



SEYCOVE SECONDARY
at sáyəmətən

SCHOOL NEWSLETTER

September 20, 2024

Greetings Seycove families,

We are now over two full weeks into school and into regular classes for our students and staff. I have had the chance to meet all of our students during Grade Assemblies and in the hallways and in classes I have visited. I've also been able to introduce myself to many parents as we hold meetings for upcoming field studies opportunities, events at the school, and our Seycove PAC. It's been a very warm welcome from everyone, so thank you all so much.

I want to express my appreciation for your support and cooperation with the new personal digital device guidelines that were introduced at the start of this school year. As we move forward with these changes, it's clear that the success of this initiative relies heavily on the collaboration between families, students, and staff, and I'm incredibly grateful for your efforts.

As a collective, our staff want to acknowledge how well students have adapted and how staff has been instrumental in ensuring a smooth transition. Their dedication to creating a focused, engaged, and distraction-free learning environment is making a positive difference in the Seycove community.

The slogan we've been using, "Devices off, Learning on", captures the essence of what we are all working toward: a space where students can focus on their education without unnecessary distractions. Your role in reinforcing this message at home is invaluable, and we are grateful for your partnership in helping your child(ren) understand the importance of these guidelines. As you work with your child(ren) to foster healthy digital habits, you may find the following resources helpful to support these conversations:

[Cell phone restrictions in schools](#) (published by the Government of British Columbia)

[Digital media: Promoting healthy screen use in school-aged children and adolescents](#) (published by the Canadian Pediatric Society)

Please reach out if your child(ren) requires additional support in following these guidelines or if you have any questions. By working together—families, students, and staff—we can create an environment where all students can thrive, both academically and personally.

As we approach Truth and Reconciliation Week (September 23rd – September 27th) at Seycove, our school is committed to honoring this important time of reflection and learning. This week provides an opportunity for all of us to deepen our understanding of Indigenous history, culture, truth, healing, and the ongoing journey toward reconciliation.

Throughout the week, students will engage in various activities that promote awareness and education around the history of Indigenous Peoples. On Friday, September 27th, we encourage everyone to wear orange to honour the survivors of residential schools and to acknowledge the harm done to and residual trauma affecting Indigenous children and their families.

In addition to our in-school activities, we strongly encourage students to participate in community events focused on Truth and Reconciliation on Monday, September 30th, the National Day for Truth and Reconciliation. These opportunities allow us to engage beyond the classroom and support the healing process for Indigenous communities.

As a school, we are continuing our commitment to the incorporation of the BC First Peoples Principles of Learning. And with that, are progressing with the themes of Relationships: Relationships with Ourselves and Each Other, Relationships with Technology, and Relationships with the Land and Environment: "Learning ultimately supports the well-being of the self, the family, the community, the land, the spirits, and the ancestors." With students being away from their phones more so than they have been in the past, we are able to dive into these themes in a meaningful way across classes, in our planning, and through discussion we continue to have.

Meghan Downie



SEYCOVE CALENDAR

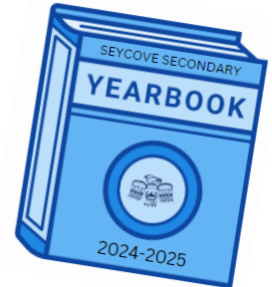
Sep 24	Scholarship Seminar-Online
Sep 25	Staff Collab - Late Start
Sep 25	Seycove Club Fair - 1pm
Sep 26	All School Terry Fox Run Donate HERE
Sep 30	Truth & Reconciliation Day Stat Holiday. School Closed.
Oct 8	PAC Meeting - 7pm Library
Oct 14	Thanksgiving Stat Holiday. School Closed.
Oct 16	Photo Retake Day
Oct 16	Grad Parent Info Night 7pm



Updates & Reminders

2024-2025 Yearbooks - Pre-Orders Open on SchoolCash Online

Yearbooks for the 2024-2025 school year are now available for pre-purchase on [SchoolCash Online](#). The books are \$50 and must be ordered and paid for by January 10, 2025. Be sure to order your copy to avoid disappointment on distribution day as we cannot guarantee extras for sale in June.



