



SEYCOVE SECONDARY  
at sáyəmətən

# SCHOOL NEWSLETTER

February 6, 2026

Dear Seycové Community,

We are already into planning for the 2026-2027 school year. With all things course programming, we want to remind everyone that this is a significant, and thoughtful, decision-making time for students and families. I strongly encourage families to take time at home to review options carefully, discuss goals and interests, and complete course request entry in MyEd BC before March 4. Our timetables are built directly from student course requests, and once course requests are verified, we cannot make or guarantee changes for students for the next school year.

In the hallways, we want to continue celebrating the positive culture we see every day at Seycové through Seyhawk Sightings. This initiative is our way of recognizing and celebrating students and staff who model our school values and get "caught in the act" doing so. Thank you to everyone for helping us notice, name, and uplift the good happening across our community. We had our first special draw of a 'Seyhawk in Flight' this week!

Beyond the classrooms, there is truly so much good happening around Seycové. Our students are representing the school with pride through athletics, including basketball, skiing, and gymnastics, while others are sharing their talents through music, with visits to our elementary feeder schools and upcoming concerts for families and friends. These experiences build connection, confidence, and community, and we are so proud of the way our students continue to show up for one another and for Seycové. A reminder as well that next Friday, February 13 is a District Pro-D Day, and there will be no classes scheduled for students.

As we approach spring, we are also excited to partner once again with the Seycové PAC and the Seycové FOS auction organizers for the annual Seycové FOS Auction on March 7. This is a fantastic community event and an important fundraiser for our school. We hope to see many families there.

Thank you in advance to the many parents and community members who contribute their time, energy, creativity, donations, and organization to make this event such a success. Your generosity makes a real difference for our students and staff.

Finally, as we look ahead to the Family Day long weekend, I want to wish everyone time to rest, relax, and be with, or talk to, loved ones. With so much happening in the world, my heart is with so many - and so often, now, feels heavy - and I just hope this extra day offers space for care and connection for those in our community.

Thank you, as always, for your partnership and support.

Warmly,

Meghan Downie  
Principal  
Seycové Secondary at sáyəmətən

## SEYCOVE CALENDAR

Feb 13	District Wide Professional Day No School for Students
Feb 16	Family Day Stat Holiday School Closed
Feb 17	PAC Meeting - 7pm Library
Feb 25	Staff Collab - Adjusted Schedule Late Start for Students: 09:50
Feb 25	Pink Shirt Day
Feb 26	Feb Blues Concert - 7pm Seycové Cafeteria
Feb 27	Review & Completion Students Attend by Invite Only
Feb 28	PLP Destination Imagination



CREATIVE RESPECTFUL  
& INCLUSIVE Community



# Updates & Reminders

## 2026 Student Learning Survey

The Student Learning Survey (SLS) is for students in grade 4, 7, 10, 11, and 12, their parents, and staff. The SLS is the only source of province-wide information on student experiences in the school environment. Data obtained from the survey provides valuable insights and informs policies, programs, and decisions made at the district level and within our school. The data will help inform school planning and our work supporting students' sense of belonging at Seycove.

Seycove staff will be supporting students with survey completion in the coming weeks, but, in addition, **we kindly ask and encourage parents of grade 10, 11, and 12 students to complete the survey (linked below) before the window closes. The SLS is open NOW until May 1st.**



### Parent Survey (Student Learning Survey):

- Parents may access the survey by the Direct Access from this website:
- [www.bced.gov.bc.ca/sat\\_survey/access.htm](http://www.bced.gov.bc.ca/sat_survey/access.htm)
- A parent may complete a survey for each child in the targeted grades.
- The parent survey is available in English, French and 16 other languages.
- Parents can complete surveys on their own time.

## Last Call: Seycove Yearbooks

A yearbook is more than just a book - it's a snapshot of your year, capturing the moments, memories, friendships, and milestones that make Seycove your school. Our yearbook team is putting in countless hours to create something meaningful that students will flip through and enjoy years from now.

We have a limited quantity remaining, and no extra copies will be ordered in June. This is your last chance to secure your copy and avoid disappointment.

