



SEYCOVE

at séyæmætən



We acknowledge and thank the Coast Salish people
whose traditional territory
Seycove Secondary School resides on.

We express our gratitude to the
Tsleil Waututh and Squamish Nations and
we value the opportunity to learn, live and share
educational experiences on this traditional territory.



Who's Who

Grade 12
Information

School
Expectations

The Year
Ahead

Seycove VALUES



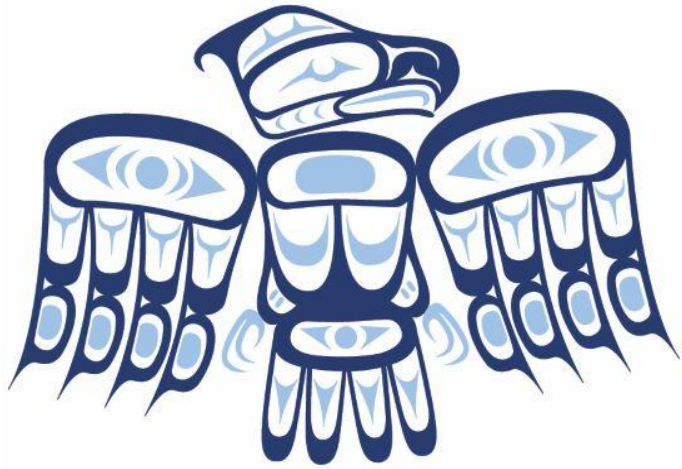
Seycove
at sáyəmətən

We foster a sense of
belonging and
responsibility to
ourselves, each other,
the land, and
the world around us.

We are a
**CREATIVE,
RESPECTFUL &
INCLUSIVE
COMMUNITY**



SEYCOVE VALUES...



- Respecting Our Community & Our Land
- Respecting Yourself & Others
- Being KIND
- Being Honest
- Being Engaged
- Giving Back

