



SEYCOVE SECONDARY  
at sáyəmətən

# SCHOOL NEWSLETTER

November 28, 2025

Dear Seycove Families,

I love having the opportunity to take a moment to celebrate some exciting achievements in our Seycove community. Our swim team's Ryan Burnett represented us proudly at the BC High School Swimming Championships last week, swimming backstroke for Seycove. As well, our Senior Boys Volleyball team has been in Prince George this week to compete at the Provincial Championships. We are cheering them on and wishing them all the best of luck in this incredible journey they're on!

As you know, this week also included our first school-based Professional Development Day of the school year. Staff spent the morning leaning into our own learning with our core values of Community, Creativity, Respect, and Inclusion at the centre of the planning. It was a meaningful opportunity to reflect on our practice and continue strengthening the culture we want for our school – and we always appreciate our families' support to engage in these meaningful days.

With the weather starting to shift, this is a good time to remind families to stay connected to district and school communication for any weather-related updates or potential school closures. Snow may be in the forecast (I'm already seeing the white trees forming on our lovely mountain tops), so please check the district website and watch for emails as severe weather rears its head. We also ask students to take extra care when walking outside: using crosswalks, watching for cars, and wearing visible colours can make a real difference in these darker mornings and evenings.

December is always a vibrant time at Seycove as we approach our first longer break of the school year. We have concerts, grad events, student-run craft markets, and school-wide activities to look forward to, including our annual Santa's Breakfast on December 19<sup>th</sup>, as organized by our wonderful student council.

A reminder that the first Learning Update of the school year will be published on the Parent Portal on December 9. This update shares an official first snapshot of student progress so far this year. Please make sure you can log into your MyEd Parent Portal account so that you can download a copy of the Update. If you have any questions about your child's learning, please reach out directly to their teachers.

Thank you for your ongoing support and partnership. I continue to be so proud to be part of this community.

Warmly,

Meghan Downie  
Principal  
Seycove Secondary at sáyəmətən

## SEYCOVE CALENDAR

Dec 2	Grad Boat Cruise
Dec 4	Winter Band Concerts 6pm Jazz Bands 7pm Concert Bands Mt. Seymour United Church
Dec 5	Curriculum Implementation Day No School for Students
Dec 9	Learning Updates Published
Dec 15	Winter Choir Concert
Dec 16	PAC Meeting - 7pm Library
Dec 19	Breakfast with Santa 7:30am-9am. Early Dismissal 1pm



CREATIVE RESPECTFUL  
& INCLUSIVE Community



# Updates & Reminders

## Welcome to Seycove Cooper!



*Cooper is an eight-year-old mini golden doodle who came from a breeder who specializes in breeding dogs for companionship and therapy assistance.*

*He is a sensitive little guy who loves being around people. He likes cuddling and toys and is very food motivated! He likes to sleep in, dig into the cushions or in the garden, and will sometimes lick the tears away from your chin if needed.*

We are excited to welcome Cooper as the newest Seycove Seyhawk. Please remember, that, when Cooper is at Seycove, he's working. It is important to take all guidance from his human, Ruby, in terms of petting or approaching Cooper. And if you'd like to visit Cooper, please coordinate with Ruby directly!

## Dates and Events of Significance - December

**Below are SOME dates our school community may recognize, observe, or celebrate for the month of December:**

- |              |   |
|--------------|---|
| December 1   | - World AIDS Day  |
| December 2   | - International Day for the Abolition of Slavery                                  |
|              | - Giving Tuesday  |
| December 3   | - United Nations' International Day of Persons with Disabilities                  |
| December 4   | - National Hugging Day :)   |
| December 6   | - National Day of Remembrance and Action Against Violence Against Women in Canada |
| December 10  | - Human Rights Day  |
| Dec 15-22    | - Hanukkah  |
| December 18  | - UN Arabic Language Day  |
| December 24  | - Christmas Eve   |
| December 25  | - Christmas Day   |
| December 26  | - Boxing Day  |
| Dec 26-Jan 1 | - Kwanzaa   |
| December 31  | - New Year's Eve  |





# Updates & Reminders

## Seycove Toy Drive - Grade Challenge!

SEYCOVE STUDENT COUNCIL

# TOY DRIVE

Bring **NEW**, Unwrapped toys  
for kids on the North Shore.

