

FEBRUARY 2026

COMMUNITY UPDATES



For families at Queen Mary, Ridgeway, Westview, Larson, Queensbury Elementary Schools



North Shore Neighbourhood House Youth Services

The goal of the North Shore Neighbourhood House Youth Program is to provide youth services to our community through our various neighbourhood locations and through partnership with other community service providers. We believe youth are valued members of our community; we work to support young people in a variety of ways, including community outreach, activities, drop-in programming, and more.

Our goal is to make you feel safe, supported and respected. Our Youth Outreach Workers provide one-to-one support, guidance and referrals in a non-judgemental way.

NSNH Youth Outreach is available for you to access in both the District and City of North Vancouver.

A Youth Outreach Worker can support youth and their caregivers through challenging issues:

- One-to-one support (temporary or ongoing)
- Family issues
- Providing advocacy and information
- Referrals to other services, and lots more!

NSNH Youth Centre Drop-In

Wednesdays & Thursdays 3:00-8:00pm

Fridays & Saturdays 3:00-10:00pm

Youth Centre at JBCC, 145 West 1st Street

Youth Centre Program Coordinator, Renee

Email: youthcentre@nsnh.bc.ca

Youth Centre Manager, Lea Kohli

Email: lkohli@nsnh.bc.ca

Youth Outreach Manager, Taylor Prescott

Email: tprescott@nsnh.bc.ca

OVERVIEW:

- NSNH Youth Services
- City of North Vancouver
- Impact North Shore
- North Shore Neighbourhood House
- The Polygon Gallery
- North Vancouver Recreation & Culture
- MONOVA
- NV City Library

The Shipyards Skate Plaza



The Shipyards Skate Plaza is the region's largest outdoor skating rink. The rink is located on the waterfront at The Shipyards, and is set against the beautiful backdrop of downtown Vancouver and the North Shore mountains.

During the season, the Skate Plaza offers daily skating, along with free helmets and skate aids. Guests who bring their own skates can enjoy the rink for free.

The Skate Plaza is **open** daily from 12 p.m. to 8 p.m. The last skating day of the season is scheduled for March 29, 2026.

Visit cnv.org for more information.

Parenting Preteens and Teens

This informational workshop will help parents understand the underlying causes of preteen and teen behaviour, learn about adolescent brain development, and gain tools to build healthy relationships with their children.

This workshop will be presented in Farsi. This workshop is open to newcomer and immigrant parents and guardians.

To participate in this workshop, you must be registered as a client with Impact North Shore.

Thursday February 26, 2026
12:30-2:00 pm
207- 123 East 15 St.
North Vancouver

To register, use this link:
<http://go.impactnorthshore.ca/parenting-teens-feb-2026>

For more information, please contact:

North Vancouver
Khatereh Masoudi
khaterehm@impactnorthshore.ca
Azadeh Amirmoayed
azadea@impactnorthshore.ca

West Vancouver
Niloufar Farahani
niloufarf@impactnorthshore.ca

For more information visit
impactnorthshore.ca



School Age Programs

Winter 2026 recreation programs for the school age at the North Shore Neighbourhood House:

Family Time Yoga

This class outlines muscle conditioning with traditional yoga poses while having fun with your family! For ages 3yr & up.

Drop-ins are welcome, \$10 for family of two adult/child, extra adult \$7 and extra child \$4

January 10-March 14, 2026
Saturdays 10:00-11:00am

Private Piano Lessons- 6 to 15y

Enrich you child's mind through the joy of piano playing! In this class we will learn scales, rhythm, melody and harmony, how to read notation and play simple songs with 1 or 2 hands together in a relaxed and flexible environment at your child's own pace. With classically trained background and a bachelor's degree in music performance, Alexander is a passionate, accomplished musician.

February 21-March 14, 2026

Easter Bunny Breakfast

Come have breakfast! Enjoy a pancake breakfast with sausages, fruit and juice. Join the Easter Bunny for an Easter Egg Hunt. Kids love our craft table. Space is limited, must pre-register. No tickets at the door.

Saturday March 28, 2026
9:30-11:00 am

Register online at www.nsnh.bc.ca
Recreation Activities

Visit nsnh.bc.ca for more information.

The Polygon Gallery

Kids First on Saturday + Sunday

Come get creative on the first Saturday and Sunday of the month with a day of art-making and fun at The Polygon Gallery. The projects are geared towards children ranging in age from 5 to 12 years old, though there is no age requirement to participate. All children must be accompanied by an adult.

Admission is by donation, courtesy of BMO Financial Group. Suggested amount: \$10/child or \$20/family. Always free for members.

March 7, 2026 at 10:00 AM TO
March 8, 2026 3:00 PM

Advance registration is helpful. Walk-ins always welcome until 2pm. Please RSVP.

We can't wait to get creative with you!

Visit thepolygon.ca for advance registration and more information.



North Shore
Neighbourhood
House Spring 2026
Programs starting in
April



Registration Starts
March 5 at
9:00am

School Age Programs & Activities

NVRC offers various programs and activities at different locations:

Willow Weaving Workshop: Portals

Do you want to be part of a community art project crafted from willow and other natural materials? This year, we invite you to help create Portals: woven windows into our shared world. Bring your creative energy to our hands-on workshops, where we will weave willow sculptures together that will pop up in Rey Sargent Park on Lonsdale upon completion. This project celebrates collaboration, imagination, and the collective achievement of community arts. Spots are limited and registration is required.

Saturday March 7, 2026

3:00-5:00pm

Lynn Valley Community Room

Family Introduction to Drawing & Painting Fundamentals 10yrs+

Register yourself and the members of your family (10yrs and up) to learn to document the world around you using a sketchbook, resulting in a visual memoir all can enjoy for years to come. Basic drawing and painting techniques will be introduced each class. Basic Art Kits will be provided. Children must be registered with an adult. All members of the family must be registered

John Braithwaite Community Centre

For registration and more information visit nvrc.ca

Kid's Night Out – Monthly Drop-off Program

Kids Night Out is an opportunity for YOU to enjoy a night on the town, while we entertain your little ones at the museum.

This two-hour program offers vibrant cultural learning experiences through arts, crafts, games and gallery time, perfect for ages 5 – 11!

Thursday March 12, 2026

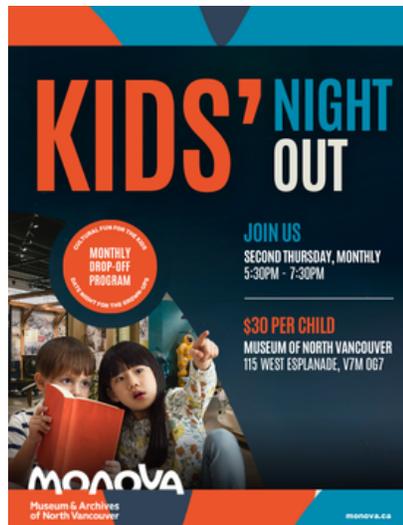
5:30-7:30pm

Ages 5-11 year

\$30 Per Child

Registration Required.

Visit monova.ca for more information.



Kids' chess and board game club

Join kids between the ages of 8 and 13 in friendly games of chess and other board games at City Library. Chess sets and board games are provided through the library, no need to bring your own.

This program is drop-in – no registration required. However, space will be limited. Please arrive on time to guarantee a spot if you wish to start right away.

In alignment with the library's policy, children under the age of 10 must have an adult guardian in the library while they attend.

For more information, please email info@nvcl.ca or call 604-998-3450.

Tuesday February 24, 2026

3:30-5:00pm

First floor program room

Visit nvcl.ca for more information.