**Order your copy today at [SCHOOLCASH ONLINE](#). Deadline is February 15**



## Waterloo Math Contests - Sign Up before February 8

Last chance to sign up for the 2026 University of Waterloo Math Contests. The tests will be held in the library during tutorial time on Wednesday Feb 25, starting at 8:30am for grades 9,10 and 11. The grade 12 Euclid contest will be held Tuesday Mar 31. Students must register in advance if they wish to write the contest.

There is a \$7.00 contest fee for any student wishing to participate in the Pascal (Grade 9), Cayley (Grade 10) or Fermat (Grade 11), and a \$20 fee for the Euclid (Grade 12) contest. Students must register using [School Cash Online](#) prior to the **entry deadline of Sunday Feb 8, 2026**. No late registration will be accepted.





# Updates & Reminders

## Dates and Events of Significance - February

Below are some dates our school community may recognize, observe, or celebrate for the month of February.

- Black History Month
- National Inclusive Education Month
- 11: International Day of Women and Girls in Science
- 14: Valentine's Day
- 15: National Flag of Canada Day
- 16: Family Day
- 17: Lunar New Year
- 25: Pink Shirt Day

2026		FEBRUARY					
SUN	MON	TUE	WED	THU	FRI	SAT	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	

## NVANPAC Healthy Futures Webinar

**Monday, February 9 | 7pm-8pm | Webinar - [REGISTER](#)**

Join Tine Parker, District Administrator, Healthy Futures and Lisa Hubbard, Executive Director, North Shore Neighbourhood House, as they discuss healthy food choices and options for families.

### What you will learn:

- How to pack a healthy snack or lunch
- How community partners support with food access
- What celebration foods to serve at your fundraising events



## Yearbook Cover Design Contest!

The Seycove Yearbook is hosting a cover design contest!

Create an original cover design inspired by the theme  
- **Beneath the Surface.**

Your design should: incorporate the theme; include ocean-inspired imagery; be timeless and school-appropriate and; be 100% original (no copyrighted imagery).

Your design should include the following text:  
*Beneath the Surface; 2025-2026; Seycove Secondary School or Seycove at sáyamətən*

**Submissions due: February 9th**





# Updates & Reminders

## Photo Fundraiser - Student Valentine Portraits

**Valentine's Day Portraits** are coming up!

Spread the love *and* support our school! Join us for **Valentine's Day Portraits** happening **February 9 & 10** during **Vortex** and lunch.

**Who:** All students welcome — friends, couples, besties, solo icons

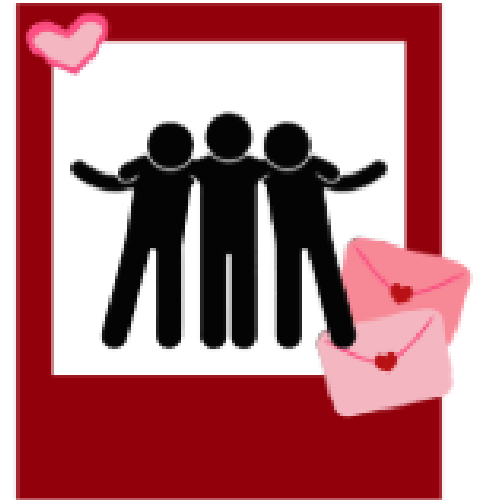
**Cost:** \$2 per printed photo

**Why:** All proceeds go toward **new school photo equipment**

**Where:** Vortex at lunch, February 9 & 10

**Pick-Up:** Printed photos will be ready **February 12**, just in time for Valentine's Day!

Strike a pose, grab a keepsake, and help us upgrade our photo gear — it's a win-win!



## Feb Blues Jazz Night - February 26



Get ready for a night of smooth grooves, bold rhythms, and incredible live music as

**Seycove & Carson Jazz**  
*present*  
**FEB BLUES!**

Featuring talented **vocal and instrumental ensembles** from Seycove Secondary and Carson Graham, this concert promises an evening full of energy, soul, and standout performances.

**Thursday,**  
**February 26, 2026**

**7:00 PM**

**Seycove Cafeteria**

Whether you're a jazz fan or just looking for a great night out, come support our amazing student musicians and experience the blues, Seycove-style.