We are collecting new toys

**November 25-December 5**

The grade with the most donations will  
get a special treat (and bragging rights!)

**PLUS:** Students who donate will get a free  
ticket to **Breakfast with Santa**  
on December 19th.



Help bring cheer to our  
community!

We are partnering with the  
DNV Firefighters Charity  
to collect new toys.

Donations will be  
distributed by  
North Shore Family Services.



## Breakfast With Santa! Tickets on Sale Soon

Friday, December 19 | 7:30am-9am | Cafeteria

# BREAKFAST WITH Santa

Join us for a  
morning of  
fun, food and  
entertainment!

# \$4

Tickets  
On Sale  
Soon!



Ticket includes: 2 pancakes, 2 sausages, orange, candycane,  
hot chocolate & entry to door prizes!

It's Back!  
Our annual  
**Breakfast with Santa**  
will take place on  
Friday, December  
19th. It's an early start  
to the day and there  
will be an adjusted  
schedule with student  
dismissal by 1:00pm.  
We hope all students  
can join us for break-  
fast together along  
with some fun games  
and tons of prizes.  
Tickets will be on sale  
at school and  
through School Cash  
Online next week.





# Updates & Reminders

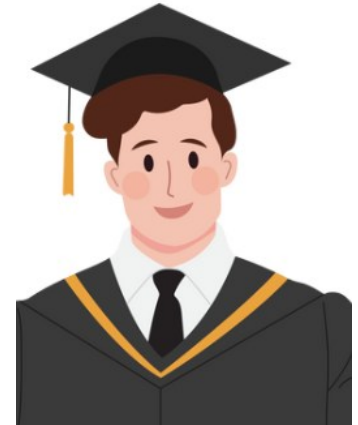
## Grad Photo Sessions- Book Now!

**Seycove Secondary Grads, it's almost time for your Graduation Photo Sessions!**

Appointments will be available **December 11th and December 12th** for Seycove grads at the Artona Studio.

**Book online here:** [www.artona.com/bookings](http://www.artona.com/bookings)

These photos will be the ones in the yearbook - so don't forget to book!!!!



## Winter Floral Fundraiser - Plant Pick Up

Thank you to everyone who supported our grad fundraising campaign.

If you purchased plants from the fundraiser, you can pick up your items on Tuesday, December 9th from 2pm-4pm in the cafeteria.

Question? [Email Andrea Yeo](mailto:Andrea.Yeo@seycove.ca)



## Digital Media Academy Expo & Career Fair

**Join us for the Digital Media Youth Expo 2025!**

Hosted by the North Vancouver School District's **Digital Media Academy (DMA)**, this free event is perfect for students, parents, and community members interested in all things digital media.

Meet representatives from Lower Mainland post-secondary programs, industry experts, and studios in **film, VFX, animation, sound design, photography, web and game design, VR**, and more.

New this year: an **Industry Expert Panel** discussing how technology is shaping learning and the digital media world, with time for Q&A. DMA students will also be on-site to showcase their projects and share their experiences.

More details at: [digitalmediayouthexpo.ca](http://digitalmediayouthexpo.ca)

## Digital Media Academy EXPO and Career Fair

**Technologies for the Future:**

Panel Discussions  
Booths  
Presentations

December 6th, 2025  
10:00 am - 2:00 pm



Argyle Secondary School, 1131 Frederik Road, North Vancouver, BC



[www.digitalmediayouthexpo.ca](http://www.digitalmediayouthexpo.ca)



# Updates & Reminders

## Seycove Girls Basketball - Krispy Kreme Fundraiser - NEW DATES

Support Seycove Girls Basketball Program!  
We are fundraising by selling  
Krispy Kreme doughnuts for \$18 per dozen.  
Order by December 3rd for pick up on December 11th.

