

Lynnmour/Xá7elcha



We would like to acknowledge and thank the Coast Salish people who's traditional territory North Vancouver School District resides on. At Lynnmour/Xá7elcha we are grateful to the Skwxwú7mesh Nation and Tsleil Waututh Nation to be able to gather on this beautiful land to live, learn and share experiences together.

Poppy drawing by NVSDIndigenous Team member Ann Marchand - coloured by Division 5 student

Preparing to help your child

We know that there is increased worry about the reported cases of COVID in the surrounding community at this time, and we have seen a higher number of students stay home while things settle down. We completely understand and respect this.



We do want to reassure you that it is safe to come to school. Protocols that we have in place include:

- additional classroom cleaning
- hand washing and sanitizing
- cleaning of high touch areas multiple times per day
- cleaning of any shared objects before and after use
- staggered recess and lunch times
- all staff wear masks in common areas and all students are welcome to wear masks throughout the day

We know that students do better at school. They are more engaged in their learning, are able to practice important social skills and consistently display better emotional regulation when at school daily. We want to help you with that and we want your children here with us.

In the event that you choose to stay home for a short time, in order to feel more comfortable, please ensure that you are checking in with your classroom **Microsoft Team**. [Learning is continuing daily at school](#). We are not in the same situation as we found ourselves in the spring when in class instruction was halted by the Provincial Health Office.

Teachers are adding "Windows into the week" on their classroom Microsoft Team - if you cannot locate it, or do not know your child's password, please contact your child's teacher directly.

The **Window into the week** - will give you an idea of what is being worked on in the classroom and what you and your child can work on at home.

Please note: Teachers are unable to run two programs (home and school) and cannot be expected to provide consistent materials for learning at home. They are providing this information through the MSTeams Platform.

Updates and information

First and foremost, we want to send positive thoughts and energy to all our families affected by COVID right now. Whether you are resting to get well, supporting a family member who is ill or if you are quarantining to keep yourself and others safe; we miss you, we appreciate you and we can't wait to see you again soon.

Secondly, we want to thank all of our families for your patience during an already challenging time. We know that waiting for confirmed information is difficult, particularly in this close knit community. Your understanding and support has made this tense time easier on the staff and we are grateful for that.

As a reminder, the school is only able to share information that has been confirmed with us by Vancouver Coastal Health. We will also only be informed if it is a student or staff member who has been affected. It is so important for all of us to do our part to keep everyone safe. Please stay up to date with the Provincial Health Orders and current [restrictions for the lower mainland](#)

We would like to offer a clarification regarding some terminology that has been used and what VCH told us regarding class isolation.

Through their research and testing process, they have learned more about the transmission of the virus. Because of this, we have seen a shift from isolating an entire class to VCH contacting "**close contacts**" and having them isolate instead.

It is also important to note that only VCH can determine the infectious period. It might be true that a person hasn't been at school during their "infectious period" which again, would result in very few people being identified as needing to isolate or self-monitor.

VCH defined **CLOSE CONTACTS** as individuals that would be within a meter of an infectious person, no mask and face to face contact, for 15+ mins at a time. Anyone outside of that description would not be contacted directly and would likely be told to "self- monitor".

If you are identified as a close contact through the contact tracing process, you will be contacted by Vancouver Coastal Health directly. This will occur in advance of a general notification being sent out. The only reason that you could be contacted following a school general notification is if additional information was provided to VCH at a later time.

For further information and more clarification of terminology, please consult with the NVSD [Management of Illness and Confirmed Cases - FAQ](#) document available by clicking on the link or accessing the [NVSD Covid-19](#) Information page on the district website

Finally, please do your best to keep up with the messages of support and care for the community. No one wants to be singled out and no one wants to be the reason that anyone gets sick. Your care and attention for each other is commendable and that is what makes Lynnmour/Xá7elcha such a great

Appropriate Outdoor wear

With the weather changing (quickly at times) please ensure that your child has appropriate outdoor wear with them at school. With the current situation, we are trying to get our students outside as much as possible. Students should have:



- appropriate coats
- proper and appropriate footwear
- hats
- umbrellas

Students that are prepared are often the most successful and are certainly the most comfortable during the rest of the school day. Given how hard some students "play" during recess and lunch, we also recommend a change of clothing in case something happens.

Neufeld Farms- Holiday item fundraiser

A separate email has been sent to families today. Please have a look. It contains information on a popular fundraiser for our grade 7s with some great goodies for you!! If you currently have a credit with our Munch-a-lunch ordering system, due to the cancelled hot lunches in the spring, please know that you can use that to purchase items for this fundraiser!



A Big Thank You

This year our Remembrance Day Ceremony needed to be done in a virtual way. While we couldn't gather together, many classes provided readings, artwork, or songs for everyone to enjoy. Grade 7 leaders, Shanika and Lily, led the assembly and Mr. Bligh provided us with "The Last Post" and "Reveille". Thanks go out to everyone who participated and who were able to join us online for the event.