



SEYCOVE

at séyæmætən



We acknowledge and thank the Coast Salish people on whose traditional territory
Seycove Secondary School sáyəmətən resides.

We express our gratitude to the
Skwxwú7mesh Nation and səliłwətał Nation and
we value the opportunity to learn, live and share educational experiences on this
traditional territory

Seycove VALUES



Seycove
at sáyəmətən

We foster a sense of
belonging and
responsibility to
ourselves, each other,
the land, and
the world around us.

We are a
**CREATIVE,
RESPECTFUL &
INCLUSIVE
COMMUNITY**



SEYCOVE VALUES...



- Respecting Our Community & Our Land
- Respecting Yourself & Others
- Being KIND
- Being Honest
- Being Engaged
- Giving Back

Administration



MS. DOWNIE
PRINCIPAL
GRADE 11 & 12



MR. RUBEN
VICE PRINCIPAL
GRADE 8, 9, 10

Grade Counsellors – Student Services

MS. MARGIE ARNOLD
GRADE 9, 11, 12 (A-K)

MS. RUBY WILLEMS
GRADE 8, 10, 12 (L-Z)

MS. RACHEL BURNS
INTERNATIONAL



COURSE CHANGES vs. TIMETABLE ADJUSTMENT

Course Change Window: September 3rd to September 12th

- Students with errors in their timetable, missing courses, or requests for a CHANGE, must pick up a course change form from Office, complete and return it signed
 - Students must REMAIN in scheduled class UNTIL change is confirmed (attendance)
 - Counsellors will be in touch when they have reviewed completed form
 - Requests are not guaranteed