[ORDER DOUGHNUTS HERE](#)

Please note the name of the player you are supporting  
or enter 'Myself' if you just want doughnuts!

Thank you for your support!



## ERASE - Expect Respect and Safe Education

The ERASE initiative works to build safe, inclusive, and respectful school communities across British Columbia.

It provides resources and tools for students, families, and school staff on topics like bullying, mental-health, online safety, diversity, and substance use. A key feature is the anonymous **"Report It"** tool, enabling students to alert schools about concerns such as bullying or threats without having to identify themselves. ERASE encourages students to speak up and feel supported, and parents to stay connected and involved.

If you ever have concerns or notice something that doesn't feel right at school — for your child or their friends — ERASE offers a safe way to raise the issue and get help.

[erase.gov.bc.ca](https://erase.gov.bc.ca)



## Parent Workshop - Keeping Kids Safe Online- December 3



Foundry North Shore & North Vancouver  
School District

Welcome Keynote Speaker  
Tatyana Davies, Program Facilitator,  
PLEA | Children of the Street Program  
As she guides us through  
'Keeping Kids Safe Online'

Part 1: Overview – discusses and defines  
different forms of online sexual exploitation,  
Part 2: App Literacy – a review of today's  
most popular apps used by children and  
youth.  
Part 3: Practical Conversations – how to talk  
children and youth about online safety

Wednesday December 3, 2025

7:00pm - 8:30 pm

Sutherland Secondary Theatre

[REGISTER HERE](#)





# Celebrations of Learning

## Senior Drama: *A Trilogy of Terror*

Our Senior Drama students impressed and unsettled their English 12 audience with *A Trilogy of Terror*, a chilling performance inspired by three classic works of literature. The show featured a haunting reimagining of Shakespeare's *Macbeth*, a suspense-filled adaptation of Edgar Allan Poe's *The Tell-Tale Heart*, and a gripping interpretation of W.W. Jakobs' *The Monkey's Paw*.

Photos from the performance capture the intensity, creativity, and commitment our students brought to the stage. Bravo to the cast and crew for delivering an unforgettable theatrical experience!

- Ms. Shoop







# Celebrations of Learning

## Senior Artist Spotlight - Fien Lauteslager

This week, Grade 11 International Student Fien Lauteslager was nominated by her peers in Block 2 Senior Art as our “Artist of the Week” for her assemblage sculpture *Fantasy*.

Made from found objects, assemblage is an art form that brings together everyday materials—items often overlooked or discarded—and reimagines them into a unified, expressive artwork.

Fien drew inspiration from her love of reading and the many fantastical worlds it opens up, a theme that also carries through into her self-portrait. It's hard not to miss the visual connection between the dash-like brushwork in her painting style and the expressive strokes of Vincent van Gogh—particularly evident in the reference image she selected of *Cypress Tree* and echoed again in her own self-portrait.

Fien is also known as a friendly and supportive peer in the classroom. Her creativity and her ability to weave her passion for reading into her artwork beautifully express key aspects of her identity.

- Ms. Shoop





# Post Secondary & Careers

## Junior Achievement BC - Build Your Own Start Up

Join us for an exciting journey where you'll gain the tools and resources to launch your own start-up, alongside others with like-minded ambitions.

You'll collaborate in teams in a dynamic, hands-on environment, learning the essentials of launching a business while building teamwork, decision-making, and critical thinking skills. Along the way, you'll have the chance to earn real profit! Plus, you could qualify for awards and scholarships that celebrate achievement.