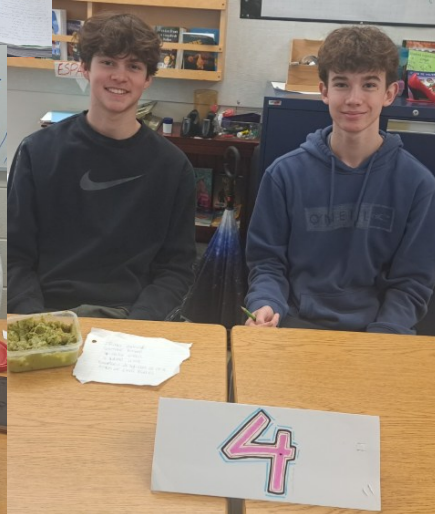
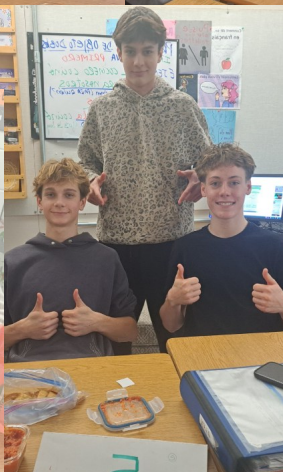
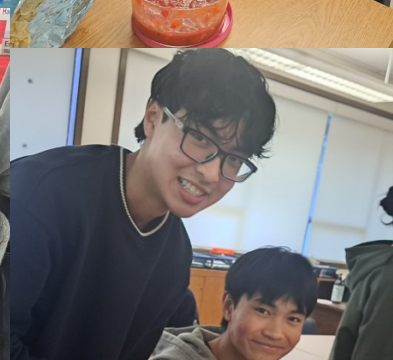




# Celebrations of Learning

## Mexican Salsa Cultural Project

As part of our cultural exploration of Mexico, Intro Spanish students created their own homemade salsas using traditional ingredients and recipes. They brought their creations to class, where everyone participated in a tasting activity, comparing flavours, and spice levels. This hands-on project allowed students to experience Mexican culture through food while practicing descriptive language in Spanish and sharing their culinary creativity.







# Celebrations of Learning

## Senior Artist Spotlight - Jupiter

Jupiter Noonan was overwhelmingly voted *Artist of the Week* by her peers! She is making excellent progress on her acrylic painting challenge- using only three symbolic colours and white, showing that strong work comes from intentional choices, understanding symbolism through colour. Her piece includes meaningful pattern, repetition, value contrast, and personal symbols, all connected to ideas of the layers of identity. Jupiter is blending colours beautifully, applying paint with control, and layering symbolism with care. This work adds to an already strong portfolio she has been building so far this year in assemblage, self-portrait, mask sculpture, and sketchbook work. Amazing focus and growth, Jupiter!

- Ms. Shoop







# Celebrations of Learning

## Words that Work - Spoken Language 12 In Action

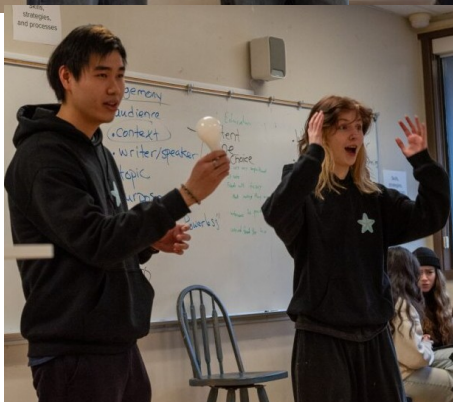
Spoken Language 12 is a course where students focus on not one, but two essential communication skills: writing and public speaking. They explore language use in both written and oral communication, with emphasis on confidence building through the effective organization and presentation of ideas, using writing processes and delivery strategies to improve clarity, effectiveness, and impact. This is a course for students to explore and experience the power of language and is perfect for students excited by the creative, pragmatic, and persuasive use of words.

