



SEYCOVE SECONDARY
at sáyəmətən

SCHOOL NEWSLETTER

April 17, 2025

Dear Seycove Families,

We can definitely feel spring in the air – the days are getting longer, and the sun is shining a little more consistently. With that, always comes a noticeable shift in energy around the school. Spring brings a sense of excitement and momentum — and sometimes that energy can feel pretty big in our hallways and on the school grounds! It's a great time to remind everyone to stay focused on learning, to engage in their classes and extra curricular activities, and to finish the year strong.

It's also a season of celebration at Seycove. We've been so proud to witness the amazing accomplishments of our students. Amongst so many amazing things going on at Seycove – and adding to the buzz of excitement, here are a few that come to mind:

- Our PLP students represented Seycove at the Destination Imagination Provincials, showcasing innovation, collaboration, and creative thinking.
- Our gymnastics team brought home provincial championships, showing dedication, strength, and poise.
- The hockey team has had exciting wins that speak to their teamwork and perseverance.
- Our girls' soccer teams continue to impress with some outstanding performances this season.
- Our Senior Music students travelled to Alberta, where they had the opportunity to showcase their incredible talents on a broader stage!

We're also entering an exciting time for our Grade 12 students as they look ahead to graduation. From their upcoming Capstone presentations to the Graduation Ceremony later in May, it's a time to reflect on their journeys and look forward to what's next.

We're also looking forward to community celebrations like the Seycove Auction and the Seycove Music Cabaret, which highlight the creativity, talent, and spirit of our school.

At Seycove, we're proud to be a creative, respectful, and inclusive community — and these spring months give us many opportunities to live into those values, both in the classroom and beyond.

Meghan Downie
Principal

SEYCOVE CALENDAR

Apr 18	Good Friday Stat Holiday - School Closed
Apr 21	Easter Monday Stat Holiday - School Closed
Apr 23	Grade 7 Visit Day
Apr 24	Student Clothing Swap
Apr 28	Federal Election
Apr 30	Staff Collab 09:50 school start
May 3	Seycove Auction
May 5	District Wide Pro D Day



41ST ANNUAL SEYCOVE AUCTION

THE AGE OF
AQUARIUS

SATURDAY, MAY 3, 2025





Updates & Reminders

Bikes and Scooters - Lock Them Up!

RCMP are reminding students and staff to lock up bikes and scooters:

"With the return of warmer weather, we've seen an increase in scooter and bike thefts from school bike racks. These thefts are often crimes of opportunity, and unfortunately, students' bikes and scooters are frequent targets."

Follow these steps to help ensure your property is protected:

- ⇒ **Use a high-quality U-lock or heavy-duty lock (not just cable locks as they have been easily and quickly cut).**
- ⇒ Record the serial number, make and model of your bike or scooter, and keep it somewhere safe in case it needs to be reported stolen (a photo is also helpful).



Seycove Green Club Annual Clothing Swap! (**new dates)

Spring cleaning?

Seycove's Green Club is collecting clean and lightly used clothing donations until April 22nd. Students can **drop off donations to Ms. Kadi's room** (310).

The swap takes place on **April 24th and 25th at lunch** in the Cafeteria. All students are welcome! For \$2 admission, students can take as many used clothes as they'd like. The purpose of the swap is to ensure clothes that would otherwise be discarded, are happily rehomed and reused! Any clothing not picked up by students will be donated by the Green Club.

Proceeds will go towards 2025 Green Club projects! For updates, follow us: [@seycovegreenclub](https://twitter.com/seycovegreenclub)

CLOTHING
SWAP



Student Learning Survey Now Open - Complete before May 2

The 2024/2025 Student Learning Survey is open for Seycove Students in Grade 10, 11 and 12, their Parents/Guardians/Caregivers and to all staff. Access the survey at: [Student Learning Survey - Province of British Columbia](#).

- Students: locate your unique nine digit Personal Education Number (PEN), found on Learning Updates, to log in.

- Parents/Guardians: click on the Parents icon, and then select the school district and school name where your child attends school. A parent may complete a survey for each child in the targeted grades.

If you have any questions, please contact the school at seycove@sd44.ca.