Administration



MS. DOWNIE
PRINCIPAL
GRADE 11 & 12



MR. RUBEN
VICE PRINCIPAL
GRADE 8, 9, 10

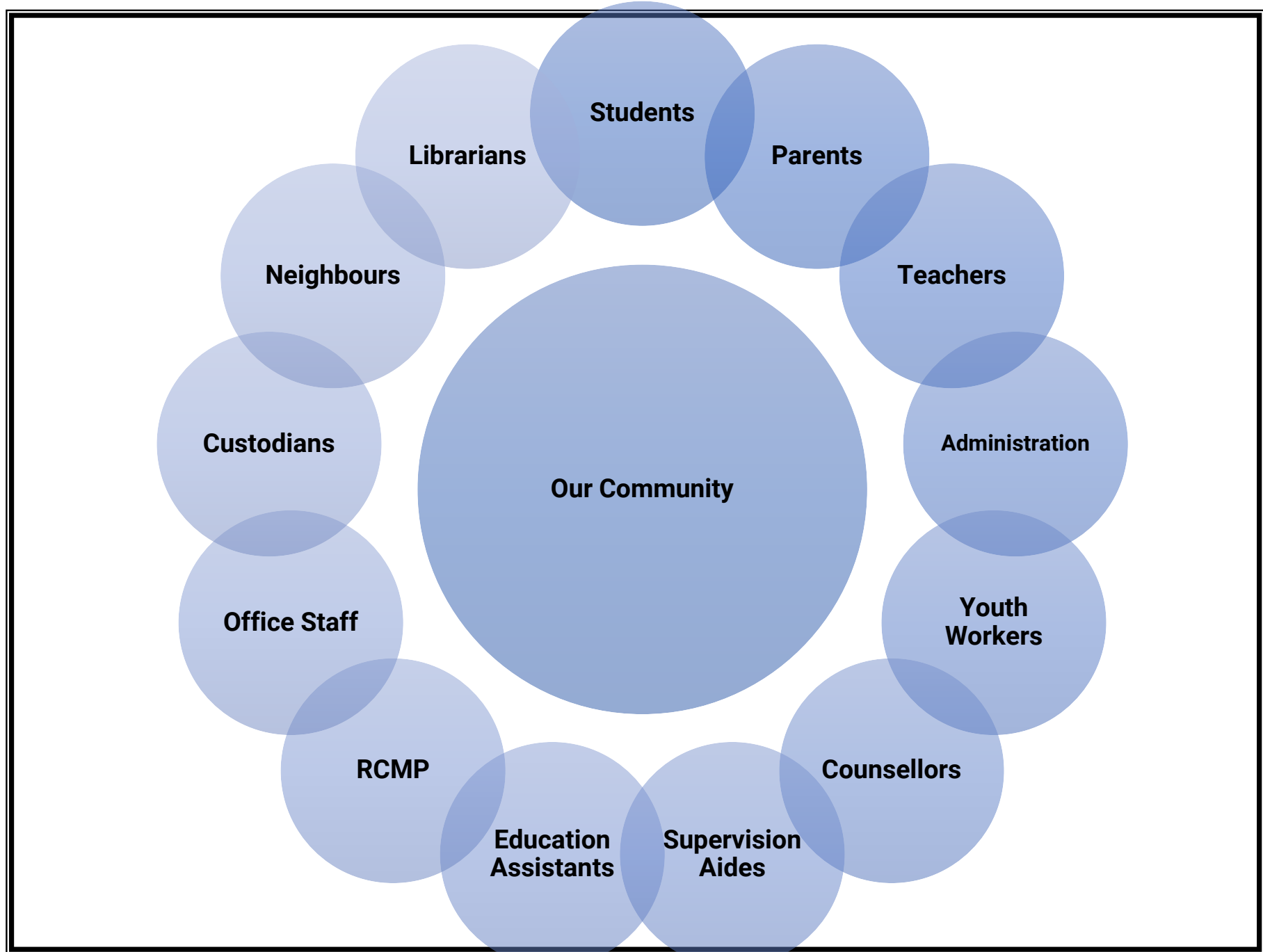
Grade Counsellors – Student Services

MS. MARGIE ARNOLD
GRADE 9, 11, 12 (A-K)

MS. RUBY WILLEMS
GRADE 8, 10, 12 (L-Z)

MS. RACHEL BURNS
INTERNATIONAL





RCMP Youth Support Team



Our current team status is:

Cpl Paulo Arreaga

Cst Paul Reece

Cst Paul Towne

Cst Daniel An (hopefully back soon)

Cst Racha Hunt (hopefully back soon)

SEYCOVE STUDENT COUNCIL 2025 –2026



Student Council

School Wide Kahoot

Raffles

Dress Up Days

Halloween Walk Off

Candygrams

Ugly Sweater Contest

Music Week

Bottle Drive

Christmas Toy Drive

Fundraising & Donations

Suggestion Box

Remembrance Day set up



Your 2025 2026 Grad Council



Grad Council Sponsor: Ms. Yeo

Grad Council

Communications

Fundraising/Booking

Holiday Events/Important
Days

Startup/End of Year/Grad

Dress Up Days/School

Spirit

Your Voice Matters!

COURSE CHANGES VS. TIMETABLE ADJUSTMENT

Course Change Window: Sept 3rd to September 12th

- Students with errors in their timetable, missing courses, or requests for a CHANGE, must pick up a course change form from Office, complete and return it signed
 - Students must REMAIN in scheduled class UNTIL change is confirmed (attendance)
 - Counsellors will be in touch when they have reviewed completed form
 - Requests are not guaranteed



APPLICATION FOR TIMETABLE ADJUSTMENT 2025-2026

Seycove Secondary requires students to take the following MINIMUM number of face-to-face courses:

Grade	Courses
8	8
9	8
10	8
11	7 + CLC 12 (2 credits)
12	6 + CLC 12 (4 credits)

Course 'DROP' Request Window: Sept. 29th – October 10th

- Students cannot drop courses unless it's within the window
- Students MAY apply for a Timetable Adjustment
- Must TRY course before a drop is considered
- Students MUST remain in course until any adjustment to courseload is approved by counsellor and admin

Grad Requirements

- Log on to your BCeID Student Transcripts website, create account
 - Download your transcript
- It is YOUR responsibility to check
- CLC 12

Grad Requirements ≠ Admission Requirements

It is YOUR responsibility to research!

Ministry Graduation Assessments

November 3, 4, & 5, 2025	January 13, 14, & 15, 2026	April 21, 22, & 23, 2026
Literacy 12	Literacy 10	Numeracy 10
ALL Grade 12s	Any Grade 12s who need to write Literacy 12: April 15	Any students who are missing assessments: April 23

Career Life Connections

CLC 12 Teacher – Andrea Yeo

- Coursework is completed in class
- 30 hours work/volunteer experience
- CLC 12 Capstone – May 2026 TBA

CLC 12 Period 2 and 3 will meet on a group A/group B rotation.

