



As we approach Spring Break, we hope that you all have a wonderful and restful two weeks with family and friends. It has been an engaging and eventful seven months of learning so far. We are looking forward to the remaining three months of the school year, as there is so much more to come, including various outdoor learning opportunities and Track and Field events. Thank you for your ongoing support and partnership in the education of Larson students. We value the work we do together and know that our kids are better for it. Have a safe and fun two-week Spring Break! **#WEAREORCAS**

Upcoming Dates:

- Mar 17 - 28 - Spring Break **(NO SCHOOL)**
- Mar 20 - Spring Equinox
- Mar 20 - Nowruz
- Mar 20 - Two-Spirit, Indigenous 2SLGBTQIA+ Celebration and Awareness Day
- Mar 31 - International Transgender Day of Visibility

- Mar 31 - First day back to school
- April - Autism Acceptance Month

Information & Updates:

NOWRUZ MUBARAK

Nowruz is the Iranian New Year festival based on the Iranian Solar Hijri Calendar and marks the first day of spring. Before the start of Nowruz, a traditional spring cleaning takes place in houses. It is a time for families to gather together. There are many Nowruz celebrations happening in North Vancouver this year including a market at the Shipyards, story time at the North Vancouver City Library and performances at Capilano Mall.

Click [HERE](#) to learn more!



ARTISTS FOR KIDS

Artists for Kids is excited to be offering two clay After School Art classes this spring at the Gordon Smith Gallery! Visit the Artists for Kids [After School Art](#) webpage to register.

Squish, Press, Sculpt: Clay Adventures! (Grades 1-3) Tuesdays (8) from Apr. 15 to Jun. 3

3:45 - 5:15 PM

Fee: \$195

Teacher: Catherine Schechter

Clay Creations (Grades 4-7) Wednesdays (8) from Apr. 16 to Jun. 4

3:45 - 5:15 pm

Fee: \$195

Teacher: Helen Kim

Class description: Students will be introduced to the world of ceramics through exploration and experimentation. They will learn several hand building and surface decoration techniques and will have the opportunity to create their own unique pieces. This class will cover the pinch, coil, and slab methods as well as underglaze, graffito, and glaze.



VCH PUBLIC HEALTH MEMO

10 March 2025

Dear Student, Parents, Guardians and Staff

Re: Reminder to get your vaccinations updated. Measles is on the rise globally and pertussis (whooping cough) is making a comeback locally.

We would like to remind you to check your family's vaccination records and update your vaccinations as needed. Measles cases are being reported around the world. Please get your measles immunizations up to date, particularly if you are planning on travelling for Spring break. Two doses of measles containing vaccine are needed for everyone born 1970 or later. Children are usually offered these vaccines at 12 months of age and kindergarten entry. While most school age children are immunized, some may have missed their first or second dose during the pandemic. Infants travelling to high-risk areas can get a dose starting at 6 months. Those born before 1970 are considered protected but you may receive one dose if you do not recall a history of measles infection and are travelling to an area with active transmission.

Please also ensure that your family's pertussis immunizations are up to date. Pertussis is a bacterial infection of the lungs that is making a return. While people of any age can get ill, young children who have not been immunized get sicker than older children and adults. Children are offered pertussis-containing vaccines at 2, 4, 6, 18 months, 4-6 years, and in grade 9. Pertussis immunization is also recommended during pregnancy for the protection of newborns.

Adults can be immunized by their family doctor or pharmacist ([Measles, Mumps and Rubella \(MMR\) Vaccines | BC Pharmacy Association](#)). If you are unsure if your child is fully protected against measles, pertussis or other vaccine preventable diseases, please visit [BC Health Gateway](#) or scan this QR code to book an appointment:

<p>To check immunization records, visit Health Gateway, or scan this QR code.</p> 	<p>Check a Record.</p> 	<p>To book an appointment to update your child's immunization, visit https://www.vch.ca/en/services/immunization-clinics or scan this QR code to find the closest public health clinic (for infants and children) or pharmacy (for ages 4 years and older).</p> 	<p>Book an Appointment</p> 
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If you have immunization records for you or your child that are not recorded in Health Gateway profile, please submit these online to immunizationrecord.gov.bc.ca.

