



ÉCOLE LARSON ELEMENTARY

Weekly Newsletter

604.903.3570



LARSON@SD44.CA



LARSON WEBSITE

WEEKLY INTENTION



UPCOMING DATES

- **First Day Back at School**
March 30
- **International Transgender Day of Visibility**
March 31
- **Passover**
April 1
- **Autism Acceptance Month**
April 2
- **Good Friday (school not in session)**
April 3
- **Easter**
April 5
- **Easter Monday (school not in session)**
April 6

ORCA VALUES

Kindness
Compassion
Protection
Intelligence

LARSON'S WEEK AHEAD

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back!	International Transgender Day of Visibility	Passover Begins	World Autism Awareness Day	Good Friday (School not in session)
Choir Practice 12:20pm		Choir Practice 12:20pm	JEDI Club 12:00pm in the LST room	

MESSAGE FROM THE PRINCIPAL

Welcome back! I hope the Spring Break offered your family time to rest and enjoy the beginning of this new season. As we step into April, we're embracing the feeling of a fresh start and looking forward to the possibilities this month brings to our school.

Our first couple of weeks back will be short as we observe **Good Friday** and **Easter Monday**. This week also marks the beginning of **Passover** for our Jewish community, who will celebrate the start of the holiday on Wednesday. We wish all who are observing a joyful and meaningful time with family and loved ones.

April is also **Autism Acceptance Month** - a time to recognise and appreciate the diverse ways people think and learn, and to reaffirm our commitment to fostering a place where every student feels valued and supported.

As we return to our regular routines, students will be focusing on their learning and classroom expectations. We are proud to see our **Orca Values** in action, and students continue to earn badges that are now displayed on our **Orca's Echo board**, by the office.

#WEAREORCAS

To keep everyone safe and ensure a smooth drop-off and pick-up, please remember:



- **No U-turns near the school** – they create unsafe situations and slow traffic.
- **Use the streets, not the alleys.** Alleys are for local traffic only and are not meant for school access.

Thank you for helping keep our school community safe and moving smoothly!



PINK EYE REMINDER

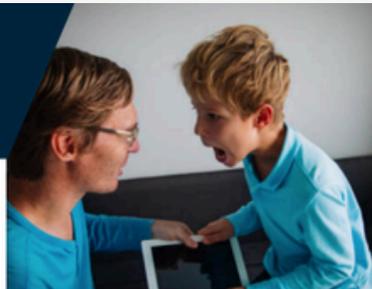


We've had a few recent cases of pink eye at school. Pink eye (conjunctivitis) spreads easily, so we're asking families to help reduce the risk of it spreading further.

How you can help:

- Encourage regular handwashing at home.
- Remind children not to touch or rub their eyes.
- Avoid sharing towels, pillows, or eye products.
- **If your child develops redness, discharge, or irritation, please keep them home and consult a health-care provider.**

Navigating Screen Battles



Struggling with screen time battles, gaming limits, or social media boundaries? You're not alone. In this practical workshop, parents will learn how to set clear, confident limits around screens and technology using Non-Violent Communication inspired by Marshall Rosenberg – without power struggles, shame, or disconnection.

Arleen Tyndall
 Dr. Shefali-trained Conscious Parenting & Life Coach
 25+ yrs Clinical Pharmacist
 Author/Storyteller
 Somatic Alignment Facilitator

What You'll Learn:

- ✓ Understand the nervous system dynamics behind screen conflicts and power struggles.
- ✓ Apply the 4 components of Non-Violent Communication
- ✓ Respond effectively to resistance, meltdowns, or negotiation tactics.
- ✓ Practice simple body-based tools to help your child regulate
- ✓ Set clear, developmentally appropriate screen boundaries without punishment or shame.

FREE In-Person Workshop

- 📅 **Thurs April 9, 2026**
- 🕒 **6:30-8:30 PM**
- 📍 **North Vancouver School District Education Services Centre, 5th Floor
2121 Lonsdale Ave**



Can't make it?
 Free Online Webinar option
 Wed April 22nd
 6:30-8PM
 Choose what works for you!

