

**This is an important notice.
Please have it translated.**

RIDGEWAY ELEMENTARY SCHOOL
420 E. 8th Street, North Vancouver, B.C., V7L 1Z5
Ph: 604-903-3740, Fax: 604-903-3741
www.nvsd44.bc.ca

Elementary Extra-Curricular Athletics Informed Consent

For: **CROSS COUNTRY**

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program.

EXTRA-CURRICULAR ATHLETICS PURPOSE(S):

The purpose of this activity is to provide an opportunity to develop skills in a sport to a higher degree than may be possible in the curricular physical education program, to increase school spirit, to encourage team play and to foster good sportsmanship.

ATHLETIC SEASON:

The **Cross Country** season extends from October 2 through October 23. Athletes compete on Wednesdays after school hours, at locations throughout North Vancouver. Practices will be held Tuesday after school and Thursday mornings at 8:00 a.m. Meet schedules are as follows:

October 2 – Princess Park
October 9 – Cates Park
October 16 – Inter River Park
October 23 – Cates Park

COACHES, SPONSORS(S) AND CHAPERONE(S):

<u>Name</u>	<u>M/F</u>	<u>Position</u>	<u>Phone Number(s)</u>	<u>Email address</u>
Mrs. Pratt	F	Teacher	604-903-3740	mpratt@sd44.ca
Mr. Wiet	M	Teacher	604-903-3740	awiet@sd44.ca

SUPERVISION:

All supervision of students in this program is direct supervision. Direct supervision is defined as the time students spend with the sponsors, coaches and volunteers involved in the program.

TRANSPORTATION:

Transportation to and from activities will be provided by the athlete's parent. It is not the responsibility of the coach to arrange athlete transportation to a venue.

Student dismissal from venues will be the responsibility of the coach/sponsor who will ensure that all participants are released to the direct supervision of a parent driver.

RISKS AND CONSEQUENCES:

There is a degree of risk in all sports activities. The risk is increased to varying degrees when students are away from the safety of the school setting. It is impossible to itemize every possible element of risk associated with a sporting activity. This sporting activity may include, but not be limited to the following inherent risks, and all risks associated with:

- Travel to and from the event venue(s)
- the nature of sport (i.e., rolled ankles, joint / head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries)

EMERGENCY PLANNING:

Students have been briefed on the risks involved in this activity and on appropriate precautions to be taken. Students will be required to sign a *Student Awareness of Risk and Responsibility Form* in order to indicate a full understanding of the expectations, risks, safety precautions and responsibilities associated with this activity before being permitted to participate.

Other safety precautions:

- A cell phone will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- A basic first aid kit will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- The coach/sponsor will have immediate access to the student medical forms completed by the parent/guardian.
- Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

In the event of student injury, parents/guardians will be notified. For all incidents involving injury, supervising school personnel will record details of the incident and, as soon as is practicable, complete an *Incident Report* submission.

ACCIDENT/LIABILITY INSURANCE:

Parents/guardians are responsible for the provision of individual student Accident Insurance for their child if desired. Individual student Accident Insurance can be obtained from companies such as www.iapkidsplus.com.

Sincerely,

Mrs. Michelle Pratt, Mr. Wiet

Return this Informed Consent Approval to School

ELEMENTARY EXTRA-CURRICULAR ATHLETICS **INFORMED CONSENT APPROVAL**

PARENT/GUARDIAN PERMISSION

The written, medical form and informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. Without this signed consent, students will not participate in this program.

PARENT/GUARDIAN CONSENT

I, _____ (parent/guardian) of _____, have read the
Print Parent/Guardian's Name Print Student's Name
Informed Consent information that pertains to my child's participation in CROSS COUNTRY. I am aware of the risks inherent in this athletic program and my signature indicates that my child has my informed consent to participate. I have completed and submitted a medical form for my child.

Parent/Guardian Signature

Date

Printed Name of Parent/Guardian

Elementary Athletics Programs Student Awareness of Risk and Responsibility Form

RIDGEWAY SCHOOL has arranged an after-school CROSS COUNTRY program for students in grades 4 TO 7.

I understand that programs of this type may expose me to elements of risk. The risks and responsibilities, as outlined below, have been fully explained to me by a School Board employee, **MRS. M. PRATT and MR. A. WIET.**

Risks:

- Accidents may occur when traveling to and from venues in private vehicles.
- Physical injury (e.g. rolled ankles, joint/head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries) may occur when participating in an athletic program.

Responsibilities:

- My behavior will be consistent with the RIDGEWAY Code of Conduct.
- My behavior will be consistent with the NVEAA Fair Play Code.
- I accept full responsibility for my actions which will be thoughtful and reflect common sense, during transportation and at all venues, before, during and after events.
- I will attend practices and events as outlined by my coach.
- When traveling to and from venues I will conduct myself in a polite and quiet manner and keep my seatbelt on and buckled up.
- I will stay on the site at which the event takes place and will follow specified dismissal procedures.
- I will follow the safety precautions specific to the activity as outlined by my coach.

I have been made aware of the possible risks and consequences related to this athletic program. I freely agree to participate in the program and act in a safe and responsible manner according to School District *Policy 302: Student Conduct*, my school's Code of Conduct and the NVEAA Fair Play Code.

Signature of Student

Date

Printed Name of Student

School Board Employee Signature

Note: In addition to the Student Awareness of Risk and Responsibility Form, a written informed consent and medical form signed by the parent/guardian are required for student participation in this activity