Sincerely,



Dr. Ceinwen Pope
School Medical Officer – Coastal Urban

Celebrating Student Learning:



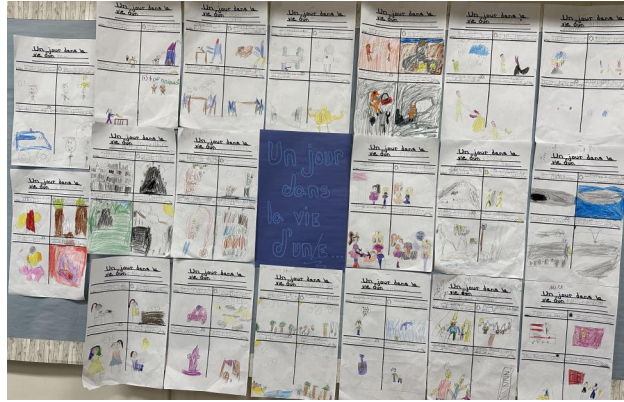
1 - Artwork from Division F04 (Mme. McCurrach/Mme. Terrillon)



2 - Artwork from Division E07 (Ms. Deminger)



3 - Artwork from Division F07 (Mme. Louisy-Daniel/Mme. Greiff)



4 - Artwork from Division F09 (Mme. Robitaille/Mme. Cynthia)

Message from PALS:



DON'T MISS OUT! MOVIE NIGHT IS COMING UP!!

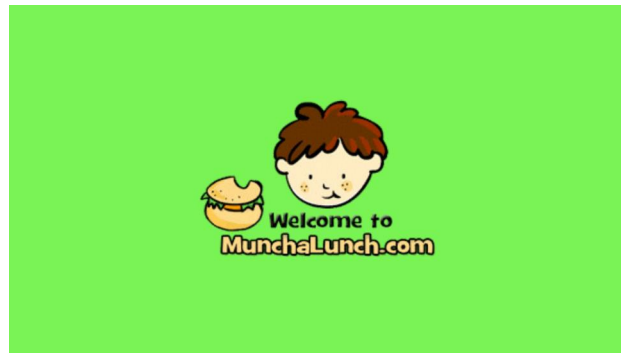
- Join us for a fun-filled **Movie Night** featuring **Peter Rabbit!**
- **Friday, April 11, 2025**
- Door opens: 6:00pm
- **Movie starts: 6:30pm**
- **Get your tickets at [Munchalunch.com](https://munchalunch.com)!**
- Select 'Movie Night!' from the top menu and order your tickets and food!
- **Pizza must be pre-ordered & will not be available for purchase at the event.**

Don't wait – get your tickets now and join the fun!

NATIVE SHOES FUNDRAISER!

An exciting opportunity to support our school while shopping for stylish footwear!

- Native Shoes is offering an exclusive discount for Larson families, with a portion of proceeds donated back to the school.
- **From April 2nd to 6th only!**
- **15% Off for You**
- **10% Cashback to the School**
- **Support & Shop** – Visit www.nativeshoes.com from April 2nd to 6th 2025.
- Orders can be picked up at Larson on April 8th.
- **Watch for upcoming emails and social media posts with more details!**



SCHOOL HOT LUNCH – PLACE YOUR ORDER TODAY

- **Go to** MUNCHALUNCH.COM
- Orders can be placed for lunches through to the end of the school year.
- **What is Munchalunch Hot Lunch?** These are pre-ordered meals delivered to your child's class every Friday. There are lots of options from pizza to subway sandwiches to sushi including many snacks and drinks.
- Take a break from packing lunches—order a delicious meal for your child instead.

- **Deadline to order is always the Thursday one week prior.**

[STAY UP-TO-DATE BY JOINING LARSON PALS FACEBOOK!](https://www.facebook.com/LarsonPALS)



Neighbourhood Info:

MARCH 2025

COMMUNITY UPDATES



For families at Queen Mary, Ridgeway, Westview, Larson, Queensbury Elementary Schools



North Shore Neighbourhood House Youth Services

The goal of the North Shore Neighbourhood House Youth Services is to provide youth outreach services to our community through our various neighbourhood locations and through partnership with other community service providers. We believe youth are valued members of our community; we work to support young people in a variety of ways.

Our youth outreach workers are trained to provide support, guidance and referrals in a non-judgmental way. Our goal is to make you feel safe, supported and respected. Our outreach workers can help with:

- One-to-one support, temporary or ongoing
- School problems
- Family issues
- Providing advocacy and information
- Referrals to other services, and lots more!

Youth Services Program Manager, Taylor Prescott

Tel: 604-987-8138

Email: tprescott@nsnh.bc.ca

Preteen Outreach Worker

Cell: 604-258-8750

Instagram: [nsnh_youth_centre](https://www.instagram.com/nsnh_youth_centre)

NSNH Youth Centre Drop-In

Wednesdays-Thursdays 3:00-8:00pm

Fridays-Saturdays 3:00-10:00pm

Youth Centre at JBCC, 145 West 1st Street

For more information, please contact tprescott@nsnh.bc.ca

OVERVIEW:

- NSNH Youth Services
- Capilano Mall
- Impact North Shore
- North Shore Neighbourhood House
- The Polygon Gallery
- North Vancouver Recreation & Culture
- MONOVA
- NV City Library

Nowruz New Year Celebration at Capilano Mall

Capilano Mall invites the community to join us on March 22, from 12 PM to 2 PM, for a vibrant celebration of Nowruz, the Persian New Year. This 3,000-year-old tradition, cherished by many communities marks the arrival of spring and the renewal of life.

