K-12 SOGI Collaborative</a> with Partner Groups from across the province and has reinforced our position in a <a href="#">joint letter of support</a>.</p> <p>“Because every student should feel safe and see themselves in the world around them”.</p>	
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	<p><b>Coalition for Healthy School Food</b>  BCCPAC is proud to be an official Endorser of the <a href="#">BC Chapter of the Coalition for Healthy School Food</a>.</p> <p><b>Preparing for graduation</b></p> <ul style="list-style-type: none"> <li>• government website: <a href="#">Certificates of Graduation - Province of British Columbia (gov.bc.ca)</a></li> <li>• updated Handbook of Procedures: <a href="#">handbook_of_procedures.pdf (gov.bc.ca)</a></li> </ul> <p><b>Reporting Student Learning: Proficiency Scale</b></p> <p>Surrey Vice Principal Tim Cavey wrote this article which helps clarify the proficiency scales (grading system): We Are All Developing Learners <a href="https://medium.com/teachers-on-fire/we-are-all-developing-learners-4cc3288aea63">https://medium.com/teachers-on-fire/we-are-all-developing-learners-4cc3288aea63</a></p> <p><b>Student Learning Survey (SLS) Results</b></p> <p>Public reports have been updated with the 2021/2022 SLS data and are available on the <a href="#">Data BC Catalogue</a>.</p> <p><b>erase Report It:</b></p> <p><i>Have you seen or heard something that concerns you?  Is someone or something bothering you or your friends at school?</i></p> <p>The <a href="#">erase   Report It</a> tool lets you send a secure, anonymous and confidential message to your school or school district's safe school</p>	
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		<p>coordinator, who will follow up on it right away. You do not have to provide your name unless you want to.</p> <p>Messages are only monitored during your school's operational hours. If this is an emergency please call 911 immediately.</p> <p><i>If you see or hear something, say something!</i></p> <p>Visit the <a href="#">erase website</a> to find resources for students, parents, and educators related to student safety, sexual orientation and gender identity, mental health and substance use.</p> <p><b>NVSD UPDATES:</b></p> <p><b>Indigenous Education Website</b></p> <p>North Vancouver School District is pleased to share they have a new <a href="#">Indigenous Education website</a> available for the school district community. Designed primarily to support staff enhance the classroom experience by embedding Indigenous worldviews, ways of knowing and protocols in their teaching and learning, the website is a resource we can all use to continue on our journey of truth, healing and reconciliation.</p> <p><b>Supporting students and families in the community</b></p> <p>Through the <a href="#">Student and Family Affordability Fund</a> (SFAF), the school district is supporting students and their families who are feeling financially challenged due to the rising costs of living.</p>	
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	<p>Upcoming school district/board meeting dates here: <a href="https://www.sd44.ca/Board/Meetings/Pages/default.aspx/">https://www.sd44.ca/Board/Meetings/Pages/default.aspx/</a></p> <p>Monthly Events:</p> <p><b>JANUARY - <a href="#">Self Harm: There Is Always Help, There is Always Hope</a></b> Learning your child is self harming can be scary and overwhelming. Self-injury takes many forms and the reason why someone self harms is complex. In this video hear from a young person with lived experience and Kim Leifso, RCC as they discuss what self-harm is, why youth self-injure, and other options for healthy coping strategies.</p> <p><b>FEBRUARY - <a href="#">For Families: A Conversation About Eating Disorders</a></b> Families do not cause eating disorders but they can be one of the most effective influences in their child’s recovery. Listen to Rylee McKinlay, Young Adult with lived experience, Terri McKinlay, Parent with lived experience and Carmen Kauffman, Eating Disorders Therapist &amp; Educator with Jessie’s Legacy, share their perspective and knowledge as they talk about the continuum of disordered eating, what to be aware of, the importance of connection, and strategies that help support recovery.</p> <p><b>MARCH - <a href="#">A Conversation for Families About Digital Wellbeing &amp; Mental Health</a></b> As parents, we struggle with balancing our children’s time spent in</p>	
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		<p>the digital world and what we consider the real world. It's not easy to know how much time spent on technology is too much and how to set boundaries that don't create conflict. Join us for a conversation with Dr. Kristy Goodwin, Digital Wellbeing and Productivity Researcher, Speaker, Author and Consultant to learn some practical solutions to our everyday concerns and challenges around our kids' use of screens and their mental health.</p>	
<p><b>New Business</b></p>		<p><b><u>Auction</u></b>          -Kim &amp; Tree heading the auction          -Jeanette Schisler is doing silent auction          -Lisa Stewart is on design          -Tree has a full list of jobs for people to sign up          -Rachel/Orla tweaking letters for sponsorships          -Sarah to find a list of big ticket items that need to be updated through the auction earnings.          -She is going to connect with kid groups about their ideas for what could be beneficial in the school.          -ticket sales will be announced before spring break          -can't attend? There will be ways to donate          -Save the date will go out in the newsletter and minutes          -Lisa to contact Sean Clancy about helping with decorations          -bottle wall, balloon wall were big sellers last time.          -Kara Guedes is the bar manager          -Sarah to ask about cherry picker for decorating          -Seycove has it's own staging.           -Thomas B. to talk to Mr. Cardle about a potential hockey team?</p>	<p><b>ACTION:</b></p>

		<p>-Lindsay W has a grant from One Day to Make a Difference that is being donated to the PAC. Thanks Lindsay!</p> <p><b>S.T.E.A.M. CAREER EXPLORATION DAY</b> Learn more about: • prerequisites for educational programs • diverse career paths • salary expectations • pros and cons of the job markets • hands on and interactive activities ...and more! WHEN Wednesday, April 19 9:30-1:00 WHERE North Vancouver School Board Office 2121 Lonsdale Ave, North Vancouver 5th Floor HOW TO GET THERE Contact your CLE, CLC, WEX, science and math teachers! Talk to your WEX Facilitator.</p> <p><b>FEATURING</b> • Stats and Actuaries • Accounting • Genetics • Marine Science • Marine Engineering • Engineering • Digital Arts • Architecture • Health Sciences • Computing • BC Hydro • La Salle • Science World • Cap U • BCIT • SFU • CPA • Zen Makers • Douglas College • BC Aviation</p>	
<b>Adjourned</b>	<b>Approx: 8:08pm</b>		
<p><b>Next PAC Meeting: Feb 7, 2023 at 7pm via Library/ZOOM</b></p> <p><u><b>In attendance</b></u>  <b>Sarah Best</b>  <b>Patricia Houlihan</b>  <b>Sam Barker</b>  <b>Carla Cove</b>  <b>Julia Wagner</b>  <b>Jen Eyton</b>  <b>Andrea Musselman</b>  <b>Kara Guedes</b>  <b>Lisa Stewart</b>  <b>Tree Cleland</b>  <b>Wendy Kennedy</b></p>			