



SEYCOVE
at séyëmätən

Senior Course Programming 2026–2027

Designing a Pathway: Choice. Balance, and Readiness



*Learning is holistic, reflexive, reflective, experiential, and relational;
focused on connectedness, on reciprocal relationships,
and a sense of place.*

Learning is embedded in memory, history, and story.



*Seycove acknowledges that we are gathered here today on the traditional,
unceded territory of the Coast Salish people, specifically the Skwxwú7mesh
Nation and Tsleil-Waututh Nation, and we truly value the opportunity to be able
to learn, share, and grow together.*

Seycove's Purpose & Approach to Course Programming

**Support student strengths,
interests, and goals**

**Balance challenge, well-being, and
engagement**

**Ensure graduation and post-
secondary readiness**

Thoughtful course selection

Strong student-adult support

**Flexible pathways with clear
expectations**

Your Seycove Support System

- **Ms. Meghan Downie, Principal**
Grade 11 & 12 Administrator
- **Mr. Paul Ruben, Vice-Principal**
Grade 8-10 Administrator
- **Counsellor: Ms. Margie Arnold**
2026/27 Grade 8, 10, 12s (A-K)
- **Counsellor: Ms. Ruby Willems**
2026/267 Grades 9, 11, 12s (L-Z)



COURSE PROGRAMMING TIMELINE

<p>JANUARY 29th</p> <p>6:00 PM</p> <p>PLP NEW LEARNER INFO NIGHT</p> <p>ROOM 203</p>	<p>FEBRUARY 5th</p> <p>PARENT INFORMATION EVENING</p> <p>CURRENT GRADE 8 & 9 – 6PM (CAF & THEATRE)</p> <p>CURRENT GRADE 10 & 11 – 7PM (CAF)</p> <p>FEBRUARY 4th</p> <p>PARENT INFORMATION EVENING</p> <p>CURRENT GRADE 7 INTO 8 – 6PM (CAF)</p>	<p>FEBRUARY 2nd – 10th</p> <p>STUDENT INFORMATION PRESENTATIONS</p> <p>COURSE REQUEST FORMS HANDED OUT TO STUDENTS IN CLASSES</p>
<p>FEBRUARY 5th 4pm – MARCH 3rd</p> <p>COURSE REQUEST ENTRY AT HOME</p> <p>STUDENT MYED LOGIN</p>	<p>MARCH 4th</p> <p>ALL SIGNED COURSE REQUEST FORMS DUE TO THE MAIN OFFICE</p>	

BC GRADUATION PROGRAM



- The Graduation Program begins in Grade 10
- Students require a minimum of **80 credits** in grades 10, 11, and 12 to graduate
- 30 hours of volunteer or work experience between grades 10-12
- **52 required credits**
- **28 elective credits**
- A minimum of **16 credits** (4 courses) must be at the Grade 12 level
- **4 credits** must be an Indigenous-focused course
- Required Assessments:
 - Numeracy 10
 - Literacy 10
 - Literacy 12

3-YEAR OVERVIEW GRAD PROGRAM

GRADE 10	GRADE 11	GRADE 12
English 10 (Lit Studies & Composition)	English 11	English Studies 12
Social Studies 10	BC First Peoples 12	Career Life Connections 12
Science 10	Science 11 <i>or</i> 12	Elective
Math 10 (Workplace <i>or</i> Foundations & Pre-Calculus)	Math 11 <i>or</i> 12	Elective
Physical & Health Education 10	Elective	Elective
Career Life Education 10	Elective	Elective
Elective	Elective	Elective
Elective	Elective	Elective

Grade 11 Overview

Required Courses:

- **English 11**
- **BC First Peoples 12**
- **Math 11: *choose one:***
 - Workplace Math 11
 - Foundations Math 11
 - Precalculus Math 11
- **Science 11: *choose at least one:***
 - Life Sciences 11
 - Environmental Studies 11
 - Chemistry 11
 - Physics 11
- **Elective courses:** ANY four courses of your choosing



Grade 11 PLP Overview

Required courses:

- **English 11 - PLP**
- **BC First Peoples 12 - PLP**
- **Math 11: *choose one*:**
 - Workplace Math 11
 - Foundations Math 11
 - Precalculus Math 11
- **Science 11: *choose at least one*:**
 - Life Sciences 11
 - Environmental Studies 11
 - Chemistry 11
 - Physics 11
- **Elective courses:** ANY four courses of your choosing



Grade 12 Overview

Required courses:

- English Studies 12
- Career Life Connections (CLC) 12

Elective courses

- ANY 6 courses of your choosing

(Three additional courses at the Grade 12 level - *You must have 16 Grade 12 credits in total*)



Grade 12 PLP Overview



Required courses:

- English Studies 12 – PLP
- 20th Century World History 12 – PLP
- Career Life Connections (CLC) 12

Elective courses

- ANY 5 courses of your choosing

(You must have 16 Grade 12 credits in total)

Arts, Drama, Music Electives

Art, Digital Art, Photography, Film Studies

- Art Studio
- Photography

Performing Arts / Theatre

- Drama
- Theatre Production
- Directing & Script Development

Outside Timetable Courses

- | | |
|------------------|---------------|
| • Concert Choir | Concert Band |
| • Chamber Choir | Jr. Jazz Band |
| • Jr. Jazz Choir | Sr. Jazz Band |
| • Sr. Jazz Choir | Leadership |

Applied Skills Design Training (ADST)

- Metalwork/Engineering
- Woodwork
- Drafting
- Media Design (Yearbook)
- Foods
- Textiles

CAREER ED & WORK EXPERIENCE PROGRAM



WEX Work Experience

what is it?

- Gr. 10/11/12 Elective
- 4 credits
- 90 work placement
- ADST Grad Requirement

who's it for?

- independent
- motivated, curious
- health sciences, liberal arts, business, trades, hospitality + more
- students who want first access to special career opportunities

Apprentice Programs

- Gr. 11/12 Elective
- Youth Train in Trades
- Youth Work in Trades \$
- 16+ credits
- Early certification

- Gr. 11 or 12
- students who want a career in trades
- motivated
- ready to learn and earn

Questions?