Nowruz New Year Celebration Highlights: Cultural Dance Performances, Traditional Drumming Performance, Haft-Seen Table Display.

Saturday March 22, 2025

12:00 -2:00 pm

935 Marine Drive

Grand Court

For more information, visit capilanomall.com

Art-based program for newcomer youth in grades 2-5

Expressions! is a 5-day program that supports and enriches immigrant youth (grades 2-5) in their settlement journey in Canada. Youth are encouraged to express their unique experience through art and participate in life skills workshops with other youth. Join this program to:

- Create artwork related to your settlement journey to Canada
- Develop self-care and self-regulation skills through arts and crafts
- Share your unique experiences and make friends

Monday to Friday March 17-21
10:00 am-12:00 pm

Free

Impact North Shore
207-123 East 15th Street

For more information and
registration contact:
Ramak Ghavami
ramakg@impactnorthshore.ca



School Age Programs

Spring 2025 recreation programs for the school age at the North Shore Neighbourhood House:

Private Guitar Lessons

This is a class that requires no previous experience of guitar. We will learn basic chords, and scales. Please bring your own guitar.
Age 7 to 14 years old.

Private Electric Bass Lessons

Saturday private electric bass lessons. You can learn with the best! Alexander Holiday - Bachelor's Degree in Double Bass. Please bring your own guitar.
Age 7 to 14 years old.

Private Piano Lessons

Learn the Fundamentals of playing including reading, basic technique, and music appreciation.
Age 6 to 14 years old.

Register online at www.nsnh.bc.ca
**North Shore Neighbourhood
House Recreation Programs**

Visit www.nsnh.bc.ca for more information.



The Polygon Gallery

Kids First on Saturday + Sunday

Come get creative on the first Saturday and Sunday of the month with a day of art-making and fun. Kids First is an opportunity for families of all kinds to create an in-house art project, based on the exhibitions being shown in the Gallery.

The projects are geared towards children ranging in age from 5 to 12 years old, though there is no age requirement to participate. All children must be accompanied by an adult. Admission is by donation, courtesy of BMO Financial Group. Always free for members.

Saturday Apr. 5 or Sunday Apr. 6
Sessions take place at 10:15am,
11:15am, 1:00pm, and 2:00pm

Advance registration is helpful. Drop ins always welcome. We can't wait to get creative with you!

Visit thepolygon.ca for advance registration and more information.





Spring Break Fun

Are you looking for activities for the kids (or yourself) over spring break? We've got you covered because you've got enough on your plate!

NVRC offers various school age programs at different locations this spring break:

\$5 swim lessons

\$5 swim lessons take place March 15-22 at **Ron Andrews Community Recreation Centre**. Lifesaving Swim Instructor Candidates will teach classes for all ages and skill levels.

Spring break camps for 6-12yrs (full day)

Looking for a full day of fun? Check out our camps running from March 17-21 and March 24-28.

Memorial Community Recreation Centre

John Braithwaite Community Centre

Karen Magnussen Community Recreation Centre

Lynn Creek Community Recreation Centre

Ron Andrews Community Recreation Centre

Spring break camps for 6-14yrs (part day)

Take a deep dive into a particular interest! These camps are also available March 17-21, and March 24-28.

Parkgate Community Centre

Memorial Community Recreation Centre

Lions Gate Community Recreation Centre

For registration and more information visit nvrc.ca



Create & Connect: Making Memories

Join us in making fabric art together with quilter Jennie Johnston, whose work is shared in our Feature Exhibit, Echoes of Memory. Stay for a kid-friendly scavenger hunt of the new exhibit and activities exploring memory and brain-healthy habits.

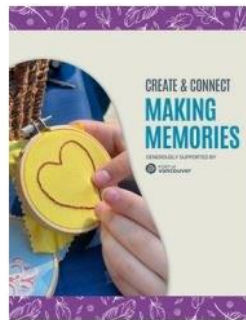
Sunday April 6, 2025

All Ages

11:00 am-2:00 pm

Pay-What-You-Can

Visit monova.ca for registration and more information.



Build with Lego and Keva

Let's have fun building with Lego and Keva! Join other builders for two hours of imaginative free play. All supplies will be available for use in the program room, and children can create any structure that sparks their interest.

For children in grades 1-4. Children must be supervised by an adult.

This is a drop-in program, and no registration is necessary. Space is limited.

Saturday March 29, 2025

10:00 am-12:00 pm

First floor program room

Visit nvcl.ca for more information.



