

Feb 3rd, 2023

Dear QM Families:

**Note: A PDF copy of this message, and an archive of previous weekly messages. can be found on our school website. The PDF versions (see attached) contains photos/ images.*

<https://www.sd44.ca/school/queenmary/About/Principal/Pages/default.aspx#/=>

Yeah! It's Fun Feb!!! We are looking forward to a number of interesting events this month!

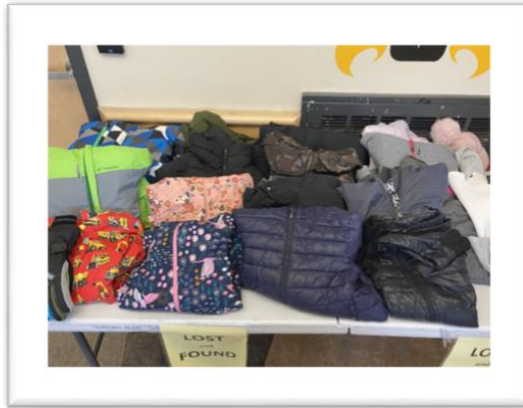
We welcomed in the month on Wednesday with **Global School Play Day** and **Vancouver Warriors Lacrosse Assembly** and today we kicked off our annual **Jump Rope for Heart Fundraiser** for the **Heart and Stroke Foundation**. With February being **Black History Month**, students will be learning about and celebrating the contributions of Black Canadians. **Pink Shirt Day** and **International Mother Language Day** will also be actively acknowledged. And of course there is also the **Chinese Lantern Festival** and **Valentine's Day!!** Oh... AND the Feb 17th **NVSD Professional Day** followed by the Feb 20th **BC Family Day**...giving you all a 4-day weekend to enjoy! Then we end the month off with the **Reading Link Challenge** taking place in our Library. Whoa! It is a very busy month!!

Staff members at Queen Mary do an outstanding job of showcasing student learning through hallway displays. As an example, the Grade 1 students of Division 17 recently created incredible pieces of art depicting beautiful red woodpeckers, inspired by Charley Harper's "Minimal Realism" style.



Lost and Found

Are your children missing items of clothing? Please check our growing lost and found collection! All items will be laid out on tables in the atrium (1st floor – front entrance) throughout next week – please come in to check for your child's missing clothing!



Jump Rope for Heart Fundraiser for the Heart and Stroke Foundation

Every year Queen Mary staff and students take part in the Jump Rope for Heart Fundraiser, for the Heart and Stroke Foundation, to raise awareness of the importance of making healthy choices when young to reduce risk of heart disease and stroke in later years, AND to raise funds for the **Heart and Stroke Foundation** so they can continue the work they do to help Canadians.

LINK HERE to learn more about what the Heart and Stroke foundation does!

<https://www.jumpropeforheart.ca/about-jump#Makingadifference>

Today we launched our month-long fundraising campaign for this foundation, leading up to and following our school's "JUMP" event, which will take place on Tuesday February 14th. On Feb. 14th all students will take part in 15 minutes of "circuit training" (continuous exercise), set up in our gym, as a way to emphasize the importance of daily physical activity. Healthy eating and other "heart-healthy" life-style choices will be discussed.

Fundraising Instructions:

The online fundraising is quick and simple. To maximize fundraising potential (and your earning of reward prizes) you can set up and share your child's personalized, secure fundraising page with friends, family, and coworkers using email, text, and social media. You can even send pre-written emails and social posts through the Participant Centre. Check out the FAMILIES CORNER tab for more information.

<https://www.jumpropeforheart.ca/families-corner#HowJumpworks>

Link and instructions for on-line Fundraising:

- Go to <https://www.jumpropeforheart.ca>
- Click on "Join Your School" (pop-up will say "students and teachers")
- In the "school" search bar type: Queen Mary Elementary-North Vancouver (you will see a photo of our school)
- Click on "View School" or "Register" and follow the steps

Fundraising Thank You Prizes:

Students can receive rewards for their fundraising efforts in the form of gift cards (Toys R Us, Indigo, Amazon, Walmart) and bonus prizes! Click on THIS LINK to learn more!

<https://www.jumpropeforheart.ca/about-jump#StudentPrizes>

[Online Thank You Prizes](#) will be sent directly to students via email as a token of our appreciation.