Janice Knapp - WEX Facilitator - jknapp@sd44.ca
Andrea Yeo - Career Ed / WEX Teacher - ayeo@sd44.ca

CAREER ED & WORK EXPERIENCE PROGRAM



Dual Credit

what is it?

- Gr 11 / 12 Elective
- Earn course credit
- work towards certification

who's it for?

- motivated, curious
- career focus established
- ready to start prepping for career

Professional Chef Foundation

- Day 1s @Carson Graham - 7:45am-3pm
- Up to 24 credits for graduation
- Up to 30 Vancouver Community College credits
- Apprenticeship Technical Training Level 1 (Red Seal)

Early Childhood Education Assistant

- Free course tuition
- 8 grad credits, 3 credits towards Langara ECE Certificate
- 90 hour job placement

Medical Lab Assistant

- Free course tuition. 6 months at VCC
- Up to 16 grad credits

Healthcare Assistant

- Free course tuition. 8 months at VCC
- Up to 32 grad credits

Questions? [careerpathways44 website](http://careerpathways44.com)

Jennifer Kinakin - District Careers Coordinator - jkinakin@sd44.ca

Physical & Health Education

Active Living 11/12

Fitness & Conditioning 11/12

Academy Sport Options:

Basketball Academy	(Seycove/Windsor/Sutherland)
Rowing Academy	(Seycove)
Hockey Academy	(Windsor)
Soccer Academy	(Windsor)
Dance Academy	(Windsor)
Volleyball Academy	(Sutherland)
Field Hockey Academy	(Rutledge/Argyle)

- First Round Registration will open for all academies on January 15 and closes February 28
- Applications are submitted through NVSD Academies website: [NVSD Academies](#)

Social Studies

Required:

- BC First Peoples 12

Electives:

- 20th Century World History 12
- Law Studies 12
- Social Justice 12

English Language Arts Electives

Spoken Language 12

Other Social Science Electives:

- Psychology 12
- AP Psychology 12
- Economics 12

AP Psychology

AP Psychology follows the same course curriculum as a 100-level university Psychology course.

AP Students will have access to AP resources and practice quizzes and responses to help prepare for the AP exam in May 2027.

Students who receive a 4 or 5 on the exam are eligible to receive Psychology 100 university level course credit.

Students receive AP Psychology course credit on high school transcripts regardless of whether or not they sit the AP exam.

AP Psychology 12 Information Session for students and parents on:

Wednesday, Feb. 11th, 2026 at 7:00pm via MS Teams

Sciences

Life Sciences 11

Environmental Science 11

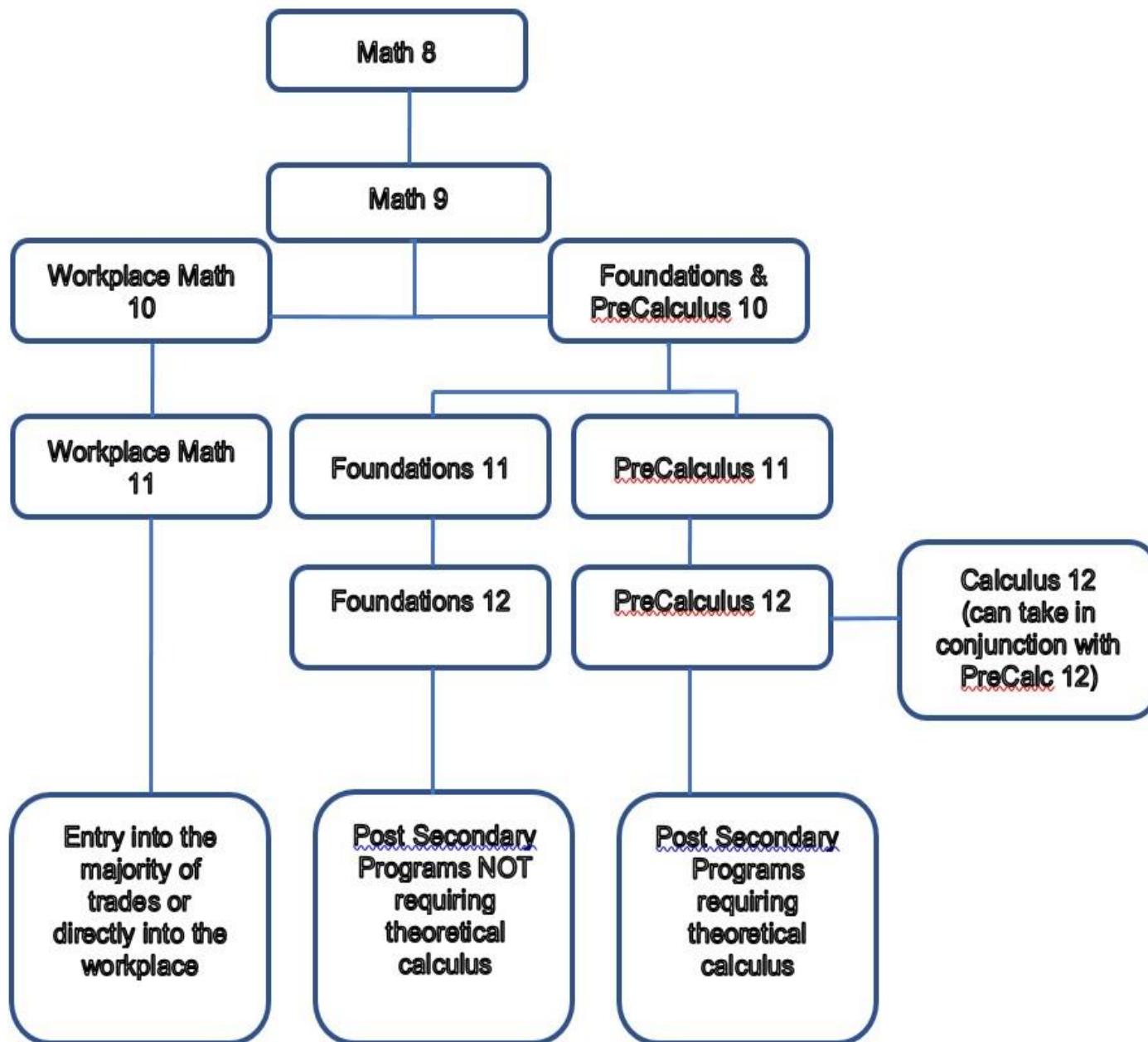
Physics 11

Chemistry 11

Anatomy & Physiology 12

Chemistry 12

Physics 12





Modern Language Courses

French 8-12

Intro Spanish (start
in Gr 10)