CLC 12 period 6 will be group A. If there is a stat holiday on a Monday, then students should come on Friday.

Scholarships & Bursaries

Ms. Madsen:

Seycove Scholarship Chair

- Check your Grade 12 Scholarship 2025-2026 Team for most up to date info, timelines, and deadlines
- Link on Seycove website under 'Programs & Services'
- Many external &/or PSI scholarships with different deadlines beginning now

Scholarships – What does the scholarship committee and other donors look for when considering recipients?

A scholar is a learner who pursues knowledge not only for personal achievement but also for growth, contribution, and the betterment of their community. Scholars combine intellectual curiosity with discipline, integrity, and a commitment to using education.

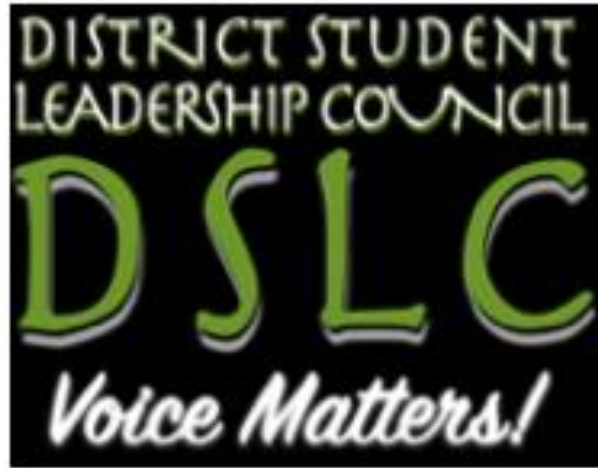
We look for students with busy schedules & who challenge themselves too!

GET INVOLVED



- Post secondary schools & employers look for meaningful leadership and service
- Clubs – Be active & engaged here at Seycove
- Athletics – Playing, managing, coaching
- Volunteering – School & community service

Step Up & Take a Lead This Year



North Vancouver
School District
student leadership council

DSLC

- 2 Reps per Secondary School
- District Student Leadership Council

Athletics - Fall Sports

- **Mr. Cardle & Mr. Edel – Athletic Directors**
Contact through MS Teams
- **Be attentive to announcements for start-up meeting times for sports**





Our School Culture as Seyhawks

How we act, how we
treat each other ,
ourselves, and the place
we are IS the school
culture!

Culture of CARE

Student Conduct



NVSD CODE OF CONDUCT

For all
members of
our
community:
students,
staff, parents,
coaches...

NVSD Code of Conduct

North Vancouver School District's Code of Conduct has been established to maintain a safe, caring, accessible, and healthy learning environment.

It is the shared responsibility of students, staff, parents/guardians, and the broader community, to demonstrate positive conduct while attending any school or district related activity, at any location.

All members of the school community are expected to:

- Support learning and attendance.
- Demonstrate safety.
- Respect property, environment, personal space, and privacy.
- Model courtesy, compassion, and respect.
- Value diversity.
- Treat self and all other members of the school and broader community respectfully.

All members of the school community must refrain from engaging in any in-person or digital communication or participating in behaviour that is considered to be:

- Interfering with the learning and working of others.
- Bullying, harassing, intimidating, retaliating, discriminating or violent.
- Unsafe or illegal, including the possession, use, or distribution of illegal or restricted substances or the possession of weapons or replicas.

All members of the school community are expected to:

- Comply with the purpose and spirit of the BC Human Rights Code, including not engaging in discriminatory conduct based on Indigenous identity, race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation, gender identity or expression, or age of that person or that group or class of persons.
- Wear clothing that does not promote or symbolize illegal substances or activities, hate or discrimination, profanity, pornography, or that incites violence, harassment, or threatens safety.
- Leave personal digital devices at home, in their bag/backpack, and/or in their locker during instructional time. Allowances may be made by the staff for instructional purposes, digital literacy, appropriate use based on age and developmental stage, accommodations within a student's Individualized Education Plan, accessibility, medical and health needs, and/or equitable support for learning outcomes.

Every effort will be made to support individuals and to determine the root causes of behaviour. If the safety or educational program of others is compromised, or if there is an ongoing failure to meet the expectations of the Code of Conduct, a range of consequences will follow. Whenever possible, incidents will be resolved by discussion, community service, restorative processes, referral to counselling and/or support services, mediation, and restitution, but may involve loss of privileges, detention, suspension from school, and/or collaboration with community partners. Confidentiality will be maintained; however, school officials may have a responsibility to advise other parties of serious breaches of the Code of Conduct (e.g. school district officials, law enforcement, and/or other agencies, etc.).