Register Now!

(Limited in-person spots available)

www.ArleenTyndall.com/events

HOMESTAY FAMILIES NEEDED

Each year, the North Vancouver School District welcomes students from around the world to live and study in our vibrant community in the International Program. We strive to place secondary school international students with families who live close to school to support each student's integration into the school and wider community.

We have secondary school international students in need of a homestay placement for the school terms beginning February and September 2026, and February 2027.

If you are interested in hosting an international student, please reach out to the International Education program office at international@sd44.ca.

More information about the homestay program is available on the [International Education](#) section of the school district website.

AFTER SCHOOL VISUAL ART PROGRAMS

The Gordon and Marion **Smith Foundation**

SPRING 2026

Gordon Smith Gallery

Artists For Kids

CLASSES

Picture Book Art Lab: a Mixed Media Journey

Painting with Wool: the Art of Felting

In and out of the Garden

Squish, Press, Sculpt: Clay Adventures!

Drawing & Painting!

Mix, Make, Create!

Brushstrokes & Beyond: Art through the Ages

COURSE DETAILS ON REVERSE



REGISTER NOW

OUR PROGRAMS

For over twenty years Artists for Kids has proudly offered after school art programs to students from the North Shore and the Lower Mainland. Our programs continue to run each Fall, Winter, and Spring at various schools across the North Shore.

Artists For Kids After School Art Programs are taught by art specialist teachers. All art supplies and materials are included in the course fee.

All Artists For Kids programs provide students with opportunities to further their artistic ability and to foster positive attitudes towards the visual arts.



Register online at www.artistsforkids.ca

All classes will be filled through online registration. (Please don't call the host school)

FOR MORE INFORMATION
Gordon Smith Gallery / Artists For Kids
2121 Lonsdale Ave
North Vancouver, BC, V7M 2K6
TEL 604-903-3798
EMAIL artistsforkids@sd44.ca

Artists For Kids is pleased to offer up to 50% bursary support to families in need. Please call the Artists For Kids office to apply for financial assistance.

Cancellation policy
Please see website for details.

SPRING 2026 AFTER SCHOOL ART COURSE SCHEDULE

Picture Book Art Lab: a Mixed Media Journey

8 Tuesdays from Apr. 14 - Jun. 2

3:00 – 4:30 pm | \$220

Grades 1–3

LOCATION: Ridgeway Elementary

420 E 8th St, North Vancouver, BC V7L 1Z5

Room 212

INSTRUCTOR: Susana Cheng

We'll dive into beautifully illustrated picture books and the artists who created them. We'll then experiment with their techniques and ideas in our own artwork—mixing, layering, and playing to make something uniquely ours.

Painting with Wool: The Art of Felting

8 Tuesdays from Apr. 14 - Jun. 2

3:45 – 5:15 pm | \$220

Grades 3-7

LOCATION: Eastview Elementary

1801 Mountain Hwy, Room 126

INSTRUCTOR: Theresa Jette

Students will be introduced to the magic of creating with wool in this dynamic class. Students explore techniques in needle and wet felting. They will learn to create both 3D and 2D shapes and designs.

In and out of the Garden

8 Tuesdays from Apr. 14 - Jun. 2

3:00 – 4:30 pm | \$220

Grades 1–3

LOCATION: Braemar Elementary

3600 Mahon Ave, North Vancouver, BC V7N 3T6

Room 110

INSTRUCTOR: Lisa Pedersen

Exploring the community, natural and urban environment using a variety techniques and mediums including paint, printmaking, watercolour, collage, and pastel.

Squish, Press, Sculpt: Clay Adventures!