Spanish 11/12 (start
in Gr 11 or 12)

Reminder:

You do NOT need a language for graduation, but MAY need a language for post-secondary program entrance

Learning Services Courses

If you need additional academic support you may take: (by referral only)

Learning Support (LAC)

- For students who have learning challenges.
- Not intended as a homework block.
- If currently taking, confirm with LAC teacher.
- If you need this support, talk to your grade counsellor.

If you need additional social/emotional support you may take: (by referral only)

Choices Program

More Information Here . . .



Seycove Secondary
North Vancouver School District

[Mail](#) [NVSD Portal](#) [Parents](#) [NVSD](#)



[Home](#) [About Our School](#) [Programs & Services](#) [Staff Info](#) [Parents](#) [Students](#) [Contact Us](#) [Seycove Values](#)

2024-2025 Seycove Calendar Overview

Calendar Overview for 2024-2025.pdf

"Place of Good Water"

In June 2022, the Tsleil-Waututh Nation gifted Seycove Secondary with an Indigenous place-based name, séyəmətən .

séyəmətən was the name of the village located in this area that we now call Strathcona. séyəmətən means "place of good water". The Tsleil-Waututh Peoples primarily used ocean routes for

SEYCOVE



at séyəmətən

And Then Here . . .

[Career Centre](#)

[Clubs](#)

[Course Programming](#)

**Course Information
and Course
Descriptions**

GRADE 8

GRADE 9

GRADE 10

GRADE 11

GRADE 12

**Expect Respect and a
Safe Education (ERASE)**

Course Programming

Course Programming

Selecting a program of studies is an important process that should involve students, parents, teachers, administrators and counsellors. After careful consideration, courses should be chosen based on the student's strengths, interests and future requirements. Students are asked to list alternative choices on their course selection sheets, as their preferred choices may not schedule due to timetable constraints. Courses with low enrolment may not be offered. Students are advised to review course programming information carefully when planning their courses for next year.

PROGRAM REQUIREMENTS:

Click on the grade link below for course programming information for the 2021-2022 School Year:

GRADE 8

GRADE 9

GRADE 10

GRADE 11

GRADE 12





Career Centre

Clubs

Course Programming

Course Information
and Course
Descriptions

Course
Programming Guide

GRADE 8

GRADE 9

GRADE 10

GRADE 11

GRADE 12

**Expect Respect and a
Safe Education (ERASE)**

Grad

GRADE 10

2025-2026 Grade 10 Counsellor: Ruby Willems
(rwillems@sd44.ca)

Graduation Requirements: [CLICK HERE](#)

**Math Pathways - Choosing your Mathematics
courses: [CLICK HERE](#)**

Course Descriptions Link: [CLICK HERE](#)

Grade 10 Course Programming Presentation: [Junior Programming Presentation 2025](#)

Grade 10 Course Request Programming Sheet: [GRADE 10 2025-2026](#)

Grade 10 PLP Course Request Programming Sheet: [GRADE 10 PLP 2025-2026](#)

Grade 10-12 Elective Sheet: [Elective Sheet 2025-2026](#)

MyEd Course Request Entry Instructions: [Seycove 2025 2026 Student Course Requesting Full Instructions](#)

Grade 10 Programming Requirements:





[Career Centre](#)

[Clubs](#)

[Course Programming](#)

[Course Information
and Course
Descriptions](#)

[Course
Programming Guide](#)

[GRADE 8](#)

[GRADE 9](#)

[GRADE 10](#)

[GRADE 11](#)

[GRADE 12](#)

[Expect Respect and a
Safe Education \(ERASE\)](#)

[Grad](#)

[Grade 8 Information](#)

[Office 365](#)

Course Information and Course Descriptions 2025-2026

AP Courses	Curriculum	Grade	Course Code	Credits	Notes
AP Psychology Course Flyer 2025	AP Psychology	12		4	Open to students in grade 11 & 12
AP Psychology Course Syllabus					
AP Psychology PP from FEB 7 info night					\$160.00
AP Exam Fee					
ADST - Applied Skills Courses - Course Description	Ministry of Education Curriculum	Grade	Course Code	Credits	Notes
Economics 12	Economics 12		MEC-12	4	Open to students in grade 11 & 12
Engineering 8 course video	Applied Design, Skills, and Technologies 8	8	MADGE08ENG		Supplemental Fee Applies \$10.50
Engineering 9 course video	Applied Design, Skills and Technologies 9	9	MADGE09ENG		Supplemental Fee Applies \$68

You will find:

- *Graduation Requirements
- *26/27 Course Programming Guide
- *Instructions for MyEd Course Request Entry



Your choices are important



- Do your research!
- Think about what you like to do in the future...
- Think about your strengths.
- Choose electives you think you'll enjoy!
- Course requests determine Seycove's timetable and staffing
- Ensure you will satisfy graduation and individual post-secondary entrance requirements
- Changes may **not** be possible in September

Ministry's Minimum In Person Course Requirements

(Choose carefully as you may be placed in courses to ensure full timetable)

Seycove Secondary requires students to take the following MINIMUM number of face-to-face courses:

Grade	Courses
8	8
9	8
10	8
11	7 (By Application)
12	6 + CLC 12 (4 credits)

Consideration is given to individual students who, for extenuating circumstances, may need to consider a partial timetable and enroll in fewer courses. **Students must apply to drop courses within the Course Drop windows.** Some considerations are:

- Health concerns that limit ability for full time attendance
- Cross-enrollment with a different school or district program (i.e. YELL, Peak Performance)

Note – requests to focus on academic coursework will not be considered extenuating circumstances

No Dropping Courses Outside of Course Change Window

IMPORTANT REMINDERS



- We build the timetable based on the courses that students request
- Take time to carefully consider the options
- **ALL Students MUST have full courseloads** – and cannot drop classes after September
- Request courses based on current and future interests
- Course changes may not be possible after schedules are created

Homeroom for Grade 10s and 11s

Mandatory Homeroom for ALL students in Grade 10 - 11

Friday, February 6th – 12:45pm

We will hand out individual Diploma Verifications (DVRs) to help with planning for course request and graduation.

