

## [MAR SHIFT: Crafting Your Personal Land Acknowledgment](#)

THURSDAY, APRIL 21, 2022 AT 7 PM – 9 PM

Moms Against Racism Presents...

Crafting Your Personal Land Acknowledgment

MAR Founder, Kerry Cavers, and MAR Healthcare Advocacy Team Co-Lead, Symbia Barnaby, co-present this workshop on territory acknowledgments.

This workshop is for you if:

- \*You want to learn why land acknowledgments are important;
- \*You know they are important but couldn't explain why if asked;
- \*You believe in land acknowledgments but don't do one because you're scared of getting it wrong;
- \*Your current acknowledgment goes something like "I am grateful to live, work, and play on the...";

Land acknowledgments are foundational to truth and reconciliation. Knowing and acknowledging whose land you are on is part of the "truth". It is a starting point. And when we know better, we can do better.

In this workshop we will:

- \*give you the background information you need to be confident explaining why territory acknowledgments are important,
- \*share a few things you should NOT do,
- \*walk you through crafting your own personal land acknowledgment, and
- \*give you the opportunity to practice in a small group setting

This workshop is intentionally being held around Earth Day. It has been developed and facilitated by an Indigenous and a Black mom. In today's society, our labour is already undervalued and underpaid. Also, the majority of MAR's funding comes from events like these and smaller one-time donations. We ask you to take this, and the ideas of truth, reconciliation, and reparations into mind when you make your donation.

A Zoom link will be emailed out 1hr prior to the start of the workshop.