Student Drop-Off and Pick-Up

Please remember to use only the designated area outside the cafeteria for student drop-off and pick-ups. We encourage students to use alternate travel methods including walking, cycling and scootering. Walking to and from school can help students set up for or unwind from their day. As a community school, we want to consider our neighbours and remind drivers to follow speed restrictions and refrain from using side roads and driveways for turning around and dropping off.



Drama Donations

Questions about donations? email: eshoop@sd44.ca



**DID YOU KNOW THAT
EVERYTHING
IN OUR COSTUME COLLECTION
HAS BEEN DONATED?**

We depend on a continuing flow of costume donations to replace old stock & keep our "characters" fresh. Please consider helping grow our resources with your donations.

WHAT WILL WE TAKE IN DONATION?

We will gladly take vintage clothing, costume pieces & other accessories that are in wearable condition...

Mirrors, oddities (skulls etc.), mannequins, foliage/silk flowers, vases, small medical med bottles (apothecary jars), instruments, foldable walker, steering wheel, cash register, floor and table lamps, radios, baskets, clear bins, retail/ branded shopping bags, paddles, costume hats (witch, wizard, baseball, helmets etc.), Halloween character costumes, store signage (open, hours, exit etc.), park/garden bench, carpet grip tape, toy weapons, throw rugs, door and window frames, wigs, flashlights, novelty lighting (lava lamps/strobe lights etc.) and more!



Updates & Reminders

Donate to Seycove's Terry Fox Run Campaign



Terry believed in a world without cancer

**CLICK
HERE!**

Help us raise funds for cancer
research through the
Terry Fox Foundation

**DONATE TO OUR
SCHOOL CAMPAIGN HERE**

[HTTPS://SCHOOLS.TERRYFOX.CA/78657](https://schools.terryfox.ca/78657)

 SEYCOVE SECONDARY FUNDRAISER

 THE TERRY FOX
FOUNDATION

Seycove will
Run for Terry on
Thursday, Sept 26



Seycove Club Fair



**SEYCOVE
CLUB FAIR**

GET INVOLVED!

Wednesday, September 25
@lunch in the Cafeteria

GET INVOLVED!

Seycove Students are encouraged to learn more about all the ways to get involved at Seycove. Remind your student(s) to come to the fair at lunch **next Wednesday** to learn more about these clubs and more!

MENTAL WELLNESS | SEWING
MATHLETES | SEYSA (GREEN CLUB)
TABLE TOP GAMES | GSA
GW | STUDENT COUNCIL

....and more!



Post Secondary & Careers



Do you own a local business or work for one that would be willing to host a Work Experience Student?

The Seycove Work Experience course is looking for local, unpaid opportunities for our students.

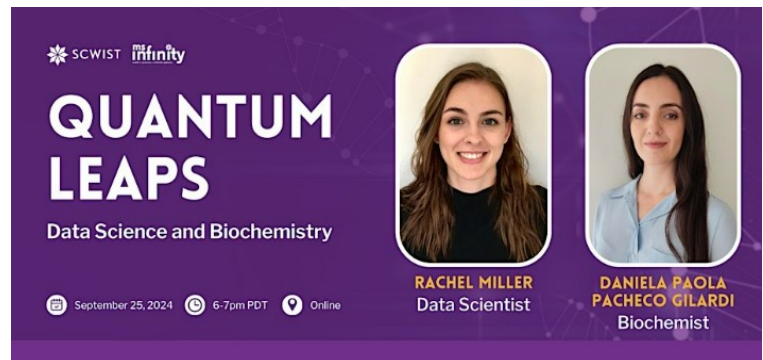
Students in the Work Experience course are looking to get hands on experience in their desired career. We have students looking for opportunities in **accounting, real estate, law, dentistry, healthcare, trades, engineering, fine arts, media and more**. Our students are insured through WorkSafe BC when they volunteer through the WEX program. Businesses who partner with the WEX program enjoy hosting the students and sharing their passion while giving back to the community.

Please reach out to [Jan Knapp](#) in the Work Experience office to learn more on how your business can help a student. Learn more about the [program here](#).

Women in Data Science & Biochemistry

SCWIST Quantum Leaps is a virtual career conference uniquely designed for girls from grades 8-12 interested in or curious to explore careers in science, technology, engineering, and math (STEM). This conference gives girls a glimpse into what women in STEM fields do in their careers.