PERSONAL DIGITAL DEVICES

CELL PHONES AND PERSONAL DIGITAL DEVICES



AT SEYCOVE



DEVICES CAN BE USED:

- Before and after school
- During breaks and lunch
- In class WITH teacher permission

DEVICES CANNOT BE USED:

- 8:00AM-3:00PM in Learning Zones
(including Gym and Library)
- In classrooms without teacher permission



YOUR DEVICES MUST BE KEPT IN YOUR LOCKER.



Not your
pocket or
backpack!



- 1 **FIRST REMINDER:**
Teacher will ask you to
put device in locker.
- 2 **SECOND REMINDER:**
Device kept in Main
Office till end of day.
- 3 **THIRD REMINDER:**
Conversation with
parents and VP.

PERSONAL DIGITAL DEVICES

YEAR TWO

- During Instructional time, devices are left at home or in your locker
- Students only use devices with explicit teacher permission during class
- For safety in certain classes, electronic devices may not be permitted at all
- Phones out will be kept in office
- Most importantly, the WHY...



PERSONAL DIGITAL DEVICE POLICY

Mental Health Matters

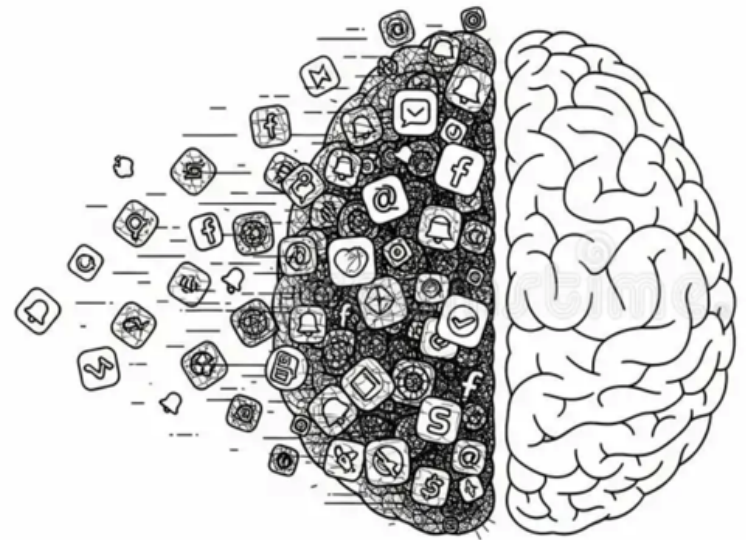


- Phones can raise stress & anxiety (alerts, social comparison)
- More screen time = less sleep and more mood swings
- Many people feel calmer when they can unplug

PERSONAL DIGITAL DEVICE POLICY

Focus and Learning

- Students spend an average of 5.5 hours daily on their phones- this adds up to 25 years over a lifetime.
- 68% feel phone use negatively affects their studies; nearly half struggle with sleep.
- Students distracted by phones score 13–20% lower on exams compared to peers in phone-free settings.
- Being present boosts memory, understanding, and grades.



PERSONAL DIGITAL DEVICE POLICY

Privacy and Learning



NO FILMING OR RECORDING
WITHOUT CONSENT



DEVICE RULES PROTECT PRIVACY
OF CLASSMATES & STAFF



SAFE SPACES MEAN NO SURPRISE
PHOTOS/VIDEOS

PERSONAL DIGITAL DEVICE POLICY

Tips for Success

Engagement

- Keep personal devices AWAY (in locker or at home) and OFF during class time
- Come to class *Ready to Learn*
- Focus on *Instruction without Distraction*
- Follow the directions of staff

Healthy Habits

- *Be Present as a Learner*
- Connect with your community (not your device)
- Support your mental health by taking a digital break
- Keep yourself safe online



PERSONAL DIGITAL DEVICE POLICY

Reflection Time!

- What might you gain by (proactively) putting your phone in your locker – without being asked?
- Challenge: Try for keeping your phone in the kitchen (or another room) over night for a week and notice the changes.