Please review carefully to ensure you're on track with require courses and credit counts!

**SEYCOVE SECONDARY SCHOOL 2026/2027
GRADE 11 COURSE PROGRAMMING REQUEST FORM**

11

LAST NAME _____ FIRST NAME _____ DATE _____
STUDENT CELL # _____ STUDENT SIGNATURE _____

REQUIRED COURSES (for planning purpose)	✓ COMPLETED	REQUIRED COURSES	✓ your selection	CREDIT
1. ENGLISH 10	<input type="checkbox"/> 4	1. ENGLISH 11 (Literary Studies 11)	<input checked="" type="checkbox"/>	4
2. SOCIAL STUDIES 10	<input type="checkbox"/> 4	2. BC FIRST PEOPLES 12	<input checked="" type="checkbox"/>	4
3. MATH 10	<input type="checkbox"/> 4	3. MATH 11 (SELECT ONE)		
4. SCIENCE 10	<input type="checkbox"/> 4	WORKPLACE MATH 11	<input type="checkbox"/>	4
5. PHE 10 OR ACADEMY	<input type="checkbox"/> 4	FOUNDATIONS OF MATH 11	<input type="checkbox"/>	4
6. CAREER LIFE ED 10	<input type="checkbox"/> 4	PRE-CALCULUS 11	<input type="checkbox"/>	4
ELECTIVES		4. SCIENCE 11 (Select minimum of ONE)		
		Environmental Science 11	<input type="checkbox"/>	4
7.	<input type="checkbox"/> 4	LIFE SCIENCES 11	<input type="checkbox"/>	4
8.	<input type="checkbox"/> 4	CHEMISTRY 11	<input type="checkbox"/>	4
		PHYSICS 11	<input type="checkbox"/>	4
		EARTH SCIENCES 11	<input type="checkbox"/>	4
		ELECTIVES CHOICES (IN PRIORITY ORDER)		
		5.		4
		6.		4
		7.		4
		8.		4
		ALTERNATE ELECTIVES (IN PRIORITY ORDER)		
				4
				4
		OUTSIDE TIMETABLE COURSES		
				4
				4

**Due to Main Office by
March 4, 2026**

Questions?

**Please contact Ruby Willems (Gr. 11
Counsellor 2026/2027)**

**rwillems@sd44.ca or
604-903-3634**

COUNSELLING NOTES

Please list any courses being taken online _____
Through which District are they being taken? _____
Applying for NVSD Academy? Yes ___ No ___ If yes, which Academy? _____

PARENT SIGNATURE _____ PARENT PHONE # _____
PARENT EMAIL _____ DATE _____

COURSE PROGRAMMING GUIDE CAN BE FOUND AT: <https://www.sd44.ca/school/seycove>

* Please be sure you have completed your course request entry online at www.myeducation.gov.bc.ca/aspen PRIOR to handing in completed sheet to Main Office by March 4th.

**SEYCOVE SECONDARY SCHOOL - 2026-2027
GRADE 11 PLP COURSE PROGRAMMING REQUEST FORM**

11 PLP

LAST NAME _____ FIRST NAME _____ DATE _____

STUDENT CELL # _____ STUDENT SIGNATURE _____

REQUIRED COURSES (for planning purpose)	✓ COMPLETED
1. HUMANITIES 10 - PLP English 10	<input checked="" type="checkbox"/> 4
2. HUMANITIES 10 - PLP Social Studies 10	<input checked="" type="checkbox"/> 4
3. CAREER LIFE EDUCATION 10	<input checked="" type="checkbox"/> 4
4. MAKER 10	<input checked="" type="checkbox"/> 4
5. MATH 10	<input checked="" type="checkbox"/> 4
6. SCIENCE 10	<input checked="" type="checkbox"/> 4
7. PHE 10 or ACADEMY	<input checked="" type="checkbox"/> 4
ELECTIVES	
8.	<input checked="" type="checkbox"/> 4

REQUIRED COURSES	✓ your selection	CREDIT
1. HUMANITIES 11 - PLP English 11	<input checked="" type="checkbox"/>	4
2. HUMANITIES 11 - PLP BC FIRST PEOPLES 12	<input checked="" type="checkbox"/>	4
3. MATH 11 (SELECT ONE)		
WORKPLACE MATH 11	<input type="checkbox"/>	4
FOUNDATIONS OF MATH 11	<input type="checkbox"/>	4
PRE-CALCULUS 11	<input type="checkbox"/>	4
4. SCIENCE 11 (Select minimum of ONE)		
ENVIRONMENTAL SCIENCE 11	<input type="checkbox"/>	4
LIFE SCIENCES 11	<input type="checkbox"/>	4
CHEMISTRY 11	<input type="checkbox"/>	4
PHYSICS 11	<input type="checkbox"/>	4
EARTH SCIENCES 11	<input type="checkbox"/>	4
ELECTIVES CHOICES (IN PRIORITY ORDER)		
5.		4
6.		4
7.		4
8.		4
ALTERNATE ELECTIVES (IN PRIORITY ORDER)		
		4
		4
OUTSIDE TIMETABLE COURSES		
		4
		4

REQUIRED COURSES (for planning purpose)	CREDIT
1. HUMANITIES 12 - PLP English 12	<input checked="" type="checkbox"/> 4
2. HUMANITIES 12 - PLP History 12	<input checked="" type="checkbox"/> 4
3. CAREER LIFE CONNECTIONS 12	<input checked="" type="checkbox"/> 4
ELECTIVES	
3.	
4.	
5.	
6.	
7.	
8.	