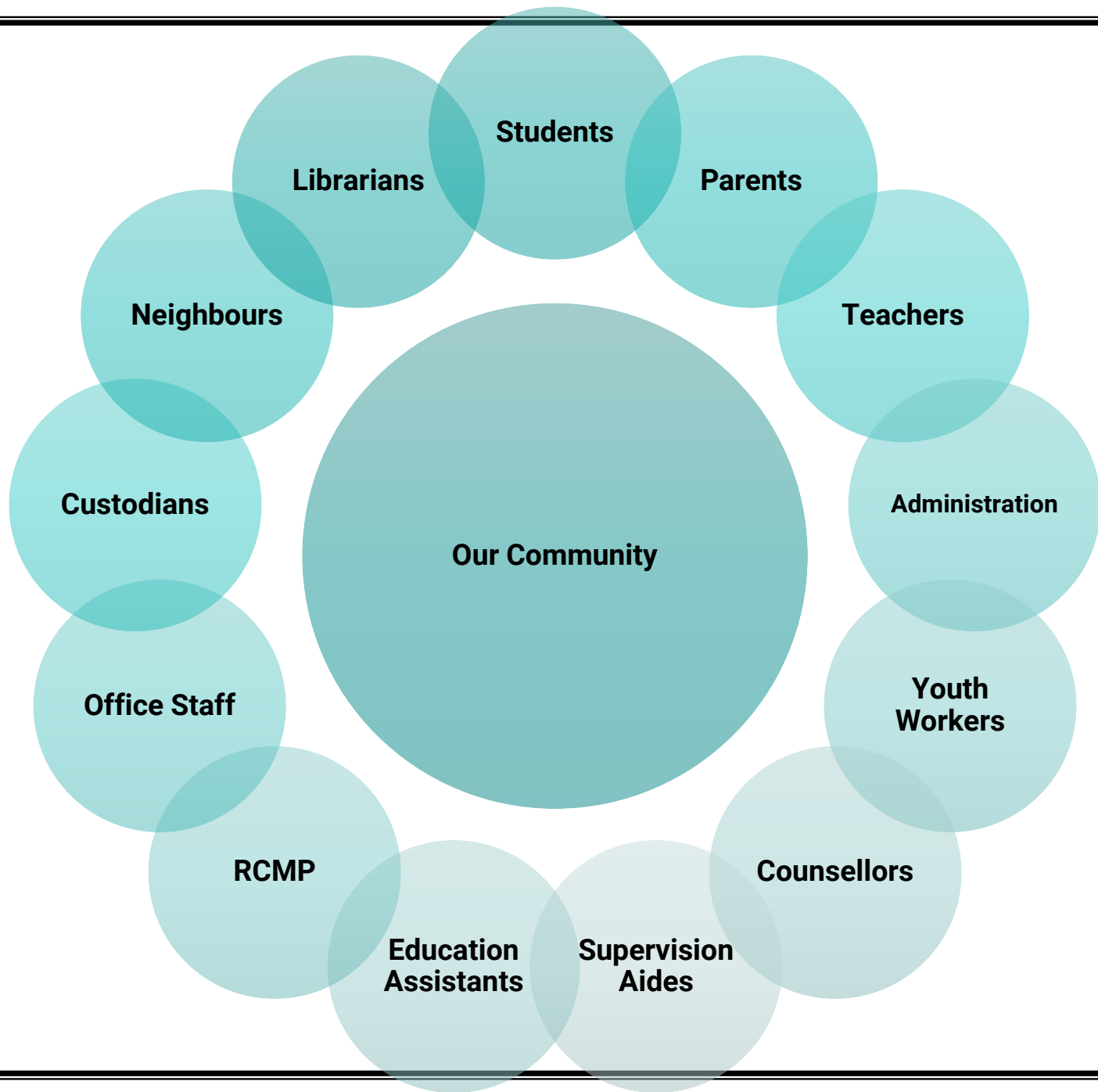
APPLICATION FOR TIMETABLE ADJUSTMENT 2025-2026

Seycove Secondary requires students to take the following MINIMUM number of face-to-face courses:

Grade	Courses
8	8
9	8
10	8
11	7 + CLC 12 (2 credits)
12	6 + CLC 12 (4 credits)

Course 'DROP' (Request for Adjusted Timetable) Window: Sept. 29th – October 10th

- Students cannot drop courses unless it's within the window.
- Sr. Students MAY apply for a Timetable Adjustment.
- Must TRY course before a drop is considered.
- Students MUST remain in course until any adjustment to courseload is approved by parents, counsellor, and admin.



RCMP Youth Support Team



Our current team status is:

Cpl Paulo Arreaga

Cst Paul Reece

Cst Paul Towne

Cst Daniel An (hopefully back soon)

Cst Racha Hunt (hopefully back soon)

Seycove Student Council 2025-2026

Club Fair!

School Wide Kahoot

Raffles

Dress Up Days

Halloween Walk Off

Candygrams

Ugly Sweater Contest

Music Week

Bottle Drive

Christmas Toy Drive

Fundraising & Donations

Suggestion Box

Remembrance Day set up





Our School Culture as Seyhaws

**How we act, how we
treat each other ,
ourselves, and the place
we are IS the school
culture!**

Culture of CARE

Student Conduct



NVSD Code of Conduct



NVSD Code of Conduct

North Vancouver School District's Code of Conduct has been established to maintain a safe, caring, accessible, and healthy learning environment.

It is the shared responsibility of students, staff, parents/guardians, and the broader community, to demonstrate positive conduct while attending any school or district related activity, at any location.

All members of the school community are expected to:

- Support learning and attendance.
- Demonstrate safety.
- Respect property, environment, personal space, and privacy.
- Model courtesy, compassion, and respect.
- Value diversity.
- Treat self and all other members of the school and broader community respectfully.

All members of the school community must refrain from engaging in any in-person or digital communication or participating in behaviour that is considered to be:

- Interfering with the learning and working of others.
- Bullying, harassing, intimidating, retaliating, discriminating or violent.
- Unsafe or illegal; including the possession, use, or distribution of illegal or restricted substances or the possession of weapons or replicas.

All members of the school community are expected to:

- Comply with the purpose and spirit of the BC Human Rights Code, including not engaging in discriminatory conduct based on Indigenous identity, race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation, gender identity or expression, or age of that person or that group or class of persons.
- Wear clothing that does not promote or symbolize illegal substances or activities, hate or discrimination, profanity, pornography; or that incites violence, harassment, or threatens safety.
- Leave personal digital devices at home, in their bag/backpack, and/or in their locker during instructional time. Allowances may be made by the staff for instructional purposes, digital literacy, appropriate use based on age and developmental stage, accommodations within a student's Individualized Education Plan, accessibility, medical and health needs, and/or equitable support for learning outcomes.

