

# MAY 2026

# COMMUNITY UPDATES



North Shore  
Neighbourhood  
House

For families at Queen Mary, Ridgeway, Westview, Larson, Queensbury Elementary Schools



## North Shore Neighbourhood House Youth Services

The goal of the North Shore Neighbourhood House Youth Program is to provide youth services to our community through our various neighbourhood locations and through partnership with other community service providers. We believe youth are valued members of our community; we work to support young people in a variety of ways, including community outreach, activities, drop-in programming, and more.

Our goal is to make you feel safe, supported and respected. Our Youth Outreach Workers provide one-to-one support, guidance and referrals in a non-judgemental way.

NSNH Youth Outreach is available for you to access in both the District and City of North Vancouver.

A Youth Outreach Worker can support youth and their caregivers through challenging issues:

- One-to-one support (temporary or ongoing)
- Family issues
- Providing advocacy and information
- Referrals to other services, and lots more!

### NSNH Youth Centre Drop-In

Wednesdays & Thursdays 3:00-8:00pm

Fridays & Saturdays 3:00-10:00pm

Youth Centre at JBCC, 145 West 1st Street

Youth Centre Program Coordinator, Renee

Email: youthcentre@nsnh.bc.ca

Youth Centre Manager, Lea Kohli

Email: lkohli@nsnh.bc.ca

Youth Outreach Manager, Bernadette Smyth

Email: Bsmlyth@nsnh.bc.ca

## OVERVIEW:

- NSNH Youth Services
- North Vancouver Bike Festival
- Impact North Shore
- North Shore Neighbourhood House
- The Polygon Gallery
- North Vancouver Recreation & Culture
- MONOVA
- NV City Library

## 3rd Annual North Vancouver Bike Festival

Join us at City Hall Plaza in North Vancouver for a celebration of cycling, community, and outdoor activity.

Saturday June 6, 2026

10:00am-2:00pm

Civic Plaza

126 West 14<sup>th</sup> St.

City of North Vancouver



- Kids Bike Rodeo
- Music by Shadowfax
- North Van Bike Shops
- HUB Cycling
- E-Cargo Bike Program
- NV RCMP, Community Policing
- E-Bike & E-Cargo Test Rides

For more info visit  
northvanbikefest.ca

## Summer Activities for Children and Youth in North and West Vancouver

Please join us for an in-person information session on summer camps and recreational activities available in West Vancouver and the North Shore.

Topics include:

- Summer programs at West Vancouver Community Centre
- Library programs
- Festivals
- Local Attractions and getaways
- Demonstration of how to navigate related websites

For more information and to register, contact:

Azade Amirmoayed,  
[azadea@impactnorthshore.ca](mailto:azadea@impactnorthshore.ca)  
Rosanna Ng,  
[rosannan@impactnorthshore.ca](mailto:rosannan@impactnorthshore.ca)  
Annie Wei,  
[anniew@impactnorthshore.ca](mailto:anniew@impactnorthshore.ca)

**Wednesday June 3, 2026**

**Mandarin Session: 12:00 pm – 1:00 pm**

**English with Farsi Interpretation Session: 1:30 pm – 2:30 pm**

For more information visit [impactnorthshore.ca](http://impactnorthshore.ca)



## School Age Programs

Summer 2026 recreation programs for the school age and families at the North Shore Neighbourhood House:

### Singing Lessons (NEW)

A fun, supportive space where young singers discover their unique voice through vocal exercises and breathing techniques. Students build confidence while exploring diverse musical styles, from pop to world music, and are encouraged to bring their own song choices. Whether you're new to singing or love to perform, this workshop celebrates every voice and the joy of making music together.

**July 7-28**

**Tuesdays 3:30pm-4:30pm**

### Art Blast (NEW)

**6 to 10 y**

Join us for a fun creative camp. Each week you will be introduced to something new, paint, sculpt, draw and more.

**July 6, 9, 10**

**July 20, 23, 24**

**Aug 10, 11, 13, 14**

**1:30pm-3:30pm**

**Summer Registration starts June 8 at 9am.** Online at [www.nsnh.bc.ca](http://www.nsnh.bc.ca)  
**Recreation Programs**

Visit [nsnh.bc.ca](http://nsnh.bc.ca) for more information.



## The Polygon Gallery

## Kids First on Saturday + Sunday

Come get creative on the first Saturday and Sunday of the month with a day of art-making and fun at The Polygon Gallery. The projects are geared towards children ranging in age from 5 to 12 years old, though there is no age requirement to participate.

All children must be accompanied by an adult. Admission is by donation, courtesy of BMO Financial Group. Suggested amount: \$10/child or \$20/family. Always free for members.

Kids First takes place outside in June, July, August and September.

Advance registration is helpful.

Walk-ins welcome all day.

Please RSVP.

We can't wait to get creative with you!

**June 6, 2026 at 10:00 AM TO June 7, 2026 3:00 PM**

Visit [thepolygon.ca](http://thepolygon.ca) for advance registration and more information.



## School Age Programs & Activities

NVRC offers various programs and activities at different locations:

### Squash Learn the Skills 9-12yrs

Learn the basics of this fun and challenging game of agility, strategy and strength. We'll practice racquet and ball control, shot selection and footwork with the objective of learning the rules, technique and tactics of playing squash safely.

**Sundays Jun 7-28, 2026**

**1:00pm-1:45pm**

**Delbrook Community Recreation Centre**

### Kids' Night Out-Unplugged! 8-11yrs

Please have your child wear their bathing suit under their clothes for a quick change and bring a towel and 50 cents for a locker. Drop off is in the Eagle room at 5:30pm, pick up is in the main lobby at 8:15pm. Please check in with Leaders before you leave with your child.

**Saturday May 30, 2026**

**5:30pm-8:15pm**

**Karen Magnussen Community Recreation Centre**

For registration and more information visit [nvrc.ca](http://nvrc.ca)



## Coast Salish Wool Weaving

Learn about Coast Salish practices and the patience and skill that goes into traditional wool weaving, while creating your own custom piece.

Led by Indigenous Cultural Programmer Jordan Dawson, learn more about Coast Salish practices and the patience and skill that goes into traditional wool weaving, while creating your own custom piece to take home.

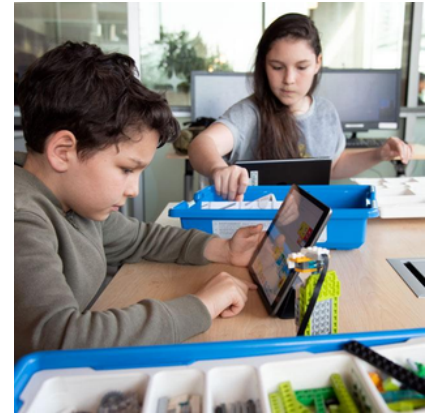
**Sunday June 14, 2026**

**1:00pm or 3:00pm**

**Ages 10+**

**Registration Required.**

Visit [monova.ca](http://monova.ca) for more information.



## Collaboratory club

Join us for this fun after-school open space where you can explore different Collaboratory gadgets and play video games.

For youth ages 10 to 13.

Access to technology will be first-come, first-served, and availability is not guaranteed. The Collaboratory is limited to 15 participants. Drop-in spaces will also be first-come, first-served.

Questions? Contact [info@nvcl.ca](mailto:info@nvcl.ca) or 604-998-3450.

**Wednesdays June 3, 2026**

**3:45-4:45pm**

**Collaboratory**

Visit [nvcl.ca](http://nvcl.ca) for more information.