**DUE TO MAIN OFFICE BY
MARCH 4, 2026**

QUESTIONS?

**PLEASE CONTACT RUBY WILLEMS
GR. 11 COUNSELLOR (2026/27)**

rwillems@sd44.ca or (604) 903-3634

COUNSELLING NOTES

Please list any courses being taken online _____
Through which District are they being taken? _____
Applying for NVSD Academy? Yes ___ No ___ If yes, which Academy? _____

PARENT SIGNATURE _____ PARENT PHONE # _____
PARENT EMAIL _____ DATE _____

COURSE PROGRAMMING GUIDE CAN BE FOUND AT: <https://www.sd44.ca/school/seycove>

SEYCOVE SECONDARY SCHOOL 2026/2027 GRADE 12 COURSE PROGRAMMING REQUEST FORM

12

LAST NAME _____ FIRST NAME _____ DATE _____
STUDENT CELL # _____ STUDENT SIGNATURE _____

REQUIRED COURSES (for planning purposes)	✓ COMPLETED	REQUIRED COURSES planning purposes) (for	✓ COMPLETED
1. ENGLISH 10	4 <input type="checkbox"/>	1. ENGLISH 11	4 <input type="checkbox"/>
2. SOCIAL STUDIES 10	4 <input type="checkbox"/>	2. MATH 11	4 <input type="checkbox"/>
3. MATH 10	4 <input type="checkbox"/>	3. SCIENCE 11	4 <input type="checkbox"/>
4. SCIENCE 10	4 <input type="checkbox"/>	4. BC FIRST PEOPLES 12	4 <input type="checkbox"/>
5. PHE 10	4 <input type="checkbox"/>	ELECTIVES	
6. CAREER LIFE ED 10	4 <input type="checkbox"/>	5.	4 <input type="checkbox"/>
ELECTIVES		6.	4 <input type="checkbox"/>
7.	4 <input type="checkbox"/>	7.	4 <input type="checkbox"/>
8.	4 <input type="checkbox"/>	8.	4 <input type="checkbox"/>

List courses being taken online _____
Applying for NVSD Academy (apply and pay through NVSD Academy website)
Yes ___ No ___ If yes, which Academy? _____

REQUIRED COURSES	✓ your selection	CREDIT
1. ENGLISH STUDIES 12	<input checked="" type="checkbox"/>	4
2. CAREER LIFE CONNECTIONS 12	<input checked="" type="checkbox"/>	4
ELECTIVE CHOICES (IN PRIORITY ORDER)		
3.	<input checked="" type="checkbox"/>	4
4.	<input checked="" type="checkbox"/>	4
5.	<input checked="" type="checkbox"/>	4
6.	<input checked="" type="checkbox"/>	4
7.	<input checked="" type="checkbox"/>	4
8.	<input checked="" type="checkbox"/>	4
ALTERNATE ELECTIVES (PRIORITY ORDER)		
		4
		4
OUTSIDE TIMETABLE COURSES		
		4
		4
		4
		4

DUE TO MAIN OFFICE MARCH 4, 2026

Questions?

Margie Arnold - Gr 12 counsellor (A-K) marnold@sd44.ca (604) 903-3643
Ruby Willems - Gr. 12 counsellor (L-Z) rwillems@sd44.ca (604) 903-3634

PARENT SIGNATURE _____
PARENT PHONE # _____
PARENT EMAIL _____
DATE _____

COUNSELLING NOTES

* Please be sure you have completed your course request entry online at www.myeducation.gov.bc.ca/aspen PRIOR to handing in completed sheet to Main Office by March 4th.

SEYCOVE SECONDARY SCHOOL - 2026-2027 GRADE 12 PLP COURSE PROGRAMMING REQUEST FORM

12 PLP

LAST NAME _____ FIRST NAME _____ DATE _____

STUDENT CELL # _____ STUDENT SIGNATURE _____

REQUIRED COURSES (for planning purposes)	✓ COMPLETED	REQUIRED COURSES (for planning purposes)	✓ COMPLETED
1. HUMANITIES 10 - PLP English 10	<input checked="" type="checkbox"/> 4	1. HUMANITIES 11 - PLP English 11	<input checked="" type="checkbox"/> 4
2. HUMANITIES 10 - PLP Social Studies 10	<input checked="" type="checkbox"/> 4	2. HUMANITIES 11 - PLP Social Studies 11	<input checked="" type="checkbox"/> 4
3. MATH 10	<input checked="" type="checkbox"/> 4	3. MATH 11	<input checked="" type="checkbox"/> 4
4. SCIENCE 10	<input checked="" type="checkbox"/> 4	4. SCIENCE 11	<input checked="" type="checkbox"/> 4
5. PHE 10	<input checked="" type="checkbox"/> 4	5. BC FIRST PEOPLES 12	<input checked="" type="checkbox"/> 4
6. CAREER LIFE ED 10	<input checked="" type="checkbox"/> 4	ELECTIVES	
7. MAKER 10	<input checked="" type="checkbox"/> 4	6.	<input checked="" type="checkbox"/> 4
ELECTIVES		7.	<input checked="" type="checkbox"/> 4
8.	<input checked="" type="checkbox"/> 4	8.	<input checked="" type="checkbox"/> 4

List courses being taken online _____
 Applying for NVSD Academy (apply and pay through NVSD Academy website)
 Yes ___ No ___ If yes, which Academy? _____

REQUIRED COURSES	✓ your selection	CREDIT
1. HUMANITIES 12 - PLP English 12	<input checked="" type="checkbox"/>	4
2. HUMANITIES 12 - PLP World History 12	<input checked="" type="checkbox"/>	4
3. CAREER LIFE CONNECTIONS 12	<input checked="" type="checkbox"/>	4
ELECTIVE CHOICES (IN PRIORITY ORDER)		
4.	<input type="checkbox"/>	4
5.	<input type="checkbox"/>	4
6.	<input type="checkbox"/>	4
7.	<input type="checkbox"/>	4
8.	<input type="checkbox"/>	4
ALTERNATE ELECTIVES (PRIORITY ORDER)		
		4
		4
OUTSIDE TIMETABLE COURSES		
		4
		4
		4
		4

DUE TO MAIN OFFICE MARCH 4, 2026

Questions?