Updates & Reminders

Adult and Student Volunteers Needed for the Auction

Students

Volunteer at the auction and **earn school service hours**. This is a fun way to help your community. There are several jobs including set up, silent auction, coat check and clean up.

[STUDENT SIGN UP HERE](#)

Adults

From set-up to take down, and everywhere in between. Feel free to e-mail info@seycoveauction.com with any questions. Thank you in advance for your support. This event would not be the huge success it is, without the support of our amazing parents!

[ADULT SIGN UP HERE](#)



Grade 10 - Kairos Blanket Exercise - April 25

On Friday, April 25th at 9:30 a.m., all Grade 10 students will take part in the **Blanket Exercise**, a powerful and interactive learning experience that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada. Developed by KAIROS Canada, the Blanket Exercise uses blankets to represent the land and invites participants to step into the roles of First Nations, Inuit, and Métis peoples to better understand the impact of colonization and residential schools. **Grade 10s are reminded to bring a blanket** for the activity. This is a meaningful opportunity to engage with Truth and Reconciliation in a respectful and reflective way.

[Blanket Exercise Workshop - KAIROS Canada](#)



NVSD Chess Tournament



The 2025 SD44 Chess Championship is on Monday, May 5th (Pro-D day) at Sutherland Secondary 9:00am - 3:00pm,

Registration is now open: [Register HERE](#)

If students are interested, they should get in touch with our blossoming Seycove Chess Club members to coordinate!

The tournament is free and all skill levels are welcome.

Questions? Email: chess@sd44.ca



Seycove Values

Seycove Values Diversity and Belonging: Supporting & Celebrating Neurodiversity

At Seycove, we are committed to fostering an inclusive and supportive school community where all students feel valued and celebrated.

April is Autism Acceptance Month — a time (as is every other month!) to celebrate the incredible diversity of minds in our community and to promote acceptance, inclusion, and understanding of people on the autism spectrum. At Seycove, we recognize that neurodiversity is a vital part of our school community and that every student brings unique strengths, perspectives, and potential.



Did you know that the term “**neurodiversity**” was coined in the 1990s to highlight natural variations in how people think, learn, and experience the world? Autism is one part of this beautiful spectrum — and people with autism have made important contributions across all areas of life, from science to the arts.

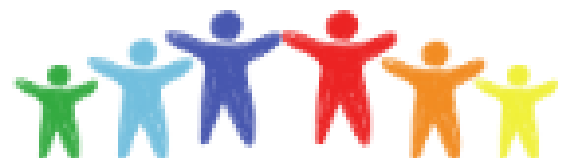
Some notable individuals on the autism spectrum include:

- **Temple Grandin**, a scientist and advocate whose work transformed animal welfare and helped raise awareness about autism.
- **Greta Thunberg**, climate activist, who has spoken proudly about her autism, calling it her “superpower.”
- **Carly Fleischmann**. A Canadian non-verbal autistic woman who became famous for her ability to communicate through a computer. She co-authored the book *Carly's Voice* and became the first non-verbal talk show host with her online series *Speechless with Carly Fleischmann*

Autism is not something to “fix” — it's something to understand and embrace. This month, we continue to encourage our Seycove community to learn more, ask questions, and be open to different ways of thinking and communicating.



Together, let's continue to build a school culture where everyone feels seen, valued, and supported — just as they are.





Post Secondary & Careers

BCIT - Jill of All Trades

Grade 10 Seycove student Avery had the opportunity to roll up her sleeves and dive into the world of skilled trades at BCIT's *Jill of All Trades* event on April 10. She was one of 80 students from across the Lower Mainland selected to take part in this hands-on experience, designed to spark interest in careers traditionally underrepresented by women and gender-diverse individuals.

Throughout the day, Avery explored a range of trades including plumbing, machinery, sheet metal, ironworking, cabinet making, and collision repair. She even got the chance to step into the role of an aircraft maintenance technician and operate heavy machinery and large vessel simulators.

The event provided a unique opportunity to work with specialized equipment and learn directly from industry professionals. With 12 trades represented, *Jill of All Trades* offered Avery and her peers valuable exposure to diverse career paths in a supportive and empowering environment.

