### FINANCIAL ASSISTANCE

### **Queen Mary Parent Bursary**

Families may request financial assistance for any lunch and after school program. The maximum bursary available is 50% of the program cost. Simply complete a Queen Mary Bursary Application available in the school office or online. Applications are strictly confidential and approved by the school administration.

Support is made possible through the Bill Reid Principal's Discretionary Fund, as funded by the Queen Mary PAC.

### **Canadian Tire Jumpstart**

The registered charity Canadian Tire Jumpstart provides support to get kids involved in sport, dance, and other active programs. Families must be able to provide proof of financial need. An application must be made before fees are due, as the money is paid directly to the organization; for fee-based programs at Queen Mary, payment would be made directly to the contractor. See their website for more information and to apply online: <a href="http://jumpstart.canadiantire.ca/">http://jumpstart.canadiantire.ca/</a>

# QUEEN MARY LUNCH & AFTERSCHOOL PROGRAMS



## WINTER 2019

Registration Deadline

January 14

For more information, email Fun@QueenMaryPac.ca

QueenMaryPac.ca/School-Programs

There are lots of lunch and afterschool activities already happening at Queen Mary, and even more coming in January! Please check back to the PAC website in the new year and watch PAC emails for more info!

### Lunch Hour Yoga (K-3)

\$50 for 8 weeks, scholarships available Tues, 12:25–12:55 in the Library *January 22–March 12* Dhana Musil, Instructor

Through a blend of breath work, poses, games, philosophy and fun, we will explore how to stay balanced, strong, flexible and focused. Yoga mats are available, but students are encouraged to bring their own; a blanket, a pillow and even a stuffy are welcome.

Reserve your space by emailing dhanamusil@gmail.com. Then follow with completing a registration form (available in the office) and submit with payment to the PAC mailbox.

### QM Coding Club (3-4)

\$40 for 8 weeks
Fri, 3:00-4:15 in the Library
January 25—March 15 (no class Feb 15)
Carol Viau, Instructor

The focus of the club is fun, teamwork, perseverance, and developing new skills. We will learn about computers while exploring algorithms, binary numbers, computer languages, and robotics. Students will also learn to code with Javascript and develop simple programs with the visual coding language Blocky. This knowledge will be used to work through challenges with "Dash and Dot" programmable robots. The goal is to spark an interest in what makes the digital world work.

Online registration at: <a href="https://bit.ly/2GhXunb">https://bit.ly/2GhXunb</a>

### **Creative Dance (K-2)**

\$84 for 8 weeks Thur, 12:25–12:55 in the Gym January 24–March 14 Driftwood Dance Academy

Students will express themselves through creative movement and dance games with the talented Ms. Laura of Driftwood Dance Academy. An engaging and delightful lunchtime body break!

Online registration at: https://www.driftwooddance.com/ outreach-programmes/

### Mad Science (3-5)

\$140 for 8 weeks
Tues, 3:10-4:10 in the Art Room
January 15—March 5
Mad Science Vancouver

This term features "System 7" Mad Science, a program of exciting hands-on science-based activities centred around the living world. Watch fascinating demos, join enquiry-based discussions, participate in experiments, and make amazing take-homes. This program will spark the curiosity and imagination of children with fun science activities to help understand the world around them.

Online registration at: https://register.madscience.org/vancouver/

### Girls with Grit (3–5)

\$90 for 5 weeks, scholarships available Fri, 3:15–4:45 in Room 310 January 25–February 22 (No class Feb 15) Asha Diaz, Instructor

Let's raise a generation of girls who are mentally happy and healthy, who

know it's okay to be strong and soft at the same time, who know how to deal with adversity, and who are totally intune with their unique awesomeness.

Girls with Grit will use yoga to show how strong our bodies are, mindful meditation to show how strong our spirits are, and crafts to show how strong our creative sparks are. We also talk about real topics like friendships, stress, pressure, anxiety + mental health, gender stereotypes, technology, compassion, and empathy.

Online registration at: https://bit.ly/2Gq6jOv

### **Yoga** (4-7)

\$50 for 8 weeks, scholarships available Wed, 2:00-2:50 in the Gym January 23—March 13 Smiley Kylie, Instructor

Through a blend of breath work, poses, games, philosophy and fun, we will explore how to stay balanced, strong, flexible and focused. Yoga mats available, but students are welcome to bring their own.

Reserve your space by emailing *dhanamusil@gmail.com*. Then follow by completing a registration form (available in office) and submit with payment to the PAC mailbox.

### **Basketball FUNdamentals** (4–7)

\$168 for 4 weeks (Session 1 or 2)
Mon & Tues, 3:00-4:30 in the Gym
Session 1: January 21 – February 12 (No
class Jan 28)
Session 2: February 18 - March 12 (No
class Feb 18; 2pm start on March 12)
G2 Athletics

The focus of this program is to introduce students to the game of basketball, the importance of sportsmanship, the benefits of physical activity, and the fun in teamwork. The basic skills of basketball will be taught: dribbling, passing, shooting, ball handling, and positioning. All skill levels are welcome and encouraged! The gym will be divided according to grade and skills.

Register online, or submit forms (available in office) and payment to the school office.

https://goo.gl/g7mRxH

# Studio Arts – North Van Perspectives (5-7)

\$120 for 6 weeks, bursary available Thur, 3:00-5:00 in the Art Room January 31—March 7 North Van Arts Council

Through painting, drawing and mixed media, artists will learn about studio-based arts practices and techniques.
Together, students will be encouraged to express themselves and learn about art making as a process through exploration of line, shape, texture, colour, value, space and form. A Canadian perspective, with a focus on the culture and history of North Vancouver, will be emphasized.

Register by telephone (604-988-6844), in-person at the North Van Arts Council office or online at https://northvanarts. ca/education/queen-mary-elementary-after-school-art/