Margie Arnold - Gr 12 counsellor (A-K) marnold@sd44.ca (604) 903-3643

Ruby Willems - Gr. 12 counsellor (L-Z) rwillems@sd44.ca (604) 903-3634

PARENT SIGNATURE _____

PARENT PHONE # _____

PARENT EMAIL _____

DATE _____

COURSE PROGRAMMING GUIDE CAN BE FOUND AT: <https://www.sd44.ca/school/seycove>

COUNSELLING NOTES

* Please be sure you have completed your course request entry online at www.myeducation.gov.bc.ca/aspen PRIOR to handing in completed sheet to Main Office by March 4th.

GRADE 10, 11, 12 ELECTIVE CHOICES 2026-2027

ARTS EDUCATION

Art Studio 10, 11, 12	MVAST-10,11,12
Visual Arts 9	MVA-09
Photography 10, 11, 12	MVAPH10,11,12
Drama 9	MDR-09
Drama 10, 11, 12	MDRM-10,11,12
Directing & Script Development 11, 12	MDRDS11,12
Theatre Production 10	MDRD-10
Theatre Production 11, 12	MMDRTP11,12
Concert Choir 9	MMU--09-CC
Concert Choir 10 (x)	MMUCC10
Concert Choir 11, 12 (x)	MCMCC11,12
Music 9 Chamber Choir Auditioned	MMU--09ACC
Chamber Choir 10, 11, 12 (x)	MMUCH10,11,12
Music 9 Vocal Jazz	MMU--09-VJ
Vocal Jazz 10 (x)	MMUVJ10
Vocal Jazz Sr 11,12 (x)	MCMJV11,12
Concert Band 9	MMU--09-CB
Concert Band 10 (x)	MMUCB10
Concert Band 11, 12 (x)	MIMCB11
Music 9 Jazz Band	MMU--09-JB
Jazz Band 10 (x)	MMUJB10
Jazz Band 11, 12 (x)	MIMJB11

CAREER PROGRAMS & WORK EXPERIENCE

Work Experience 12A, 12B	MWEX-12
Sec. School Apprenticeship 11, 12	MSSA11A,B or MSSA12A,B

ENGLISH LANGUAGE ARTS

Spoken Language 12*	MSPLG12
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APPLIED DESIGN, SKILLS & TECHNOLOGIES

Metalwork & Engineering 10, 11, 12	MTMET10, 11, 12
Engineering 9	MADGE09ENG
Media Design 10, 11, 12 (Yearbook)	MMEDD10, 11, 12
Food Studies 9	MADFS09
Food Studies 10, 11, 12	MFOOD10, 11, 12
Textiles 9	MADT-09
Textiles 10, 11, 12	MTXT-10, 11, 12
Woodwork 9	MADW-09
Woodwork 10, 11, 12	MWWK-10, 11, 12
Drafting 9	MADD-09
Drafting 10, 11, 12	MTDRF 10, 11, 12
Economics 12*	MEC--12

MATHEMATICS

Foundations of Math & Pre-Calculus 10	MFMP-10
Workplace Mathematics 10, 11	MWPM-10,11
Foundations of Math 11, 12	MFOM-11,12
Pre-Calculus 11, 12	MPREC11,12
Calculus 12	MCALC12

HUMANITIES

Psychology 12*	YPSYC2A
AP Psychology 12*	APSY-12

PHYSICAL HEALTH & EDUCATION

Active Living 11, 12	MACLV11,12
Fitness & Conditioning 11,12 (additional FEE)	MFTCD11,12

LEADERSHIP

Leadership 9, 10,11,12	YCPA-0A, 1A, 2A
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MODERN LANGUAGES

French 9	MFR--09
French 10, 11, 12	MFR--10,11,12
Introductory Spanish 11	MBSP-11
Spanish 11, 12	MSP--11,12

SCIENCE

Life Sciences 11	MLFSC-11
Environmental Science 11	MEVSC11
Chemistry 11, 12	MCH--11,12
Physics 11, 12	MPH--11,12
Anatomy & Physiology 12	MATPH12

SOCIAL STUDIES

Law Studies 12*	MLST-12
Social Justice 12*	MSJ--12
20th Century World History 12*	MWH--12
BC First Peoples 12*	MBCFP12

STUDY BLOCK (SEPARATE APPLICATION REQUIRED)

Study Block	XAT--00SB
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LEGEND

(x) block outside of regular timetable

* open to Gr 11

** by recommendation

LEARNING SUPPORT

Learning Assistance 10,11,12**	YED--0A,1A,2A
Choices Support Block 10, 11, 12**	YIPS-0B,1C,2C

*NEW - MYED STUDENT COURSE REQUEST ENTRY AT HOME

Before February 5

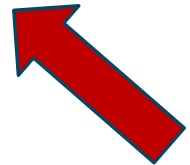
Step 1: Login to STUDENT/PARENT MyEd Account and reset Password
- Instructions for course "Request" Entry and Password Reset Sent Home

February 5 – March 3

Step 2: MyEd Student Course Request Entry Window is OPEN. Students enter Course Requests at home **AND** Complete Course Planning Form