"It was amazing to see all the trades—I'm so glad I got to attend!" said Avery. "I especially loved the machinery section, and it was so inspiring to see women working in the trades."

Events like *Jill of All Trades* are helping students like Avery imagine new futures—and break down barriers in the process.



Help Shape the Future - Host a Work Experience Student!

Do you own or work for a business that could mentor and inspire the next generation? Our Work Experience program is looking for local businesses to provide hands-on learning opportunities for students eager to explore careers in law, accounting, physiotherapy, animal sciences, trades, art, media, and more! By hosting a student, you're not just offering valuable experience—you're investing in the future workforce. Our students come fully insured through the Province of BC and complete their WorkSafe BC certification before beginning their placements.

Join us in making a difference! If you're interested in hosting a student or learning more, contact our Work Experience Facilitator, [Janice Knapp](#), today. For additional career development resources, visit our [district careers website, Career Pathways 44](#)



Post Secondary & Careers

North Shore Youth Academy - Police Boot Camp

NV RCMP & WV Police are offering an exciting opportunity for students entering grades 10-12. Students interested in a career in law enforcement wanting to attend the North Shore Youth Academy can sign up here: [YOUTH ACADEMY](#).

New Deadline is April 18th - Sign up today!

YOUTH ACADEMY OVERVIEW:

Participating students will:

- Engage in simulated Police training environment that involves role-playing the realities of policing in a condensed format.
- Receive instruction and lectures on law, social and communication skills, physical training, as well as some police tactics and other topics.
- Simulate the role of a police officer and observed role-playing, sharing their observations.
- Speak in front of groups while being evaluated by the instructional staff and their peers; and
- Be required to work in a team and partake in all the planned activities.

WANTED



CALLING ALL NORTH AND WEST
VANCOUVER STUDENTS IN GRADE
10-12

APPLICATIONS DUE: APRIL 11
EMAIL: 257@WVPD.CA FOR APPLICATION

JOIN THE WVPD AND NVRCMP THIS SUMMER FOR THE NORTH SHORE
POLICE YOUTH ACADEMY
HOSTED BY WVPD: JULY 21-25
HOSTED BY NVRCMP: AUGUST 5-8



Volunteer Opportunity - Mt. Seymour United Thrift Shop

Mt. Seymour United Church's Thrift Shop is currently looking for student volunteers to help keep this community resource running smoothly.

Volunteering here is a great way to:

- ✓ Build real-world **retail and customer service experience**
- ✓ Develop skills in **merchandising, organization, communication, and teamwork**
- ✓ Earn **community service hours**
- ✓ Give back to your community in a meaningful way

If you're looking to grow your resume, connect with others, and have fun while doing it—consider signing up for a weekly shift.

Your help makes a difference! ☐ [SIGN UP HERE](#)



Save the Date! NACAC International Universities Fair - May 3, 2025

Saturday, May 3 | 1:00pm - 4:00pm | Vancouver Trade & Convention Centre | [REGISTER](#)

The National Association for College Admission Counseling (NACAC), founded in 1937, is an organization of more than 28,000 professionals from around the world dedicated to serving students as they make choices about pursuing postsecondary education.





Celebrations of Learning

PLP 11 - Museum & Government Inquiry

PLP 11 learners have been working on a project asking what role do museums and governments play in acknowledging and addressing historical injustices. Last week, they had an exceptional learning experience in Victoria, connecting classroom learning to real-world conversations about the role of institutions and government in the Reconciliation process.

At the Royal BC Museum, learners went behind the scenes to meet staff involved in the complex and ongoing work of presenting accurate and respectful histories of B.C.'s Indigenous communities. Through conversations about the closure and reopening of the Old Town exhibit, learners gained a deeper understanding of the practical—and often complicated—aspects of Reconciliation.



The next day, we explored the Parliament Buildings with MLA Susie Chant as our guide. MLA Chant was a generous host, taking the group beyond public areas and introducing us to several Cabinet members, including the Attorney General and the Ministers of Education, Indigenous Relations and Reconciliation, Housing, and Infrastructure. We visited the Cabinet meeting room inside the Premier's Office, the government caucus meeting room, several ministers' offices, and the headquarters of the Legislative Protective Service. PLP 11 became the first school group ever to enjoy lunch in the Parliamentary Dining Room (rubbing elbows with MLAs, Cabinet ministers, and top bureaucrats!).



