**Mandatory Daily Health Assessment for Students**

Parents and caregivers must assess their child daily for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them to school.

 Please check your child daily for the following symptoms:

* Coughing
* Fever (> 37.5 °C) or signs of fever\*
* Chills
* Sore throat and painful swallowing
* Shortness of breath/difficulty breathing
* Headache
* Chills
* Feeling unwell/fatigue
* Muscle aches and pains
* Stuffy or runny nose
* Loss of sense of smell
* Diarrhea
* Nausea/vomiting
* Loss of appetite

 Please refer to the BC CDC for more information on signs and symptoms:

<https://www.healthlinkbc.ca/symptoms-covid-19>

|  |
| --- |
| [Symptoms of COVID-19 | HealthLink BC](https://www.healthlinkbc.ca/symptoms-covid-19)  Symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. Symptoms may vary from person to person. Some people may experience mild symptoms, while others have more severe symptoms. Common symptoms of COVID-19 include:&#13;  www.healthlinkbc.ca |

**IF STUDENT DEVELOPS SYMPTOMS AT HOME:**

1. Parents or caregivers must keep their child at home until they have been assessed by a health care provider to exclude COVID-19 or other infectious diseases, and their symptoms have resolved.
2. If a student is assessed by their family physician or nurse practitioner and it is determined that they do NOT have COVID-19, they may return to school once symptoms resolve.

Please note, if there is a confirmed case of COVID-19 within the home, students must remain at home and consult their health care provider.