ATTENDANCE EXPECTATIONS

- ✓ Attend **all** classes
- ✓ Be **on time and prepared** for all classes
 - Have your supplies ready!
- ✓ 9:10am CLASSES START
- ✓ 8:30am – 9:10am Tutorial Time
- ✓ Get in touch with your teacher if you need to miss a class (Teams)
- ✓ Get yourself caught up on the learning you missed. You are **responsible** for missed work.



LEARNING EXPECTATIONS

- Stay organized & have appropriate supplies for learning in each class.
- Complete all work on time.
- Take initiative & seek support when you need it.
- **Attend Daily Tutorial**
- Check Class Teams and the School Website.

SCHOOL & COMMUNITY EXPECTATIONS

- Respect yourself, staff, students & our community.
- Help keep a safe & clean school and community.
- Follow the School and District Code of Conduct.
- Use **respectful language** free of profanity, hatred and discrimination.
- **Comply promptly** with all Seycove staff members reasonable requests.
- Know there is **NO tolerance for fighting**, possession of **weapons**, or any other **violent behaviour, harassment or intimidation** compromise safety.
- Live into our Seycove VALUES. And add to the Culture of Care.

We Are Environmental Stewards...PLEASE CLEAN UP ALL WASTE

Food Waste & Organics

General Waste

Mixed Recycling



Substances & Substance Use

- **Usage, possession, or your presence** with or near controlled substances is strictly forbidden - including all Seycove sponsored events or activities (games, events, field trips, etc.)
- Students found in violation may be suspended
- Criminal code violations will involve the R.C.M.P.
- Vaping and Vape products are in them away from school.



Transportation

- Walk
- Bike
 - Bring a lock & use the bike racks
- **Do not Skateboard**
 - Skateboarding is not permitted on school property
- **Pick-up / Drop-off**
 - Cafeteria (***not in front round about***)
 - Note the signs
- **Drivers - Drive responsibly!**
 - 15km/hr speed limit



Pedestrian Safety

- **Walk on the inside edge** of the sidewalk so you are further away from traffic.
- If there is no sidewalk, **walk facing traffic** so you can see oncoming vehicles.
- Cross only at intersections or marked crosswalks. **Never jay walk.**
- **Dress to be seen** especially at night and on dark/overcast days.
- Make sure you can hear and see oncoming cars. **Remove your headphones** and your hood when crossing the street.
- **Make eye contact with drivers.** Keep your head up and look where you're walking. Never assume that drivers see you.
- Always **look for signs that a vehicle is about to move** (rear lights, exhaust smoke, sound of motor, wheels turning).



Pedestrian Safety

WALK THIS WAY

Pedestrian Safety Tips



Unplug

Don't be a distracted walker.



Make eye contact

Don't walk until traffic stops.



Be bright

Wear reflective clothing at night.



Never Jaywalk

Use crosswalks and intersections.



Stay Alert

All the way across the intersection.



Watch for turning

Vehicles of all kinds.

Visitors, Guests, Volunteers

- All visitors must make appointments prior to entering the school.
- All guests and visitors must report to the School Office to sign in.
- Students from other schools are not permitted to be at Seycove during the school day. Seycove – and do not visit other schools.



Emergency Procedures



- Assembly area is along the outside of the Field
- Ask teachers about your plan & follow their instructions
- Fire & Earthquake Drills & Lockdown drills will occur throughout the year
- Report **all** injuries to the office

EMERGENCY PROCEDURES



- Study Block in your Schedule?
- Check in the with LIBRARY Team on the field in case of evacuation or the Library in case of emergency.
- Mr. Hughes (period 1-7) or Ms. Willemse (period 4)

A MILESTONE YEAR

- Give you best effort.
- Take responsibility. It shifts to you - less on staff.
- Be kind - take care of yourself & each other.
- Be safe. Make good decisions.
- Reach out.
- Enjoy!



A MILESTONE YEAR



What are you curious about?



What will you change from last year? How are you going to do this?



How can you contribute to your Seycove Community?



What do you want to do next year? Why? What do you need to do to make this a reality?

GOOD STRESS, BAD STRESS: HERE'S HOW TO FIND YOUR SWEET SPOT.

Too little stress keeps you from reaching your potential.
Too much stress can harm your health.





School Photos

Monday September 8th

Grad Photos

Grad Sessions at Artona: Thursday, December 11, 2025 - Friday, December 12, 2025

(Vancouver Studio)

Group Session: Monday, January 19, 2026

(At Seycove)

Grad sessions are now available to book! Use the following link: <https://artona.com/bookings>.



**We are
all
Seyhawks**