### Who Can Participate?

Students from Grades 9 to 12  
free of charge

### Program Dates

January 14 – April 29, 2026  
Wednesdays | 4:30-6:30 PM PT

### Location

Capilano Suspension Bridge | Park Boardroom  
3735 Capilano Rd, North Vancouver, BC V7R

### Mentorship Opportunities

Students get the opportunity to work with and be mentored by local business leaders, entrepreneurs and staff from Capilano Suspension Bridge



JA  
British  
Columbia

Member of  
JA Canada

**CAPILANO**  
SUSPENSION BRIDGE PARK

[Learn More HERE](#)

## Upcoming Career and Post Secondary Opportunities

### Explore CapU - Open House

Saturday, November 29 | 10:30am-2:30pm | [Register HERE](#)

Discover dozens of programs, learn about admissions, financial aid and more as you explore our beautiful North Vancouver campus

[FULL AGENDA](#)

Free Parking for Explore CapU participants this day.

### Explore UVic - Full Day UVic Experience

Saturday, November 29 | All Day | [Register HERE](#)

See what the UVic experience is like through lectures, student panels, tours, information fairs and more. High school students and families are welcome!

- take a campus tour with a current UVic student
- participate in a student-experience panel and meet current UVic students
- attend lectures—get a real university classroom experience
- learn about academic programs and student support services



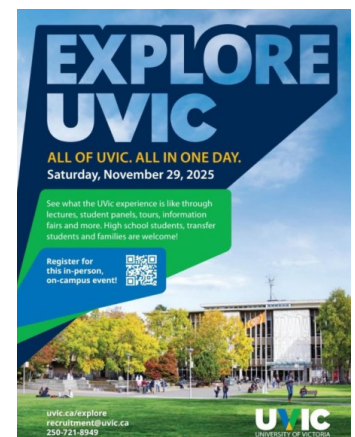
Join us at an

**Explore CapU  
Open House**



**CAPILANO  
UNIVERSITY**

Squamish: Nov. 8  
North Van: Nov. 29







# GRAD 2026

## Grad Photo Sessions- Book Now!

**Seycove Secondary Grads, it's almost time for your Graduation Photo Sessions!**

Appointments will be available **December 11th and December 12th** for Seycove grads at the Artona Studio.

**Book online here:** [www.artona.com/bookings](http://www.artona.com/bookings)

These photos will be the ones in the yearbook - so don't forget to book!!!!



## Grad Families: Yearbook Baby Photos & Grad Quotes

**Calling All Grad 2026 Parents!** It's time to dig out those adorable baby photos!

Every year at Seycove's Graduation Ceremony, each grad's baby photo is shown as they walk the stage, it's a special tradition and required for all grads.

**Send your photo to:** [gradbabyphotos2026@sd44O365.onmicrosoft.com](mailto:gradbabyphotos2026@sd44O365.onmicrosoft.com)

Include your child's full legal name in the subject line (e.g., *Peter Parker*). Please send a high-resolution image (approx. 900x1200 px).

### Want to add a Yearbook Dedication?

Include "DEDICATION INCLUDED" in the subject line and add your 100-word message in the email. Example: *Peter Parker DEDICATION INCLUDED*

There is a \$21 fee (paid on [SchoolCashOnline](http://SchoolCashOnline)) to cover extra yearbook pages.

**Deadline: December 16, 2025 at midnight.**

☒ Make sure your Personal Informed Consent Form is complete on [SchoolCashOnline](http://SchoolCashOnline)



**Questions? Email us at** [grad-babyphotos2026@sd44O365.onmicrosoft.com](mailto:grad-babyphotos2026@sd44O365.onmicrosoft.com)

## Almost Time to Set Sail! Grad Boat Cruise

**Date:** Tuesday, December 2, 2025

**Time:** 5:30pm grads must arrive for boarding (Depart at 6pm, Return at 9pm)

**Location:** 450 Denman Street, Bayshore West Marina (vessel: *Pride of Vancouver*)

As this is a school sanctioned event, the boat cruise will be chaperoned by school staff and all school policies, Code of Conduct, and school procedures will be in place. Security, provided by Spirit Cruises, will be screening students upon boarding the vessel to ensure that they do not possess nor are they under the influence of drugs or alcohol. If students are under the influence of drugs or alcohol, they will be required to be immediately picked up by a parent or guardian, will face school-based consequences as per our [Code of Conduct](#), and will risk the opportunity to participate in other grad events this year.