Every effort will be made to support individuals and to determine the root causes of behaviour. If the safety or educational program of others is compromised, or if there is an ongoing failure to meet the expectations of the Code of Conduct, a range of consequences will follow. Whenever possible, incidents will be resolved by discussion, community service, restorative processes, referral to counselling and/or support services, mediation, and restitution, but may involve loss of privileges, detention, suspension from school, and/or collaboration with community partners. Confidentiality will be maintained; however, school officials may have a responsibility to advise other parties of serious breaches of the Code of Conduct (e.g. school district officials, law enforcement, and/or other agencies, etc.).

PERSONAL DIGITAL DEVICES

CELL PHONES AND PERSONAL DIGITAL DEVICES



AT SEYCOVE



DEVICES CAN BE USED:

- Before and after school
- During breaks and lunch
- In class WITH teacher permission

DEVICES CANNOT BE USED:

- 8:00AM-3:00PM in Learning Zones
(including Gym and Library)
- In classrooms without teacher permission



YOUR DEVICES MUST BE KEPT IN YOUR LOCKER.



Not your
pocket or
backpack!



- 1 FIRST REMINDER:**
Teacher will ask you to
put device in locker.
- 2 SECOND REMINDER:**
Device kept in Main
Office till end of day.
- 3 THIRD REMINDER:**
Conversation with
parents and VP.

PERSONAL DIGITAL DEVICES

YEAR TWO

- During Instructional time, devices are left at home or in your locker
- Students only use devices with explicit teacher permission during class
- For safety in certain classes, electronic devices may not be permitted at all
- Phones out will be kept in office
- Most importantly, the WHY...



PERSONAL DIGITAL DEVICE POLICY

Mental Health Matters

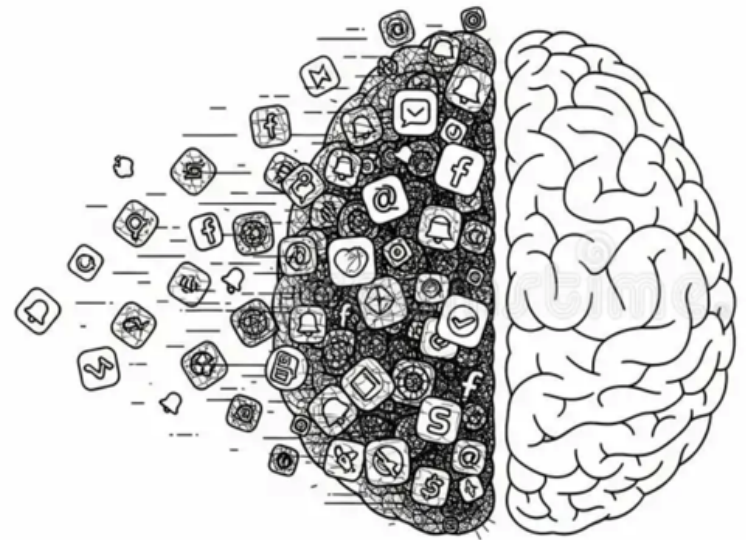


- Phones can raise stress & anxiety (alerts, social comparison)
- More screen time = less sleep and more mood swings
- Many people feel calmer when they can unplug

PERSONAL DIGITAL DEVICE POLICY

Focus and Learning

- Students spend an average of 5.5 hours daily on their phones- this adds up to 25 years over a lifetime.
- 68% feel phone use negatively affects their studies; nearly half struggle with sleep.
- Students distracted by phones score 13–20% lower on exams compared to peers in phone-free settings.
- Being present boosts memory, understanding, and grades.