AND...Queen Mary also gets back 8% of the funds you raise to use toward the purchase of equipment for play and physical education!

Finally, in addition to saving lives by raising funds for the Heart and Stroke Foundation, the additional purpose of our event is to educate and raise awareness of heart healthy habits and lifestyle choices. We encourage families to take the **Jump Rope for Heart EASY Health Habits online challenge**: LINK HERE for info!

<https://www.jumpropeforheart.ca/easy-online-challengeeee803085>

QM PAC NEWS:

Email: queenmarypac@gmail.com Facebook Link: www.facebook.com/QueenMaryPA

PAC Meetings: The next PAC meeting will take place on **Wednesday, February 22nd on ZOOM**. All QM parents/guardians are invited to take part. If planning to attend, email queenmarypac@gmail.com on the days just prior to each PAC meeting to get the ZOOM link information.

PAC calling Volunteers! Help make QM the amazing place that it is while working alongside and getting to know other fantastic families! To sign-up as a volunteer, email queenmarypac@gmail.com or write your name on any list on the rolling board located in the school atrium (1st floor).

Fun Lunch: Orders must be placed by Thursday (by 11:59 p.m.), for the following week's Fun Lunch. If you have any questions about Fun Lunch food orders, please contact the PAC. Fun Lunch Order Munchalunch Login: <https://munchalunch.com/schools/QueenMary/>

To sign up to volunteer to help with fun lunch, please go to: <https://signup.com/go/pcBHMwG>

NVSD Events and Information

LINK HERE for all NVSD Events and Registrations for February (as sent this week by NVSD)

[https://www.sd44.ca/Pages/newsitem.aspx?ItemID=1196&ListID=d00680b1-9ba1-4668-9328-d82dd27dacd4&TemplateID=Announcement_Item#/="](https://www.sd44.ca/Pages/newsitem.aspx?ItemID=1196&ListID=d00680b1-9ba1-4668-9328-d82dd27dacd4&TemplateID=Announcement_Item#/=)

In this link you will find the following, in addition to many other items that may be of interest:

- An invitation to submit your comments and feedback on the Proposed 2023/2024 School Calendar
- Information on how you can take part in the public consultation process for input on NVSD budget priorities

- Registration Information and links for :
 - Artists for Kids After School Art Programs
 - Artists for Kids Spring Break Camps
 - Kindergarten Registration for 2023-24
 - New NVSD school registration and transfer requests for 2023-24
 - Late French Immersion Information Application Information

2023/24 NVSD Elementary Band and Strings Programs: Register before Feb 28th to get the discounted rate!

<https://www.sd44.ca/ProgramsServices/BandStrings/Pages/default.aspx#/=>

Band Program is open to Grades 5 – 7 students. Strings Program is open to Grades 4 - 7 students. All registrations must be completed via the Band and String NVSD website page. Earlybird Registration ends FEB 28th 2023. Register before this date for reduced fee. **Bursaries are available - contact School Principal.*

Visit the NVSD Band and Strings web page for further information and registration details.

AFTER SCHOOL PROGRAMS available to QM STUDENTS:

QM After School Art Program - For Grade 3 to 5 students

WHEN? Tuesdays 3:00-5:00 p.m. January 17-May 16 (excluding March Break)

WHERE? Queen Mary's Art Room (on the 1st floor)

<https://northvanarts.ca/education/after-school-arts-place-based-activities-queen-mary-community-elementary-students-only/>

Zen Maker Lab Programs

-held at the Shipyards: 224-125 Victory Shipway (Lower Lonsdale)

Programs for students in Grades 2 to 7 beginning the week of February 14th. LINK HERE for more information:

<https://campscui.active.com/orgs/ZenMakerLab?e4q=89dd29d2-6410-48bf-ba73-bfa2ca93aca3&e4p=eff92aa9-9d9d-4486-8905-f095779280cb&e4ts=1673905807&e4c=active&e4e=snlvcmpscui00001load&e4rt=Safetynet&e4h=d1a29a45b02117beaeb5738f2a6ff54f#/selectSessions/3090236/filter/location=1500045>

Happy February everyone!

Jennifer Wilson, Principal jwilson@sd44.ca

Bridget O'Brien-Kopacek, Vice Principal bobrienkopacek@sd44.ca

QM Office Phone: 604-903-3720