This January, students were challenged to use their growing mastery of the art of rhetoric to sell a useless object- infomercial style! In groups of 2 or 3 they selected (or invented) their object, drafted their presentation, refined their wording, practiced their use of voice and body language, and engaged their classmates with energetic, fun presentations. Some may have even been convinced that they do, in fact, need a bottle of flavoured air!

- Ms. Madsen



Photos: Yearbook Cam







# Celebrations of Learning

## Hallway Highlights - Student Art on Display

Take a moment to enjoy the artwork currently brightening our hallways! On display by the office is a collection of **Acrylic Paintings from Period 7 Art 9/10**, created as part of their **Pop Art unit**. It's always fun to see what our art classes are working on, and this display highlights the creativity, colour, and growing skill of our talented high school artists.

Also featured is a striking **pastel and charcoal drawing of a Pacific Rim robot** by **Oliver P (Art 9/10)**, created in preparation for his upcoming pastel unit project. The level of detail and imagination on display is impressive.



Be sure to stop and take a look—our students continue to amaze us with their talent and artistic expression!







# Celebrations of Learning

## PLP 8 - Learning Portfolios LIVE!

PLP 8 learners have recently reached an exciting milestone as they officially joined the PLP online community through the creation and launch of their Learning Portfolios. These personal websites provide a space where learners document their experiences, reflect on their growth, and set goals for the future. Inspired by work with the *Big Life Journal* and recent classroom projects, each PLP 8 learner uses their portfolio to share insights into who they are and the aspirations they are beginning to shape.

Built using the industry-standard WordPress platform, these portfolios will continue to evolve alongside learners throughout their high school journey, creating a living record of their progress, achievements, and reflections over time. Through this process, learners also develop technical and coding skills related to online publishing while learning to communicate safely, ethically, and responsibly in a public digital space.

We warmly invite families, staff, and community members to visit the PLP Learning Portfolios, explore our learners' experiences, and leave encouraging and thoughtful comments. Authentic audience feedback helps young people see that their efforts matter beyond the



### LIGHT OF LIFE!

I am learning about bioluminescence and how different animals use light to communicate and survive, which helps me better understand how light works overall. This is important because light plays a big role not only in nature but also in our everyday lives. For this project I made a vampire squid. Moving forward, my goal is to continue working hard on all my assignments and to always try my best.

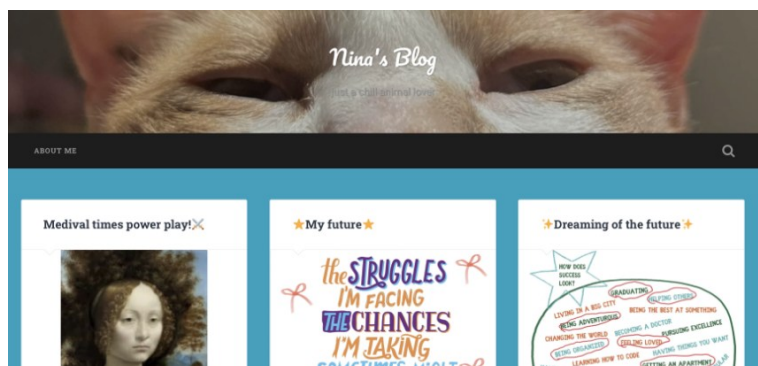


classroom and strengthens their sense of purpose and pride in their growth.

[Visit the portfolios here!](#)

## James's Questionable Blog...

*Don't ask questions, I probably won't know either*





# Shelf Life

## 'Banned Books: F-READ-OM' A Featured Collection from Seycove Library

With a huge thanks to the talents of our Library Assistant, Jenny Haslbeck, Seycove Library is proud to feature a collection of books which have been banned or challenged somewhere in the world. These books are often removed because their ideas make people uncomfortable, question authority, or explore topics some consider controversial. Book bans still happen today. This display invites you to think about who decides which stories are allowed, and why access to ideas matters.

As always, please consider donating your gently used books to the library. The freedom to read—even books we may not all agree with—helps us learn, question, and think for ourselves.