8 Wednesdays from Apr. 15 - Jun. 3

3:45 - 5:15 pm | \$220

Grades 1-3

LOCATION: Artists for Kids

2121 Lonsdale Ave, North Vancouver, V7M 2K6

Shadbolt Studio

INSTRUCTOR: Catherine Schechter

Students will be introduced to the world of ceramics through exploration and experimentation. They will learn several hand building and surface decoration techniques and will have the opportunity to create their own unique pieces. This class will cover the pinch, coil, and slab methods as well as underglaze, sgraffito, and glaze.

Drawing & Painting!

8 Tuesdays from Apr. 14 - Jun. 2

3:45 – 5:15 pm | \$220

Grades 4–7

LOCATION: Artists for Kids

2121 Lonsdale Ave, North Vancouver, V7M 2K6

Shadbolt Studio

INSTRUCTOR: Courtney Johnstone

In this course, students will learn about influential artists and styles, then create original drawings and paintings inspired by each period.

Mix, Make, Create!

8 Tuesdays from Apr. 14 - Jun. 2

3:00 - 4:15 pm | \$220

Grades K-3

LOCATION: Capilano Elementary

1230 W 20th St, North Vancouver, BC V7P 2B9

Room A219

INSTRUCTOR: Laurel Newton

In this mixed media class, we'll explore sculpture, printmaking, and drawing while learning fun new techniques and experimenting with different tools and textures. Get ready to mix materials, try new ideas, and turn everyday objects into creative works of art!

Brushstrokes & Beyond: Art through the Ages

8 Tuesdays from Apr. 14 - Jun. 2

2:50 – 4:05 pm | \$220

Grades K–2

LOCATION: Eastview Elementary

1801 Mountain Hwy, North Vancouver, BC V7J 2M7

Room 129

INSTRUCTOR: Marcel Eugene

Students will explore artists and art movements through fun and playful mixed media projects. Each week, we use prominent works of art to inspire our own creations, using drawing, painting, and a variety of exciting mediums.



MESSAGE FROM PALS:

This section is provided by Larson PALS. Programs, events, and fundraisers listed below are organized by parent volunteers to support the Larson school community.



LARSON AFTER SCHOOL PROGRAMS
SPRING 2026

MONDAY		ARTS EXPLORERS GRADES 1-6 Explore painting, drawing, sculpture, collage, and mixed media in a fun supportive setting
WEDNESDAY		LINGUSTICS, ARTS & NATURE GRADES K-4 OUTDOOR* This program focuses on Spring poems in different language, blending hands on projects, music & outdoor activities
THURSDAY		LIGHTS UP THEATRE GRADES K-7 Intro to Musical Theatre. Students will fly into the magical, musical world of MaryPoppins!
THURSDAY		SPORTS EXPLORERS GRADES K-3 OUTDOOR* A variety of sports & activities including soccer, basketball, ultimate, pickleball, handball & more

FOR MORE INFO :
LARSONPALSI@GMAIL.COM

AFTER SCHOOL PROGRAMS

Spring After-School Programs Are Open for Registration!

We're excited to offer a great lineup of after-school programs for the spring term! This session includes an engaging arts program, a new nature exploration program, an active sports program, and a fun musical theatre program. These programs are a wonderful way for students to try something new, build skills, and spend time with friends after school.

Spots are limited, so be sure to check the details and register early. We hope to see many students joining the fun this spring!



DONATE YOUR SPORTS EQUIPMENT

Spring cleaning is close, and we would love your gently loved sports equipment.

We are looking for gently used equipment to support outdoor, unstructured play during recess.

Needed items are soccer balls, footballs, volleyballs and softballs (all approx. 6-12" diameter) as well as youth baseball gloves suitable for kids 10-12yrs.

The collection box is now at the office for drop offs!!



MARK YOUR CALENDARS

Glow in the Dark Dance – Friday April 17th
Tickets will be available on April 1st! More details to follow.

Canadians Baseball Game – Sunday May 17th
Stay tuned for ticket release announcement.

Larsonpalooza – Saturday June 13th
Our big fair is returning!

Volunteers still needed. Join the team!