NOVEMBER 2023

COMMUNITY UPDATES



For families at Queen Mary, Ridgeway, Westview, Larson, Queensbury Elementary Schools



NSNH Youth Centre

The goal of the NSNH Youth Outreach Team is to support youth as they navigate life and their mental health. Our services are completely client driven, and we aim to aid youth in growing their social and life skills.

As Youth Workers, we strive to build meaningful connections with youth on the North Shore, help them foster peer relationships, and connect them to other community partners and resources.

Our list of programs are frequently changing in order to reflect the needs of the youth we serve. Currently we are running programs that focus on peer connections, physical movement, creative expression, and fun!

Youth Services Manager, Dave Huber

Tel: 604-987-8138

Email: dhuber@nsnh.bc.ca

Preteen Outreach Worker

Cell: 604-258-8750

Instagram: nsnh youth outreach

Pre-teen Drop In Program (Grades 5-7):

Youth Centre at JBCC, 145 West 1st Street

Tuesdays: 3pm-5pm

Lynn Valley, 3590 Mountain Hwy.

Wednesdays: 3pm-5:30pm

For more information, please contact jbccyouth@nsnh.bc.ca or 604-868-7065

OVERVIEW:

- NSNH Youth Outreach Workers
- Queen Mary Family Learning Program
- City of North Vancouver
- The Polygon Gallery
- North Shore Solutions Navigators
- Impact North Shore
- MONOVA
- North Vancouver City Library

Queen Mary Family Learning Program

English Conversation, Community Engagement & Volunteer Opportunities

This **FREE** program is for newcomers with children in North Vancouver schools. Participants get to learn and practice English language skills, meet others in the community, and learn about Canadian schools, community services and much more.

For more information and to sign up, contact Ana

Phone: 604-986-1911 Ext. 3174 Email: qmflp@capilanou.ca

Thursdays, 9-11am

At St. John's Angelican Church 220 West 8th St. - North Vancouver



The Shipyards Skate Plaza

The Shipyard Commons outdoor skate plaza is the region's largest outdoor skating rink. The rink is located on the waterfront at The Shipyards, and is set against the beautiful backdrop of downtown Vancouver and the North Shore mountains.

During seasonal operations, the skate plaza offers daily skating, as well as free helmets and skate aides. Those with their own skates skate for free.



The Skate Plaza reopens for the 2023/2024 season on Friday, December 1 at 1p.m., and is open daily from 1p.m. to 8p.m.

The last skating day of the season is anticipated for late March, 2024.

Spirit of the Season

The City of North Vancouver's annual Spirit of the Season returns this year, bringing you the most magical way to celebrate the beginning of the holiday season!

Mark your calendars for Saturday, December 2 for a full day of ice skating, Santa Clause and Mrs. Clause appearances, heart warming performances on stage and much more family fun!

Saturday December 2, 2023 The Shipyards

Stay tuned for more information as we transform The Shipyards into a winter wonderland!

Visit **cnv.org** for more information.



The Polygon Gallery

KIDS FIRST ON SATURDAY + SUNDAY

Come get creative on the first Saturday and Sunday of the month with a day of art-making and fun. Kids First is an opportunity for families of all kinds to create an inhouse art project, based on the exhibitions being shown in the Gallery.

The projects are geared towards children ranging in age from 5 to 12 years old, though there is no age requirement to participate. All children must be accompanied by an adult. Admission is by donation.

Saturday Dec. 2 and Sunday Dec. 3 10am-4pm

Advance registration is helpful. Drop ins always welcome. We can't wait to get creative with you!

Visit **thepolygon.ca** for advance registration and more information.



North Shore Solutions Navigators Program

The Navigators are here to help you identify needs, goals, and assist you in accessing community resources and support from existing service providers.

This program is FREE and there is no formal eligibility criteria. You can access the Navigators once or on an ongoing basis. Meeting with the Navigators can take place in person, over video call, or over the phone, whichever works best for you. To book an appointment email navigator@nsnh.bc.ca or call 604-220-8431 or 604-230-2454



Frosty Winter Nights

Please join us in this exciting journey of discovery, creativity, and cultural enrichment. Together we will make a colourful canvas of new friendships and creativity for newcomer elementary school students on the North Shore.

Activities include:

- Painting
- Drawing
- Collage-making
- Group collaboration
- Crafts

This program is open to newcomer and immigrant elementary school students (grades 1-7).

Mondays (2 sessions) Nov. 20 & Nov. 27, 2023 3:30pm-5:00pm In-person

To participate in this workshop, you must register as a client with Impact North Shore. Details will be provided after registration.

For more information, contact: Annabelle Lam, annabellel@impactnorthshore.ca Denys Koval, denysk@impactnorthshore.ca



Visit **impactnorthshore.ca** for other resources.

MONOVA

Museum of North Vancouver

CREATE & CONNECT: MOVIE MERRIMENT

Warm up for the holiday season with "It's a Very Merry Muppet Christmas Movie", filmed right here in North Vancouver at North Shore Studios.

Learn how motion pictures work, test your knowledge about Hollywood North in our Permanent Gallery, and make your very own sock puppet.

Popcorn and pop by donation! The movie will run twice starting at 11:15am and 2:15pm, other activities will be available all day.

Sunday November 26, 2023 11:15 am and 2:15pm All Ages

By donation (does not include access to the museum galleries).



Visit **monova.ca** for more information.





Tween holiday hot chocolate social

Ring in the winter holidays with a hot chocolate social, put on just for tweens in grades 5 to 7.

We'll be trying different kinds of hot chocolate, and taste-testing treat pairings to decide the best hot chocolate flavour. Will a marshmallow overload be a winner? What about a mint caramel swirl? Cookie crumble? The choice is yours, and the five friends you bring!

Registration is encouraged.

This event is put on by your Tween Advisory Group (TWAG), which meets regularly on Saturday afternoons during the school year. If you'd like to learn more about TWAG or get involved, email info@nvcl.ca.

Saturday December 9, 2023 2:00-3:30pm Second floor teen room Grades 5-7

Check out **nvcl.ca** for registration and more information.