### From the Shelf Picks: The F-READ-OM to Read

#### ***Daisy Jones & The Six* – Taylor Jenkins Reid**

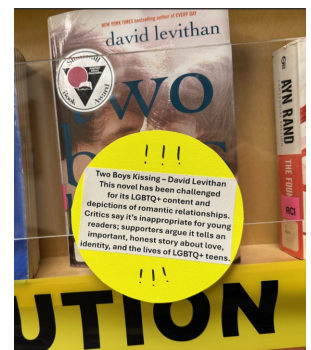
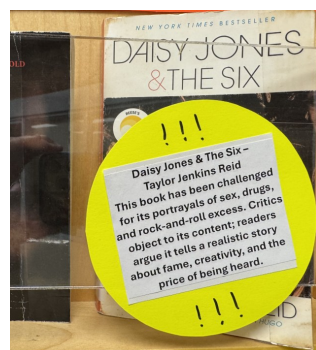
This book has been challenged for its portrayals of sex, drugs, and rock-and-roll excess. Critics object to its content; readers argue it tells a realistic story about fame, creativity, and the price of being heard.

#### ***The Golden Compass* – Philip Pullman**

This book has been challenged for its themes of religion, witchcraft, and criticism of organized faith. Critics say it's inappropriate for young readers; supporters argue it's a powerful story about curiosity, courage, and questioning the world around us.

#### ***Two Boys Kissing* – David Levithan**

This novel has been challenged for its LGBTQ+ content and depictions of romantic relationships. Critics say it's inappropriate for young readers; supporters argue it tells an important, honest story about love, identity, and the lives of LGBTQ+ teens.







# Post Secondary & Careers

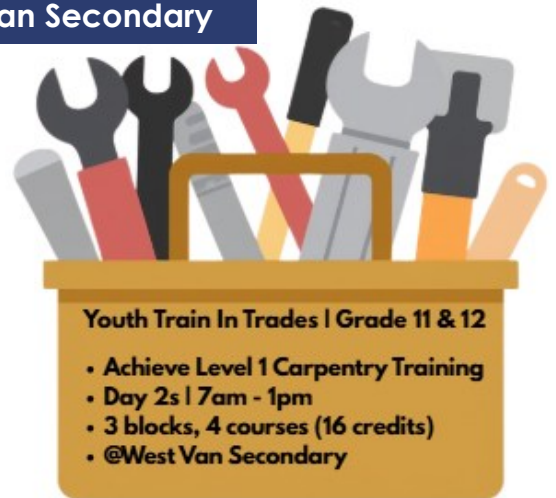
## 2026-2027 Carpentry: Youth Train In Trades Program @West Van Secondary

Offered by West Vancouver Schools, this hands on program is perfect for students passionate about learning practical skills in carpentry and construction. Whether you're exploring a future career or simply gaining a skill that lasts a lifetime, this program delivers. Learn from a Red Seal-certified instructor, earn 16 high school credits, achieve Level 1 Carpentry Training certification, and master essentials like blueprint reading and advanced tool use.

Applications are OPEN until March 13, 2026.

[Learn more HERE](#). [APPLY HERE](#)

Questions? E-mail [pkashani@wvschools.ca](mailto:pkashani@wvschools.ca)



## Explore CapU Night

Thursday, February 26 | 5pm - 7:30pm | North Vancouver Campus | [REGISTER](#)

This event is a great chance to connect with current CapU students and faculty members and learn more about CapU, program updates, and program offerings.

Don't miss this amazing opportunity to expand your knowledge and make valuable connections. See you there!

## Explore CapU Info Night

Feb. 26, 2026 | North Vancouver



## Exploring Careers in the Arts Evening- March 9

Monday, March 9 | 6pm-7:30pm | Gordon Smith Gallery

- **Explore** diverse visual, music, dance and theatre career opportunities through a "gallery walkabout" event.
- **Engage** with local businesses and cultural icons like the Polygon, Vancouver Opera, Urban Ink and Emily Carr University of Art and Design
- **Speak** with post secondary exhibitors including La Salle, Cap U, SFU, and Vancouver Film School



## Vancouver Film School - High School Spring Break Camps

March 16-24 | 9am-4pm Daily | VFS Vancouver | [REGISTER](#)

Creative Break features 2-day workshops led by experienced industry professionals in Film Production, Acting, Animation, Makeup Design, Sound Design, Digital Design, and Foundation Visual Art & Design. You'll build your portfolio, get a taste of Vancouver Film School's industry-leading creative programs, and discover how one short year of training at VFS launches your career in the creative industries.