Suitable for high school girls, this event will focus on women professionals working in careers related to Medical and Cell Research. Participants will get the opportunity to chat with women professionals and ask questions about their careers. You can learn more about this free event and register [online here](#).



Careers in the Marine Industries

Port Day - Maritime Career Zone!

Saturday, Sept 21, 12pm-5pm, Canada Place Ballroom A, Vancouver

Calling all Grade 11 & 12 students interested in an exciting career in the maritime industry. Find out more about the exciting careers on land or at sea.

[More information HERE](#)



Presented by



PORT of vancouver | Vancouver Fraser Port Authority



Career Pathways 44

North Vancouver School District

The North Vancouver School District maintains a dedicated website—Career Pathways 44—for students to get information about upcoming career and educational opportunities. Visit the site regularly for updated events.

Talk to [Mrs. Knapp](#) in the Work Experience office for more details on any of the opportunities listed. Visit the site [HERE](#).



Celebrations of Learning

AP Psychology 12 Ethics Exercise



AP Psychology 12 students take part in a "would you eat a grasshopper" experiment to learn about Ethical Guidelines in Psychological research

Junior Choir

Seycove's Junior Choir rises to the occasion as they work towards pitch-perfection in choir practice this week.





Seycove Snapshots



Morning announcements
are read each day
at the start of Block 2.

Big thanks to
Dylan and Brooke
for sharing the school news
each morning and keeping
everyone updated about
school events, sports
and opportunities.



New and Improved Rainbow Crosswalk



Hana, Evangeline, Dylan, Neko, Keira, Sydney & Kennedy test out the new crosswalk.



Seycove received a fresh coat of paint this summer and it extended beyond the school's exterior to include a brand new and improved rainbow crosswalk. Staff and students were excited to see the update as the rainbow crosswalk is an important symbol to many Seycove students.

"The crosswalk acknowledges the large queer community at Seycove," says GSA Club student leader Hana, "we're here and we're proud!"

Students interested in checking out the GSA club are invited to come to Portable 27 at lunch on Thursdays.



Youth Engagement Worker and GSA sponsor, Yvette, celebrating the updated rainbow.



GRAD 2025



Graduation Info is updated and posted on [Seycove's website](#)

"Unlock Your Future" – Scholarship Information Night - Grade 10-12s + parent/guardians

Tuesday, September 24th, 2024 – 7:00pm

Location: Online

\$5 Fee – paid through [SchoolCash Online](#)

[Unlock your Future: The Key to Scholarships - Home](#)



North Shore American College Fair

Tuesday, October 8th, 2024 – 6:00pm

Location: Collingwood School - Morven Campus



Grade 12 Parent and Student Information Night

Wednesday, October 16th, 2024 – 6:00pm

Location: Seycove Cafeteria

BC Post-secondary Night

Monday, October 28th, 2024 – 7:00pm

Location: Windsor Secondary School



POST-SECONDARY BC

Artona Graduation Portraits - Individual Photo Sessions

Sunday, December 15th & Monday December 16th, 2024

Book your studio session here: [HERE](#)



Information on Post-Secondary Planning

More detailed information can be found here: [Post Secondary Information Page](#). Students and families are encouraged to check this page to ensure you are aware of the Grad program requirements and other post secondary information.

Class of 2025 Graduation Ceremony

Thursday, May 29th, 2025

Location: Centennial Theatre, North Vancouver

More details to follow...



Graduation 2025 Dinner and Dance Banquet

Tuesday, June 24th, 2025

Location: Pinnacle Hotel at the Pier, North Vancouver

More details to follow...





Seycove Seyhawks



Field Hockey

Fall sports are underway and Seycove's reigning Provincial Champion Field Hockey Team started the season with a "W".

Eloise and Nova each scored during regular time but the game headed to a shootout where rookie goalie, Diya, saved the day and three shots giving Seycove the win.

Congratulations to the team on such a strong start to the season!

(photos: A Davey)



Rowing Academy @deep cove

Mornings like this make the call time for rowing practice a little easier on academy students, teachers and coaches.

(photo:
Ryan Earl)