# Student Spotlight - Kiki V



Grade 11 student Kiki continues to make waves in the world of Brazilian Jiu-Jitsu, earning an impressive 3rd place finish in the Middleweight (-175.5 lbs Male) division at the Prime BJJ Series 12 Tournament this past weekend. Competing against nine skilled athletes, this was only his *third* competition, but he's already proving himself as a disciplined and driven martial artist.

Kiki's journey began early. He started martial arts at age 10 and moved into Brazilian Jiu-Jitsu three years ago. What he loves most is blending techniques from different disciplines:

*"I like taking knowledge from all the different styles and incorporating them. I don't like to stick with just one."*

He trains six to seven days a week at Universal MMA and Pacific Top Team, and he credits martial arts with helping him stay focused, healthy, and grounded:

*"I'm less reckless. I eat better. I use my time wiser. I even stopped drinking soda. I have more energy than most of my friends."*

Kiki also gives back by teaching younger students at his gym, something he says helps him grow as both an athlete and a mentor.

Even with his podium finish, Kiki's biggest takeaway from the tournament was recognizing what he can improve next time.

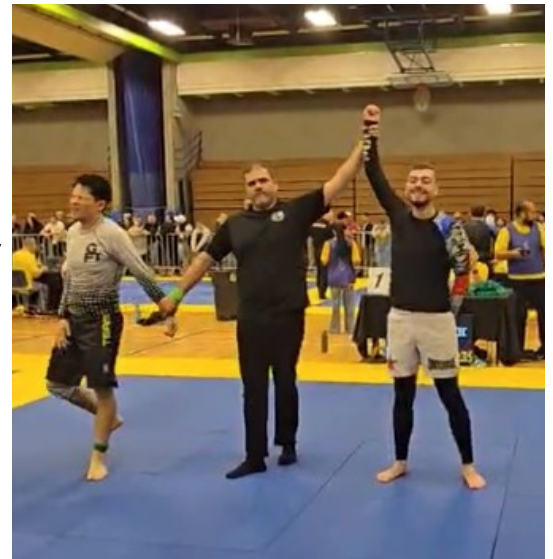
*"There's always more to*

*learn,"* he said. His goal for each competition is simple: win first place or at least add one new detail to his techniques.

*"I like to know I'm learning and improving every time I compete."*

And he won't have to wait long for his next chance, his next tournament is in just 9 days.

**Way to go, Kiki! Seycove is cheering you on as you continue to push your limits and chase your goals.**







# Seycove Snapshots

Seycove's Grad Council sold hot chocolate this week helping to raise funds for grad related activities and scholarships. Stay tuned for our next Warm-Up Wednesday!



Student Council grade rep, Kennedy, helped collect toys for our Toy Drive

Right: Our recent Pro-D Day offered staff a meaningful chance to pause, reconnect, and draw inspiration from the land, echoing the themes of *Land as Pedagogy* by Leanne Betasamosake Simpson. The morning began with a grounding welcome and continued with a restorative sound bath, followed by nature- and creativity-based activities that encouraged reflection, presence, and connection with colleagues. Thank you to our Pro-D staff organizers and to AV Moreau for planning such a meaningful day of learning together.







# Seycove Snapshots

## Caring for the Land: Green Club Leads the Way

Despite the rain, our Green Club warriors showed up and showed out at Myrtle Park last week pulling invasive weeds and helping protect Deep Cove's natural spaces. With leadership from Seycove parent Nathalie Boltz, students rolled up their sleeves to tackle plants like English ivy, Himalayan blackberry, and other invasive species that threaten local ecosystems by crowding out native plants.