# GRAD 2026

## Grad Gown Orders - Due Now

Another reminder:

Grads please submit your gown orders using the **form in your Grade 12 Team** \*  
\*Only students can access the form.

Don't make us guess your height!

Orders are due February 13th.



## Grad Dress Up Week



Sincerest Form of Flattery?  
Annual Macphail Day!

Photos: Yearbook Maggie & Caelum







# Seycove Snapshots

(Below) Over the past few months **Seycove Engineering Club** has been working on their first project: an RC plane. Their first test flight is on its way so stay tuned! Seycove's finest engineers and physicists have also been preparing to compete in the UBC Physics Olympics at the end February. Go Seyhawks! Club meetings are in the wood/metal shop Wednesdays at lunch. If you're passionate about engineering or curious to learn, come by and check it out!



(Above) Students have been awarded tickets for getting 'caught in the act' of living our Seycove Values. Lots of students modelling creativity, respectfulness and inclusivity.



Seycove Band and Choirs took their show on the road! They shared their talents with their little sibling schools Dorothy Lynas, Sherwood Park and Cove Cliff this week.







# Seycove Seyhawks



## Seycove Rowing Team - Beat the Beast

[Congratulations](#) to all participants in the annual Beat the Beast Indoor Rowing Competition!

The NVSD Rowing Academy program is incredibly proud of the way everyone represented themselves at this event. It was amazing to see athletes cheering one another on and offering support both before and after the race.

We'd also like to give a special shout-out to some of our **top finishers**:

- **Belle R, Paxtyn W and Florence O** - 2<sup>nd</sup> place finishes in their respective races
- **Sophia H and Emma M** - 3<sup>rd</sup> place finishes in their respective races
- **Emma T** - 5<sup>th</sup> place



## Alpine Zone Race - Seyhawks Qualify for Provincials!

Last Wednesday, our Seycove **Ski & Snowboard Alpine Team** headed up to Whistler and delivered an outstanding performance at the zone race. Competing against strong teams from across the zone, our athletes showed skill, determination, and true Seycove pride. Highlights from the day include:

- **Girls Snowboard – 3rd Place**
- **Boys Snowboard – 1st Place**
- **Girls Ski – 3rd Place**
- **Boys Ski – 4th Place**

With the **top four qualifying for Provincials**, these results are a huge accomplishment for our team. Congratulations to all the racers and coaches on a fantastic day on the mountain—we're proud of you!



Photo: Yearbook Caelum





# Seycove Seyhawks



## Senior Boys Basketball - Senior's Night Recognition



Photos: Yearbook Maggie





**Saturday, March 7**

**SEYCOVE FAMILY OF SCHOOLS**  
***auction & dance***

The Seycove Parent Advisory Council is pleased to invite you to our  
42nd annual Seycove Community Auction & Dance,  
taking place on Saturday, March 7, 2026

This signature fundraising event brings together parents, caregivers,  
staff, and community members for an evening of  
connection, entertainment, and school spirit.

Guests will enjoy a variety of hot food stations, two full-service bars, a games  
area, and exciting raffle and auction opportunities. Proceeds from the evening  
directly support students across the Seycove Family of Schools  
—Dorothy Lynas, Sherwood Park, Cove Cliff, and Seycove Secondary —  
funding enrichment programs, extracurricular activities,  
and learning resources that benefit all learners.

 Tickets are on sale now:

**TICKETS**

How you can help:

**Volunteer:** We rely on parent and student volunteers to help with setup,  
games, raffle sales, and event support. Volunteering is a wonderful way to give  
back—and students are encouraged to volunteer as well to earn service hours  
and support their school community.

**PARENT  
VOLUNTEERS**

**GRADE 11 & 12  
VOLUNTEERS**

Every ticket purchased, donation made, and volunteer hour given helps  
strengthen opportunities for our students. Thank you for supporting PAC  
initiatives and helping make this event a success.