

ANNOUNCEMENTS – Thursday October 10, 2019

Gymnastics

Calling all gymnasts! Seycove's Gymnastics team needs you. Come to a meeting and meet the coach on Tuesday at lunch in Portable 26. Hope to see you there!

Field Hockey

The field hockey team is to practice Friday morning (that's tomorrow) at 7am at Seycove. Please let one of your coaches know if you can not attend.

Volleyball Win

The Grade 9 Girls Volleyball team swept STA last night 3-0. So far they are the only undefeated team in the league. WELL DONE SEYHAWKS!!! Just a reminder Grade 9 Girls Volleyball your practice will start early today at 4:45.

Cross Country

Hey Cross Country Team: There is no practice Monday due to the holiday. Be ready to run Tuesday morning at 7am.