PERSONAL DIGITAL DEVICE POLICY

Privacy and Learning



NO FILMING OR RECORDING
WITHOUT CONSENT



DEVICE RULES PROTECT PRIVACY
OF CLASSMATES & STAFF



SAFE SPACES MEAN NO SURPRISE
PHOTOS/VIDEOS

PERSONAL DIGITAL DEVICE POLICY

Tips for Success



Engagement

- Keep personal devices AWAY (in locker or at home) and OFF during class time
- Come to class *Ready to Learn*
- Focus on *Instruction without Distraction*
- Follow the directions of staff

Healthy Habits

- *Be Present as a Learner*
- Connect with your community (not your device)
- Support your mental health by taking a digital break
- Keep yourself safe online

PERSONAL DIGITAL DEVICE POLICY

Reflection Time!

- What might you gain by (proactively) putting your phone in your locker – without being asked?
- Challenge: Try for keeping your phone in the kitchen (or another room) over night for a week and notice the changes.



ATTENDANCE EXPECTATIONS

- ✓ Attend **all** classes
- ✓ Be **on time and prepared** for all classes
 - Have your supplies ready!
- ✓ 9:10am CLASSES START
- ✓ 8:30am – 9:10am Tutorial Time

- ✓ Get in touch with your teacher if you need to miss a class (Teams)
- ✓ Get yourself caught up on the learning you missed.
You are **responsible** for missed work.



LEARNING EXPECTATIONS

- Stay organized & have appropriate supplies for learning in each class.
- Complete all work on time.
- Take initiative & seek support when you need it.
- **Attend Daily Tutorial**
- Check Class Teams and the School Website.

SCHOOL & COMMUNITY EXPECTATIONS

- Respect yourself, staff, students & our community.
- Help keep a safe & clean school and community.
- Follow the School and District Code of Conduct.
- Use **respectful language** free of profanity, hatred and discrimination.
- **Comply promptly** with all Seycove staff members reasonable requests.
- Know there is **NO tolerance for fighting**, possession of **weapons**, or any other **violent behaviour, harassment or intimidation** compromise safety.
- Live into our Seycove VALUES. And add to the Culture of Care.

We Are Environmental Stewards...**PLEASE CLEAN UP ALL WASTE**

Food Waste & Organics

General Waste

Mixed Recycling



EMERGENCY PROCEDURES



- Assembly area is along the outside of the Field
- Ask teachers about your plan & follow their instructions
- Fire & Earthquake Drills & Lockdown drills will occur throughout the year
- Report **all** injuries to the office

EMERGENCY PROCEDURES



- Study Block in your Schedule?
- Check in the with LIBRARY Team on the field in case of emergency or evacuation
- Mr. Hughes (period 1-7) or Ms. Willemse (period 4)

SUBSTANCES & SUBSTANCE USE

- **Usage, possession, or your presence** with or near controlled substances is strictly forbidden - including all Seycove sponsored events or activities (games, events, field trips, etc.)
- Students found in violation may be suspended
- Criminal code violations will involve the R.C.M.P.
- Vaping and Vape products are included! Keep them away from school.



TRANSPORTATION



- **Walk**
- **Bike**
 - Bring a lock & use the bike racks
- **Do not Skateboard**
 - Skateboarding is not permitted on school property.
- **Pick-up / Drop-off**
 - Cafeteria (***not in front round about***)
 - Note the signs
- **Drivers - Drive responsibly!**
 - Pay attention to the speed limit

Pedestrian Safety

- **Walk on the inside edge** of the sidewalk so you are further away from traffic.
- If there is no sidewalk, **walk facing traffic** so you can see oncoming vehicles.
- Cross only at intersections or marked crosswalks. **Never jay walk.**
- **Dress to be seen** especially at night and on dark/overcast days.
- Make sure you can hear and see oncoming cars. **Remove your headphones** and your hood when crossing the street.
- **Make eye contact with drivers.** Keep your head up and look where you're walking. Never assume that drivers see you.
- Always **look for signs that a vehicle is about to move** (rear lights, exhaust smoke, sound of motor, wheels turning).



Pedestrian Safety

WALK THIS WAY

Pedestrian Safety Tips



Unplug

Don't be a distracted walker.



Make eye contact

Don't walk until traffic stops.



Be bright

Wear reflective clothing at night.



Never Jaywalk

Use crosswalks and intersections.



Stay Alert

All the way across the intersection.