Their commitment to the land shone through with every root they pulled. Their efforts aren't just about trashing weeds — it's about restoring balance, protecting local flora and fauna, and showing respect for the environment we call home.



Huge thanks to the Green Club for their hard work and dedication. Because of you, Myrtle Park is cleaner, healthier, and more welcoming for everyone.

Green Club meets Fridays at lunch in room 310.

*"Ivy is a non native invasive plant that strangles the vegetation around it. It grows really fast and can grow from even just one leaf being left behind. Today we had so much fun learning and hope to do it again soon!"*







# Seycove Seyhawks



## Senior Boys Volleyball - Prince George Provincials Update

Winning smiles after their win on Wednesday!



Our Senior Boys Volleyball team is soaking up every moment at the 2A Provincial Championships in Prince George! After a full first day of opening ceremonies and three hard-fought matches, the team finished pool play with one win and two close losses - an impressive showing against some of the top teams in the province.

Between games, the boys are embracing true northern winter weather...and even found time to keep the volleyball energy going with a rumoured *pool volleyball match* back at the hotel. Safe to say, team spirit is high and they're loving every minute of the experience.

Games streamed live on the [BC School Sports YouTube channel](#).

Go Seyhawks!



# In Our Community

## Shipyards Christmas Market

**November 28-December 4 | Sun-Thurs 11am-9pm, Fri & Sat 11am-10pm | Shipyards North Van**

A free Christmas market with European flair. Come check out the beautiful light displays, snap some photos, meet Santa, indulge in some delicious comfort food, sip on mulled wine, skate on the ice rink, gaze at the City's Christmas tree, and enjoy live music, roaming performers, and festive choirs. It's going to be a great time for all!

## Winter Lights

**Friday, December 5 | 5:00–7:30 PM | Parkgate Community Centre**



Parkgate Society's annual Winter Lights event is just around the corner. Hundreds of people visit the community centre during Winter Lights to enjoy live entertainment, warm meals, storytime, visits with Santa, craft and pottery sales, and the chance to connect with their community.

## Deep Cove Bonfire

**Saturday, December 6 | 7pm-9pm | Panorama Park**

Join us for another unforgettable holiday kickoff at Panorama Park for the annual Bonfire! Enjoy food trucks, hot chocolate, cider, crafts, activities, live music, and of course, the gorgeous, huge bonfire to officially start the holiday season. Bring your cozy jackets and festive energy for a fun-filled evening with the community!

## Santa's Christmas Ships

**Fridays & Saturdays | 7pm-9pm\* | Various Locations**

As of November 2025, it is hoped that boats will be visible on the following evenings. \*Unless stated otherwise, cruises typically take place between 7:00 pm and 9:00 pm. All dates are subject to change due to weather conditions.

**Saturday, Nov 29:** Rocky Point Park in Port Moody for [Holiday Cheer at the Pier](#).

Santa appears in the park for photos starting around 5:00 pm. The Ships are expected at approximately 6pm.

**Friday, Dec 5:** Christmas Ships cruise by [Cates Park](#), Dollarton and Belcarra Bay.

**Saturday, Dec 6:** This event is open to the public for the Christmas Ships Party, featuring a bonfire and live music at Panorama Park in [Deep Cove](#).

**Friday, Dec 12:** Ships cruise by Woodlands and Brighton Beach (water-access communities only).

**Saturday, Dec 13:** The Christmas fleet cruises by the water access communities of Belcarra and Dollarton.

**Friday, Dec 19:** The route is TBA. Visit [Santa's Christmas Ships](#) Facebook page for the latest updates.

**Saturday, Dec 20:** The final cruises passing Bedwell Bay and Farrer Cove, water access only.