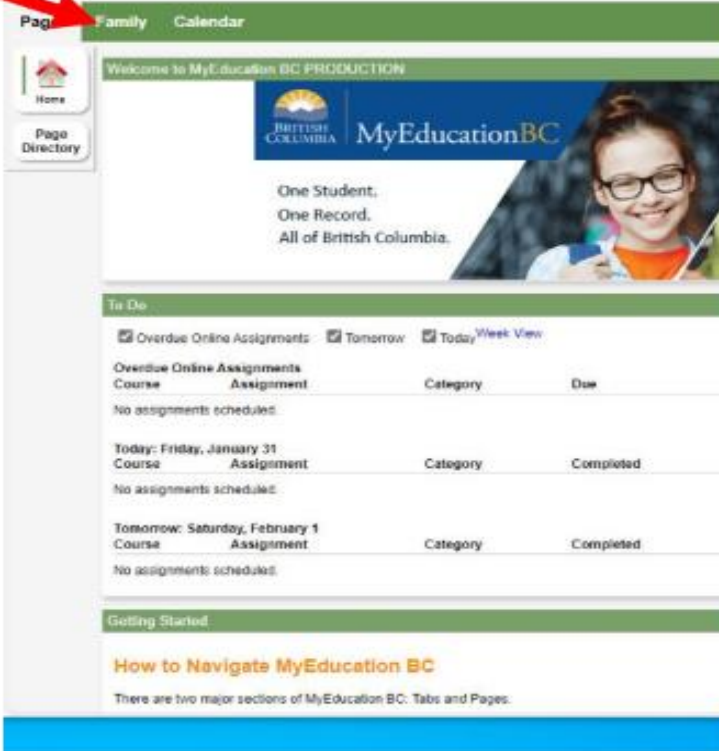
March 4, 2026

Step 3: Hand in Course Request Planning Form to Main Office
(must be completed AND signed by parent/guardian)



Click on "Family"

Click "Family"



The screenshot shows the MyEducation BC website. At the top, there is a green navigation bar with the tabs 'Page', 'Family', and 'Calendar'. A red arrow points from the text 'Click "Family"' to the 'Family' tab. Below the navigation bar, the main content area has a header that says 'Welcome to MyEducation BC PRODUCTION'. Below this is a banner for 'MyEducationBC' with the text 'One Student. One Record. All of British Columbia.' and a photo of a smiling girl. Below the banner is a 'To Do' section with a table of assignments. At the bottom, there is a 'Getting Started' section with the title 'How to Navigate MyEducation BC' and the text 'There are two major sections of MyEducation BC: Tabs and Pages.'

Overdue Online Assignments	Tomorrow	Today	Week View
Overdue Online Assignments			
Course	Assignment	Category	Due
No assignments scheduled			
Today: Friday, January 31			
Course	Assignment	Category	Completed
No assignments scheduled			
Tomorrow: Saturday, February 1			
Course	Assignment	Category	Completed
No assignments scheduled			

Getting Started

How to Navigate MyEducation BC

There are two major sections of MyEducation BC: Tabs and Pages.

Click on Student's Name

Ensure you see your student(s) on the "Family Page"

The screenshot displays a web application interface for a 'Family Page'. At the top, there are three tabs: 'Pages', 'Family', and 'Calendar'. Below the tabs is a section titled 'Students'. On the left, a sidebar menu lists various options: Details, Contacts, Daily Attendance, Transcript, Assessments, Schedule, Membership, Transactions, and Notification. The main content area shows a table with a header 'Name' and a single row containing the text 'Caygeon, Bob'. A red arrow points from the text 'Click on your Student's Name' to the student's name in the table. Above the table, there are three buttons: 'Options', 'Reports', and 'Help'.

Students	
Details	Options ▾ Reports ▾ Help ▾
Contacts	
Daily Attendance	Name
Transcript	Caygeon, Bob
Assessments	
Schedule	
Membership	
Transactions	
Notification	

Select "Schedule" and "Requests"

The screenshot shows the MyEd portal interface for a family. The top navigation bar has tabs for "Pages", "Family", and "Calendar". Below this, the "Students" section shows "11" students and a search box containing "Caygeon, Bob". A sidebar on the left contains a list of options: Details, Contacts, Daily Attendance, Transcript, Assessments, Schedule, Requests, Membership, Transactions, and Notification. The "Schedule" option is highlighted with a green bar. To the left of the sidebar, two red arrows point to the "Schedule" and "Requests" options, with the text "Click on 'Schedule'" and "Then click on 'Requests'" respectively. The main content area shows a "List view" of the student's schedule. It includes a "Time" dropdown set to "TRI2" and a table titled "1 - Day 1". The table lists 14 periods with their corresponding dates. Period 13 is highlighted in yellow.

Click on "Schedule"

Then click on "Requests"

This is where students will make their course requests starting on February 10. Requests can be made either through the parent MyEd portal or the student MyEd portal. The window will be open from February 10 and be open until March 3.

1 - Day 1	
1-Period 10	
2-Period 11	
3-Period 12	
4-Period 14	
5-Period 15	
6-Period 16	
7-Period 17	
8-Period 22	
9-Period 23	
10-Period 25	
11-Period 26	
12-Period 13	
13-Period 21	
14-Period 18	

<https://myeducation.gov.bc.ca/aspem/studentContextList.do?navkey=famil...>

PEAK PERFORMANCE * NOTE UPDATES TO DISTRICT GUIDELINES

<https://www.sd44.ca/ProgramsServices/PeakPerformance/Pages/default.aspx#/=>

Eligibility

The Peak Performance application process is designed for students in grades 8-12 who meet the following criteria:

- Be a student in good academic standing with consistent attendance at school.
- Minimum of 15 hours per week of supervised, year-round training in one sport or discipline at the provincial and/or national level or at the highest category or level for their specific age group.
- Competition and/or performance at the provincial, or national level in a sport or performing art.

PEAK PERFORMANCE * NOTE UPDATES TO DISTRICT GUIDELINES

<https://www.sd44.ca/ProgramsServices/PeakPerformance/Pages/default.aspx#/=>

The deadline for priority applications is on or before, May 15th. Late applications will not be accepted after June 1st.

Students will be required to re-apply annually to make a Peak Performance application.

Peak Performance Application Process:

A student who meets the eligibility standards and program criteria should complete the application form with supporting documentation and submit to their grade counsellor by the deadline.

The application will be reviewed by the school committee and applicants will be notified prior to June 30.

The [Peak Performance Application Form](#) is available online to download as a fillable PDF. Please note this application includes the Coach/Instructor Verification that must be completed as part of the submission.