A major highlight was a special meeting in the Legislature Library with Speaker of the House, Raj Chouhan, and Clerk of the Legislative Assembly, Kate Ryan-Lloyd. Both took time to learn about the students' project work and engage with their questions.

PLP Field Schools are designed to connect learners with experiences they would not have access to on their own. This trip to Victoria did exactly that. Through expert-led discussions and special access to important institutions, learners were able to deepen their understanding of Reconciliation, the inner workings of government, and see potential academic and career paths in action. - Mr. Hughes





Celebrations of Learning

Destination Imagination

Seycové PLP hosted the Destination Imagination Provincial Tournament on Saturday, April 12th. DI is an awesome chance for the students to practice their creativity, team-working, and leadership skills. Our students did an incredible job, with over 20 teams performing, competing against other teams across the province, and even one international team from Seattle! We are super proud of our students for all of the time, effort, and energy they put into their solutions, and for all of the laughs we shared that day. Great work Seyhawks!





Celebrations of Learning

Good Vibes Café - Senior Coffee House Production - April 3rd



Photos: I Riebe



GRAD 2025



Grads and Families - keep up to date on the latest [grad news HERE](#).



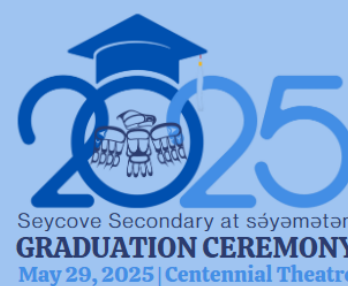
Photo: A Davey

Grade 12 Grad Write-Ups - Class of 2025

Grads: As you cross the stage to receive your diploma on **May 29th**, a short write-up will be read to celebrate your journey. This is **mandatory for all grads**, and if you don't submit one, a generic message will be written for you—so make sure your voice is heard!

Your write-up should be **formal, articulate, and concise (50–60 words)** and written in the **third person**. Think about highlighting your **favorite memories, activities, future plans, a memorable quote, advice for future grads, or special thanks to those who supported you**.

Submit your write-up using the **form linked in Teams** by **April 25th** to ensure your moment is personalized.





Seycove Snapshots



Fun this Week @Seycove

Students had a blast around Seycove this week with a series of Easter-themed events. From a festive dress-up day to a school-wide egg hunt and a creative colouring contest, there was something for everyone. Students scoured the halls in search of 10 hidden eggs, adding excitement to the week. Big thanks to the Student Council for organizing fun games and activities that brought the school community together!





Seycove Snapshots



Learning Conferences



Thank you to our amazing student volunteers for helping get everyone where they needed to be and keep everything on schedule. We loved having parents in the building to learn about what our students have been working on.





Seycove Seyhawks



Senior Girls Soccer - Teamwork, Tenacity, and Talent



Photos: A Davey



Seycove Seyhawks



Seycove Golf on Par To Crush This Season!

The Seycove Golf Team is teeing up for a great season — let the course be with us!

The 2024/25 Seycove Golf Team is off to a great start, securing victories over both Mulgrave and Elphinstone. Co-captains Cohen Weiderick and Griffin Iwasaki have led the way, showcasing strong leadership and impressive skill on the course. Their steady play and positive presence have set the tone for a promising season. Thank you to the Seycove community for your continued support! – Mr. Yip



2024/2025 GOLF TEAM MEMBERS

Natalie B	Griffin I
Jonah L	Seth M
Will M	Kaine P
Liam P	Cohen W





Seycove Seyhawks



Seycove Hockey Playing Ice with the Competition

Follow our Seycove Hockey team - stay up to date of the schedule here: <https://www.trickshotlive.com/nshshl2025>



Photos: A Davey





Seycove Auction:

BUY TICKETS

THE AGE OF
AQUARIUS

AUCTION + DANCE + DINE + SHINE

May 3rd, 2025
7:00PM-Midnight
Seycove Secondary School
Tickets Available April 1st at 10AM

WHAT'S YOUR SIGN?
DRESS TO SHINE!

SEYCOVE FAMILY
OF SCHOOLS