Watch for turning

Vehicles of all kinds.

Visitors, Guests, Volunteers

- All parent/guardian visitors must make appointments prior to entering the school.
- All guests and visitors must report to the School Office to sign in.
- **Students from other schools are not permitted to be at Seycove during the school day. Seycove – and do not visit other schools.**
 - **Meet outside of school time, off of school property!**



KEEP YOUR THINGS SAFE



If you leave valuables at school...

- Keep items on your person or in your locker
- Keep your combination private
 - **ALWAYS use a lock for PHE/Athletics**
 - Do not leave your bag unattended
 - The school is not responsible for lost/stolen property

Ministry Graduation Assessments

November 3, 4, & 5, 2025	January 13, 14, & 15, 2026	April 21, 22, & 23, 2026
Literacy 12	Literacy 10	Numeracy 10
ALL Grade 12s	ALL Grade 10s Any Grade 12s who need to write Literacy 12: April 15	ALL Grade 10s Any students who are missing assessments: April 23



***WHAT ARE YOU CURIOUS
ABOUT?***



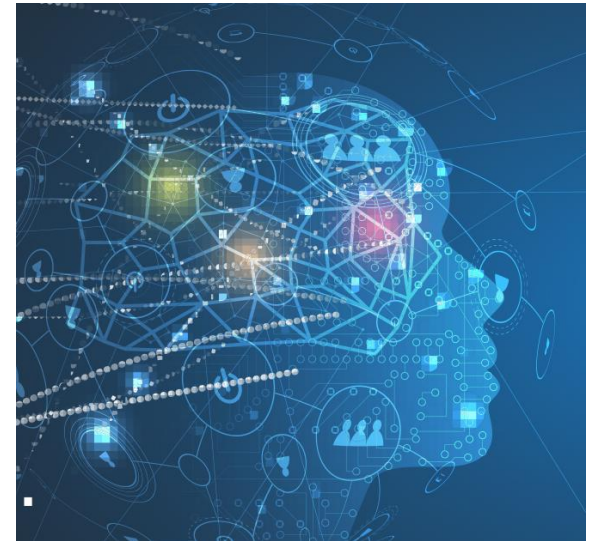
***HOW CAN YOU SERVE THE
SEYCOVE COMMUNITY?***



***WHAT SKILLS DO YOU
WANT TO DEVELOP?***



***WHERE DO YOU WANT TO
GO AFTER HIGH SCHOOL?***



GOOD STRESS, BAD STRESS: HERE'S HOW TO FIND YOUR SWEET SPOT.

Too little stress keeps you from reaching your potential.
Too much stress can harm your health.

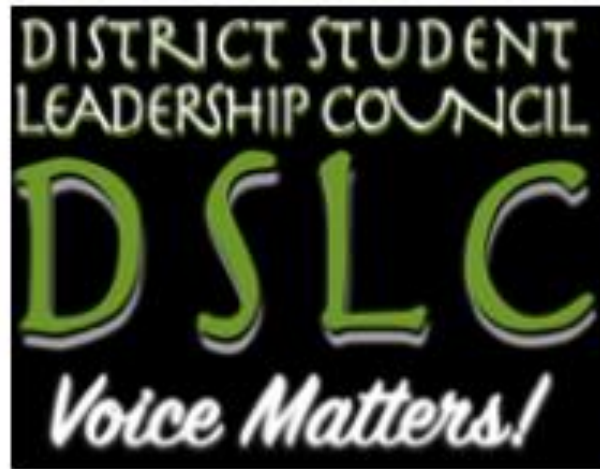


Successful students are:

- Active & engaged in school
- Hard Workers
- Curious
- Kind to themselves and others
- *GET INVOLVED* – Student Council, Clubs, athletics, volunteering, service



Post secondary schools & employers look for community involvement



- 2 Reps per Secondary School
- District Student Leadership Council
- Opportunity for Student Voice

Athletics - Fall Sports

- Mr. Cardle & Mr. Edel –Athletic Directors
 - Contact through MS Teams
- Pay close attention to announcements for start-up meeting times for sports





School Photos

Monday
September 8th



**We are
all
Seyhawks**