Academies and Enhanced Programs



Academies

Website: [Academies - North Vancouver School District](#)

- *AFK Studio Art*
- *Basketball*
- *Dance*
- *Digital Media (DMA)*
- *Digital Media Lite (DMA Lite)*
- *Field Hockey*
- *Hockey*
- *Rowing*
- *Soccer*
- *Volleyball*

Enhanced Programs

Website: [Programs & Services - North Vancouver School District](#)

- *Career Pathways 44*
- *IB Diploma Program*
- *French Immersion*
- *North Vancouver Online Learning (NVOL)*
- *Outdoor Education Counsellor Leadership Program (OEL)*
- *Summer Learning*
- *Young Entrepreneurship Leadership Launchpad (YELL)*

Academies and Enhanced Programs

Information for each program is available on the School District website – *Programs & Services* top tab, *Academies* side tab [Academies - North Vancouver School District \(sd44.ca\)](https://sd44.ca/academies)

Online application window for 2026-27 opens **Thursday, January 15**

Initial (first round) offer placement ends on **Saturday, February 28**

Online registration & waitlisting: Applications received after February 28 may be offered placement in subsequent rounds if space or placed on a waitlist if academy is full

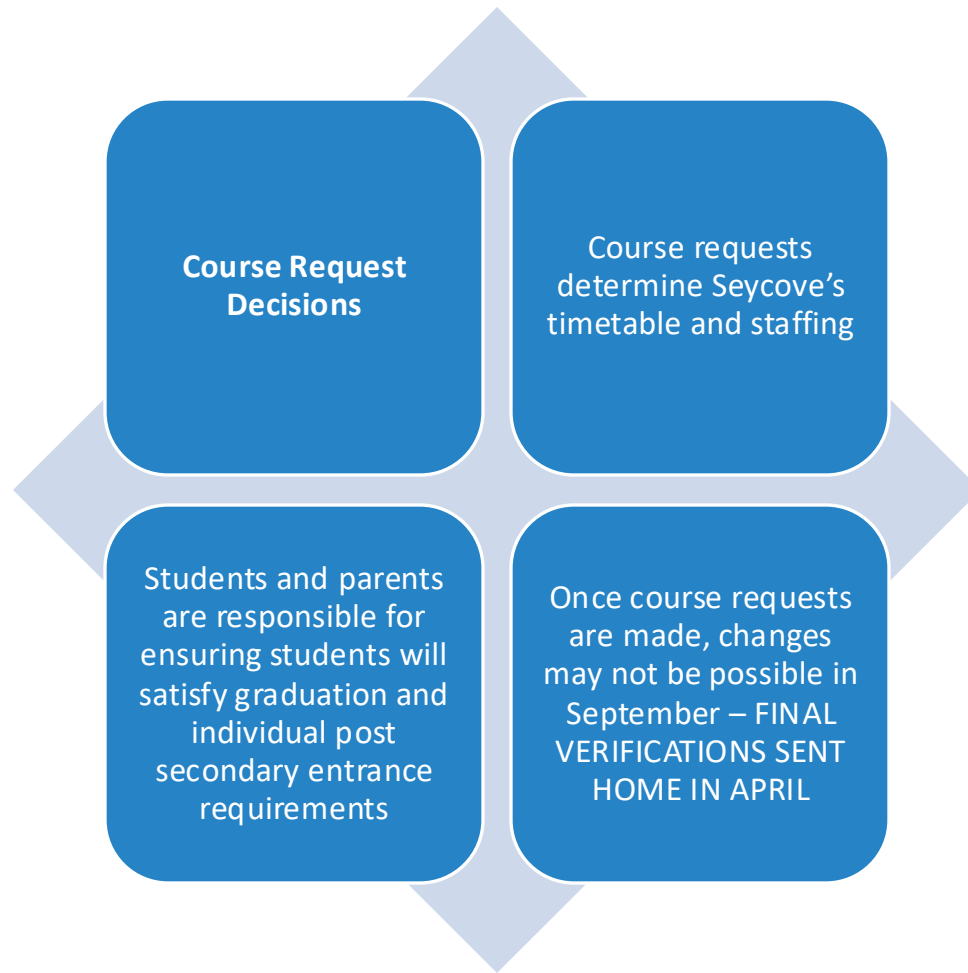
Schools will receive their first round of student placement lists the week of April 20.

RETURNING STUDENTS MUST RE-APPLY each year. Adding the academy on home school course selections sheets will not register them – they must complete the district online application form as well

Online application via District Website

Bursary available for every academy

Email any questions to academies@sd44.ca



Course Programming Process

For graduation:

www.bced.gov.bc.ca/students.htm

- Find Ministry of Education site for transcripts, scholarship and award info

SAT and ACT information:

www.collegeboard.org

- Find info and study material
- US college planning info

For trade and work information:

www.workbc.ca

- resources and tools to develop staff and business
- jobs and career options
- employment services
- training and education for trades
- labour market information

www.myblueprint.ca

- personality, interest, skill match quizzes
- search public and private programs across Canada
- creates profiles to compare programs easily

www.educationplanner.ca

- compare info from 28 BC universities/colleges for admission, programs, financial info
- career assessments
- research and planning tools

www.jobbank.gc.ca/home

- Canadian Government site with tools to help explore careers that are in demand
- job market trends
- career exploration

www.schoolfinder.com

- portal site to schools, study abroad, scholarship and career options
- career and personality quizzes
- "hot" careers

- www.postsecondarybc.ca

- Canadian university search for school, careers
- links to info sessions
- trends, helpful articles about moving from high school to University



**Deadline for Course
Request Sheets:**

**Wednesday March
4th, 2026**

To Main Office

Keep in touch!

Any questions, concerns?

Please call or email your Grade Counsellor or make an appointment

For 2026-2027 school year:

Grade 9, 11, 12 (L-Z) Counsellor

- Ruby Willems
- 604-903-3634
- rwillems@sd44.ca

Grade 8, 10, 12 (A-K) Counsellor

- Margie Arnold
- 604-903-3643
- marnold@sd44.ca

Or MS Teams!