



## École Ross Road School

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2021-02-01

### Monday Message

Dear Ross Road Families,

This week at Ross Road the Second Step message classes are discussing is about Feelings in my Body:

*Everyone feels a lot of different feelings. We feel these feelings in our bodies. Some feelings are comfortable, and others are uncomfortable, but all of them are okay! This week, notice what feelings you have. Pay attention to clues in your body and in the situation to help you understand how you feel. Which feelings are comfortable, and which ones are uncomfortable? See if you can name your feelings.*

### **Black History Month**

Every February, people in Canada are invited to participate in [Black History Month](#) festivities and events that honour the legacy of Black Canadian past and present. The 2021 theme for Black History Month is: "The Future is Now". Ross Road students and staff will be learning together. We invite families to join us in supporting and learning more.

### **How to Raise an Anti-Racist Child Workshop by NVPAC**

Do you want to learn some strategies on how to raise your children to be anti-racist? Are you interested in learning about racism, systemic racism, and anti-racism? Do you want to learn how you can make positive changes at home? If yes, you will want to sign up for the workshop "How to Raise an Anti-Racist Child" presented by Moms Against Racism.

- Date: Wednesday Feb 3, 2021
- Time: 7pm
- Location: Zoom
- Link to register: <https://www.eventbrite.ca/e/how-to-raise-an-anti-racist-child-tickets-135203137223>

### **The 4Rs of Raising Resilient Kids Workshop by NVPAC**

In this virtual session with Sharon Selby, Registered Clinical Counsellor and Founder of Toddler to Teen® Anxiety Solutions, learn about raising resilient kids and the 4Rs: Rooted, Respected/Respectful, Responsible and Resilient.

- Date: Wednesday March 3, 2021

- Time: 7pm
- Location: Virtual
- Link for more information:  
[https://my44.sd44.ca/department/LearningServices/professionallearning/internalprofessionaldevelopment/Pages/newsitem.aspx?ItemID=140&ListID=64fb4b45-9862-48e7-bf35-ca763471c4a2&TemplateID=Announcement\\_Item#/=](https://my44.sd44.ca/department/LearningServices/professionallearning/internalprofessionaldevelopment/Pages/newsitem.aspx?ItemID=140&ListID=64fb4b45-9862-48e7-bf35-ca763471c4a2&TemplateID=Announcement_Item#/=)

### **Body Science at Ross Road by Saleema Noon supported by PAC**

Saleema Noon is inviting parents and guardians to a scheduled Zoom meeting for more information. Please do not share this link with others as it is for Ross Road families only. Please check your email as a more detailed letter will be coming separately.

**\*\*Date changed for parent/guardian session\*\***

Topic: Ross Road Parents/Guardians Q&A

Time: Monday Feb 8, 2021 06:30 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/83386361652?pwd=KzkyTUxHZ0MyVFA4N2xCcVVUcEdjZz09>

Meeting ID: 833 8636 1652

Passcode: 688843

Thank you PAC for your support.

### **Valentine's Day Celebrations**

Here at Ross Road we are looking forward to celebrating kindness and love for Valentine's Day. We ask that families respect COVID guidelines and leave all candies and gifts at home. Students are able to exchange cards with classmates. Teachers will provide more classroom specific information so please contact your child's classroom teacher if you have any questions.

### **Reminder New Registrations and Transfer Requests for 2021-2022**

Priority placement for both new registrations and transfers for Grades 1 through 12 for the 2021/2022 school year runs from January 18th to March 5th at 4:00 p.m. Visit the 2020-21 [Registrations and Transfer Requests](https://www.sd44.ca/Schools/StudentRegistration/2020-21%20Registrations%20and%20Transfer%20Requests/Pages/default.aspx#/=) page for detailed information. (<https://www.sd44.ca/Schools/StudentRegistration/2020-21%20Registrations%20and%20Transfer%20Requests/Pages/default.aspx#/=>)

### **Reminder for Elementary Band and Strings Registration 2021-22**

Registration for the Elementary Band and Strings program opened last Friday. Please check the [NVSD website](https://www.sd44.ca/ProgramsServices/BandStrings/Pages/default.aspx#/=) for more information. Early registration is encouraged! There is also a discount for early registration.

(<https://www.sd44.ca/ProgramsServices/BandStrings/Pages/default.aspx#/=>)

### **Important Dates**

Feb 3 – PAC General meeting over Zoom

Feb 8 – Argyle grade 7/8 parent/guardian information night, 7pm (link will be on Argyle school website on the day of the event, information sent to your email last week)

Feb 8 – Parent/Guardian Q&A Zoom session on Body Science hosted by Saleema  
Noon, 6:30-8pm (link in this email) **\*\*Date Changed\*\***  
Feb 12 – Lunar New Year  
Feb 24 – Pink Shirt Day  
Feb 26 – Last day of term 2

Kind regards,

Kate Lechleiter, Principal  
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Jason Haywood, Vice Principal  
[jhaywood@sd44.ca](mailto:jhaywood@sd44.ca)