



230 Keith Road West,
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QM Monthly News

February 27th, 2025

This Month's Highlights:

100s Day in Kindergarten!

Children in the Kindergarten classes celebrated their 100th day of school on Monday Feb. 17th by exploring how to represent the number 100 in many different ways, building number sense and counting skills at the same time as celebrating!



RCMP vs Gr7's Wheelchair Basketball

The RCMP wheelchair basketball game was an opportunity to promote inclusion, awareness, and community connection in our school. Our Grade 7 basketball players squared off against members of the RCMP in a fun and competitive game, gaining firsthand experience with adaptive sport and a deeper appreciation for the skill and determination it requires. The event reinforced important messages about empathy, accessibility, and respect. A sincere "Thank You" to the RCMP for partnering with us and creating such a positive and impactful experience for our students.





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Jump Rope for Heart Event and Fundraiser

On February 12th all students took part in our annual Jump Rope for Heart event, to raise awareness of the importance of staying physically active for our heart health and over-all well-being. All students completed a 20-minute circuit training session in the gym and were reminded of the Heart and Stroke Foundations' **EASY** ways to improve your health:

- **E** for EAT more fruits and vegetables
- **A** for be ACTIVE every day for one hour or more
- **S** for reduce SCREEN time to less than two hours per day
- **Y** for say YES to water and no to sugary drinks

The Heart and Stroke Foundation website has excellent resources for parents/guardians including healthy recipes for home cooking: [Recipes | Heart and Stroke Foundation](#)

On behalf of the Heart and Stroke Foundation THANK YOU for your donations! We surpassed our \$1000 fundraising goal which earned us all an extra recess!





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Pink Shirt Day - Building Kindness through Community



This year's assembly featured the world premiere of original short films created by QM drama students. Pink Shirt Day wasn't just about ending bullying, it was about building healthier relationships. After all, wearing a pink shirt was easy, building kindness took real work.

We screened the films, voted for our favourites, and closed by singing together "Count on Me" by Bruno Mars.

Kindness Catcher

February is always our month to focus our attention on caring and kindness leading up to Pink Shirt Day!

Grade 3 students have a beautiful display of acts of kindness on their "Kindness Catcher" bulletin board.





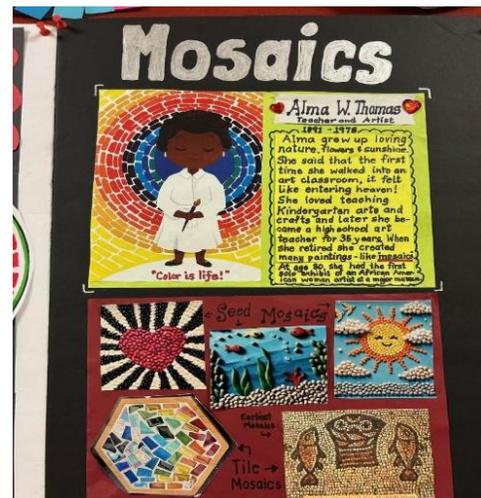
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Student Perspective (from a Grade 5 student who has been at this school since kindergarten)
What makes me excited about Queen Mary is seeing my friends who are nice and learning new things every day. It is a nice unique school because it is so old, yet it has some nice new renovations. I enjoy the chance to play sports. I like the fact my teachers always help me when I need help. If I could do a big change to the school, I would like to put a hockey rink inside the gym.

February is Black History Month

Students in Kindergarten learned about Alma W. Thomas – teacher and artist– and then, inspired by her use of mosaics, experimented with this art form in their own artistic creations.



REMINDER: LOST and FOUND - Please collect belongings BEFORE March Break!

PLEASE, take time to check the lost and found clothing hanging on the rack in our atrium. Come in on the 1st floor and then turn into the hallway on the LEFT– all clothes hanging and anything in the bench seat is all lost and found! We have A LOT of unclaimed clothing to get back to their owners!!





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Lunar New Year



Grade 6s in Mr. Ching's class and Grade 1s in Ms. Bird's class made lanterns together last week to celebrate the Lunar New Year. They read a story based on the Great Race, which is the basis of the 12 Zodiac Animals! Lunar New Year lasts for a 2-week period and ends with the lantern festival.



erase = expect respect and a safe education

Established by the Government of British Columbia's Ministry of Education and Child Care, **erase** is an online resource that helps students, adults, and school staff build safe, caring, and inclusive school communities.

With February being our month to focus on KINDNESS, we thought it would be a good time to remind parents/guardians of this online resource.

We encourage parents/guardians to visit the [Expect Respect and a Safe Education \(erase\) website](#) to learn more about the supports and resources available. The [Report It tool](#) is where students can find resources for help (mental health, well-being, substance abuse) or submit reports of anything seen or heard of concern.

Reports can be made anonymously. Information provided by those reporting is shared with school districts as applicable.

There are short videos ([LINK HERE](#)), [Learn about erase](#) and [What is the Report It tool?](#), that provide key information and guidance on how to use and access the website and the [online Report It tool](#). These videos will be available in the 10 most commonly spoken languages in B.C.

Posters are up around the school with a QR code for quick and easy access for staff, students, and parents.





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