

February 2026

Re: Peak Performance Application Update for the 2026/2027 School Year

Dear Parent(s)/Guardian(s),

You are receiving this letter because your child has an approved Peak Performance application in the 2025/2026 school year. Every student enrolled in a Peak Performance in the school district is receiving this communication.

The North Vancouver School District (NVSD) recognizes that there are students enrolled in NVSD schools who are provincially and/or nationally ranked athletes or performing artists that compete, year-round, at the highest category or level for their specific age group.

Peak Performance is not a program, but an application process structured to enable the scheduling of an elite student-athlete's academic program to integrate their graduation plan and their training and competition schedule. In recent years, schools have faced several challenges related to Peak Performance programming:

- Many applications were submitted after student timetables were finalized, creating unbalanced classes and intensifying pressure on class size- and composition limits.
- Increasing requests for one or two free afternoons have pushed academic courses into morning blocks, creating more course conflicts for all students.
- This shift has increased prevalence of non-academic classes in the afternoon contributing to higher student absenteeism.
- Many community programs run partial year schedules, leaving junior students without supervision when programs are not in session.

For the 2026/2027 school year, students in grades 8 through 12 will continue to be eligible for Peak Performance, and greater latitude exists for students maintaining a full courseload.

Eligible students must meet the following criteria:

- Good academic standing and consistent attendance at school.
- 15+ hours per week of supervised, year--round training in one sport or discipline at the provincial and/or national level or at the highest category or level for their specific age group.
- Competition or performance at the provincial, or national level in a sport or performing art
- Submit a coach or instructor letter confirming training hours and outlining the training plan that overlaps the school day.



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Approved applications are subject to the availability of space in courses. Meeting the criteria does not guarantee approval of the timetable accommodations requested. Peak Performance applications will have to be submitted in full by the following deadlines for consideration:

- **Priority application deadline: May 15, 2026**
- **Final application deadline: June 1, 2026 (no late applications accepted)**
- **Families will be notified by June 30, 2026**

Approved students will meet with their counsellor to:

1. Review their graduation plan
2. Adjust their timetable (as space allows)
3. Determine online or hybrid courses

Please visit the [NVSD Peak Performance webpage](#) to access the application form and the coach/instructor verification form.

Please contact your child's school counsellor if you have questions or require additional information

Sincerely,



Kindly,
Meghan Downie
Principal Seycove Secondary School at səyəmətən

